

REVIEW

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2020, 4, 1105Recent progress in the syntheses and applications
of multishelled hollow nanostructures

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Multishelled hollow nanostructures have attracted considerable research interest owing to their unique structural features, promising properties, and fascinating performances in relevant applications. During the past few decades, considerable progress has been made in the synthesis of multishelled hollow nanostructures by accurately controlling their geometric morphology, chemical composition, thickness, number of shells, and their applications in various fields. In this review, we present a comprehensive overview on the recently used synthesis approaches for fabricating multishelled hollow nanostructures. For a comprehensive review, the synthesis approaches have been classified into four categories, namely, hard template, soft template, self-template, and template-free approaches based on the template/structure-directing agent used. The advantages and disadvantages of each approach are discussed by comparing with each other. Furthermore, the fascinating performances of multishelled hollow nanostructures, application in energy conversion and storage, environment remediation, chemical catalysis, and biomedicine are comprehensively summarized. Combining certain typical examples and related theoretical analysis, the relationship between the structure of multishelled hollow nanomaterials and their specific application performances in the related areas is highlighted. Finally, the emerging challenges and future prospects of multishelled hollow nanostructures in the research and development for the future are outlined.

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1 Introduction

Multishelled hollow nanostructures particularly refer to hollow structures that have at least two separate shells spatially ordered from the outside to the inside. As compared to solid materials as well as traditional single-shelled hollow nanostructures, multishelled hollow nanostructures exhibit multiple advantages. Firstly, multishelled structures may be endowed with prominent properties for specific applications by the integration of various functional components into a single system. Secondly, multishelled hollow structures are expected to allow more abundant exposure of the available active surface, which facilitates the accommodation of drug molecules and biomolecules (such as enzymes). Thirdly, the voids between the neighboring shells may act as a depot to hold various cargoes and a reaction chamber during catalysis. Finally, because of the higher number of shells, their mechanical stability is often much better than that of single-shelled hollow structures, which is particularly important when used as electrodes for energy storage, since such a void in hollow configurations as well as the space between the shells can be expected to buffer volume changes.^{1,2}

Owing to their fascinating structural characteristics and superior properties, multishelled hollow nanostructures are expected to provide promising application potential in various fields.^{3–8} The development of multishelled hollow nanostructures can be divided into two stages. Before 2009, owing to the shortage of facile, scalable, and controllable synthesis approaches, the development of multishelled hollow nanostructures was very slow. Since Wang's group developed the sequential template approach in 2009, the development of multishelled hollow nanostructures has been considerably enhanced. It is worth noting that other strategies have also been developed during the past years to synthesize multishelled hollow nanostructures in spite of the fact that about

72.5% of multishelled hollow nanostructures have been prepared by this sequence template approach during 2018.⁹ Many leading research groups have made pioneering works in the synthesis of multishelled hollow nanostructures. These methods could be generally divided into the hard template, soft template (various surfactants), self-template, and template-free approaches. Each method has its own advantages and disadvantages. For example, the removal of a hard template without destroying the structure of the final product is usually a challenge for the hard template method. Meanwhile, the synthesis process for the hard template method is tedious and incurs a high cost. Soft templates (organic molecule assembly, such as micelles, emulsion droplets, and vesicles) are expected to yield products with uniform sizes and shapes. However, the purity of the final product might be seriously affected by the organic molecule assembly. Furthermore, organic molecule assemblies are thermodynamically unstable, which are highly sensitive to the environment; therefore, it is difficult to extend this method to a wide range of multishelled hollow structures. With regard to the self-template and template-free methods, the quality of the final product may be controlled by adjusting the reaction parameters, such as temperature and time. However, these methods have considerable dependence on the precursor systems and reaction conditions.^{10–15}

Certain research groups have summarized the exploration and development of multishelled hollow nanostructures. For example, a comprehensive review article in 2015 formulated by Qi *et al.* discussed the progress made in the synthesis of multishelled hollow nanostructures and their applications in dye-sensitized solar cells, lithium-ion batteries (LIBs), supercapacitors, sensors, photocatalysis, and drug delivery.¹⁶ Qin *et al.* provided an overview on the recent advances made in the synthesis of multishelled hollow nanostructures with typical single-component metal oxides such as NiO, Co₃O₄, and ZnO, as well as their morphology-related applications.¹⁷ Ren *et al.* and Liu *et al.*



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summarized the research progress made in the synthesis of such materials and their promising applications in energy conversion and storage.^{18,19} Wang *et al.* gave a brief summary on the advancements made in multishelled hollow nanostructures for LIBs.²⁰ Mao *et al.* highlighted the synthesis methods, particularly the sequential template approach, toward multishelled hollow nanostructures for various applications.⁹ Recently, Wang *et al.* also provided an in-depth understanding on the structure–performance correlation in multishelled hollow nanostructures for promising applications such as energy storage, electromagnetic wave absorption, catalysis, sensors, and drug delivery.²¹ Apparently, in spite of the above reviews on multishelled hollow nanostructures, most of which focused on certain special aspects, only Qi *et al.* provided a comprehensive review in 2015. It is well known that the research and development in this field has been very rapid. In this context, we have provided a more detailed discussion on the advancement of the syntheses and applications of multishelled hollow nanostructures. For the sake of convenience, the synthesis methods are divided into four categories: hard template method, soft template method, self-template method, and template-free method. For clearly showing the principle and operating procedures for each method, we provided many examples according to the template materials or precursors used for forming the multishelled hollow nanostructures. For instance, hard templates are further classified as silica, carbonaceous, polymer, metal oxide, and others. Soft templates involve single surfactant and dual/multi-surfactant systems. Three types of precursors were highlighted in the self-template approach section, namely, coordination polymers (CPs) or metal–organic frameworks (MOFs), metal glycerates/glycerates, and metal–inorganic precursors (oxide/hydroxide/carbonate). Here, it should be noted that the sequential template approach has not been listed as a specific synthesis method owing to its considerable overlap with the hard template and self-template methods. When compared with Qi's comprehensive review, additional recent application areas of multishelled hollow nanostructures have been incorporated into this review, such as the adsorptive removal of pollutants, catalytic conversion of gas pollutants, and high-performance batteries (sodium-ion batteries; lithium–sulfur batteries). Finally, a brief outlook and future challenges of this research field are also pointed out.

2 Synthesis strategies for multishelled hollow nanostructures

2.1 Hard template approach

From a simplistic point of view, the hard template approach seems to be the most straightforward tool for synthesizing multishelled hollow nanostructures. In general, the conversion of a traditional hard template approach to multishelled hollow nanostructures includes the following: (i) the fabrication of templates with the desired shapes; (ii) *in situ* formation of the target architectures using the above templates, yielding template@target materials with core–shell structures; (iii) assembly

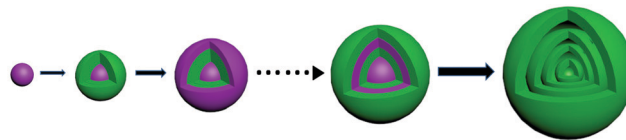


Fig. 1 Schematic illustration of the hard template principle for preparing multishelled hollow nanostructures.

of the template on the outer surface of the template@target composites; and (iv) repeating steps ii and iii, and ending with step ii, and finally resulting in the removal of the template (Fig. 1). To form a successful coating between the shell and template materials, a surface modification step might become necessary, using which the surface functionality can be adjusted, such as surface charge and polarity. Many techniques, such as solvothermal treatment, static electronic deposition, electrochemical deposition, chemical oxidation, or self-assembly process, might be useful for depositing the shell/template materials on the template/shell surface. With regard to the removal of the hard template, a specific procedure might considerably depend on the inherent properties of the hard template. Typically, chemical etching, thermal decomposition or calcination, and solvent dissolution in a specific solvent can be applied for the removal of the hard template. Until now, several rigid materials, such as silica, carbonaceous, polymers, and metallic oxides, have been successfully developed as hard templates to synthesize multishelled hollow nanostructures. In this section, we will introduce the hard template syntheses of multishelled hollow nanostructure based on their different compositions.

2.1.1 Silica-based hard templates. Silica is one of the most widely used hard template materials, either for core support or as an intermediate layer between the shells for the synthesis of multishelled hollow nanostructures owing to its easy fabrication and derivatization. Hwang *et al.* reported a traditional shell-by-shell assembly approach to synthesize multishelled porous TiO₂ hollow nanoparticles using silica colloids as the hard template (Fig. 2a).^{19,22} The fabricated SiO₂@TiO₂ core-shell nanoparticles (ST CS NPs) have an easily modifiable surface, allowing further functionalization of polyvinylpyrrolidone (PVP) to form ST/PVP CS NPs. It has been well demonstrated that PVP-modified inorganic nanoparticles can be further functionalized by SiO₂ through the traditional Stöber process using tetraethyl orthosilicate (TEOS) as a silicon source, as fabricated in the SiO₂@TiO₂@SiO₂ CS NPs material. The repetition followed by the deposition of TiO₂ and SiO₂ may generate more-layered structures comprising SiO₂ and TiO₂. The multishelled porous TiO₂ hollow nanoparticles without silica were obtained from the anatase crystalline phase of TiO₂ by calcination at 900 °C followed by chemical etching with NaOH solution. By precisely adjusting the experimental conditions, three hollow samples with different numbers of shells, *i.e.*, single-shelled, double-shelled, and triple-shelled hollow nanoparticles, were obtained (Fig. 2b–d). The TEM images of all the samples clearly reveal the shell location and their hollow structure. As the procedure implies, multishelled

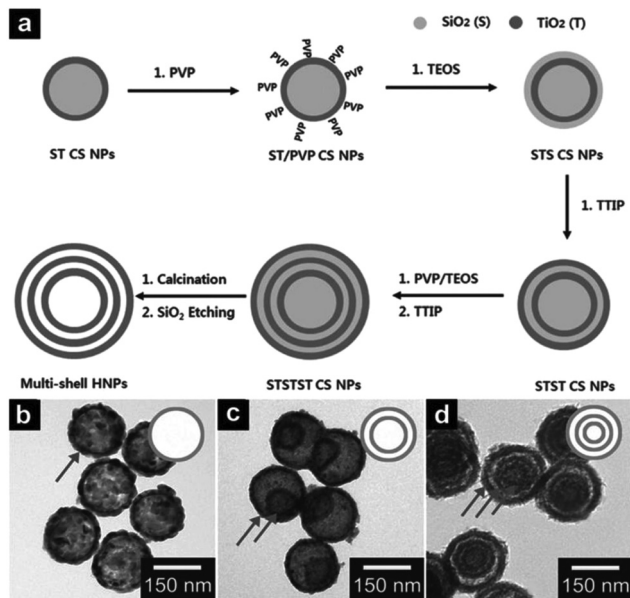


Fig. 2 (a) Schematic illustration of the synthesis of multishelled porous TiO_2 hollow nanoparticles using SiO_2 as the hard template. Typical TEM images of single-shelled (b), double-shelled (c), and triple-shelled (d) hollow TiO_2 nanospheres. Reprinted from ref. 19 with permission. Copyright 2019 John Wiley & Sons.

structures were fabricated by iterations of SiO_2 - and TiO_2 -coating processes. Intuitively, the outermost diameter should increase with the number of shells and the innermost diameter should be the same since the innermost SiO_2 core template is the same; interestingly, the outermost diameters of all these samples were almost the same (~ 160 nm). This may be due to the volume shrinkage in the TiO_2 shell upon the removal of the SiO_2 template. The location of the inner shells is not always at the center of the hollow nanoparticles, as observed in the TEM images, since the inner shells can move in the voids between the shell layers.

Lou and co-workers presented a shell-by-shell hydrothermal synthesis process to synthesize double-shelled hollow SnO_2 using monodisperse SiO_2 nanospheres (diameter: ~ 320 nm) as the sacrificial hard template.²³ The core silica template was coated with a double layer of polycrystalline SnO_2 obtained *via* a hydrothermal process to form uniform double shells. Subsequently, the silica-cores-based as-formed double-shelled particles were etched with dilute HF to control its size (partially dissolved or completely dissolved). Interestingly, it was observed that the double-shelled hollow particles transformed into single-shelled particles on etching with the dilute HF solution.

In addition to solid silica-based materials, hollow silica structures have also been employed as the hard template to synthesize multishelled hollow nanostructures. When using a hollow template, both inner and outer surfaces could adsorb the precursors of the target materials. Hierarchical double-shelled metal sulfide (NiS , CuS , and MnS) hollow structures were successfully synthesized by Yu *et al.* by using silica nanoboxes as the hard template.²⁴ The synthesis strategy for the formation of multishelled NiS box-in-box hollow structures

started from silica boxes (shell thickness: ~ 100 nm) that were presynthesized using Fe_2O_3 as the template. Initially, the silica boxes were dispersed in an alkaline solution containing nickel acetate, $\text{NH}_3\cdot\text{H}_2\text{O}$, and NH_4Cl . Under hydrothermal conditions, silica gets partially dissolved to generate silicate anions. These alkaline-induced silicate anions would further react with Ni^{2+} , forming a thin layer of Ni silicate on the surface of the silica box. As the reaction proceeds, more silicate anions derived from the dissolution of silica may diffuse outward and promote the growth of the Ni silicate shell, simultaneously forming a void between the residual silica core and Ni silicate shell. When the size of the void reaches a critical value, the silicate anions may react with the inward-diffusing Ni^{2+} , forming a secondary shell layer of Ni silicate. After the silica core is completely consumed, a double-shelled Ni silicate box-in-box hollow structure is formed. Finally, by treating with Na_2S , the as-prepared Ni silicate box-in-box hollow structures with double shells are converted into NiS box-in-box hollow nanostructures. Such a synthesis procedure is expected to be extended to synthesize other metal sulfides with similar structures. Fig. 3a–c show the typical TEM images of the as-prepared box-in-box hollow nanostructures of NiS , CuS , and MnS , which exhibits uniform box-in-box hollow structures of all the synthesized materials. Owing to the different properties of these different metal ions, the primary building blocks of the three box-in-box hollow structures are ultrathin nanosheets (NiS), ultrafine nanoneedles (CuS), and nanoparticles (MnS). Du *et al.* prepared double-shelled NiS hollow nanostructures with different morphologies (cube, ellipsoid, and capsule) using similar procedures.²⁵ Using hollow silica as the hard template, Li *et al.* prepared double-shelled $\text{SnO}_2@\text{C}$ hollow spheres.²⁶

Sun *et al.* prepared double- and quadruple-shelled carbon hollow spheres by using single-shelled silica and double-shelled silica, respectively, as a permeable template. The entire preparation procedure is shown in Fig. 4.²⁷ Evidently, step I enumerates the process to form double-shelled carbon hollow spheres, which involves several procedures. Initially, mesoporous silica hollow spheres were obtained by using a common vesicle template route, as explained in an earlier report. In order to improve the affinity between the carbon (precursor) and mesoporous silica hollow spheres, the amine-terminated functionalization properties of the mesoporous silica hollow spheres were applied. Subsequently, both the outer and inner surfaces of the mesoporous silica hollow spheres were coated

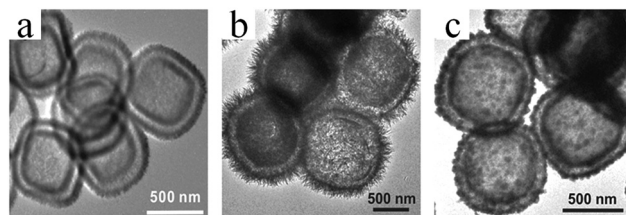


Fig. 3 Schematic illustration of the synthesis procedure of NiS box-in-box hollow structures. TEM images of the box-in-box hollow structures: NiS (a), CuS (b), and MnS (c). Reprinted from ref. 24 with kind permission.

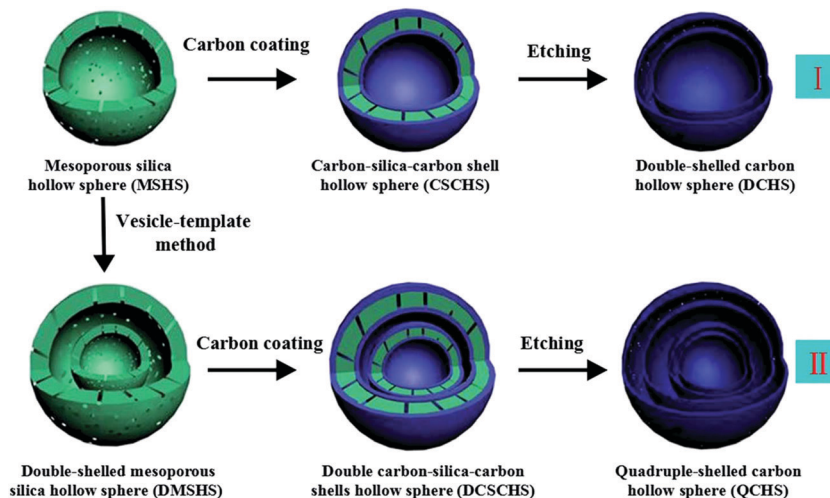


Fig. 4 Schematic illustration of the preparation procedure of double- and quadruple-shelled carbon hollow spheres. Reproduced from ref. 27 with permission.

with carbon using glucose as a precursor through a hydrothermal reaction followed by calcination. Finally, double-shelled carbon hollow spheres were obtained after removing the mesoporous silica hollow spheres with HF. The procedures for forming quadruple-shelled carbon hollow spheres (step II) are very similar to those for forming double-shelled carbon hollow spheres by replacing the mesoporous silica hollow spheres with double-shelled silica hollow spheres.

2.1.2 Carbonaceous-based hard templates. Carbonaceous materials are another widely used hard template candidate for the formation of diverse functionalized materials with desirable structures. It is well known that most of the available carbonaceous materials are derived from organic molecules (such as glucose, sucrose, polymers, and so on), ensuring that carbonaceous materials usually possess numerous functional groups, such as amino, hydroxide, and carboxylic acid. These functional groups show excellent affinity toward metal ions; therefore, carbonaceous materials offer a promising prospect in the fabrication of various metal-containing functional materials, as well as multishelled metal oxide hollow nanostructures.

Lai *et al.* developed a generic sequential template approach based on carbonaceous microspheres to prepare a series of multishelled metal oxide hollow microspheres, as shown in Fig. 5a. The driving force for the adsorption of metal cations into the carbonaceous template is the electrostatic attraction between the positively charged cations and negatively charged carbonaceous templates. After the adsorption of metallic ions, the carbonaceous spheres (CSs) could be sacrificed under thermal treatments, thereby yielding metal oxides with hollow structures. By repeating the adsorption of metal precursors and the heating process, the number of shells of the final metal oxide product may be controlled. As shown in Fig. 5b–d, the number of shells of α -Fe₂O₃ hollow microspheres can be easily controlled, ranging from 2 to 4.²⁸ Wu *et al.* and Chu *et al.* demonstrated the shell-by-shell assembly formation mechanism of synthesizing multishelled Cr₂O₃, ZnO, NiO, and Co₃O₄ hollow

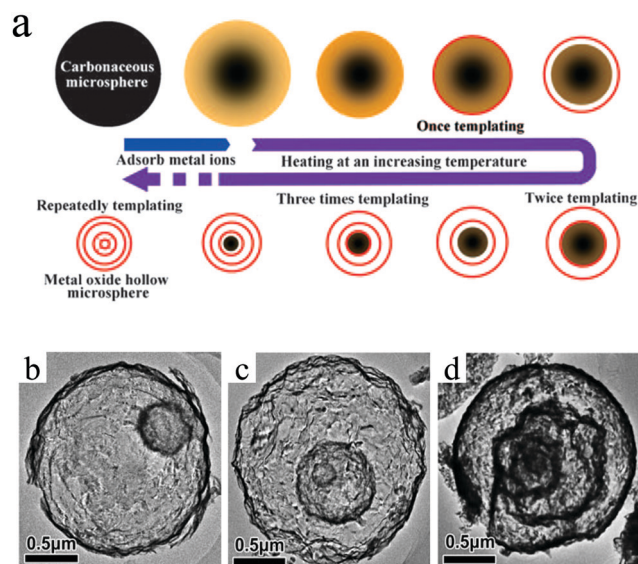


Fig. 5 (a) Schematic diagram of the sequential template strategy to multishelled metal oxide hollow microspheres. TEM images of double-shelled (b), triple-shelled (c), and quadruple-shelled (d) α -Fe₂O₃ hollow microspheres. Reprinted from ref. 28 with kind permission.

microspheres by using glucose-derived carbonaceous microspheres as the hard template. Interestingly, the metallic precursor (Cr(NO₃)₃·9H₂O, ZnSO₄·7H₂O, Ni(NO₃)₂·6H₂O, or Co(NO₃)₂·6H₂O) and carbonaceous precursor (D-glucose) were initially mixed together before the carbonaceous template formation and subsequent annealing treatment.^{29–33}

Dong *et al.* presented a programmable heating process to synthesize multishelled ZnO, TiO₂, and α -Fe₂O₃ hollow microspheres using carbonaceous microspheres as the hard template.^{34–36} The formation mechanism of ZnO multishelled hollow microspheres is shown in Fig. 6. Hydroxide- or carboxylic-acid-modified CSs can easily absorb zinc ions when immersed in a zinc salt solution. Upon calcination, the CSs can

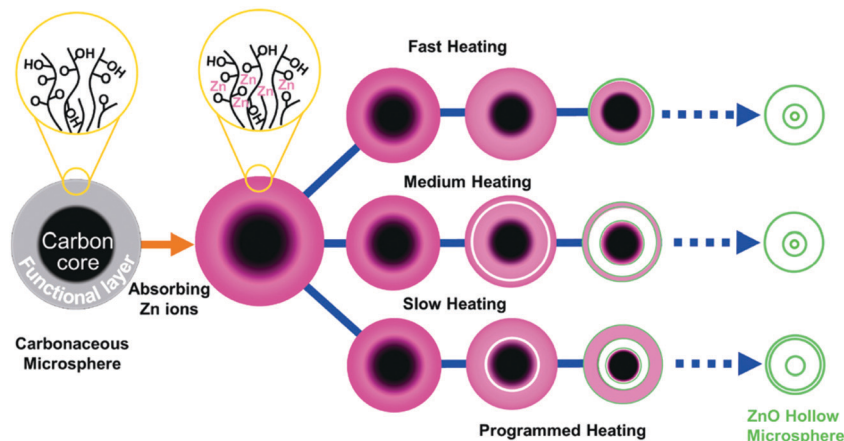


Fig. 6 Schematic illustration of the synthesis process of multishelled ZnO hollow microspheres. Reprinted from ref. 34 with kind permission.

evaporate and direct the fabrication of ZnO shells. The separation of the outer ZnO shell layer and contraction of the inner carbon core are the two key factors to generate multishelled ZnO hollow nanospheres. Moreover, the concentration of zinc precursors also has a significant influence on the structure of the final products. Typically, the higher concentration of zinc precursors may facilitate a deeper penetration of zinc ions into the carbonaceous template cores, which implies that additional zinc ions will get adsorbed on the inside of the inner core. As a consequence, the number of shells may increase with a higher concentration of zinc precursors. In addition, the diameter of the carbonaceous template is another important factor affecting the quality of the final products. It is well known that the larger carbonaceous microspheres are expected to provide more space to accommodate more zinc ions, thereby forming a hollow structure with more shells (quadruple or even more). Notably, other experimental parameters besides the above may also play a significant role in controlling the number of shells and thickness, such as the time for which the carbonaceous template is immersed in the zinc salt solution, acidity (pH value) of the solution, and experimental temperature, although the authors did not perform such investigations. In addition, suffering from the limited ability of the loading metal ion of the unmodified carbonaceous microsphere template, the synthesis approach could not be extended to prepare other multishelled semiconductor hollow structures with thick exterior shells. Using similar procedures, Niu *et al.* prepared SnO₂ hollow spheres with double and triple shells.³⁷

In order to enhance the interaction between the carbonaceous template and metallic ions as well as improve the loading capability of the template, the pretreatment of a carbonaceous hard template is often applied. Dong *et al.* further reported the preparation of multishelled SnO₂ hollow microspheres with controllable numbers of shells (~1–5) using alkali-treated carbonaceous microspheres as the hard template through a direct one-step thermal treatment.³⁸ The alkali-treated carbonaceous templates have abundant negatively charged hydroxyl surface functional groups, increasing the absorption of Sn⁴⁺ cation in the templates. Therefore, an increased number of SnO₂ shells could be formed during such thermal treatments. Meanwhile, closed exterior double shells may be formed at higher absorption amounts of Sn⁴⁺. By varying the dosage of Sn⁴⁺, the number of multishells in the final product can be controlled to be within 1–5; the corresponding TEM images are shown in Fig. 7.

Despite the considerable achievement of controlling the number of shells, further improved measurements should be performed to synthesize a wide range of materials. When the radius of the hydrate metal ions is larger, such as cobalt, it might be difficult to control the number of shells in the product by using the above generic method. In order to circumvent this issue, on the basis of systematically investigating the relationship between the size and diffusion rate of the hydrate metal ions, Wang and co-workers successfully controlled the number of shells of Co₃O₄ hollow microspheres. According to their preliminary experiments, it was proposed that the rapid

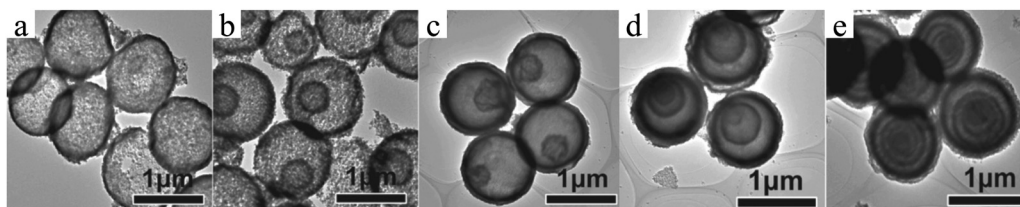


Fig. 7 TEM images of (a) single-, (b) double-, (c) triple-, (d) quadruple-, and (e) quintuple-shelled hollow SnO₂ microspheres prepared by a one-step thermal treatment process using alkali-treated carbonaceous microspheres as the hard template. Reprinted from ref. 38 with kind permission.

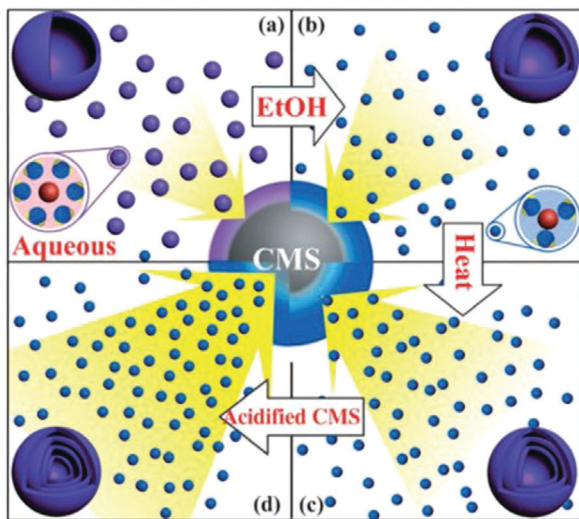


Fig. 8 Mechanism for the formation of multishelled Co_3O_4 hollow microspheres under different adsorption conditions. Reprinted from ref. 39 with permission.

diffusion rate of hydrate metal ions facilitates the formation of more shelled structures, while both the size of the hydrate metal ions and temperature are important factors affecting their diffusion rates. Accordingly, a modified carbonaceous template approach in which the solvent composition could be adjusted was presented to control the number of shells in the Co_3O_4 hollow microspheres, as shown in Fig. 8.^{39,40} In an aqueous medium, Co(II) ions are expected to be in the form of $[\text{Co}(\text{H}_2\text{O})_6]^{2+}$ (Fig. 8a), which has a large radius as compared to normal ions and relatively low diffusion rates in a carbonaceous microsphere template; therefore, only single-shelled Co_3O_4 hollow microspheres (Fig. 9a) can be formed after the removal of the carbonaceous template *via* calcination. In a mixture of water and ethanol (*e.g.*, ethanol/water in equal volume of 1:1) as the solvent, Co(II) ion would exist as $[\text{Co}(\text{H}_2\text{O})_{(6-x)}]^{2+}$, where $x = 3-6$ (Fig. 8b). With a decrease in the number of coordination water molecules, the radius of Co(II) decreases, offering a rapid diffusion rate than that in $[\text{Co}(\text{H}_2\text{O})_6]^{2+}$, which ensures that an increased amount of cobalt ions gets loaded into the carbonaceous template; this yields double-shelled Co_3O_4 hollow microspheres (Fig. 9b). By further increasing the ethanol content in the solvent (75%, v/v) along with simultaneously heating to a higher temperature (Fig. 8c),

a higher diffusion rate can be achieved, thereby generating the ready adsorption of Co(II) by means of carbonaceous microspheres. As a consequence, a triple-shelled Co_3O_4 hollow microsphere is obtained (Fig. 9c). In addition to adjusting the solvent component, the authors also investigated the effect of acid-treated template on the adsorption of Co(II) as well as on the final structure of Co_3O_4 (Fig. 8d). Their results demonstrated that the carbonaceous microsphere template, after the treatment of acid, offered a much larger specific surface area and enhanced pore volume than those of the template that did not undergo any acid treatment. Larger surface areas and enhanced pore volumes are expected to increase the loading of metal ions, yielding quadruple-shelled hollow microspheres (Fig. 9d). In the subsequent work, they extended this sequence template approach to prepare multishelled hollow $(\text{Co}_{2/3}\text{Mn}_{1/3})(\text{Co}_{5/6}\text{Mn}_{1/6})_2\text{O}_4$. By precisely controlling the experimental parameters, the number of shells could be effectively controlled and the maximum number of shells reached up to a septuple, which is the highest number of shells obtained until now.⁴¹ Further, Wang *et al.* synthesized nanorod-assembled multishelled Co_3O_4 microspheres in a mixture of water and ethanol as the solvent using a carbon microsphere as the hard template, where carbon microspheres@ $\text{Co}_2\text{CO}_3(\text{OH})_2$ core-shell composites were formed with a subsequent calcination process. After the calcination treatment, the carbon microspheres@ $\text{Co}_2\text{CO}_3(\text{OH})_2$ core-shell composites could be converted into multishelled Co_3O_4 microspheres.⁴²

We have noted that the acid treatment on a carbonaceous template may promote the loading of cobalt ions into the template; in their earlier report, the treatment of alkali facilitated the adsorption of Sn^{4+} by the carbonaceous microsphere template. In fact, both acid treatment and alkali treatment may activate the carbonaceous template, generating more functional surface groups. According to the electronic theory of acids and alkalis, Co(II) ions can easily donate an electron due their large size and low nuclear charge, while the case for Sn(IV) is completely opposite. As a result, acid-treated carbonaceous microspheres are more preferable for loading Co(II) , whereas alkali-treated carbonaceous microspheres are more suitable for adsorbing Sn(IV) .

In another work, Wang *et al.* demonstrated that the pH value of a solution may also significantly affect the formation of multishelled Mn_2O_3 hollow nanostructures in addition to adjusting the solvent components and temperature.⁴³ The higher pH of

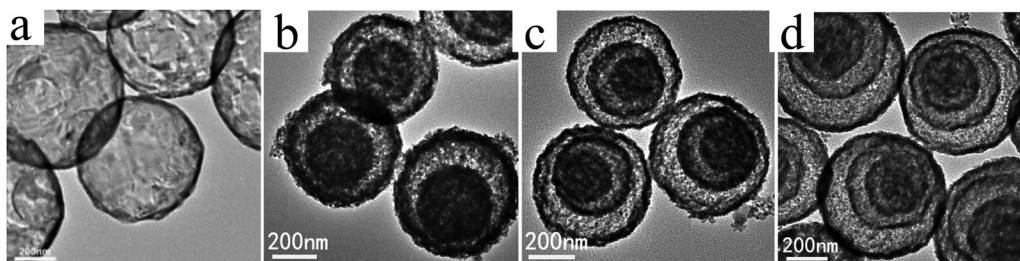


Fig. 9 TEM images of (a) single-, (b) double-, (c) triple-, and (d) quadruple-shelled Co_3O_4 hollow microspheres. Reprinted from ref. 40 with kind permission.

aqueous manganese acetate solutions can lead to the fabrication of hollow Mn_2O_3 spheres with a higher number of shells. The reason for such phenomena could be explained as follows. The higher concentration of H^+ in the solution means that the functional groups (mainly hydroxide groups) get protonated. Therefore, a decrease in pH results in a decrease in the surface negative charge of the carbonaceous microsphere template, which could be confirmed by its zeta potential. As a consequence, the amount of Mn(II) adsorbed on the template also decreases, which is not beneficial for the formation of multiple-shelled hollow nanostructures. In particular, single-, double-, and triple-shelled Mn_2O_3 hollow nanostructures could be obtained at the pH values of 3.35, 4.43, and 6.43, respectively, of the solution. It should be noted that only a limited amount of Mn(II) could be adsorbed onto the carbonaceous microsphere templates, generating Mn_2O_3 nanoparticles, but not Mn_2O_3 hollow structures, when the pH of the solution was less than 1. Moreover, the form of Mn(II) may vary with the pH of the solution. It is well known that Mn(II) is likely to exist in the form of $[\text{Mn}(\text{H}_2\text{O})_{6-x}\text{Cl}_x]^{2-x}$ ($0 < x < 2$, when $0 \leq \text{pH} \leq 7$) when HCl is used to adjust the pH of the solution. At lower pH, more Cl^- can coordinate with Mn(II) , which implies that the electrostatic attraction between Mn(II) and carbonaceous template becomes weaker and hence the amount of adsorbed Mn(II) onto the carbonaceous template decreases due to the generation of Mn_2O_3 hollow microspheres with a limited number of shells (even nanoparticle shape) after heating. Tian *et al.* proposed a general and versatile strategy to prepare a wide range of multishelled metal oxide hollow microspheres, including, but not limited to, Co_3O_4 , CuO , Fe_2O_3 , In_2O_3 , $\text{PrO}_{1.83}$, and ZnO , by using a commercial gluconate salt as both a carbon and metal precursor, where a similar effect of pH value could be observed.⁴⁴

Using glucose as the carbon source and nickel nitrate as the nickel source, Chu *et al.* systematically investigated the effect of pH of the solution (ranging from 8.3 to 10.9) on the morphology of NiO using $\text{NH}_3 \cdot \text{H}_2\text{O}$ as the pH regulator.⁴⁵ In their work, glucose was initially dehydrated to generate the carbon spheres. The surface of such carbon is hydrophilic and attached to numerous OH^- groups. Consequently, this carbon sphere can act as a substrate for ion penetration in the subsequent reaction processes. Their investigations demonstrated that multishelled NiO hollow spheres could be finally formed only at high pH values, such as 10.9. This result could be explained as follows. At high pH values, the OH^- and NH_3 concentrations, chelating interactions between NH_3 and Ni^{2+} , and growth rate

of $\text{Ni}(\text{OH})_2$ nuclei would simultaneously increase, leading to the gradual formation of $\text{Ni}(\text{OH})_2$ nuclei, self-organized, and further reacted. Meanwhile, there would be a large number of OH^- on the surface of the carbon spheres; therefore, it is likely to form $\text{Ni}(\text{OH})_2$ nuclei on the surface of the carbon spheres. These $\text{Ni}(\text{OH})_2$ nuclei would further assemble into nanoparticles on the basis of the coalescence mechanism. Finally, the inside-out Ostwald ripening growth mechanism would dominate, yielding multishelled structures. After the calcination treatment, the carbon spheres would decompose and $\text{Ni}(\text{OH})_2$ would dehydrate to afford NiO. The possible mechanism of the formation is shown in Fig. 10.

Considering most of the existing approaches are only available in the synthesis of simple binary multishelled metal oxide hollow spheres, Zhang *et al.* developed a general penetration–solidification–annealing approach to synthesize multicomponent metal oxide hollow spheres with multishelled structures using CSs as the hard template, as shown in Fig. 11a.⁴⁶ The entire process comprises the following steps. Firstly, the carbonaceous hard template spheres were synthesized *via* the hydrothermal carbonization of glucose at $\sim 160\text{--}180\text{ }^\circ\text{C}$ and then dispersed into ethylene-glycol-containing metallic acetate (such as nickel acetate, cobalt acetate, and/or manganese acetate). Secondly, heating treatment at $120\text{ }^\circ\text{C}$ was performed to promote the penetration of metallic ions deep into the carbonaceous template. This procedure could last for 12 h. In the next step, the substance was further heated up to $170\text{ }^\circ\text{C}$ for 2 h till the metal glycolate was formed on both the inner and outer surfaces of the carbonaceous template. With the consumption of ethylene glycol, the viscosity of the system considerably increased; therefore, the process was referred to as solidification. Finally, in order to obtain multishelled mixed metal oxide hollow spheres, the decomposition of metal glycolate and removal of carbonaceous template were achieved by annealing at $500\text{ }^\circ\text{C}$ for 4 h. Fig. 11b–g shows the typical TEM images of some of the obtained samples. Evidently, triple-shelled hollow spheres could be fabricated for CoMn_2O_4 , $\text{Co}_{1.5}\text{Mn}_{1.5}\text{O}_4$, MnCo_2O_4 , ZnMn_2O_4 , ZnCo_2O_4 , and NiCo_2O_4 . The thickness of these mixed metal oxides slightly varied with a combination of metals within $\sim 30\text{--}50\text{ nm}$. By varying the diameter of the employed carbonaceous template or adjusting the penetration time, the number of shells could be adjusted. Generally, the larger diameter of the utilized carbonaceous template was expected to provide more space to form more shells in the final hollow structures. Such a result is in good

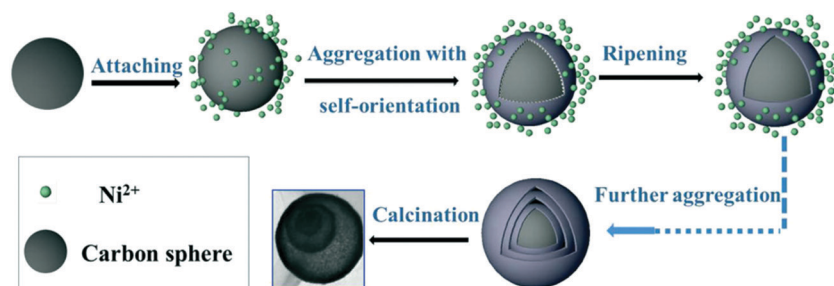


Fig. 10 Plausible formation process of multishelled NiO microspheres. Reproduced from ref. 45 with permission.

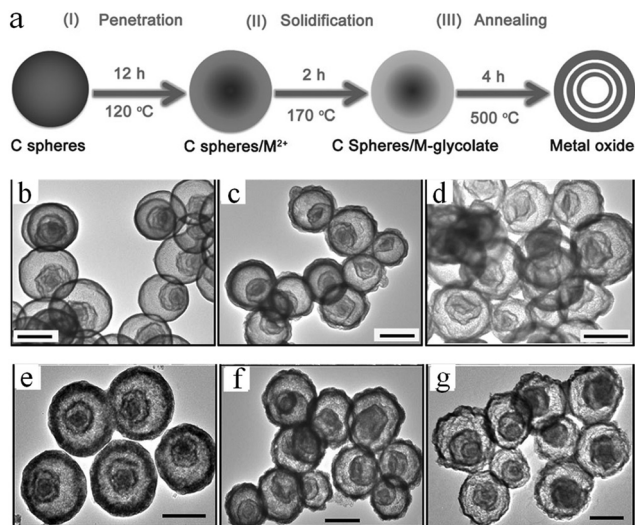


Fig. 11 (a) Preparation schematics of multicomponent metal oxide multishelled hollow spheres *via* the penetration–solidification–annealing approach using carbon spheres as the hard template. Typical TEM images with scale bars of 500 nm for some of the samples of multicomponent metal oxide multishelled hollow spheres. (b) CoMn_2O_4 , (c) $\text{Co}_{1.5}\text{Mn}_{1.5}\text{O}_4$, (d) MnCo_2O_4 , (e) ZnMn_2O_4 , (f) ZnCo_2O_4 , and (g) NiCo_2O_4 . Reprinted from ref. 46 with kind permission.

agreement with those obtained from earlier reports.³⁴ Zhang *et al.* used a similar principle to prepare CoFe_2O_4 hollow spheres.⁴⁷ Recently, Peng *et al.* proposed an adsorption–calcination–reduction approach to prepare various spinel oxides (NiCo_2O_4 , CoMn_2O_4 , and NiMn_2O_4) with necklace-like multishelled hollow structures using carbonaceous microspheres as the sacrificial template. It should be pointed out that the goal of the additional reduction treatment was to induce the formation of oxygen vacancies in the spinel crystals, which may boost the performance of the materials and various properties, such as catalytic activity.⁴⁸

As a versatile template, carbonaceous microspheres could adsorb either metallic cations or metal-containing anions. The first example of using a carbonaceous microsphere to adsorb an anion for preparing multishelled hollow nanostructures was reported by Wang *et al.* In their epoch-making work, a series of multishelled (V_2O_5 , MnO_2 , MoO_3 , Cr_2O_3 , and WO_3) hollow nanostructures were obtained. The formation mechanism involved the chemical adsorption of metal-containing anions (VO_3^- , MnO_4^- , MoO_4^{2-} , CrO_4^{2-} , and $\text{W}_7\text{O}_{24}^{6-}$) onto carbonaceous microsphere templates followed by a Trojan catalytic combustion process to remove the carbonaceous template. The driving force for the adsorption of metal anions into the microspheres is different from the traditional cation-adsorption process. Taking VO_3^- as the example, because oxygen (O) prefers to coordinate with V^{5+} by donating its p electrons to the empty d orbitals of V^{5+} , the electrostatic repulsion energy can be considered to be much smaller than the binding energy between VO_3^- with the OH group *via* a coordination interaction. As a result, the adsorption of VO_3^- onto the negatively charged carbonaceous template with abundant oxygen-containing groups is thermodynamically feasible *via* coordination bonds. Meanwhile, in

real-world cases, the penetrated cations (such as NH_4^+) can partly neutralize the negative charges, promoting the further adsorption of metal-containing anions.⁴⁹ On the basis of their systematic work, the same group recently extended this principle to the co-absorption of positive and negative ions to fabricate binary metal oxides ($\text{Fe}_2(\text{MoO}_4)_3$, NiMoO_4 , MnMoO_4 , CoWO_4 , MnWO_4 , *etc.*) with multishelled hollow structures.⁵⁰ Zong *et al.* prepared YVO_4 multishelled hollow spheres using a yttrium CS as the hard template.⁵¹ By means of a hydrothermal route, yttrium CSs were firstly prepared, which possessed hydrophilic functional groups. Therefore, VO_4^{3-} anions could easily adsorb to form the YVO_4 complex oxide. The multishelled hollow spheres of YVO_4 with uniform morphology, high crystallinity, and controlled number of shells (up to three) could be successfully obtained by thermal annealing.

In certain cases, CSs may not only serve as a grid template to form multishelled hollow target materials, but also take part in the reaction process. For example, Zhang and co-workers prepared double-shelled $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ hollow spheres using colloidal CSs as the hard template, as shown in Fig. 12a.⁵² The negatively charged carbonaceous microspheres were firstly applied as the substrate to deposit Ce species by means of a layer-by-layer self-assembly process, forming core-shell CSs@ CeO_2 precursor spheres (Fig. 12b). Based on the fact that there were plenty of mesoporous pores in the shell layer of the CeO_2 precursor, a KMnO_4 solution was percolated through the CeO_2 precursor that had deeper access to the spheres. Subsequently, the redox reactions between the carbonaceous core/ KMnO_4 and CeO_2 precursor/ KMnO_4 occurred, generating core-shell CSs@ $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ due to the close contact between the CSs core and Ce species. Owing to the Kirkendall effect caused by the diffusion couple of the faster inward-diffusing MnO^{4-} and outward-diffusing organic carbon chains, the core-shell-structured CSs@ $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ could be easily converted into yolk-shell CSs@ $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ (Fig. 12c). Finally, annealing the above yolk-shell structure in air, the residual CS core would completely decompose, thereby generating $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ double-shelled hollow spheres (Fig. 12d).

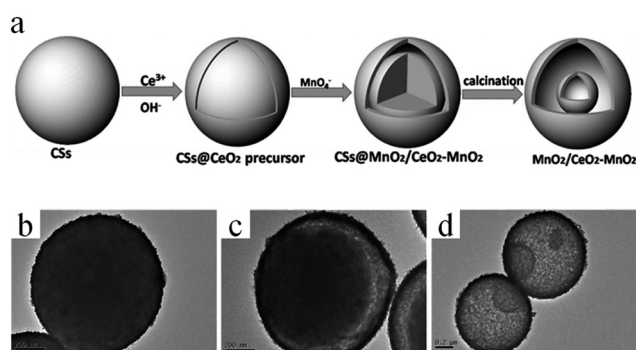


Fig. 12 (a) Schematic illustration of the synthesis process of $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ double-shelled hollow spheres. TEM images of (b) CSs@ CeO_2 precursor core-shell spheres, (c) yolk-shell CSs@ $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$, and (d) $\text{MnO}_2/\text{CeO}_2\text{-MnO}_2$ double-shelled hollow spheres. Reprinted from ref. 52 with kind permission.

In addition to the abovementioned merits of a carbonaceous template that make it more resistant to acids and alkalis as compared to a silica template, the former consumes a lesser amount of solvent or additional chemicals, except precursors, in the entire preparation process. It should be noted that the carbonaceous template may not be available for producing metallic oxides in a sub-stable oxidation state (such as Cu_2O , Fe_3O_4 , and MnO), since in most cases, the removal of carbon is usually carried out by annealing in an air flow. These sub-stable compounds may be oxidized by O_2 in air. Further, high energy consumption in the removal of the carbonaceous template for the simultaneous formation of multishelled hollow nanostructures may be another disadvantage of the carbonaceous template approach.

2.1.3 Polymer-based hard templates. Polystyrene (PS) is one of the most widely used hard template candidates for preparing various hollow nanostructures; this is because the synthesis of PS is fairly simplistic. Meanwhile, it is easy to control the particle sizes and surface functional groups for PS. For instance, Yang *et al.* reported an efficient strategy to fabricate double-shelled inorganic hollow spheres (Fig. 13a).⁵³ The first sulfuric-acid-functionalized PS hollow spheres were obtained by the reaction of PS hollow spheres with H_2SO_4 . Then, the inorganic metal ion precursors would be absorbed into both the inner and outer surfaces of sulfonated hollow spheres to form multilayered composite hollow spheres. At last, the core PS could be removed by *N,N*-dimethylformamide (DMF). Fig. 13b and c show the typical double-shelled TiO_2 and Fe_3O_4 hollow spheres. Apparently, the final oxide product was obtained with the desired morphology and size.

In another report, Hou *et al.* described an interesting strategy to prepare double-shelled silica hollow particles (DSHPs) using single-hole hollow particles (SHHPs) of PS as the templates (Fig. 14).⁵⁴ The entire preparation procedure could be divided into three steps. Initially, SHHPs were prepared by seed emulsion polymerization. Furthermore, *via* the Stöber method, both the inner and outer surfaces of SHHPs were coated with



Fig. 14 Schematic of the preparation process of DSHPs. Reprinted from ref. 54 with kind permission.

silica shells. Finally, the intermediate SHHP layer was removed by calcination, thereby forming DSHPs. In addition, other double-shelled hollow microspheres such as TiO_2 , Fe_3O_4 , BaTiO_3 , and conducting polymer (polypyrrole and polyaniline) were also successfully prepared by making use of sulfonated PS hollow spheres as the templates.^{55–59} It should be noted that the PS template method seems to be a little tedious and dangerous since concentrated H_2SO_4 is often utilized to treat PS colloidal microspheres.

Resorcinol–formaldehyde (RF) resins are another important polymer that can serve as a template for the synthesis of various functional materials. Similar to a carbonaceous template, RF resins can often siphon metallic ions and then transform into oxides with multishelled hollow structures when the operating conditions are precisely controlled. Li *et al.* used a RF resin microsphere as a sacrificial template for preparing a series of triple-shelled Ni–Co–O hollow microspheres with a delicate ratio of Ni/Co (Fig. 15a).^{60,61} The RF resin microspheres were obtained from 2,4-dihydroxybenzoic acid reacted with formaldehyde under hydrothermal conditions. Owing to the residence of numerous –COOH and –OH groups in the precursors, RF could facilitate the adsorption and penetration of metal ions

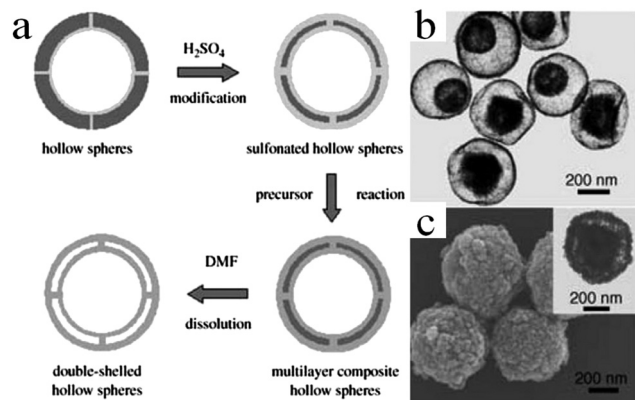


Fig. 13 (a) Schematic illustration of the synthesis of double-shelled inorganic hollow spheres. (b) TEM images of double-shelled TiO_2 hollow spheres and (c) SEM and TEM images (inset) of Fe_3O_4 . Reprinted from ref. 53 with kind permission.

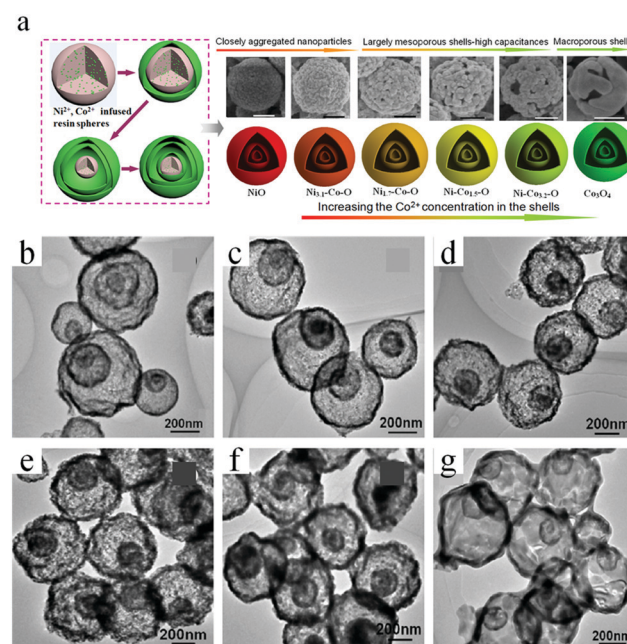


Fig. 15 (a) Schematic illustration of the preparation of triple-shelled NiO , Co_3O_4 , and their mixed oxide (Ni-Co-O) hollow spheres. (b–g) Typical TEM images of these samples. Reprinted from ref. 60 with kind permission.

(Ni²⁺ and/or Co²⁺). It should be noted that the adsorption procedure was performed in ethylene glycol but not in water. The reason might be related to the larger radii of hydrated Ni and Co ions, which are difficult to deeply diffuse into the RF template. After heating to 550 °C at the rate of 5 °C min⁻¹ and maintained for 4 h in an air atmosphere, the above Ni²⁺/Co²⁺-ion-infused RF resin could be converted into a triple-shelled oxide hollow microspheres with different Ni/Co ratios. Fig. 15b–g shows the TEM images of these Ni–Co–O samples, confirming that triple-shelled hollow structures were obtained. In addition, single- and double-shelled hollow structures may also be obtained by shortening the soaking time to 0.5 h and lowering the annealing rate to 2 °C min⁻¹. By varying the initial concentrations of Ni²⁺ and Co²⁺, the thickness of the triple-shelled hollow structures may be tuned. Recently, Zhu *et al.* prepared multishelled CoFe₂O₄ using a RF colloidal sphere as the hard template.⁶²

Polyacrylic acid (PAA) is an anionic polymer rich in carboxyls that can efficiently coordinate with metal ions. Therefore, PAA can also be used as a hard template to fabricate multishelled metal oxide hollow nanostructures. Qi *et al.* described the syntheses of CoFe₂O₄ (CFO) solid nanospheres (SNSs), hollow nanospheres (HNSs), and multishelled hollow nanospheres (MS-CFO-HNSs) using PAA-NH₄ microspheres as the hard template. The synthesis mechanism is shown in Fig. 16.⁶³ Initially, PAA-NH₄ microspheres adsorb plenty of water containing Fe²⁺ and Co²⁺. Subsequently, Fe²⁺ and Co²⁺ are simultaneously hydrolyzed to form Fe(OH)₂ and Co(OH)₂, which are randomly dispersed in the PAA-NH₄ microsphere. It is well known that Fe(OH)₂ can be easily oxidized into Fe(OH)₃; therefore, the CFO NCs precursor was generated. Finally, by precisely controlling the calcination process, CFO-SNSs, CFO-HNSs, and MS-CFO-HNSs were obtained.

Besides certain synthetic polymers, some natural polymers have also been good candidates for use as templates for preparing various functional materials with desirable structures. Alginate, a natural polysaccharide rich in hydroxyl groups, also

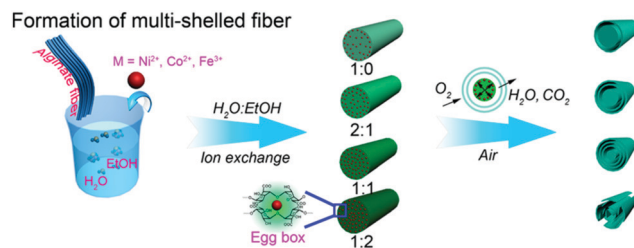


Fig. 17 Schematic illustration of the preparation of multishelled transition metal (Ni, Co, and Fe) oxide hollow fibers using alginate as the template. Reproduced from ref. 64 with kind permission.

exhibits good affinity toward metal ions. It is expected that alginates with particular morphologies could direct the formation of transition metal oxides with multishelled hollow structures. Sun *et al.* developed a generic strategy to fabricate a class of multishelled hollow transition metal oxide nanofibers, such as NiO, Co₃O₄, and Fe₂O₃, based on immobilizing metal ions into the alginate fibers followed by annealing in air, as shown in Fig. 17. Similar to carbonaceous and other polymer hard templates, the gradient distribution of transition metal ions is crucial for the formation of multishelled structures. Here, the ratio of ethanol to water in the solvent plays a significant role in the distribution of metal ions in the alginate template. The more ethanol in the solvent, the lower is the surface tension and higher is the wettability, which leads to deeper and higher adsorption of metal ions, yielding metal–alginate fibers. Upon performing a controlled annealing treatment, the transition metal–alginate fibers could be converted into multishelled hollow fibers.⁶⁴

In addition to the abovementioned polymers, other polymers, such as polyacrylamide,⁶⁵ PVP gel microspheres,⁶⁶ *etc.*, have also been used as hard templates for preparing multishelled hollow nanostructures. For many polymer resins as hard templates, there are many functional groups on their surfaces; therefore, no surface modification or activation steps are required in most cases. This considerably simplifies the processing steps and therefore consumes less time as compared to silica or carbonaceous template methods. On the basis of the properties of the polymer resin utilized, either specific solvent dissolution or calcination treatment could be employed for the removal of the polymer resin template. It should be noted that many polymer resins can get easily swollen in the liquid environment and expand at a relative high temperature; therefore, the reaction medium and temperature required to synthesize multishelled hollow materials using a polymer resin as the sacrificial template should be appropriately selected.

2.1.4 Metal-oxide-based hard templates. Pang *et al.* first reported the preparation of multishelled conducting polymer hollow microspheres, such as poly(3,4-ethylenedioxythiophene) and polypyrrole, with the use of Fe₃O₄ hollow spheres as the hard template.⁶⁷ In their work, *p*-toluenesulfonic acid (*p*-TSA) was utilized as the acid for the slow etching of Fe₃O₄ hollow spheres. In this way, the penetration of monomers into the inner surface of the template shell was effectively promoted. The detailed formation mechanism is shown in Fig. 18a. Firstly, the monomers were adsorbed on the outer surface of Fe₃O₄

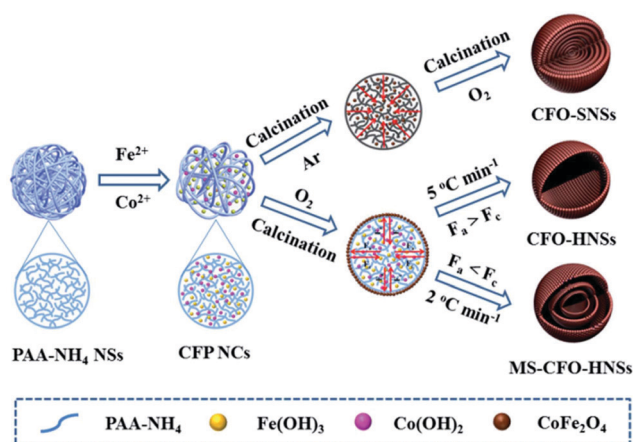


Fig. 16 Schematic illustrations of the formation processes of CFO-SNSs, CFO-HNSs, and MS-CFO-HNSs using PAA-NH₄ as the hard template. Reproduced from ref. 63 with permission.

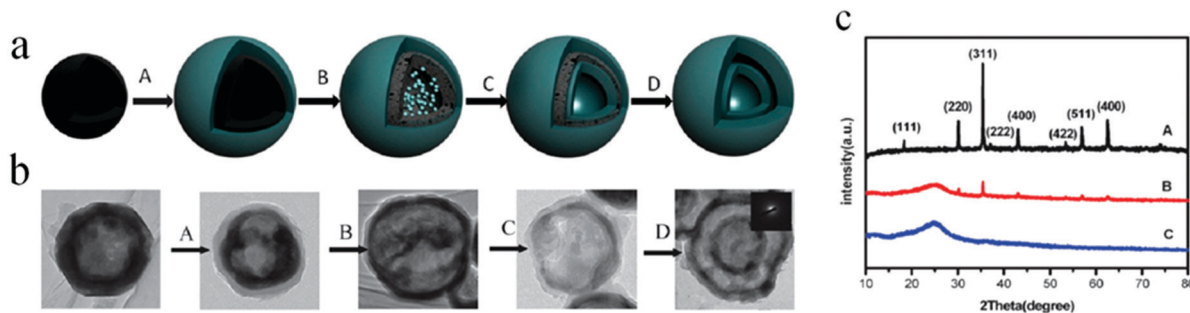


Fig. 18 (a) Proposed formation mechanism of double-shelled conducting polymer hollow microspheres using hollow Fe_3O_4 spheres as the template; (A) coating of a conducting polymer on the outer surface of hollow Fe_3O_4 spheres; (B) penetration of the monomer into the inner surface of the hollow Fe_3O_4 spheres; (C) *in situ* polymerization of the monomer on the inner surface of the hollow Fe_3O_4 spheres; (D) removal of the hollow Fe_3O_4 spheres via slow etching using *p*-TSA. (b) TEM images of the product at each step. (c) XRD patterns of the product at different reaction times at 40 °C: (A) 0 h; (B) 12 h; and (C) 24 h. Reproduced from ref. 67 with kind permission.

hollow spheres and polymerized to form a conducting polymer (process A). Secondly, the monomer penetrated into the inner shell *via* the pores and voids generated by *p*-TSA through slow etching (process B), followed by *in situ* polymerization. Therefore, the inner surface of the Fe_3O_4 hollow spheres was also coated by a conducting polymer (process C). Finally, owing to the existence of *p*-TSA, Fe_3O_4 hollow spheres could be completely etched gradually by reaction-temperature-programmed treatment (process D). The TEM images shown in Fig. 18b confirm the structural evolution, which is in good agreement with the abovementioned mechanism. In particular, it is evident that the selected area electron diffraction (SAED) pattern of the inner shell of the final product showed no obvious diffraction spots, indicating that the Fe_3O_4 hollow spheres were completely removed. Further, the XRD patterns of the time-dependent products are shown in Fig. 18c; notably, the intensities of the sharp peaks (curve A) indexed to the crystalline Fe_3O_4 phase became weak (curve B) after 12 h, which ultimately disappeared after 24 h (curve C), further confirming the proposed mechanism. In another study, Niu *et al.* prepared double-shelled polypyrrole hollow spheres using hollow Fe_3O_4 spheres as the sacrificial template *via* a two-step strategy, prefilling the pyrrole monomer on both the outer and inner surfaces followed by the *in situ* polymerization of pyrrole with HCl etching, yielding Fe^{3+} ions.⁶⁸ By a polymer coating-carbonization-post-doping treatment process using porous Fe_3O_4 hollow spheres as the templates, Qian and co-workers prepared pristine and double-shelled N-doped carbon hollow spheres.⁶⁹ Employing hollow TiO_2 spheres as the hard templates and dopamine (DA) as the N-containing carbon precursor, N-doped double-shelled hollow carbon spheres were also obtained.⁷⁰

2.1.5 Other hard templates. In addition to the hard templates discussed above, some other hard template candidates have also been researched, such as inorganic salts, elemental sulfur,⁷¹ and so on. Meanwhile, it should be noted that several hard templates can possibly be combined together for constructing multishelled hollow nanostructures with a complex composition in the future. Such hard templates have been specifically studied, as provided in the literature.

Apparently, the hard template method to synthesize multishelled hollow nanostructures exhibits several advantages. It is a versatile tool to prepare multishelled hollow structures with desirable morphology and show advantages in controlling the size and the diameter/cavity of the final product when compared with those obtainable *via* other techniques. Moreover, the final products obtained by the hard template strategy are expected to appear highly uniform with regard to particle size and morphology. The hard template method has at least three disadvantages. Firstly, presynthesized hard templates are necessary in most cases. The limited availability of raw materials, storage, and template transformation might be another bottleneck owing to the inherent properties of the template. Secondly, several other procedures, such as the coating of targeted materials or precursors on the surface of the template, as well as the ultimate removal of the template *via* etching or calcination, are often involved that may complicate the preparation process; posttreatment may destroy the final product to a certain extent. Thirdly, on the basis of tedious synthesis procedures, it is impractical to produce multishelled hollow nanostructures at a large scale with the hard template method, particularly for nanostructures with a higher number of shells (over 5 shells).

2.2 Soft template approach

In addition to the hard template method, soft template methods have also been versatile tools for the fabrication of multishelled hollow nanostructures. Generally, the soft template approach used to fabricate multishelled hollow nanostructures involves the self-assembly of surfactants/cosurfactants that can yield relatively flexible structures such as emulsion droplets, micelles, gas bubbles, and vesicles, *etc.* On the basis of the interactions between the soft template/solvent and precursors, the shell of the target materials may be initially produced, which could subsequently grow within the interfacial region during template removal. Until now, the soft template method has been widely applied in transcriptase synthesis with diverse hollow structures.

2.2.1 Single surfactant as soft templates. It is a well-known fact that amphiphilic molecules, such as surfactants and block copolymers, can form vesicles or micelles with different structures,

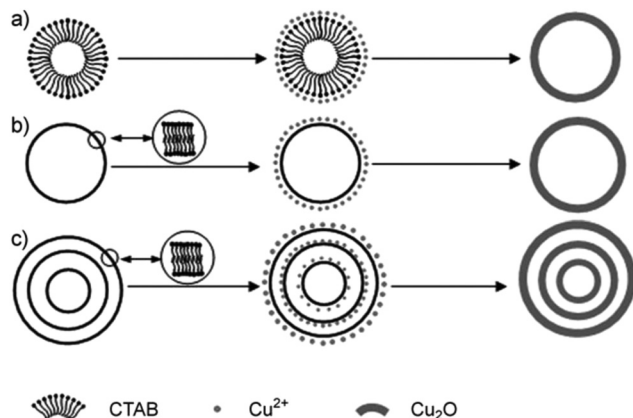


Fig. 19 Schematic of the formation mechanism of single-shelled and multishelled Cu₂O hollow spheres using CTAB-assembled vesicles as the soft template. Reprinted from ref. 75 with kind permission.

which are widely employed as a soft template (also called a structure-directing agent) to synthesize various functional materials.^{72–74} Inspired by the preparation of single-shelled hollow nanostructures using micelles and vesicles as the soft template (Fig. 19a and b), Xu and co-workers proposed that growing the target materials on all the layers of multilamellar vesicles may lead to multishelled hollow nanostructures, as shown in Fig. 19c.⁷⁵ By adjusting the concentration of cetyltrimethylammonium bromide (CTAB), the number of shells can be controlled (Fig. 20). In particular, the double-shelled spherical structures are dominant for a CTAB concentration of 0.13 M; interestingly, triple-shelled structures were also observed. When the CTAB concentration increased to 0.15 M, triple- and quadruple-shelled hollow spheres were observed. This might be the disadvantage of this system.⁷⁵ In another case, Wang *et al.* also prepared Cu₂O hollow sub-micron spheres with single and double shells using CTAB vesicles as the soft template and ascorbic acid as the reducing agent.⁷⁶

Teng and co-workers extended CTAB as a soft template to fabricate multishelled periodic mesoporous organosilica (PMO) hollow spheres (Fig. 21).⁷⁷ The entire process could be divided into four steps. First, TEOS and 1,4-bis(triethoxysilyl)benzene (BTSE) were transformed into mesostructured ethane-bridged organosilica spheres *via* a modified Stöber method using a CTAB-surfactant-directed sol-gel process. Subsequently, the

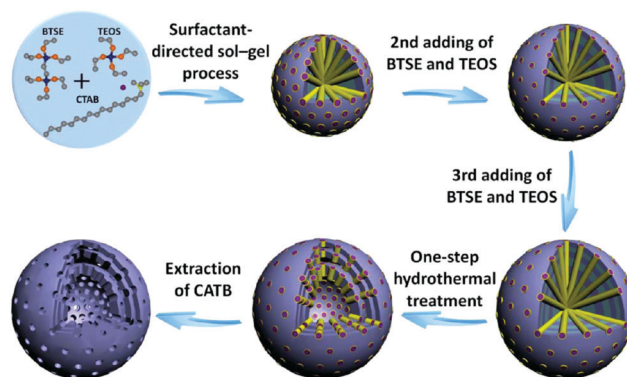


Fig. 21 Schematic illustration of the synthesis procedure and successive growth process of triple-shelled PMO hollow spheres. Reprinted from ref. 77 with kind permission.

repeated addition of TEOS and BTSE resulted in the formation of multilayered organosilica/CTAB spherical composites with enhanced sizes. The number of shells of the ultimately obtained multishelled PMO hollow spheres was dependent on the addition times of the TEOS and BTSE precursors. Thereafter, hydrothermal treatment was carried out to transform the subsequently grown solid organosilica spheres into hollow structures. Finally, CTAB surfactants were extracted by acidic ethanol, yielding multishelled PMO hollow spheres. By precisely controlling the synthesis conditions, such as CTAB concentration, amount of organosilica cores, and reaction temperature, the overall diameter, intershell space, and shell thickness of the finally obtained PMO hollow spheres could be easily tuned.

Yang *et al.* developed a self-assembly procedure to prepare multishelled ZnO hollow spheres by using a triblock copolymer Pluronic P123 as the soft template.⁷⁸ The preparation mechanism included the following steps, as shown in Fig. 22. Initially, P123 and a short-chain alcohol were self-assembled into spherical reverse micelles, which may provide space to accommodate inorganic oligomers. Subsequently, a solvothermal treatment was conducted to improve the organization, induce complete condensation, and crystallization. At this stage, by the Ostwald ripening of various intercrystallite spaces within these structures, a void space was created. When pristine noncompact aggregates were transformed into a smaller encapsulated aggregate, double-shelled ZnO hollow spheres were generated.

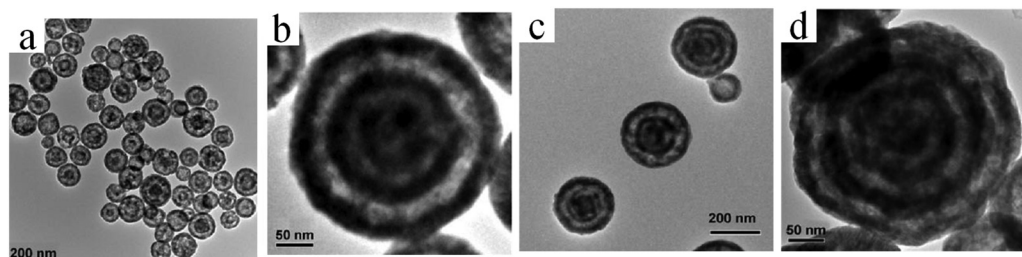


Fig. 20 TEM images of (a) double-shelled, (b and c) triple-shelled, and (d) quadruple-shelled Cu₂O hollow spheres for different CTAB concentrations: (a and b) 0.13 and (c and d) 0.15 M. Reprinted from ref. 75 with kind permission.

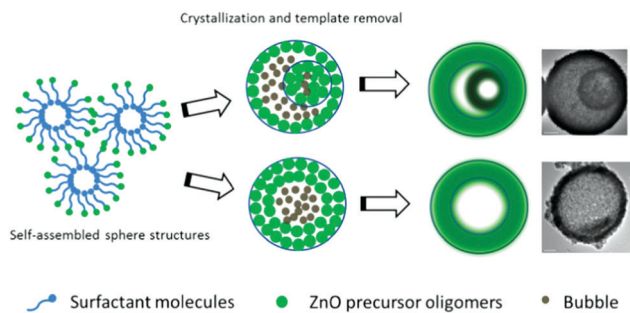


Fig. 22 Synthesis mechanism of shelled ZnO hollow spheres using P123 as the soft template. Reprinted from ref. 78 with kind permission.

Otherwise, if the ZnO aggregates were compact, ZnO hollow spheres with single-shelled structures were produced. Finally, when washed with water and ethanol, the surfactant template was removed, resulting in the formation of well-crystallized shelled ZnO hollow spheres. Taking full advantage of the characteristics of the self-assembly of micelles by surfactants, Zhang *et al.* reported the synthesis of organosiliceous multilamellar vesicles using the commercially available triblock copolymer Pluronic P85 as a single template and 1,2-bis(triethoxysilyl)ethane as the organosilica precursor. The number of shells of organosilica could be precisely controlled (within 1 to 7) by adjusting the pH of the solution from 4.8 to 5.2.⁷⁹

Xu *et al.* described a soft template method to prepare double-shelled hollow mesoporous carbon nanospheres using (polystyrene-*b*-polyacrylic acid) (PS-*b*-PAA) micelles as the soft template. The entire formation process is shown as Fig. 23, which involves several stages.⁸⁰ Firstly, on the basis of electronic interactions, positively charged DA molecules and negatively charged PS-*b*-PAA blocks assembled into large micelles, *i.e.*, PS-*b*-PAA/DA, in which multiple reverse small PAA-*b*-PS/DA micelles were present. Subsequently, DA molecules and TEOS would undergo self-polymerization and hydrolysis/condensation in the PS-*b*-PAA/DA composite micelles with the assistance of $\text{NH}_3 \cdot \text{H}_2\text{O}$, forming polydopamine (PDA) and SiO_2 , respectively, on the surface of the micelles. As the reaction proceeded, the residual

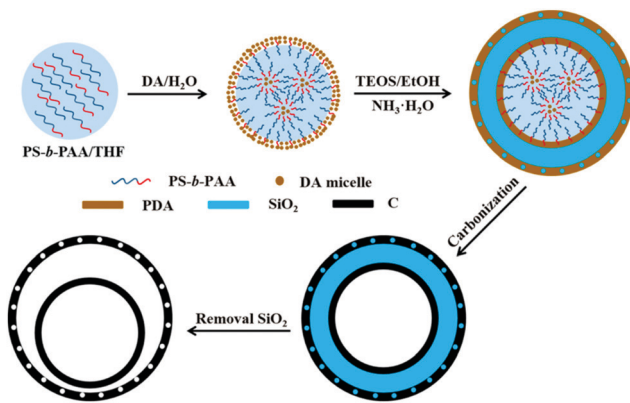


Fig. 23 Schematic illustration of the formation process of double-shelled hollow mesoporous carbon nanospheres using PS-*b*-PAA micelles as the soft template. Reproduced from ref. 80 with permission.

DA continued to form PDA on the outermost layer. Thereafter, the PDA was converted into N-doped carbon *via* carbonization at higher temperatures, generating three-layered C/SiO₂/C nanostructures. Finally, the intermediate layer of SiO₂ was removed by NaOH etching, which resulted in the formation of double-shelled hollow nitrogen-doped carbon mesoporous nanospheres. It should be noted that the dosage ratio of TEOS/DA had a significant influence on the formation of the final product owing to the competitive relationship between the DA self-polymerization and TEOS hydrolysis/condensation under alkaline conditions. These research results demonstrated that only an intermediate dosage of TEOS could lead to the formation of double-shelled carbon hollow structures as the main product. At lower dosages of TEOS, DA self-polymerization would assume the dominant role, while TEOS oligomers might act as a template to generate mesopores in the carbon spheres. At higher dosages of TEOS, silica networks may dominate in the SiO₂/C intermediate; as a result, an inconsecutive outer carbon shell could be formed, while the outer carbon shell may disappear during the subsequent silica removal process. If the dosage of TEOS is extreme high, only certain carbon fragments can be obtained.

2.2.2 Dual/multiple surfactants as soft templates. To produce multishelled hollow nanostructures with mesoporous silica shells, Liu and co-workers proposed a vesicle template route, which was derived from the self-assembly of surfactants [C₃F₇O(CF₂CF₂O)₂CF₂CONH(CH₂)₃N⁺(C₂H₅)₂CH₃I⁻] (FC4) and EO₁₀₆PO₇₀EO₁₀₆ (F127), as shown in Fig. 24a.⁸¹ The mixing of FC4 and F127 in a water-ethanol solution spontaneously generated vesicles, which was confirmed by a light-scattering study; the acidity of the solution was adjusted by an ammonia solution. Subsequently, the growth of silica would occur on the addition of TEOS by the interaction of silane precursors and the surface of FC4 vesicles. It was also found that the diameter, number of shells, and shell thickness of multishelled mesoporous silica nanospheres could be easily tuned by varying the experimental parameters. Fig. 24b-g show the typical SEM and TEM images of multishelled mesoporous silica hollow nanospheres obtained with different molar ratios of FC4/F127. Obviously, at a low FC4/F127 molar ratio, the size distributions are narrow (Fig. 24b and c), while it is relatively broader at a high FC4/F127 molar ratio (Fig. 24d). In particular, according to the observation results from the TEM images, the number of shells and thickness also appear to be different with a change in the FC4/F127 molar ratio. When the FC4/F127 molar ratio is 24 and 48, the average diameters of the nanospheres are less than 150 nm, and the number of shells was ~3-4 with a thickness of about 10 nm (Fig. 24e and f). With regard to a FC4/F127 molar ratio of 72, the average diameter of the nanospheres ranged within ~100-400 nm, and the number of shells decreased to ~1-3 (Fig. 24g). Such a result might be attributed to the transformation of uniform multilamellar vesicles to single lamellar vesicles upon the addition of FC4. The effect of pH of the system was also investigated to confirm the vesicle template mechanism. Other vesicle templates of cosurfactant combinations, such as CTAB and dodecyl benzene sulfonate (SDBS),⁸² P123 and 1,3,5-triisopropylbenzene (TIPB),⁸³ FC4 and

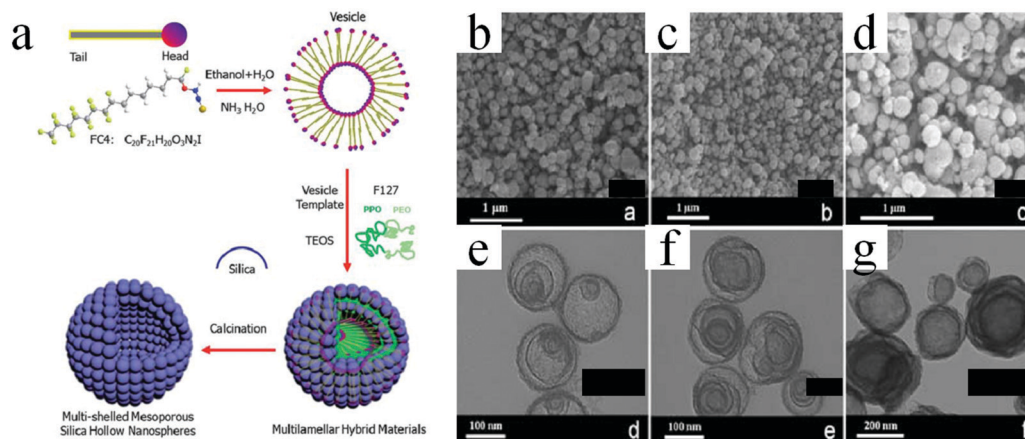


Fig. 24 (a) Schematics of the synthesis procedures of multishelled mesoporous silica hollow nanospheres. (b–d) SEM and (e–g) TEM images of multishelled mesoporous silica hollow nanospheres obtained for different molar ratios of FC4 and F127. (b and e) FC4/F127 = 24, (c and f) FC4/F127 = 48, and (d and g) FC4/F127 = 72. Reprinted from ref. 81 with kind permission.

CTAB,⁸⁴ didodecyltrimethylammonium bromide (DDAB)/CTAB,⁸⁵ CTAB and sodium salicylate,⁸⁶ and perfluorooctanoic acid (PFOA) and CTAB,⁸⁷ were applied to synthesize multishelled mesoporous silica nanostructures.

Huang *et al.* developed a facile and sustainable strategy by using compressed CO₂ to prepare multishelled hollow PMO nanospheres, in which the soft template is composed of the triblock copolymer Pluronic P123, CTAB, and sodium dodecyl sulfate (SDS).⁸⁸ The formation mechanism of multishelled hollow PMOs comprises several steps, as shown in Fig. 25a. Similar to other soft template processes, the P123 + CTAB + SDS surfactants were initially self-assembled into vesicles in a solution. The penetration of CO₂ into the hydrocarbon chain region of the surfactant molecules may cause volume expansion

and increase in the blending energy when compressed CO₂ was passed into the solution. Consequently, the mixed surfactants of CTAB and SDS formed multilamellar vesicles. Thereafter, the precursor, *i.e.*, BTSE, underwent a hydrolysis reaction to form organosilica/vesicle composites. After the extraction of the surfactants by ethanol–HCl (100:3, v/v), multishelled PMO hollow nanospheres were obtained. The number of shells/thickness and the overall diameter of the final products could be easily modulated by precisely adjusting the CO₂ pressure. Fig. 25b–f show the typical TEM images of these products with different numbers of shells by tuning the CO₂ pressure.

As discussed above, soft template approaches possess the advantages of template removal since the process is expected to consume less energy than those by hard template approaches.

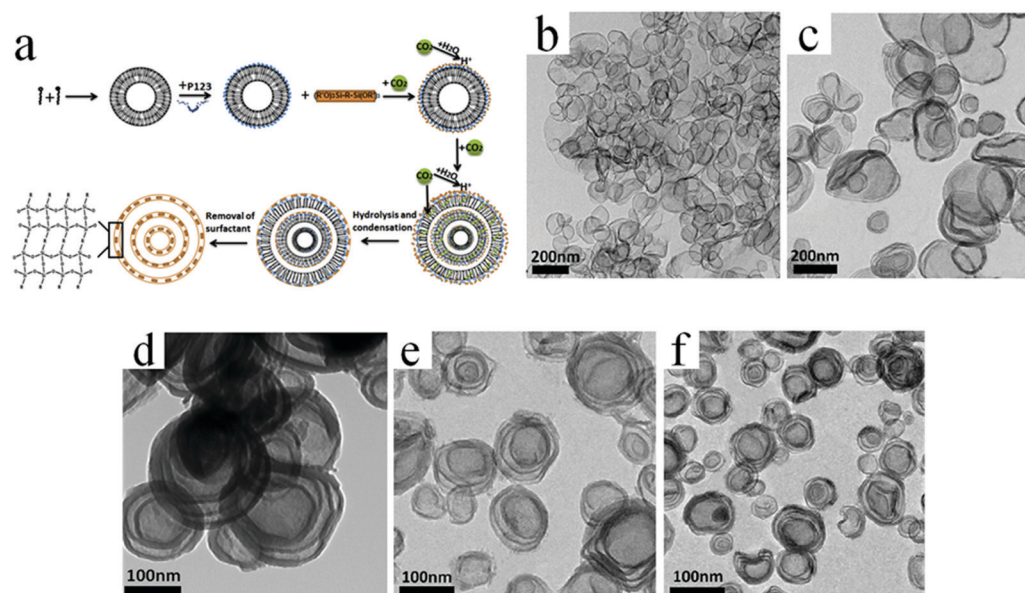


Fig. 25 (a) Formation mechanism of multishelled hollow PMO nanospheres using P123, CTAB, and SDS as a dual template with the assistance of compressed CO₂. (b–f) TEM images of multishelled PMO hollow nanospheres obtained at CO₂ pressures of 3.90 (b), 4.40 (c), 4.90 (d), 5.60 (e), and 5.90 (f) MPa. Reproduced from ref. 88 with kind permission.

Although tremendous progress has been made in the soft template synthesis of multishelled hollow nanostructures, the utilization of soft templates for synthesizing multishelled hollow nanostructures is not trivial since the soft templates themselves, including micelles, emulsion droplets, vesicles, gas bubbles, and other organized molecular assemblies, are usually not very stable under varying environments. Any marginal changes in pH, temperature, solvent, ionic strength, or any additives may destroy the structure of the soft template, resulting in failure in the preparation of the final products. As a consequence, the soft template method provides less control over particle uniformity. Meanwhile, it is difficult to completely remove the soft template, and the residual organic molecular assembly might affect the purity of the final products. Furthermore, in light of being environmentally benign, the soft template approach consumes large amounts of organic solvents and reagents, which may be harmful to the environment as well as living organisms. In addition, different from the hard template approaches, it is difficult to extend the soft template approach from one system to another.

2.3 Self-template approaches

Self-template methods without requiring an additional template material are more preferable in practical applications for creating hollow materials. Different from the hard-/soft-template-based approaches, the templates utilized in the self-template approaches may play multiple roles in the synthesis of multishelled hollow materials.^{89,90} The first one is that the template might comprise the final multishelled hollow architecture. The second one is that the template may act as a precursor to generate multishelled hollow materials. In addition, the template might also react during the formation of multishelled hollow nanomaterials, thereby generating a void structure in the final products. Until now, several materials have been demonstrated to be promising self-template candidates for the fabrication of multishelled hollow nanostructures. In this section, we will discuss certain examples and related mechanisms.

2.3.1 CPs or MOFs as self-templates. A case in point in which a self-template could be used to construct multishelled

hollow structures might be CPs or MOFs, organometallic complexes comprising metal ions or metal clusters and organic ligands. MOFs have garnered extensive research interest owing to their promising applications in diverse fields such as catalysis, gas separation, and biomedicine. Various complex hollow nanostructures can be obtained by using unique reactivity and thermal properties of CPs and MOFs.^{91–93} Liu *et al.* developed a step-by-step crystal growth strategy followed by post-etching processes to prepare multishelled hollow Cr(III) terephthalate MOFs (MIL-101) with single-crystalline shells (Fig. 26a).⁹⁴ In particular, octahedron-shaped MIL-101 crystals (average size: ~200 nm) were prepared by the reaction of Cr³⁺ and terephthalic acid under hydrothermal conditions. It is well known that MIL-101 possesses cavities of about 3.4 nm in its crystal structure, enabling mass transport *via* pentagonal and hexagonal windows.^{95,96} Further, it has been demonstrated that the inner crystallites were less stable than the outer crystallites. As a consequence, once treated with acetic acid, the inner crystallites would be preferentially etched, resulting in hollow voids inside the MIL-101 crystals. By repeating the *in situ* growth of MIL-101 before the final etching operation, more inner crystallite layers can be obtained. Taking advantage of the different stabilities of these inner and relative outer crystallites, the etching operation could lead to multishelled hollow MIL-101 architectures, such as single-shelled hollow MIL-101 (SSHM), double-shelled hollow MIL-101 (DSHM), and triple-shelled hollow MIL-101 (TSHM). Fig. 26b–e shows the typical TEM images and corresponding fast Fourier transform (FFT) patterns (insets, Fig. 26b–e) of these samples with controlled numbers of shells. It is apparent that each crystal appears with a spherical shape with hollow voids in the interior. It should be noted that both cavity size and shell thickness could be tuned by controlling the etching time.

Researchers have noted that MOFs are robust precursors in the preparation of various functional materials with different structures, particularly complex hollow structures. Cho *et al.* reported the synthesis of multishelled hybrid metal oxide hollow microspheres by using coordination polymer microspheres as the template and combining cation exchange followed

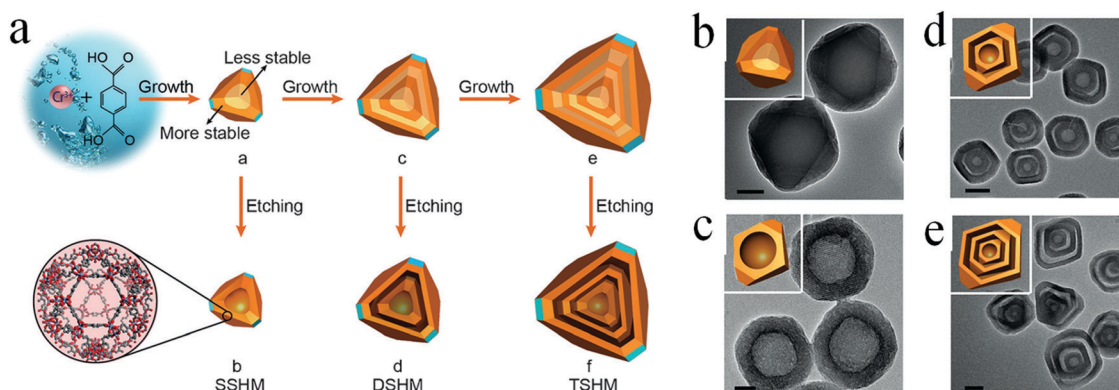


Fig. 26 (a) Schematic illustration of the preparation procedure of multishelled hollow MIL-101 by step-by-step and post-etching processes. TEM images of solid MIL-101 (b), SSHM (c), DSHM (d), and TSHM (e). Scale bars: (b and c) 50 nm; (d and e) 200 nm. Insets in (b–e) show the corresponding FFT patterns. Reprinted from ref. 94 with kind permission.

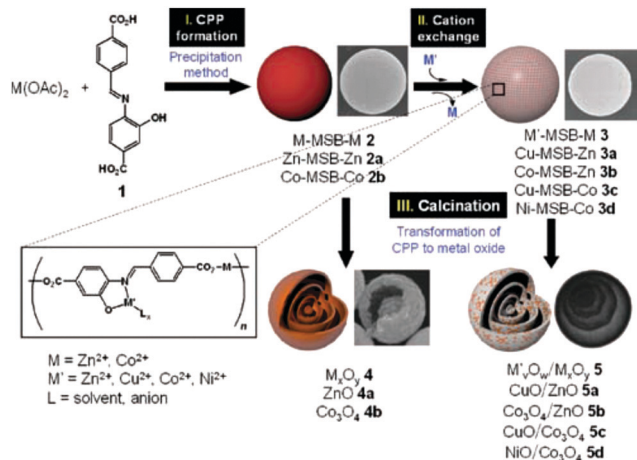


Fig. 27 Schematic illustration of the preparation of multishelled hybrid metal oxide hollow microspheres. Reproduced from ref. 97 with permission.

by controlled thermal treatment.⁹⁷ The entire preparation process involves several procedures, as shown in Fig. 27. Firstly, solid spherical CPPs containing Zn^{2+} or Co^{2+} were synthesized through a precipitation route. Subsequently, secondary metal ions (such as Ni^{2+} or Cu^{2+}) were introduced *via* the ionic exchange process. Finally, calcination treatment was carried out to generate multishelled mixed metal oxide hollow microspheres. On eliminating the ionic exchange procedure, pure ZnO or Co_3O_4 multishelled hollow microspheres could be obtained. Initially, the outermost part of the solid spherical CPPs was transformed into a ZnO shell when thermal treatment was applied. Thereafter, the internal CPP component shrank, accompanied by its decomposition into metal oxide species. Such a stepwise fabrication process of the metal oxide layers yielded the formation of multishelled metal oxide hollow microspheres.

Zhang *et al.* demonstrated an effective strategy to prepare multishelled ZnS–CdS rhombic dodecahedral cages (RDC) using zinc zeolitic imidazole framework ZIF-8 as the precursor. As shown in Fig. 28, the entire process includes three steps. Firstly, ZIF-8 RD was converted into yolk–shell RDC when etched with tannic acid. Secondly, the yolk–shell ZIF-8 RDC would react with thioacetamide as the sulfidation agent under solvothermal conditions to form multishelled ZnS RDC. Finally, multishelled ZnS–CdS RDC could be obtained by a hydrothermal cation exchange reaction. It should be noted that the composition of multishelled ZnS–CdS RDC could be effec-

tively tuned by adjusting the cation exchange reaction time. Furthermore, the number of shells of the final ZnS–CdS RDC was considerably dependent on the size of the ZIF RD precursor.⁹⁸ By using similar procedures, Lou and co-workers undertook pioneering work in transforming CPS or MOFs into various multishelled hollow nanostructures, including metal oxides,⁹⁹ metal oxyphosphides,¹⁰⁰ and some complex metal oxides.^{101,102}

2.3.2 Metal glycerates/glycolates as self-templates. Glycerol and ethylene glycol are small organic molecules rich in hydroxide groups in their molecule structures, possessing excellent binding ability to various metallic ions to form solid spheres of metal glycerates/glycorates. Taking advantage of the thermal property and reactivity, metal glycerate/glycolate can be converted into various complex hollow functional materials.¹⁰³ For example, Zhang *et al.* designed double-shelled ZnMn_2O_4 hollow spheres *via* the thermal treatment of ZnMn glycolate hollow microspheres, which were prepared by a simple reflux method.¹⁰⁴ The relocation of matter led to shell separation, which was driven by competition between the contraction and adhesion forces. Taking complete advantage of this concept, Li *et al.* extended this strategy toward the synthesis of various MnCo_2O_4 hollow spheres, including mesoporous spheres, single-shelled hollow spheres, yolk–shell spheres, double-shelled hollow spheres, and core-in-double-shell hollow spheres.¹⁰⁵

Shen *et al.* reported the synthesis of NiCo_2S_4 ball-in-ball (double-shelled) hollow spheres using NiCo glycerate as the precursor and thioacetamide (TAA) as the sulfur source, as shown in Fig. 29.¹⁰⁶ Initially, TAA decomposed to generate sulfide (S^{2-}) under solvothermal conditions. S^{2-} ions easily reacted with metal ions on the surface of NiCo glycerate through anion exchange, forming core–shell-structured NiCo glycerate@ NiCo_2S_4 . As the reaction proceeded, a well-defined gap between the shell and NiCo glycerate core was observed owing to the low rate of inward diffusion of S^{2-} ions and fast rate of outward diffusion of metal cations. When the reaction proceeded to a certain degree, the outward diffusion of metal cations would become restricted; therefore, a new NiCo_2S_4 shell might be formed on the inner surface of the remaining NiCo glycerate core, forming yolk–shell-structured intermediates. Finally, unique NiCo_2S_4 ball-in-ball hollow spheres were obtained because of the competition of the anion exchange reaction. Recently, they extended this procedure to prepare $\text{NiCo}_2\text{V}_2\text{O}_8$ yolk–double-shelled spheres using NiCo glycerate as the precursor.¹⁰⁷ Making full use of this concept, starting from

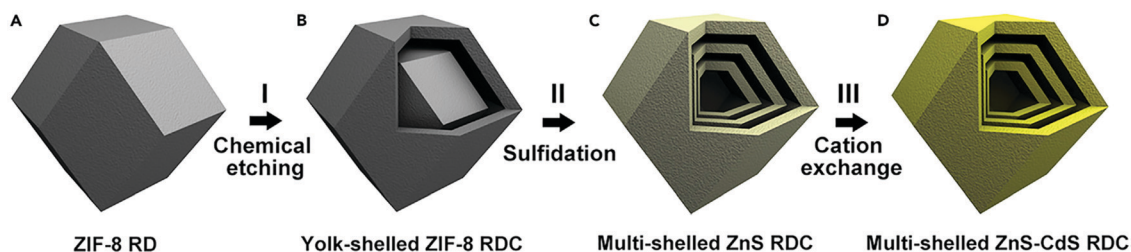


Fig. 28 Schematic illustration of the synthesis procedure for multishelled ZnS–CdS RDC. Reproduced from ref. 98 with kind permission.

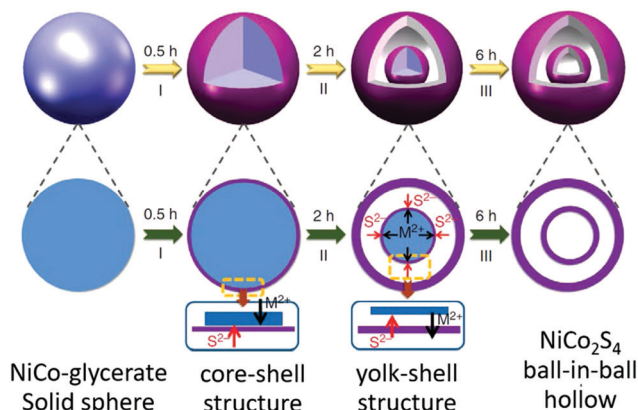


Fig. 29 Schematic illustration of the preparation of double-shelled NiCo_2S_4 ball-in-ball hollow spheres via the sulfidation of NiCo glycerate solid spheres. Reprinted from ref. 39 with permission.

solid spheres of Mo glycerate, highly uniform Mo-PDA with triple-shelled hollow structures can be obtained through a facile solvothermal process. After thermal treatment, the triple-shelled Mo-PDA hollow spheres could be further converted into triple-shelled MoO_2/C composite hollow spheres.¹⁰⁸

2.3.3 Metal-inorganic precursors as self-templates. Besides MOFs and metal-containing polymers/compounds, some inorganic precursors such as oxides, hydroxides, and carbonates have also been employed as self-templates for the preparation of various hollow nanostructures. Guo *et al.* reported the synthesis of double-shelled CuS hollow nanocages using Cu_2O nanocubes as the self-template, which acted as a precursor of the copper source to form double-shelled CuS hollow nanocages.¹⁰⁹ A schematic of the synthesis procedure is shown in Fig. 30a. The main process involves sulfidation followed by controlled etching. The presynthesized Cu_2O nanocubes were sulfided with Na_2S to form $\text{Cu}_2\text{O}@ \text{CuS}$ core-shell structures (Fig. 30b). Subsequently,

yolk-shell-structured $\text{Cu}_2\text{O}@ \text{CuS}$ (Fig. 30c) would be obtained via the controlled partial etching of the Cu_2O core with dilute HCl. It should be noted that if the Cu_2O core was completely etched, single-shelled CuS hollow nanocages could be obtained. For preparing the double-shelled structures, the yolk-shell-structured $\text{Cu}_2\text{O}@ \text{CuS}$ could be further treated with Na_2S , generating yolk-double-shell-structured $\text{Cu}_2\text{O}@ \text{CuS}@ \text{CuS}$ (Fig. 30d), followed by the complete removal of the residual Cu_2O core through etching (Fig. 30e). Theoretically, the sulfidation and partial etching could be repeatedly carried out several times to produce additional number of shells in the final products. Unfortunately, the authors did not do further work.

Wu *et al.* reported the synthesis of multishelled VOOH hollow nanospheres by the thermal decomposition of $\text{V}(\text{OH})_2\text{NH}_2$ by exercising precise control over the external reaction temperature.¹¹⁰ As shown in Fig. 31, the formation process may yield a solid sphere, core-shell structure, and multishelled hollow structure on the basis of the Kirkendall and Ostwald ripening effects. By adjusting the experimental parameters, the number of shells could be precisely controlled. In addition to oxides/hydroxides, metal carbonates were also reported to be versatile precursors to form multishelled hollow nanostructures. For example, Lin *et al.* prepared triple-shelled Mn_2O_3 hollow nanocubes using a directly programmable annealing treatment with MnCO_3 . Expectedly, the interaction between the contraction force from the decomposition of MnCO_3 and the adhesion force from the formation of Mn_2O_3 resulted in the formation of a hierarchical structure.¹¹¹

2.4 Template-free approach

Despite the considerable progress made in template approaches that have been used to fabricate multishelled hollow nanostructures, due to the complex nature and composition of the template, template preparation always remains challenging for researchers. Therefore, template-free approaches for preparing multishelled

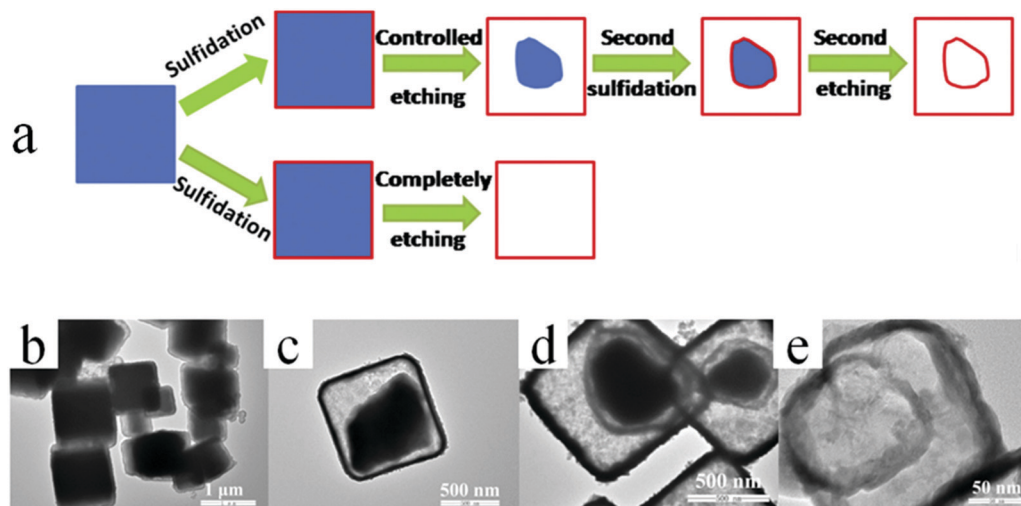


Fig. 30 (a) Schematic illustration of the synthesis procedure for the formation of double-shelled CuS hollow nanocages via the Cu_2O self-template approach. TEM images of $\text{Cu}_2\text{O}@ \text{CuS}$: (b) before and (c) after the initial partial etching treatment. TEM images of (d) $\text{Cu}_2\text{O}@ \text{CuS}@ \text{CuS}$ and (e) double-shelled CuS hollow nanocages. Reprinted from ref. 109 with kind permission.

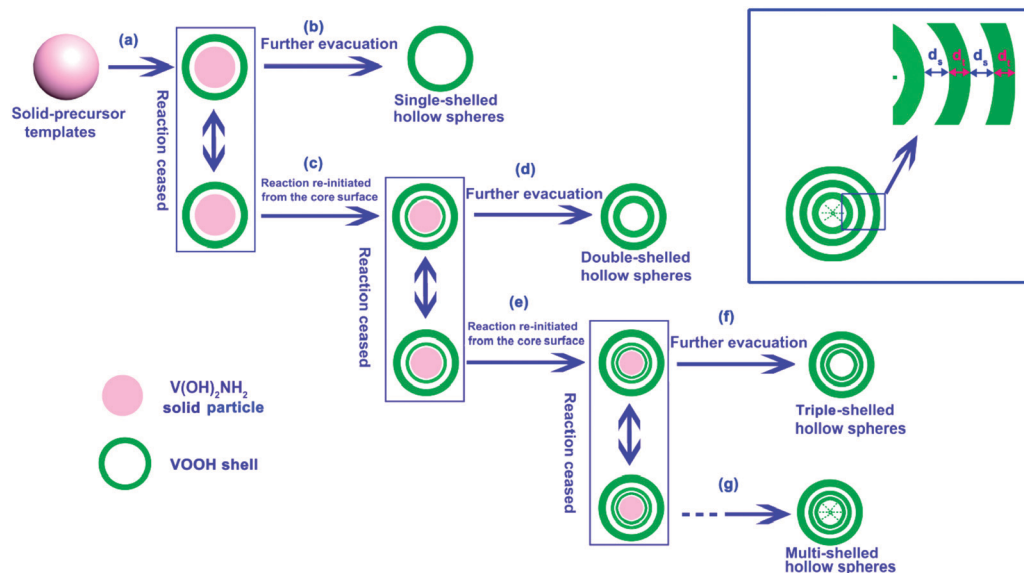


Fig. 31 Schematic illustration of the formation of VOOH hollow nanospheres with controlled numbers of shells *via* the direct thermal treatment of solid $V(OH)_2NH_2$ nanospheres. Reprinted from ref. 110 with kind permission.

hollow nanostructures with controlled sizes are preferable than other methods.^{112,113} Spray pyrolysis is a typical template-free method for preparing nanomaterials with unique structures. Zhou *et al.* described a spray-drying technique by adding glucose as a carbon source to prepare multishelled $\alpha\text{-Fe}_2\text{O}_3$ hollow spheres.¹¹⁴ The fabrication mechanism of multishelled $\alpha\text{-Fe}_2\text{O}_3$ hollow spheres may be explained as follows: the iron nitrate–sucrose system possessed several disadvantages when used as a precursor to prepare multishelled $\alpha\text{-Fe}_2\text{O}_3$ hollow spheres. Due to the nitrogen-rich contents, the thermal treatment of iron nitrate could generate nitrogen oxides (such as NO and NO_2), which are harmful to the environment as well as human beings. Further, iron nitrate readily absorbs moisture from air, complicating the storage of the iron nitrate–sucrose composite. Furthermore, the strong oxidative property of iron nitrate and strong reductive property of sucrose in a single system may result in safety hazards, such as explosions. In addition, sucrose/iron nitrate ratio ranging only within $\sim 0.75\text{--}1$ may lead to multishelled $\alpha\text{-Fe}_2\text{O}_3$ hollow spheres, thereby restricting mass production. Considering the above concerns, Padashbarmchi *et al.* proposed another spray-drying method by replacing iron nitrate with iron citrate.¹¹⁵ It is well known that iron citrate is a mild oxidant and avoids the abovementioned limitations since the nitrogen content of the compound is zero. Using different metallic salts and additive carbon sources, other metallic oxides with multishelled hollow structures may be obtained. For example, Park *et al.* successfully used cobalt nitrate and ethylene glycol to prepare multishelled Co_3O_4 powders.¹¹⁶

From the literature, it is evident that the triaxial electrospinning technique is a versatile strategy to create multilayered structures. Inspired by this principle, Zanjani and co-workers fabricated multiwalled hollow fibers using a direct, one-step triaxial electrospinning process. In order to control the hydrophilicity of the inner and outer layers of the fiber, the polarities

and viscosities of two spinnable polymer solutions used as the inner and outer layers were seriously considered. Consequently, the polymer concentrations play important roles in providing composite properties toward a wide range of applications. Furthermore, by adjusting the solvent properties and the degree of miscibility of solutions as well as the multiaxial electrospinning parameters (including applied voltage, flow rate, and electrospinning distance), multiwalled hollow fibers with the desired diameters, surface morphology, and layered structures could be obtained.¹¹⁷

The largest advantage of the template-free approach might be the fact that no tedious procedures are required, which is the necessary procedure for hard template approaches. When compared with soft template approaches, template-free ones might be preferred in controlling the particle size, number of shells/shell thickness, and morphology. With regard to the disadvantages, the exact formation mechanism of multishelled hollow structures by various template-free approaches is still unclear and needs to be further studied because of the difficulty in obtaining direct evidence by experiments.

2.5 Multimethod combination approaches

With the development of nanotechnology, some novel strategies may not be included in the four categories discussed above. Table 1 summarizes the advantages and disadvantages of the abovementioned methods. In the future, we can expect an integrated approach for synthesizing multishelled hollow nanostructures with desirable compositions and structural features, which cannot be directly fabricated by any single technique. When Zhang's work is considered as an example, both carbon nanofibers (CNFs) and metal glycolates were employed to form a series of multishelled metal oxide nanotubes. Apparently, CNFs and metal glycolates were used as the hard template and self-template, respectively.¹¹⁸ Meanwhile, owing to the inherent complications in a multishelled hollow

Table 1 Summary of the advantages and disadvantages of several typical methods discussed in this review

Methods	Advantages	Disadvantages
Hard template method	Efficient in controlling dimensions and functionalities, available for numerous systems.	Tedious operation procedures, shell number often limited less than 5, template removal needed, time- and/or energy-consuming, difficulty in large scale production.
Soft template method	Leading to uniform shape and sizes of the product. Usually performed under mild condition.	Organic molecule assembly affects the purity of the product. Consuming plenty of organic solvent/compound.
Self-template method	Shell number reach up to or over 5, simple procedure, time and cost efficient.	Much dependent on the properties of precursors, need precise control over experimental condition, incapable of wide utilization, the shell number of the product cannot be accurately controlled.
Template-free method	No complicated operation needed, usually simple heat treatment or spray drying does work, shell number/thickness and morphology of the final products can be well controlled.	The exact mechanism is subject to further studies. Fewer precursor systems available for this method.

structure, a combination of multiple methods may involve several mechanisms in a single system, such as ionic exchange, Ostwald ripening, Kirkendall effect, self-assembly, successive solid deposition,¹¹⁹ seed-mediated successive Ostwald ripening,^{120,121} and so on. Readers interested in these cases are encouraged to refer to the specific examples.¹²²

3 Applications of multishelled hollow nanostructures

Multishelled hollow nanostructures, integrating the advantages of both hollow materials and multiple-shelled architectures, are expected to realize their optimized physical/chemical properties for specific applications. The unique characteristics of multishelled hollow structures render them to have widespread applications in energy conversion and storage, environmental treatment, catalysis, and biomedicine. The applications of multishelled hollow nanostructure in various areas are summarized in this section.

3.1 Energy-related applications

With the depletion of fossil fuels and exploration of renewable sustainable clean energy resources, the electrical energy storage devices, such as supercapacitors, different ionic batteries, dye-sensitized solar cells, *etc.*, have received extensive attention. As a result, there is an urgent need to develop high-performance electrodes for use in such devices. Superior over traditional single-shelled hollow nanostructures with regard to specific surface area and surface-to-mass/volume ratios, multishelled hollow nanostructures have the ability to increase the weight fraction of the active species, boosting the volumetric energy/power density, and prolonging cycling life.

3.1.1 Supercapacitors. With the rapid consumption of traditional nonrenewable fossil energy (coal, petroleum, and natural gas) and ever-worsening environmental pollution, some novel clean renewable energy resources, such as wind energy, solar energy, and so on, are expected to substitute traditional fossil energies. The design and construction of high-performance energy storage devices is the subject of immense importance, particularly for exploring novel energy resources.^{123–126} When compared with other energy storage devices, low cost, fast

charge–discharge capability, high power density, and long cycling life have made supercapacitors to be good candidates for energy storage devices.^{127–130} Until now, carbon-based materials (such as carbon nanotubes, graphene, carbon nanofibers, hierarchically porous carbons), transition metal oxides/sulfides/nitrides, and conducting polymers, as well as various composites of these materials, have been demonstrated to be promising electrode materials for use in supercapacitors.^{131–139}

Considering their superior environmental compatibility, specific capacitance, and cost-effectiveness, some transition metal oxides, such as copper oxide, iron oxide, nickel oxide, cobalt oxide, and manganese oxide, have been widely investigated as supercapacitor electrode materials.^{140–147} In order to improve the amount of electrochemically active sites, enhance electron and ion conductivities, as well as inhibit the dissolution of active species into the electrolytes, various hollow metal oxide nanostructures have been preferred. For example, Wang *et al.* compared the electrochemical performances of Mn₂O₃ nanoparticles, as well as single-, double-, triple-, and quadruple-shelled Mn₂O₃ hollow nanospheres when used as supercapacitor electrode materials. Their research results revealed that triple-shelled Mn₂O₃ hollow nanospheres exhibited better supercapacitive performance than Mn₂O₃ nanoparticles and single-, double-, and quadruple-shelled counterparts.⁴³ Yang *et al.* prepared single-, double-, and triple-shelled NiO hollow nanospheres through layer-by-layer self-assembly and subsequent calcination; their electrochemical performances were studied when used as supercapacitor electrodes.¹⁴⁸ Their results showed that the NiO hollow nanosphere sample with double shells exhibited the best electrochemical properties among the three NiO hollow nanosphere samples, such as the highest specific capacitance of 612.5 F g⁻¹ at 0.5 A g⁻¹ and long-term cycling stability with retention of over 90% of the initial specific capacitance after 1000 charge–discharge cycles. They attributed such distinguishable performance to two factors: larger active surface area of NiO with the double-shelled structure assured the bulk accessibility of faradaic reactions and the loosely assembled thin nanoflakes of the double-shelled hollow NiO exhibited a porous structure that shortened the ion diffusion path for effective electrolyte diffusion.

Besides single-metal oxides, numerous studies have demonstrated that mixed metallic oxides are expected to deliver

superior electrochemical performance as compared to single-metal oxides.^{149–151} Qi *et al.* reported thin/thick single-/double-/triple-shelled NiCo_2O_4 hollow microspheres used as electrodes for electrochemical supercapacitors.⁶¹ Moosavifard *et al.* demonstrated that the coordination polymer of isophthalic acid and various metallic ions are versatile precursors to obtain multishelled hollow nanostructures, including CuCo_2O_4 and mixed copper cobalt phosphide. These multishelled mixed metal oxides and phosphides were demonstrated to be promising electrode material candidates for asymmetric supercapacitor (ASC) devices.^{152,153}

In addition to metal oxides, metal sulfides have also been widely applied as supercapacitor electrodes. When compared to oxides, transition metal sulfides are expected to exhibit greater electric conductivity and better redox chemistry.¹⁵⁴ In order to improve the rate capability and cycling stability, the design and fabrication of the hierarchical nanostructure is demonstrated to be an effective way. Du *et al.* prepared three types of double-shelled NiS hollow nanostructures with different morphologies (cube-, ellipsoid-, and capsule-shaped), and they investigated their electrochemical performances when used as supercapacitor electrodes. Their results revealed that the double-shelled NiS hollow nanostructures in the shape of a capsule, having the highest specific surface area of $100.2 \text{ m}^2 \text{ g}^{-1}$ and the lowest equivalent series resistance of 0.8Ω , offered the largest specific capacitance of 1159 F g^{-1} at a current density of 2 A g^{-1} among all the three as-prepared samples.²⁵

Another study by Lou *et al.* reported the enhanced pseudocapacitive properties of nickel cobalt sulfide ball-in-ball hollow spheres.¹⁰⁶ When used as an electrode in electrochemical capacitors, the as-obtained NiCoS_4 ball-in-ball hollow spheres delivered high specific capacitance of 1036 F g^{-1} at 1 A g^{-1} . Furthermore, they constructed an ASC device using the as-obtained NiCoS_4 hollow sample as the cathode and graphene/carbon sphere paper as the anode (Fig. 32a).¹⁹ The performance of this ASC device was systematically investigated by using an array of techniques, such as cyclic voltammetry (CV) and galvanostatic charge–discharge (GCD). The authors found that the entire capacitance of the NiCoS_4 ball-in-ball hollow sample was contributed by both electric double-layer capacitance and pseudocapacitance. Meanwhile, higher scan rates resulted in

higher current densities, which is a common behavior of a typical electrochemical system. The shape of the CV curves is independent of the scan rate, showing no obvious distortion; this implied good and fast charge–discharge properties of the device. The specific capacitance values at various scan rates indicated the excellent rate capacity of the constructed ASC device. The cycling performance of the ASC device is shown in Fig. 32b. It is apparent that the ASC device offers very high cycling stability with retention of 78.6% of its initial capacitance at the end of 10 000 cycles. The authors also evaluated the energy and power densities of the ASC device and demonstrated that the ASC device exhibited superior balance between the energy density and power density as compared to many of the reported cobalt-/nickel-based ASCs.^{155–158} By changing the species of metal cations, Wei *et al.* prepared double-shelled $\text{ZnS-NiS}_{1.97}$ hollow spheres by using a similar procedure, which possessed a porous structure and high specific surface area ($105.26 \text{ m}^2 \text{ g}^{-1}$). When used as an electrode material for a supercapacitor, the double-shelled $\text{ZnS-NiS}_{1.97}$ hollow spheres delivered excellent electrochemical performance in terms of specific capacitance (696.8 C g^{-1} at 5 A g^{-1}), cycling stability (less than 5.5% loss after 6000 cycles), and energy density of 25.6 W h kg^{-1} at a power density of 2173.8 W kg^{-1} .¹⁵⁹ Similar to oxides, ternary metal sulfides with complex double-shelled structures were also expected to provide a superior electrochemical performance over single-metal oxides. Considering the work of Lou's group as an example, they reported that NiCo_2O_4 double-shelled hollow spheres, as a typical battery-like electrode, offered specific capacitance as high as 1036 F g^{-1} at 1 A g^{-1} . Significantly, the ASC device (Fig. 32), assembled by using NiCo_2S_4 hollow spheres and graphene/mesoporous carbon sphere composite, delivered a high energy density of 42.3 W h kg^{-1} at a power density of 476 W kg^{-1} . Furthermore, the assembled ASC device also showed excellent cycling stability, retaining 78.6% of the initial capacitance after 10 000 cycles at 5 A g^{-1} .

It is easy to consider the construction of the heterostructures of oxides/sulfides for use as supercapacitor electrodes since both oxides and sulfides are promising electrode materials owing to the high theoretical specific capacitance and high electrochemical activity. By the calcination of hollow Co_3O_4

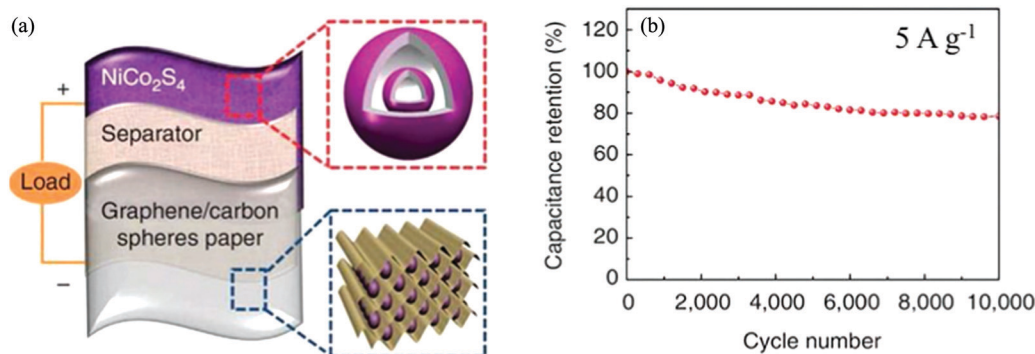


Fig. 32 (a) Schematic illustration of the ASC device based on NiCo_2S_4 and graphene/carbon sphere paper. (b) Cycling performance of the ASC device at 5 A g^{-1} . Reproduced from ref. 19 with permission.

hollow spheres with S powder in Ar gas, Wang *et al.* successfully prepared multishelled CoO@Co₉S₈ hollow microspheres.¹⁶⁰ These multishelled CoO@Co₉S₈ hollow microspheres delivered high specific capacitance of 1100 F g⁻¹ at 2 A g⁻¹, good rate capability (809 F g⁻¹ at 50 A g⁻¹), and excellent cycling stability (from 1035 to 785 F g⁻¹ after 2000 cycles at 2 A g⁻¹) when used as an electrode material. Such performances are superior to those of previously reported cobalt-based oxide and sulfide electrodes. When coupled with activated carbon to construct an ASC device, the device shows faradaic characteristics in the CV curves and delivers good rate capability and high capability retention of 95.27% after 5000 cycles. Recently, they extended this method to prepare multishelled NiS@NiO hollow heterostructures, which also exhibited excellent electrochemical performance when used as the electrode in ASC devices.¹⁶¹ The excellent performance of these multishelled oxide@sulfide hollow heterostructures could be effectively indexed into the following aspects. First, the introduction of sulfur species could enhance the electrical conductivity, leading to improved charge transport. Second, oxide/sulfide heterostructures provide different bandgaps that facilitate the surface reaction kinetics and charge transfer between the electrode/electrolyte interfaces. Last, but not the least, the interlayer spaces in the multishelled hollow structures can act as reservoirs to accommodate more electrolytes and increase the contact area between the electrode and electrolyte.

As mentioned earlier, carbon is also a promising electrode material for use in supercapacitors. Using crosslinked PS and silica as a dual hard template and DA as a N-containing carbon precursor, Fang *et al.* fabricated uniform discrete double-shelled N-doped carbon hollow cage-like spheres. When used as a supercapacitor electrode, the specific capacitance values of the double-shelled N-doped carbon hollow cage-like spheres reached as high as 229.3 and 160 F g⁻¹ at 1 and 10 A g⁻¹, respectively. Meanwhile, owing to the superior 3D hierarchically porous structure, both rate capability and cycling stability were excellent.¹⁶²

It is well known that three parameters, namely, energy density, power density, and cycling life, are the most important. On the basis of the above examples, it can be concluded that the structural characteristics of multishelled hollow nanostructures are expected to have a considerable influence on the performance of supercapacitors. Generally, multiple thin shells usually provide high volumetric energy density owing to the large surface-to-volume ratio, good electrode/electrolyte contact, and abundant active sites. The porous shells facilitate electronic/ionic transformation, leading to high power density. The intershell space with optimized void-to-solid ratio is a significant factor that determines the cycling stability of multishelled hollow nanostructures when used as supercapacitor electrodes.

3.1.2 Alkali metal-ion batteries. Except the engine system, the power source is one of the most important components, which, to a great extent, comprises the major cost of vehicles. In view of environmental protection, LIBs are expected to manipulate the power source of electric vehicles and hybrid

electric vehicles.^{163–165} The most vital task is to develop high-performance LIBs as promising anode materials with high capability, no memory effect, low self-discharge rate, and long-time cycling stability. Transition metal compounds and some main group metal compounds possess higher theoretical capacity (over 600 mA h g⁻¹) than commercial graphite (372 mA h g⁻¹). Nevertheless, rapid capacity decay and poor capacity retention caused by their severe volume expansion and loss of electrical conductivity are the result of pulverization and deterioration of the electrode materials during Li⁺ insertion and extraction.

Recently, a considerable amount of effort has been devoted toward exploring alternative electrode materials that can deliver high capacity and good rate capability. In this context, metal oxides have emerged as promising candidates for use as anode materials for LIBs in view of their relatively low cost, nontoxicity, higher theoretical capacity, and intrinsically enhanced safety.^{166,167} Multishelled hollow nanostructures, possessing advantages similar to other nanomaterials and unique advantages of their hollow cavities, may offer not only plentiful electrode-electrolyte reaction sites but also a “buffer” to restrict the volume expansion during the Li⁺ charge–discharge process. Using histidine as a structure-directing agent, Wu *et al.* developed a facile route based on a hydrothermal process and subsequent thermal treatment in air to prepare porous multishelled α -Fe₂O₃ hollow spheres. The unique porous multishelled α -Fe₂O₃ hollow spheres possessed a large specific surface area of 14.2 m² g⁻¹ and they offered a high specific capacity, excellent cycling stability, and high rate capability when applied as anode for LIBs. The electrochemical performance was demonstrated to be superior as compared to those of various Fe₂O₃-based anode materials reported earlier. This is due to their unique structural advantages, such as easy to be filtrated in the electrolyte, more locations to store lithium ions, and short ion diffusion path.¹⁶⁸ Xu *et al.* prepared multishelled α -Fe₂O₃ hollow nanospheres with controlled number of shells and thickness by adjusting the solvent composition through a carbonaceous template method.³⁶ As shown in Fig. 33, the number and thickness of shells could be controlled by adjusting the experimental parameters. When used as an anode for LIBs, the authors found that both number of shells and shell thickness have a significant impact on the energy storage performance. Apparently, thin triple-shelled samples deliver the best performance.

Cobalt oxide has also been demonstrated as a promising electrode candidate for LIBs. As shown in Fig. 34a, the initial charge–discharge profiles show a distinct voltage plateau and long tailing. Different numbers of shells of the Co₃O₄ hollow spheres lead to different charge–discharge times. Apparently, triple-shelled structures deliver the highest energy density. With regard to the cycling performance (Fig. 34b), multishelled Co₃O₄ hollow spheres exhibit superior specific capacity than that of a commercial sample. The reversible capacities of single-, double-, triple-, and quadruple-shelled Co₃O₄ microspheres are much higher than that of commercial Co₃O₄.

In another work, Yin and co-workers prepared Co₃O₄ hollow spheres with tunable numbers of shells (from yolk-shell to multishell) by forming cobalt complex microspheres *via* a

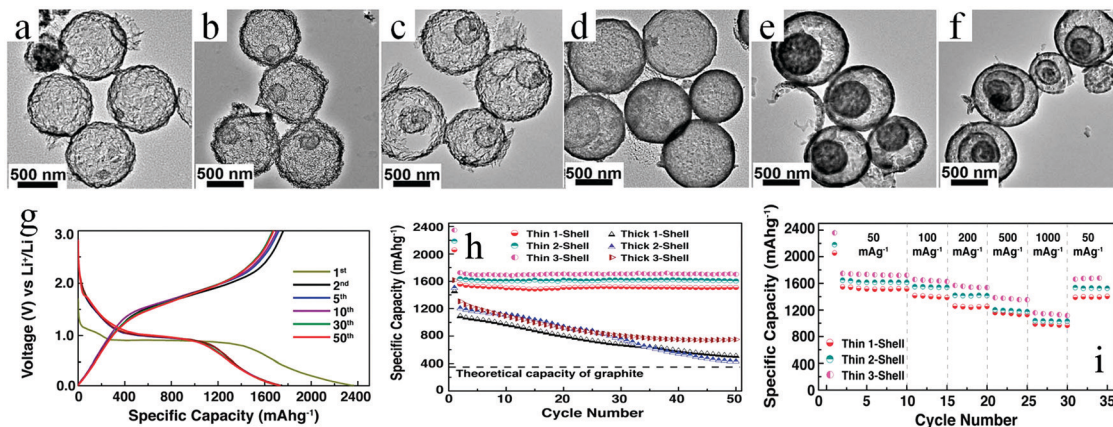


Fig. 33 (a–f) TEM images of multishelled α - Fe_2O_3 hollow nanospheres with different numbers of shells and shell thicknesses: (a) thin single-shelled, (b) thin double-shelled, (c) thin triple-shelled, (d) thick single-shelled, (e) thick double-shelled, and (f) thick triple-shelled samples. (g–i) Electrochemical performance of above samples. Reprinted from ref. 36 with kind permission.

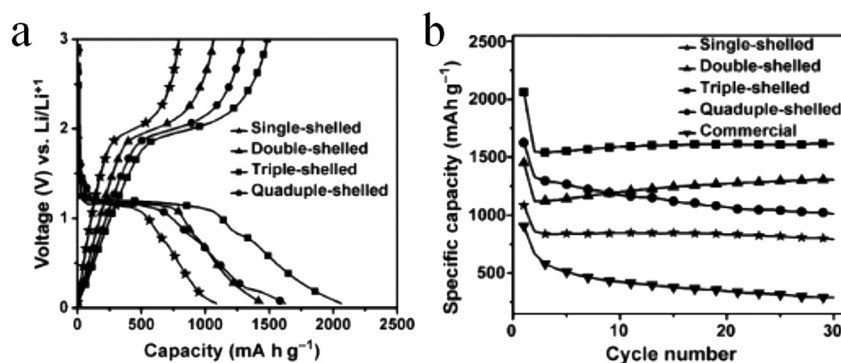


Fig. 34 (a) Initial discharge–charge curves for Co_3O_4 hollow microspheres with different numbers of shells. (b) Discharge capacity versus number of cycles for Co_3O_4 hollow microspheres with different numbers of shells and commercial Co_3O_4 . Reprinted from ref. 40 with permission. Copyright 2013 John Wiley & Sons.

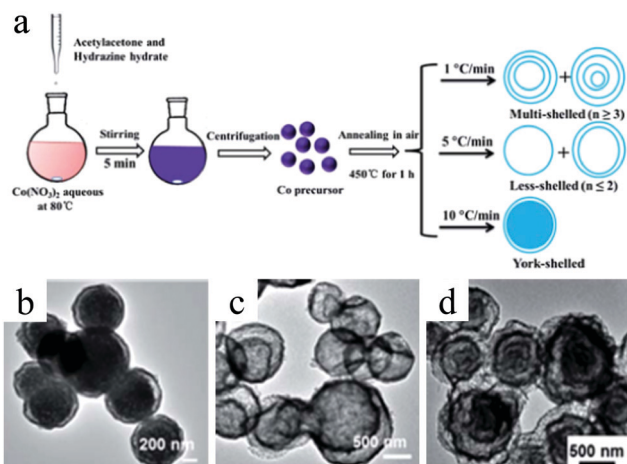


Fig. 35 (a) Schematic illustration of the synthesis process and (b–d) typical TEM images of Co_3O_4 hollow spheres in yolk-shell, fewer-shelled, and multishelled structures. Reproduced from ref. 169 with permission.

solution-based route under mild conditions and subsequent controlled calcination processes in air (Fig. 35).¹⁶⁹ Fig. 36 shows the electrochemical performance of the three as-obtained Co_3O_4

samples. It has been demonstrated that multishelled Co_3O_4 hollow spheres possessed excellent storage properties with a high specific capacity ($1379.6 \text{ mA h g}^{-1}$), good rate capability (1026 mA h g^{-1} at 0.1 A g^{-1} and 769 mA h g^{-1} at 5 A g^{-1}), and excellent cycling stability (1058 mA h g^{-1} at 1 A g^{-1} after 1000 cycles). Such values are better than fewer-shelled and yolk-shell structures.

In order to further improve the lithium storage properties of Co_3O_4 , Yu *et al.* demonstrated an effective strategy to synthesize hollow $\text{Co}_3\text{O}_4@ \text{Co}_3\text{V}_2\text{O}_8$ hybrid nanoboxes using the reactivity of ZIF-67 with the vanadium source of vanadium oxytriisopropoxide. When tested as an anode for LIBs, triple-shelled hollow $\text{Co}_3\text{O}_4@ \text{Co}_3\text{V}_2\text{O}_8$ hybrid nanoboxes demonstrated a remarkable initial discharge capacity of 1909 mA h g^{-1} , reversible charge capacity of 1186 mA h g^{-1} , and good stability with capacity retention of 948 mA h g^{-1} after 100 cycles at 100 mA g^{-1} .¹⁷⁰

Similar to iron oxides and cobalt oxides, nickel oxides have also received considerable attention as anode materials for LIBs because of their high theoretical capacity (718 mA h g^{-1}), natural abundance, and nontoxicity.^{171,172} Li *et al.* improved the lithium storage properties by constructing multishelled NiO hollow microspheres for use as the anode. They found

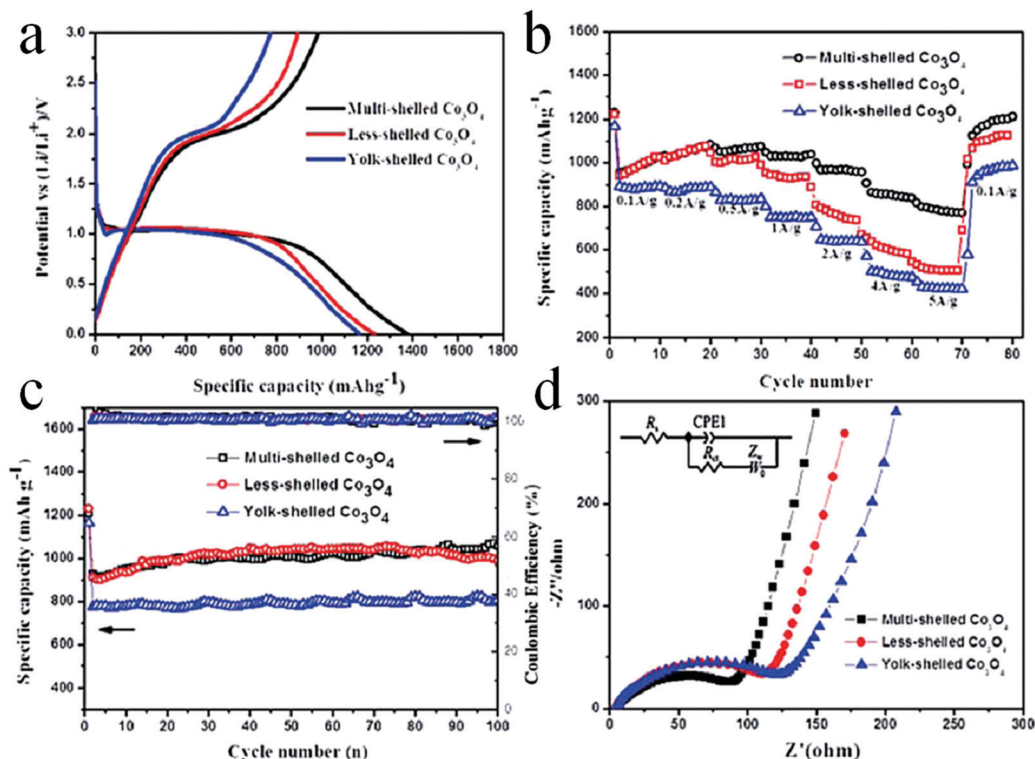


Fig. 36 Electrochemical performance of Co_3O_4 hollow spheres in yolk-shell, fewer-shelled, and multishelled structures when used as the anode for LIBs. (a) Initial charge–discharge curves, (b) rate capability for different current densities, (c) cycling performance at 1 A g^{-1} , and (d) electrochemical impedance spectra. Reproduced from ref. 169 with permission.

that triple-shelled NiO hollow microspheres exhibited high specific capacity, outstandingly high rate capability, as well as excellent cycling performance. After 100 discharge–charge cycles, the triple-shelled NiO hollow spheres could deliver a reversible capacity of $\sim 789 \text{ mA h g}^{-1}$ at a current density of 500 mA g^{-1} . Significantly, the specific discharge capacity of porous triple-shelled NiO hollow spheres retained up to 721 mA h g^{-1} even at a high current density of 2000 mA g^{-1} . The excellent electrochemical performance could be indexed to the self-supporting multishelled hollow microstructure, guaranteeing ample sites for storing lithium, shortening the lithium-ion diffusion length, and providing adequate void space for buffering the volume expansion.¹⁷³

Vanadium-based oxides possessing diverse oxidation states, such as V_2O_5 , VO_2 , V_4O_7 , and V_2O_3 , have also been demonstrated as versatile lithium-ion intercalation hosts.¹⁷⁴ Among vanadium-based oxides, V_2O_5 has been the most extensively investigated anode candidate for LIBs in the past decade.

Recently, Wang *et al.* prepared multiple double-walled V_2O_5 hollow nanospheres from a vanadium oxide precursor *via* an ascorbic-acid-assisted solvothermal process followed by an annealing treatment (Fig. 37).¹⁷⁵ When evaluated as an electrode for LIBs, the obtained multishelled V_2O_5 hollow nanospheres exhibited excellent performance (Fig. 38). The data shown in Fig. 38a have two cathodic peaks at 3.36 and 3.17 V, indicating the intercalation of lithium ions into the electrode materials at two steps and yielding two new phases, namely, $\text{Li}_{0.5}\text{V}_2\text{O}_5$ and LiV_2O_5 . The anodic peaks at 3.26 and 3.34 V can be attributed to the lithium deintercalation process and the phase changing back from $\text{Li}_{0.5}\text{V}_2\text{O}_5$ and LiV_2O_5 to V_2O_5 . The CV results reveal that the lithium insertion process in the as-obtained multishelled V_2O_5 hollow nanospheres is completely reversible. The rate performance of the as-obtained multishelled V_2O_5 hollow nanospheres is shown in Fig. 38b. Evidently, the initial discharge capacity could reach up to 146 mA h g^{-1} at 50 mA g^{-1} . This value is very close to the theoretical capacity of V_2O_5 . When the current density

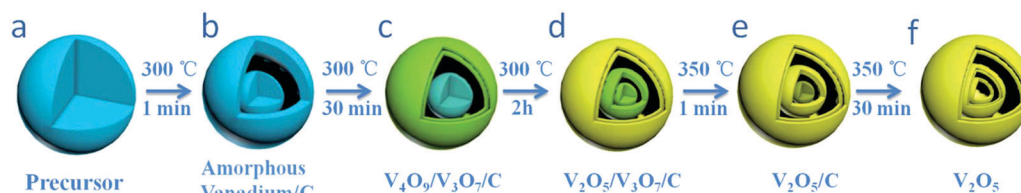


Fig. 37 Schematic illustration of the formation process of hollow V_2O_5 spheres with different interiors. Reproduced from ref. 175 with permission.

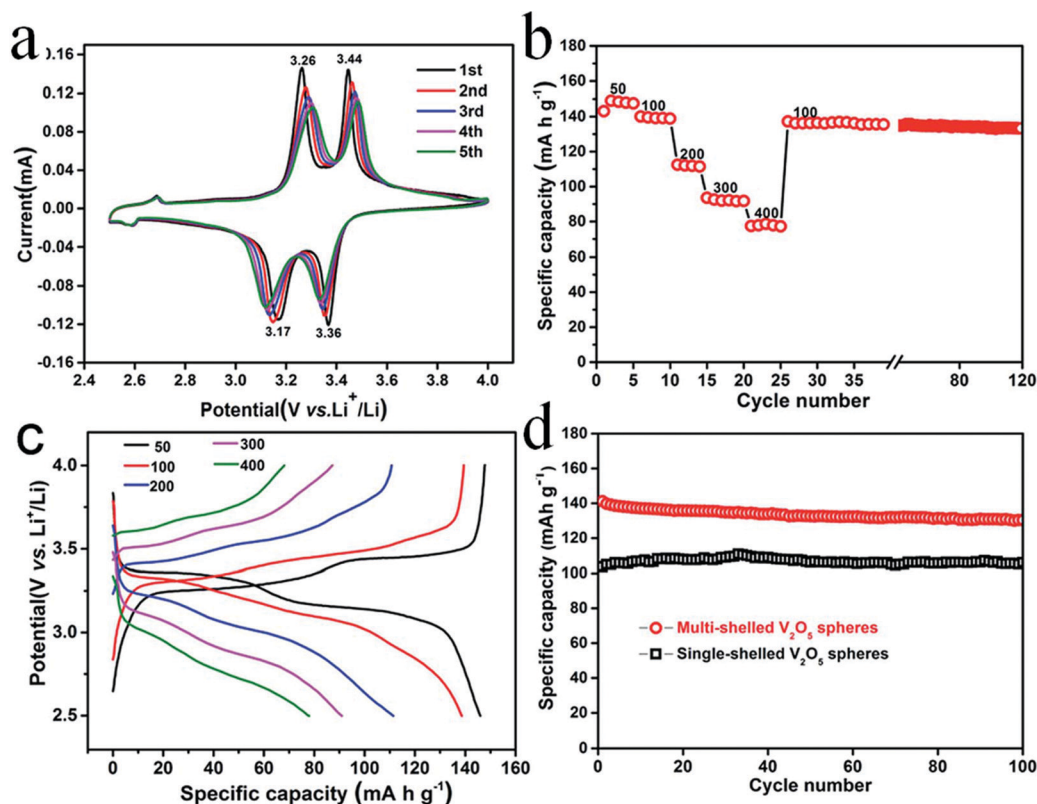


Fig. 38 Electrochemical performance of multishelled V_2O_5 hollow microspheres as the anode for LIBs. (a) CV profiles at 0.05 mV s^{-1} , (b) rate performance, (c) charge-discharge curves at different current densities, and (d) cycling stability when compared with traditional single-shelled hollow samples at a current density of 100 mA g^{-1} . Reproduced from ref. 175 with permission.

increased to 400 mA g^{-1} , the capacity retained was 79 mA h g^{-1} , indicating good rate capability of these multishelled V_2O_5 hollow nanospheres. Significantly, after 120 cycles, the capacity decay could be negligible (from 139 to 133 mA h g^{-1}) at 100 mA g^{-1} . Two plateaus observed in the charge-discharge curves (Fig. 38c) further demonstrated the good rate performance of multishelled V_2O_5 hollow nanospheres. When compared with single-shelled V_2O_5 hollow nanospheres, multishelled V_2O_5 hollow nanospheres exhibit superior cycling stability (Fig. 38d), which can be ascribed to the enlarged contact area between the electrode and electrolyte, resulting in the efficient penetration of the electrolyte.

Guo *et al.* exhaustively compared the electrochemical performances of V_2O_5 double-shelled and single-shelled hollow nanospheres as well as V_2O_5 nanoparticles prepared by thermally treating vanadyl glycerolate solid spheres. Their results reveal that the as-prepared double-shelled V_2O_5 hollow nanospheres can deliver an initial capacity of $256.7 \text{ mA h g}^{-1}$ with Coulombic efficiency of nearly 100%, while the single-shelled and nanoparticle samples offer only 226.6 and 217 mA h g^{-1} , respectively. Furthermore, the reversible residual capacity retention is $197.6 \text{ mA h g}^{-1}$ after 50 cycles, which is superior as compared to those of single-shelled hollow nanospheres ($160.3 \text{ mA h g}^{-1}$) and solid nanoparticles ($145.5 \text{ mA h g}^{-1}$).¹⁷⁶ Apart from the above discussed transition metal oxides, improved lithium storage performance has also been achieved when using multishelled hollow structures of ZnO , La_2O_3 , and so on.^{177,178}

Several main group metal oxides could also be used as anode materials for LIBs.¹⁷⁹ For instance, Wu *et al.* intensively investigated a carbon source and Sn salt precursor with regard to the interior and size of multishelled SnO_2 hollow spheres. They found that the ratio of glucose to metal precursor plays a critical role. Furthermore, the electrochemical performance of multishelled SnO_2 hollow nanospheres was also evaluated when used as an anode for LIBs. Their results demonstrated that the initial discharge and charge capacities were 861 and 442 mA h g^{-1} , respectively. The considerable irreversible capacity loss indicated an irreversible process in the system, such as electrolyte decomposition or the formation of a solid electrolyte interphase (SEI) layer. With regard to the cycling performance, the charge-discharge capacity remained 214 mA h g^{-1} after 100 cycles, demonstrating good capacity retention. In addition, the as-prepared multishelled SnO_2 hollow spheres were relatively tolerant to the various charge-discharge currents. The average capacities were $\sim 410, 358, 298, 202,$ and 112 mA h g^{-1} at current densities of $100, 200, 500, 1000,$ and 2000 mA g^{-1} , respectively.¹⁸⁰ Zhou *et al.* synthesized a trilayered microsphere composite of $SiO_2@SnO_2@P(EGDMA-co-MAA)$ via a combination of Stober method and *in situ* coating of SnO_2 and $P(EGDMA-co-MAA)$ shells. After the selective removal of the silica core via HF etching, double-shelled $SnO_2@P(EGDMA-co-MAA)$ hollow microspheres were obtained. Benefiting from the specific hollow structure with a large void space to buffer any

volume expansion during the alloying and dealloying processes with lithium ions, the as-obtained double-shelled $\text{SnO}_2@\text{-P(EGDMA-co-MAA)}$ hollow microspheres offered a high capacity toward lithium storage. The direct contact of lithium ion and SnO_2 component may be effectively avoided since the conductive and flexible P(EGDMA-co-MAA) outer shell as a protective layer was permeable to lithium-ion exchange. Because of the above merits, the obtained $\text{SnO}_2@\text{-P(EGDMA-co-MAA)}$ sample delivered a high discharge capacity of 1170 mA h g^{-1} at 200 mA g^{-1} , good rate capacity of 322 mA h g^{-1} at 4000 mA g^{-1} , and excellent cycling performance with capacity retention of $711.9 \text{ mA h g}^{-1}$ after 400 cycles at 200 mA g^{-1} .¹⁸¹ In order to further increase the lithium storage performance of SnO_2 , Zhang *et al.* fabricated heterogeneous $\text{SnO}_2@\text{Fe}_2\text{O}_3(\text{MOF})$ and $\text{SnO}_2@\text{FeO}_x\text{-C}(\text{MOF})$ hollow multishelled structures by accurately controlling the transformation of MOF casing. When tested as anode materials for LIBs, these heterogeneous hollow multishelled structures demonstrated superior lithium storage capacity and cycling stability as compared to that of the original SnO_2 hollow multishelled structures.¹⁸²

Besides single-metal oxides, some ternary metal oxides have also been used as anode materials for LIBs. For example, Li *et al.* prepared triple-shelled CuCo_2O_4 hollow microspheres ($\text{T-CuCo}_2\text{O}_4$) *via* a solvothermal/calcination method (Fig. 39a). By controlling the solvothermal time, the number of shells in the final product could be adjusted. When used as an anode for LIBs, $\text{T-CuCo}_2\text{O}_4$ delivered a higher rate capability and superior cycling stability as compared to those obtained from single-shelled and double-shelled CuCo_2O_4 hollow microspheres, as shown in Fig. 39b and c.¹⁸³ Qi *et al.* demonstrated that multishelled CoFe_2O_4 hollow nanospheres delivered a worthwhile lithium storage capacity when compared with those obtained from CoFe_2O_4 solid nanospheres and CoFe_2O_4 hollow nanospheres with traditional single shells.⁶³ Shin *et al.* used colloidal carbon spheres as the template and prepared multishelled MgCo_2O_4 (MCO) hollow microspheres to achieve high rate capability and improved electrochemical stability. Recently, Jiao *et al.*

prepared triple-shelled Mn-Co-O hollow dodecahedra using manganese-doped zeolitic imidazole framework ZIF-67 as a precursor *via* continuous two-step calcination. Benefiting from the residual C and N and the unique features of this hollow structure, the obtained triple-shelled Mn-Co-O hollow dodecahedra exhibited promising electrochemical performance with highly reversible high rate performance, excellent cycling stability, and high capacity when applied as the cathode in rechargeable alkaline batteries.¹⁸⁴ Xu *et al.* constructed various multishelled Zn-Mn-O hollow microspheres, namely, ZnMnO_3 , ZnMn_2O_4 , and $\text{ZnMn}_2\text{O}_4/\text{Mn}_2\text{O}_3$, *via* a simple programmable heating treatment on a coordination polymer precursor and found that these multishelled hollow microspheres afforded excellent activity and stability when used as the anode for LIBs.¹⁸⁵

When compared with oxides, metal sulfides, often offering more abundant redox centers and electrochemically active sites, have emerged as a promising electrode candidate for use in rechargeable alkaline batteries. Li *et al.* designed and synthesized a series of sulfur-rich nickel sulfide multishelled hollow nanospheres, such as Ni_3S_2 , NiS , and NiS_2 , using multishelled NiO hollow spheres as the precursor. These multishelled nickel sulfide hollow spheres possessed excellent electrochemical performance when used as the electrode materials for a rechargeable alkaline battery.¹⁸⁶

In addition to metallic compounds, carbon materials have also been widely investigated as electrode materials for LIBs.^{187–190}

Sun *et al.* reported the electrochemical performance of multishelled carbon hollow spheres prepared by using silica as the hard template.²⁷ Fig. 40a shows the CV curves of quadruple-shelled carbon hollow spheres in the first three cycles at a sweep rate of 0.1 mV s^{-1} . Evidently, the cathodic peak at $\sim 0.5\text{--}0.8 \text{ V}$ was observed only in the first cycle, which is related to the formation of a SEI film. The disappearance of this peak after the first cycle indicates a large initial irreversible capability in the subsequent cycles. Fig. 40b shows the charge–discharge profiles of the first three cycles. It has been observed that the voltage drop is very quick initially followed by a plateau at $\sim 0.5\text{--}0.8 \text{ V}$ during the first cycle. The plateau could be attributed to the cathodic peak in the CV curves. Based on the charge curve, the first charge capacity was calculated to be 1254 mA h g^{-1} , which is much higher than that of the other hollow carbon spheres reported elsewhere and nearly 4 times the theoretical value of graphite (372 mA h g^{-1}). Fig. 40c shows the cycling performance of hollow carbon spheres with different numbers of shells (single, double, and quadruple). Notably, among these three hollow samples, quadruple-shelled carbon spheres show the most promising stability. The specific capacity of quadruple-shelled carbon hollow spheres was retained at $977.6 \text{ mA h g}^{-1}$ after 40 cycles, while those of single- and double-shelled ones were 303.5 and $712.1 \text{ mA h g}^{-1}$, respectively. The improved cycling performance of quadruple-shelled carbon hollow spheres is due to the high rate of volume occupation. In addition, the rate capabilities of single- and quadruple-shelled carbon hollow spheres were investigated, as shown in Fig. 40d. Obviously, the capacity of quadruple samples was determined to be 317 mA h g^{-1} at a high current density of 800 mA g^{-1} , while it was only 85 mA h g^{-1} for

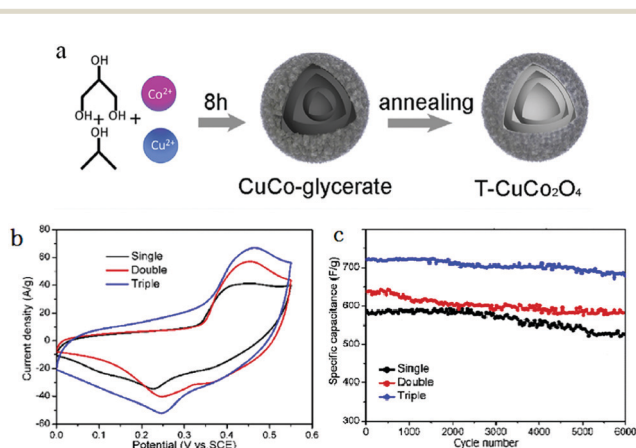


Fig. 39 (a) Schematic illustration of the preparation of $\text{T-CuCo}_2\text{O}_4$. (b) CV curves at 50 mV s^{-1} and (c) cycling performance of CuCo_2O_4 hollow microspheres with different numbers of shells as an anode for LIBs. Reproduced from ref. 183 with permission.

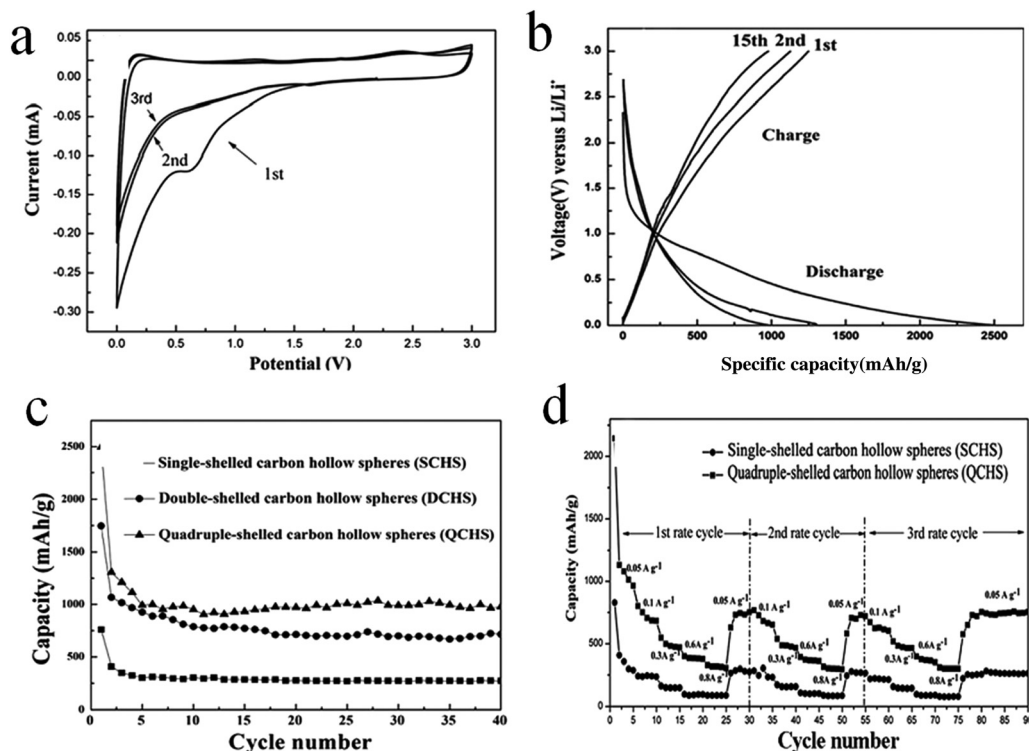


Fig. 40 (a) CV curves of the first 3 cycles and (b) GCD curves at 50 mA g^{-1} for the quadruple-shelled carbon hollow spheres. (c) Cycling performances of carbon hollow spheres for different numbers of shells. (d) Rate capability of quadruple- and single-shelled carbon hollow spheres at various current densities. Reproduced from ref. 27 with permission.

the single-shelled samples. Recently, Xu *et al.* prepared N-doped double-shelled hollow mesoporous carbon nanospheres, possessing promising electrochemical performance when used as the anode materials for LIBs.⁸⁰ In particular, the sample obtained by carbonization at $800 \text{ }^\circ\text{C}$ was demonstrated to offer a discharge specific capacity of $920.3 \text{ mA h g}^{-1}$ at a current density of 0.1 A g^{-1} after 100 cycles and good rate capability when the current density increased in a step-by-step manner from 0.1 to 5 A g^{-1} . The remarkably improved rate capability could be attributed to the increased contact area between the electrode and electrolyte, improved lithium-ion and electron transport, as well as an appropriate amount of N doping.

Besides anode materials, multishelled hollow structures can also be applied as cathode materials for LIBs. Spinel LiMn_2O_4 is one of the most promising alternatives to commercial LiCoO_2 when used as the cathode for LIBs because it is environmentally benign, low cost, and highly abundant. Niu *et al.* presented a facile aerosol ultrasonic spray pyrolysis approach to prepare multishelled LiMn_2O_4 hollow nanospheres that were assembled by nanosized LiMn_2O_4 particles ($\sim 10\text{--}30 \text{ nm}$). The electrochemical properties of these multishelled LiMn_2O_4 hollow nanospheres when used as a cathode for LIBs were comprehensively investigated. They found that the capacity of the prepared multishelled LiMn_2O_4 hollow nanospheres could reach up to 110 mA h g^{-1} (very near to its theoretical value of 148 mA h g^{-1}) with capacity retention of 91.9% after 400 cycles at a current density of 0.2 A g^{-1} . Such excellent properties are

directly related to the aggregation of ultrafine LiMn_2O_4 particles and the presence of unique mesopores and voids in the sample.¹⁹¹ Wang *et al.* prepared multishelled LiMn_2O_4 hollow microspheres using carbonaceous materials as the hard template and systematically investigated their electrochemical performance as a cathode for LIBs. They found that the samples with three shells exhibited relative superior lithium storage capacity as compared to multishelled hollow structures.¹⁹²

Similar to LIBs, sodium-ion batteries have also gained extensive interest in the field of scientific research and engineering applications during the recent years.^{193–195} Recently, metal sulfides/phosphides have also been extensively investigated for applications in rechargeable batteries. Xie *et al.* prepared multishelled hollow structures of Sb_2S_3 from a MOF template. Owing to the better utilization of the large internal voids, multishelled hollow Sb_2S_3 showed outstanding volumetric energy density and enhanced durability when used as the anode material for sodium-ion batteries.¹⁹⁶ Huang *et al.* developed a facile and low-temperature solvothermal process to prepare multishelled Sn_4P_3 nanostructures, exhibiting a large specific area and interlayer space. When applied as an anode for a sodium-ion battery, the specific capacity of the as-prepared multishelled Sn_4P_3 nanostructures could reach up to 770 mA h g^{-1} with capacity retention of 96% after 50 cycles at a current density of 50 mA g^{-1} .¹⁹⁷

Multishelled hollow nanostructures are also advantageous for use in lithium-sulfur batteries. It is well known that the

loading of sulfur in a cathode is critical for the comprehensive performance of the constructed lithium–sulfur battery. Multishelled hollow nanostructures as sulfur carriers are expected to exhibit the following advantages. First, electrolyte penetration into the cavities may be obviously increased when the shells are porous. Secondly, the thin shells comprising tiny nanoparticles may shorten the charge/mass diffusion paths, resulting in high rate capacity. Finally, the interlayer spaces can buffer the volume expansion during the lithiation/delithiation process. Salhabi *et al.* employed hollow multishelled TiO_{2-x} nanospheres as a sulfur carrier that exhibited a high capacity of 903 mA h g^{-1} with good capacity retention of 79% at 0.5C and impressive cycling stability (97.5% over 1000 cycles).¹⁹⁸ Chen *et al.* prepared multishelled CoP hollow nanospheres with high electrical conductivity by calcining the Co(II) complex precursor in the presence of NaH_2PO_2 . The as-prepared multishelled CoP hollow nanospheres are expected to possess a polar chemisorptive ability toward polysulfides and provide sufficient active sites to trap polysulfides. When applied as the upper current collector in lithium–sulfur batteries, the constructed battery delivers good cycling performance and good rate capability. Significantly, the mass loading of sulfur in such CoP samples can reach up to 3.24 mg cm^{-2} , yielding high capacity and excellent cycling stability.¹⁹⁹ Chen *et al.* prepared multishelled carbon hollow nanospheres using an emulsion process. Sulfur could be effectively encapsulated into the multishelled carbon hollow nanosphere by means of an *in situ* method. The percentage of sulfur in the cathode could reach up to 86%. The prepared multishelled carbon hollow spheres offered enhanced cyclability and good capacity retention when applied as cathodes in lithium–sulfur batteries.²⁰⁰

Similar to supercapacitors, the number and thickness of multiple thin shells have a considerable impact on the energy density of alkali metal-ion batteries. Appropriate intershell layer spacing is crucial for buffering volume expansion and short transport pathways facilitate mass transfer. Multishelled hollow nanostructures with a designed composition for each shell show promising prospects for fascinating alkali metal ion and electron transfer, thereby accelerating redox kinetics. Consequently, it is feasible to design multishelled hollow nanostructures as high-performance electrodes to satisfy the increasing demands of energy storage devices.

3.1.3 Dye-sensitized solar cells. Dye-sensitized solar cells, which convert solar energy into electric energy, have been demonstrated to be efficient photovoltaic devices. In order to anchor sufficient dye and harvest a considerable amount of light from sunshine, photoanode materials possessing a high surface area are more preferable.^{201,202} Therefore, wide-bandgap hollow materials, particularly multishelled hollow microspheres made from transition metallic oxides, have emerged as promising candidates for use as photoanodes.²⁰³ It is well known that TiO_2 is a promising semiconductor material that has been widely used in photocatalysis and dye-sensitized solar cells.^{204–208} Hwang *et al.* developed multishelled porous TiO_2 hollow nanoparticles (MS TiO_2 HNPs) as a photoanode for use in dye-sensitized solar cells.²² They found that MS TiO_2 HNPs exhibited a large specific surface area of $171.3 \text{ m}^2 \text{ g}^{-1}$, nearly 2.7 times that of single-shelled TiO_2 hollow nanoparticles (SS TiO_2 HNPs) ($63.6 \text{ m}^2 \text{ g}^{-1}$) and 1.33 times that double-shelled TiO_2 hollow nanoparticles (DS TiO_2 HNPs) ($128.4 \text{ m}^2 \text{ g}^{-1}$). Such a large surface area facilitates the adsorption of organic dyes in dye-sensitized solar cells. Meanwhile, the diffuse reflectance of MS TiO_2 HNPs could be measured to be more effective than those of SS TiO_2 HNPs and DS TiO_2 HNPs (Fig. 41a) owing to enhanced light scattering. Once employed as a photoanode for dye-sensitized solar cells, MS TiO_2 HNPs also possess superior performance in terms of current density–voltage characteristics and incident photon-to-electron conversion efficiencies (IPCEs) as compared to those obtainable from SS TiO_2 HNPs and DS TiO_2 HNPs (Fig. 41b and c). Wu *et al.* reported that shell-in-shell TiO_2 hollow spheres, prepared by hydrothermal process and post-heating treatment, possess excellent light-scattering properties and deliver overall conversion efficiency of 9.10%, which is higher than that of a pristine P25 photoanode (7.65%).²⁰⁹

Besides TiO_2 , ZnO has also been regarded as a promising photoanode candidate for use in dye-sensitized solar cells.^{210–212} Tian *et al.* tested the performance of multishelled ZnO hollow microspheres for this purpose, which was obtained by the hydrothermal treatment of a zinc gluconate solution with the desired acidity followed by a calcination treatment.⁴⁴ Cells based on multishelled ZnO hollow microspheres deliver a higher current density of 13.04 mA cm^{-2} with conversion efficiency of 4.13%, which is much better than the cells based on commercial ZnO solid spheres. The improved photoanode

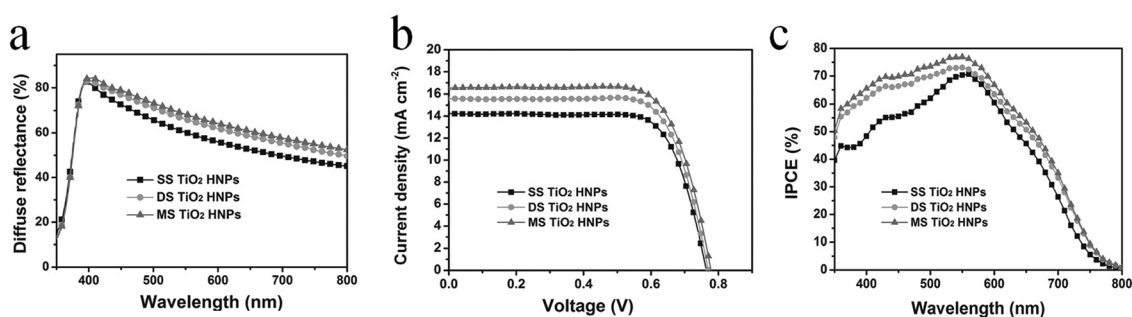


Fig. 41 (a) Diffuse reflectance spectra, (b) current density–voltage characteristics (J – V curves), and (c) IPCEs of SS- TiO_2 -HNPs (square), DS- TiO_2 -HNPs (circle), and MS- TiO_2 -HNPs (triangle). Reprinted from ref. 22 with kind permission.

performance of the as-prepared multishelled ZnO hollow microspheres is undoubtedly related to the features of a multi-shelled structure, where the large surface area can load abundant dye molecules and relatively large size can scatter the incident light.

In another study, Wang *et al.* demonstrated that quadruple-shelled ZnO hollow microspheres could deliver conversion efficiency of 5.60%, which is an increase of 20% of the overall conversion efficiency as compared to that obtained from a standard solid-particle-shaped ZnO photoanode. They also noted that the thickness of the exterior shells had a significant impact on the light-harvesting capability and the generated photocurrent. Typically, a thicker exterior shell may scatter more light and afford a higher photocurrent. Besides ZnO, they also investigated the performance of multishelled SnO₂ hollow microspheres as a photoanode for use in dye-sensitized solar cells.^{34,38}

CeO₂, a rare-earth oxide with a bandgap of 3.2 eV, has also been suggested as a promising photoanode material for use in solar cells. Umable *et al.* synthesized CeO₂ nanoparticles using a solution combustion process. The characteristic of spongy and porous morphology rendered them with high incident photon current efficiency of 68%.²¹³ Nevertheless, CeO₂ nanoparticles often suffer from the tradeoff between the scattering effect and loss of incident light owing to the transmission of light. In order to overcome this issue, double-shelled CeO₂@TiO₂ hollow sphere composites were proposed by Diao's group, which were prepared by a one-pot hydrothermal method followed by coating with a TiO₂ shell.²¹⁴ They found that the dye-loading capacity could be improved owing to the double-shelled CeO₂ hollow sphere core; therefore, the hybrid double-shelled CeO₂@TiO₂ hollow sphere exhibited higher conversion efficiency (7.95%) than that of bare TiO₂ electrodes (5.72%). In addition, Diao's group also did a series of works on CeO₂-based photoanode materials for use in dye-sensitized solar cells, namely, CeO₂:Yb,Er@SiO₂@Ag upconversion composite,²¹⁵ Er, Yb-CeO₂ hollow spheres,²¹⁶ and Yb, Er-doped CeO₂ nanotubes.²¹⁷

Sunlight absorption and dye loading are two crucial factors that determine the performance of dye-sensitized solar cells. The number of shells and intershell spacing are the two most important characteristics of multishelled hollow nanostructures.

Typically, larger number of shells and smaller intershell spacing are expected to offer superior sunlight-harvesting capability and higher energy conversion efficiency. The porosity of shells as well as grain size of multishelled hollow nanostructures play a significant role in influencing the loading capacity of dyes. Normally, shells composed of smaller grains can provide a larger surface area to accommodate dyes. Meanwhile, porous shells can yield multiple benefits. Firstly, they can provide a larger specific surface area for dye loading. Lastly, porous shells are expected to improve the light-absorbing efficiency by facilitating multiple sunlight reflections and scattering between the shells.

3.1.4 Catalytic hydrogen evolution/water splitting. Besides converting and storing unstable but renewable energy, exploring clean energy sources is also critical to realize sustainable development. Hydrogen is considered to be the most promising clean energy source since the combustion product of hydrogen is H₂O, having nearly no harm to society or environment. It is well known that the purity of H₂ is vital for its storage and applications since it is easily combustible when mixed with air/O₂ above a critical temperature. Electrocatalytic hydrogen evolution is regarded as one of the most promising strategies to obtain H₂ with ultrahigh purity, which is important for storage and transformation, as well as the final applications. Waqas *et al.* investigated the light-driven water oxidation performance of multishelled TiO₂/Fe₂TiO₅ heterostructured hollow microspheres.²¹⁸

Qi *et al.* reported a self-template route to synthesize triple-shelled CeO₂ hollow microspheres, involving hydrothermally treating the mixed aqueous solution containing glucose, CeCl₃ precursors and urea, as well as a subsequent calcination treatment, as shown in Fig. 42a.²¹⁹ The following chemical processes are expected to occur in this system. Firstly, glucose is converted into carbonaceous microspheres under the hydrothermal condition, which may act as a template to take up Ce³⁺ through electrostatic attractions. The main role of urea is to deprotonate the functional groups inside the carbonaceous microspheres, thereby enabling interactions between the carbonaceous material and Ce³⁺. Finally, the carbonaceous microspheres containing Ce³⁺ can generate triple-shelled CeO₂ hollow spheres by calcination in air. In this process, the carbonaceous microsphere is decomposed into gases and Ce³⁺ gets oxidized into CeO₂. Impressively, the morphology and

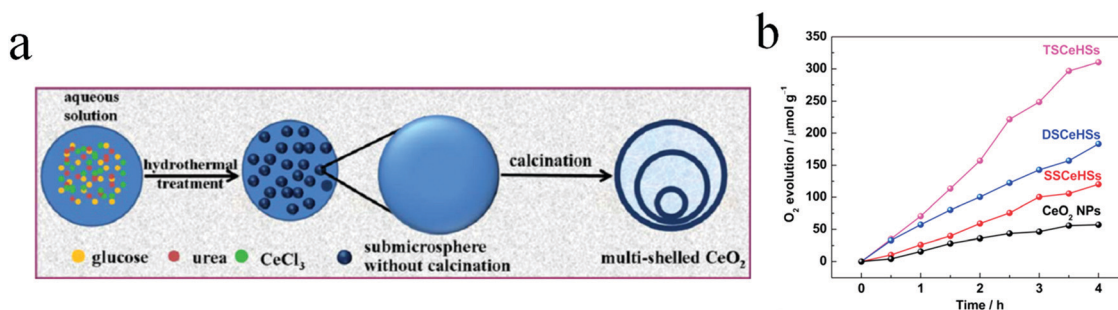


Fig. 42 (a) Proposed formation process of multishelled CeO₂ hollow microspheres. (b) Comparison of photocatalytic oxygen evolution performance of CeO₂ NPs and as-prepared multishelled CeO₂ hollow microspheres with different numbers of shells. Reproduced from ref. 219 with kind permission.

structure of the final product can vary with the experimental parameters, including the dosage of each reactant, crystalline reaction, and calcination temperature. Furthermore, the results of the four CeO₂ samples, namely, commercial CeO₂ nanoparticles (CeO₂ NPs), single-shelled CeO₂ hollow spheres (SSCeHSs), double-shelled CeO₂ hollow spheres (DSCeHSs), and triple-shelled CeO₂ hollow spheres (TSCeHSs), are shown in Fig. 42b. Evidently, all the hollow CeO₂ spheres are superior over CeO₂ NPs with regard to catalytic activity. Among the three hollow samples, TSCeHSs exhibit the best performance. The average oxygen evolution rate from the oxidation of water was 78 μmol (g_{cat} h)⁻¹. Such a remarkably improved photocatalytic activity of TSCeHSs was directly associated with the considerably increased surface area and number of active sites generated by multishelled features, improving the separation of electron-hole pairs.

Wei *et al.* prepared SrTiO₃-TiO₂ heterogeneous hollow multishelled structures (STHoMs) by the hydrothermal crystallization of SrTiO₃ on the surface of TiO₂ hollow multishelled structures, resulted in outstanding solar water-splitting performance of 10.6 mmol h⁻¹ for H₂ production and 5.1 mmol h⁻¹ for oxygen evolution. They explained that the synergistic effect of SrTiO₃ and TiO₂ afforded better separation efficiency of the photogenerated charge carriers and hollow multishelled structures increased the light-absorption ability of the SrTiO₃-TiO₂ heterogeneous catalyst.²²⁰

3.2 Environmental-remediation-related applications

3.2.1 Gas sensors. Gas sensors are devices capable of detecting the presence as well as the exact concentration of the target gaseous species, such as explosives, toxic gases, or volatile organic compounds (VOCs), in space- and time-confined environments. Nowadays, gas sensors play an increasingly important role in indoor safety, environment monitoring, human health, and automotive applications. Currently, gas sensors based on metal oxide semiconductors are among the most widely utilized tools to detect various targeted gases owing to their advantages such as being small, portable, and inexpensive. However, in order to achieve optimal sensing performances, these sensors usually need high working temperatures. For multishelled hollow nanostructures, their major advantage is the high specific area, which is expected to provide a larger number of adsorption centers on the surface of the sensor layer as compared to their traditional solid counterparts. Consequently, the rates of surface

reactions can be increased and consequently improve the sensing property.

Wang *et al.* prepared multishelled ZnO core-shell hollow microspheres with a diameter of ~0.4–3.5 μm by using carbonaceous materials as the hard template. A chemical gas sensor based on the as-prepared multishelled ZnO core-shell hollow microspheres exhibited rapid, high, and selective response toward toluene.²²¹ At the optimal operating temperature of 300 °C, the response and recovery times of the sensor for toluene at 20 ppm were 0.3 and 3 s, respectively. The detection limit was as low as 1 ppm and the detectable concentration range was up to 2000 ppm. Qu *et al.* synthesized multishelled mixed Ni-Co oxide microspheres, which showed substantial selectivity and remarkable sensitivity (11.5–5 ppm at 255 °C) toward xylene. Significantly, the selectivity and response toward xylene could be maintained with excellent humidity resistance, suggesting the potential of such multishelled Ni-Co oxide microspheres in the detection of ground-level xylene gas in the environment.²²²

With the development of industries and widespread utilization of vehicles, the increasing consumption of fossil fuels has generated a large amount of NO_x (NO and NO₂), which is harmful to the domestic environment as well as the human body. The accurate content of NO₂ in air even at a very low concentration is an important parameter in order to evaluate air quality. Kim *et al.* developed a highly sensitive and selective NO₂ sensor based on multishelled WO₃ microspheres.²²³ As shown in Fig. 43, the number of shells of the WO₃ hollow microspheres has a significant impact on the sensor performance. Such detection ability can be attributed to the enhanced gas accessibility of the yolk-shell morphology with thin and permeable multiple shells.

As a commonly applied organic solvent in the industry and research laboratory, acetone is characterized as a volatile and deleterious chemical. If the acetone content in the environment reaches up to 450 mg m⁻³, the health of human beings can be considerably threatened. Meanwhile, as reported by medical research studies, acetone concentration can be a signal for diabetes diagnoses since the acetone concentration exhaled from a healthy person is usually lower than 0.8 ppm, while it equals to/exceeds 1.8 ppm for diabetic patients. Therefore, developing sensitive and selective acetone sensors to detect acetone concentration in the public or human body is worthwhile. Li *et al.* developed an acetone gas sensor with high

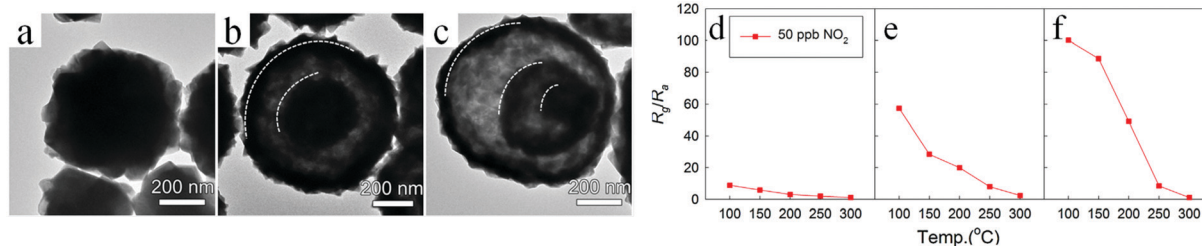


Fig. 43 TEM images of (a) D-WO₃, (b) 2S-WO₃, and (c) 3S-WO₃. Gas responses (R_g/R_a) to 50 ppb NO₂ of (d) D-WO₃ spheres, (e) 2S-WO₃ spheres, and (f) 3S-WO₃ spheres. Reprinted from ref. 223 with kind permission.

sensitivity and selectivity based on double-shelled ZnO hollow microspheres.²²⁴ This device yielded high response toward 100 ppm acetone (101.1), achieving a rapid response rate and recovery process (within 1/7 s). Moreover, the substantially low detection limit (0.5 ppm), low operating temperature (40 °C), high selectivity, and long-term stability showed that the double-shelled ZnO hollow microspheres are a reliable solution to the problem of acetone detection.

Since the sensing mechanism depends on the interaction between the target gas and surface of the sensing layer, the sensibility of metal oxide gas sensors relies on the available sensing surface and target gas concentration. It is well known that the different facets of nanomaterials may show different affinities toward certain gases. Recently, Zheng *et al.* reported Y₂O₃ multishelled hollow structures with exposed {220} facets, which makes a significant contribution to the detection of methanol with ultrahigh sensitivity and selectivity.²²⁵

It has been reported that the performance of semiconductor-based gas sensors may be further enhanced by loading uniform noble metal nanoparticles.^{226–228} Yoon and co-workers prepared Pd-loaded quintuple-shelled Co₃O₄ microspheres *via* spray drying followed by thermal treatment.²²⁹ These Pd-loaded quintuple-shelled Co₃O₄ microspheres exhibited unprecedented response (resistance ratio) and selectivity toward toluene and *p*-xylene against various interfering gases such as ethanol, benzene, formaldehyde, ammonia, nitrogen monoxide, carbon monoxide, and hydrogen. They also compared their performance with Pd–Co₃O₄ nanoparticles, confirming that multishelled Pd–Co₃O₄ is much superior to other materials. The excellent gas sensing performance could be attributed to several aspects. On one hand, the serious agglomeration characteristics of the Pd–Co₃O₄ nanoparticles yield absolute results in lowering the gas response. For multishelled Pd–Co₃O₄ microspheres, the outermost shell may be the determining factor that affects the gas response. On the other hand, it is the effective dissociation of methylbenzenes into active small species that can promote the selectivity of the fabricated sensors. Undoubtedly, loading metallic nanoparticles can improve the catalytic activity of oxide semiconductors. Meanwhile, multishelled structures may favor the dissociation of methylbenzene by providing more active sites and large space as compared to those afforded by solid nanoparticles. Apart from the above study, Sun *et al.* demonstrated that PdO-functionalized double-shelled Fe₂O₃ hollow nanospheres exhibit superior sensing properties toward acetone owing to the larger surface area and high catalytic activity of PdO.²³⁰ Ma *et al.* recently demonstrated that Au nanoparticles could also further improve the sensor's response of α -Fe₂O₃ double-shelled hollow spheres owing to the catalytic sensitization from Au nanoparticles.²³¹

The sensing selectivity, sensitivity, and stability are considerably dependent on the interaction between the detected molecules and multishelled hollow nanostructures. Both porosity and hydrophilic characteristics affect the substrate with suitable size/configuration and specific groups accessing the interior of the multishelled hollow nanostructures, leading to worthwhile sensing selectivity. Multiple thin shells often

provide abundant responsive sites and the transportation of detected molecules may be facilitated if the shells are porous owing to the capillary effect. In addition, the stability of sensors based on a higher number of shells is expected to be better than those having fewer shells owing to the supporting effect of multiple shells.

3.2.2 Catalytic degradation of pollutants. Environmental issues are becoming increasingly serious day by day, which has promoted the development of pollutant treatment techniques. Catalytic degradation/reduction, as a green route and safe operating technology, has been demonstrated to be one of the most promising solutions to this enhanced environmental crisis. Advanced materials with high catalytic performances have always been the goal of scientists for prominent applicability in pollutant elimination. Ma *et al.* prepared hierarchically porous ZnO hollow spheres with controllable number of shells using an unusual temperature gradient crystallization route and the photocatalytic degradation of rhodamine B over the as-prepared ZnO samples.²³² For hierarchical ZnO porous hollow spheres, the number of shells is dependent on the photocatalytic activity toward rhodamine B decomposition. In particular, the catalytic activity increased with the number of shells progressively increasing from one to three. In addition, triple-shelled porous ZnO hollow samples lose only 7% of their initial activity after 5 cycles. The progressively enhanced activity by increasing the number of shells to multishelled hollow structures with additional interior voids allow multiple reflections of UV light; hence, higher utilization efficiency of the light source can be assured. Hu *et al.* prepared double-shelled α -Fe₂O₃ hollow spheres using the solvothermal route with the assistance of a carbonaceous template. The obtained double-shelled α -Fe₂O₃ hollow spheres could efficiently catalyze visible-light degradation. Zhang *et al.* reported the dual-functional catalytic performance of multishelled FeCo₂O₄ hollow microspheres supported on cotton cellulose fibers (CCFs) toward the photodegradation of tetracycline (TC) and malachite green (MG), as well as the catalytic reduction of 4-nitrophenol (4-NP).²³³ On the basis of the Mott–Schottky plots, active species analysis, and UV-vis experiments, the active species during the photocatalytic oxidation processes are mainly produced by O₂^{•−}, which can efficiently inhibit the recombination of photogenerated carriers and promote the photocatalytic degradation of pollutants. With regard to the catalytic reduction of 4-NP, benefiting from the particular 3d electronic configurations (elemental Fe and Co), FeCo₂O₄ can induce the catalytic reduction by giving electrons from BH₄[−]—an electron donor. Once the 4-NP ions were absorbed onto the surface of CCFs, BH₄[−] reacted with the FeCo₂O₄ component in the composite, yielding hydrogen species and electrons. As a consequence, the –NO₂ group in 4-NP was reduced to the –NH₂ group. The excellent catalytic performance was directly related to the following aspects. First, the particular hollow multishelled structures supplied multiple catalytic active sites and assured the utilization efficiency of visible light, allowing for increased multiple reflections of incident light. Furthermore, the huge specific surface area could accommodate more reactants, leading to improved catalytic performance.

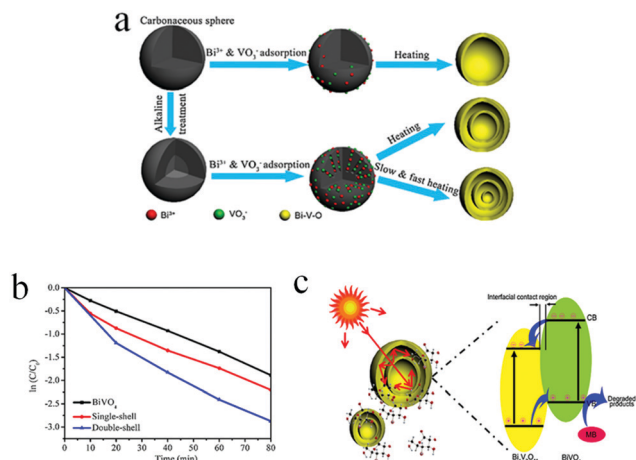


Fig. 44 (a) Schematic illustration of the synthesis procedure of multi-shelled Bi-V-O hollow microspheres. (b) Catalytic performance of solid BiVO₄ and single- and double-shelled Bi-V-O hollow microspheres. (c) Schematic diagram of the photocatalytic mechanism of the heterostructures of multishelled Bi-V-O hollow microspheres. Reprinted from ref. 234 with kind permission.

When compared with simple metal oxides, bimetal oxides usually exhibit superior photocatalytic performance. Zong *et al.* designed a modified carbonaceous microsphere template method to prepare multishelled hollow spheres of heterostructured BiVO₄ (Fig. 44a). The multishelled heterostructured BiVO₄ hollow spheres exhibited high photocatalytic activity toward the degradation of methylene blue under visible light, and the double-shell spheres with the highest Bi₄V₂O₁₁ content delivered the highest photocatalytic activity (Fig. 44b). The excellent photocatalytic performance could be attributed to the effective utilization of visible light induced by multiple reflections of their special multishelled hollow spheres, as shown in the schematic in Fig. 44c.²³⁴ By taking full advantage of this concept, the excellent photocatalytic degradation of organic pollutants could also be achieved using multishelled Bi₂WO₆ hollow microspheres.²³⁵

Liu *et al.* demonstrated that double-shelled ZnFe₂O₄ hollow microspheres exhibited excellent photocatalytic activity toward the degradation of gaseous *o*-dichlorobenzene (*o*-DCB).²³⁶ The degradation ratio could reach up to 74% within 7 h, which is higher than that of solid spheres (51%) and yolk-shell spheres (65%). Moreover, the double-shelled ZnFe₂O₄ hollow microsphere catalyst possesses high stability (the degradation ratio retaining 70% after 5 repetitions). Such outstanding photocatalytic performance could be attributed to the advantages of double-shelled hollow structures in the adsorption of reactants and sunlight-harvesting capability.

Fig. 45a shows the diffusion characteristics of gaseous *o*-DCB over solid spheres and yolk-shell and double-shelled spheres. Notably, the diffusion rate of ZnFe₂O₄ double-shelled spheres is much higher than the rates for the other structures during the adsorption period. This can be directly attributed to the fact that double-shelled hollow spheres can provide a higher surface area and more intricate pore structures than

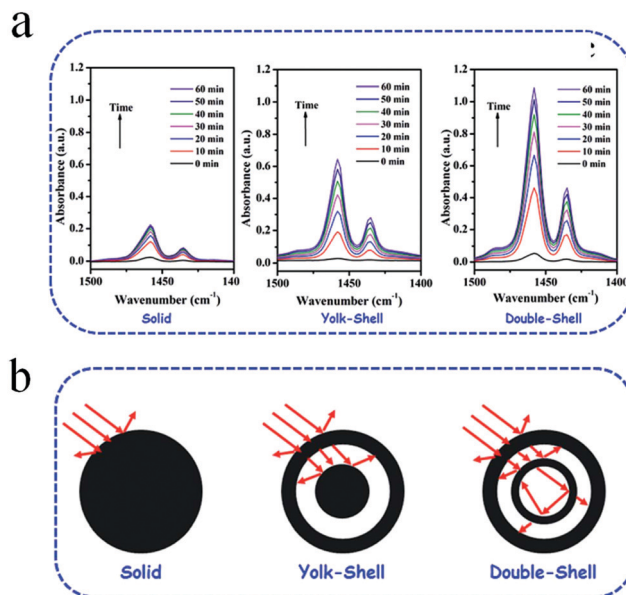


Fig. 45 Comparison of the diffusion characteristics of *o*-DCB (a) and light diffusion (b) over solid, yolk-shell, and double-shelled ZnFe₂O₄ spheres. Reprinted from ref. 236 with permission.

those provided by solid and yolk-shell spheres. Importantly, the superior photocatalytic performance of double-shelled structures is also likely to enhance the effective light absorption for multiple scatterings, as shown in Fig. 45b.

Besides the catalytic degradation of organic pollutants in water, multishelled hollow nanostructures also show promising potential in the catalytic reduction of gas pollutants, such as NO, CO, and CO₂. For example, Ma *et al.* prepared triple-shelled CeO₂-MnO_x hollow hybrid spheres by using a carbonaceous microsphere as the sacrificial hard template. The as-prepared triple-shelled CeO₂-MnO_x hollow spheres showed apparent advantages when compared with traditional CeO₂-MnO_x nanoparticles, as well as single-shell and double-shell hollow spheres, when applied as a catalyst for the selective catalytic reduction of NO with NH₃.²³⁷ As shown in Fig. 46a, the catalytic performances of the samples can be ranked in the following order: triple-shelled > double-shelled > single-shelled > nanoparticles. In particular, triple-shelled CeO₂-MnO_x hollow spheres yielded the sustained conversion of 100% in the temperature range of 150–250 °C. Such superior catalytic performance of triple-shelled CeO₂-MnO_x hollow spheres can be attributed to the synergistic effect between elemental Ce and Mn. Furthermore, the water resistance performance of these catalysts was also investigated. As shown in Fig. 46b, the addition of water into a mixture of the reactant gases can decrease the conversion of NO for all the catalysts. In particular, the NO conversions of single-, double-, and triple-shelled CeO₂-MnO₂ hollow catalyst decreased from their initial conversion to about 70% in the first hour and then maintained the conversion well up to 14 h in the presence of water when the reaction temperature was set at 150 °C. However, a decrease from 80% to below 40% of the NO conversion was observed for the CeO₂-MnO₂ nanoparticle catalyst. The deactivation of the CeO₂-MnO₂ catalyst

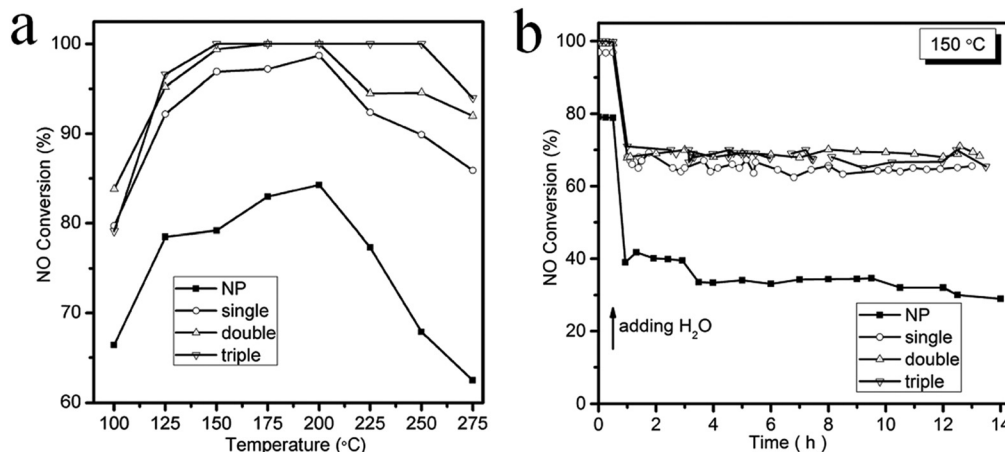


Fig. 46 NO conversion of the CeO₂-MnO_x catalysts as a function of temperature in the absence of water (a) and in the presence of water at 150 °C (b). Reproduced from ref. 237 with kind permission.

may be related to the formation of hydroxyls on the surface of the catalyst owing to the adsorption of H₂O, leading to a decline in the activity. A typical example is given by Wang *et al.* They prepared hollow multishelled Co₃O₄-CeO_{2-x} composites *via* a general strategy using the sequential template approach with a facile and efficient electrostatic spray process. When compared with the simple components of Co₃O₄, CeO₂, and heterogeneous Co₃O₄-CeO_{2-x} nanoparticles, the multishelled hollow Co₃O₄-CeO_{2-x} composites exhibited much superior catalytic activity toward the oxidation of CO (complete conversion temperature is 166.9 °C) and stability (100 h). They claimed that the worthwhile catalytic performance can be attributed to two factors. For one thing, the synergistic effects generated by the combination of Co₃O₄ and CeO_{2-x} facilitate the activation of oxygen. For another thing, abundant active sites and gas transformation channels of such multishelled hollow structures facilitate gas diffusion and maintain structural stability.²³⁸

Nowadays, the excessive emissions of CO₂ from the accelerated consumption of fossil fuels have increased the threat to the climate. Therefore, the transformation of CO₂ has attracted extensive attention. Multishelled hollow nanostructures show promising potential in the photocatalytic reduction of CO₂. Recently, Wang and co-workers developed multishelled Co₃O₄ hollow dodecahedra using a sequential template approach by adopting MOFs as the template.²³⁹ Co₃O₄ nanocrystals with multishelled hollow structures were assembled in the desired orientation, forming a unique shell with the dominant exposure of the (111) facets. It was observed that the catalytic activity of quadruple-shelled Co₃O₄ hollow dodecahedra was superior over those obtained from Co₃O₄ nanoparticles and Co₃O₄ hollow structures without the controlled facet in CO₂ photoreduction.

3.2.3 Adsorptive removal of pollutants. Wang *et al.* prepared multishelled Co₃O₄-Fe₃O₄ hollow spheres (M-MHs) *via* a simple hydrothermal method without using any hard/soft template.²⁴⁰ As shown in Fig. 47a-c, the number of shells of the as-prepared M-MHs could be effectively controlled, including

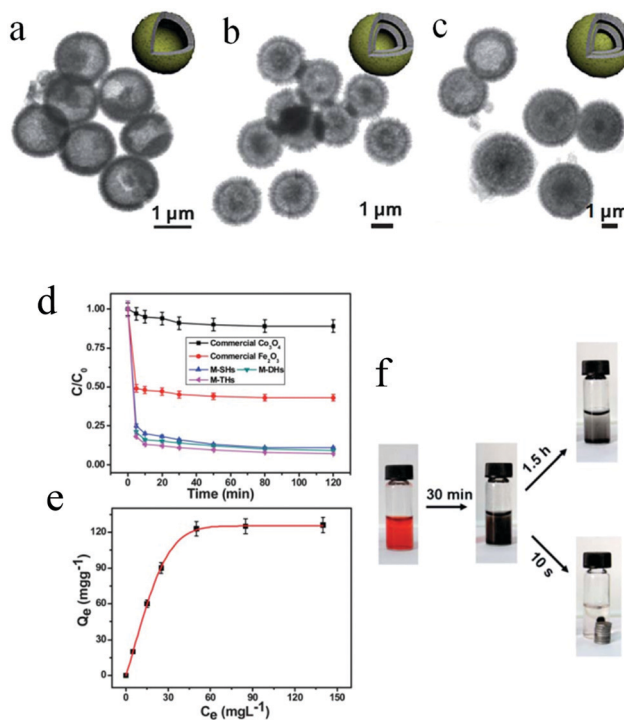


Fig. 47 TEM images of M-MHs: (a) M-SHs, (b) M-DHs, and (c) M-THs. (d) Adsorption rates of Congo red on the three M-MHs, commercial γ -Fe₂O₃, and commercial Co₃O₄. (e) Adsorption isothermal curves of Congo red on M-THs. (f) Photographs confirming the absorption of Congo red by M-THs with time. Reproduced from ref. 240 with kind permission.

single-shelled (M-SHs), double-shelled (M-DHs), and triple-shelled (M-THs) ensembles. It was found that such M-MHs samples exhibited better adsorptive performance toward the removal of Congo red from water. As shown in Fig. 47d, the adsorption of Congo red on these M-MHs was much higher than those observed using commercial γ -Fe₂O₃ and commercial Co₃O₄. The removal percentages of Congo red were over 75% and nearly over 90% in the initial 5 min and within 120 min, respectively, for these three M-MHs samples. However, the

maximum removal capacities of commercial $\gamma\text{-Fe}_2\text{O}_3$ and commercial Co_3O_4 were about 50% and 10%, respectively. Meanwhile, the removal capacities were also much higher for these M-MHs. Such superior adsorptive performances of M-MHs might be related to the triple-shelled hollow structures that afforded higher surface areas and stronger electrostatic affinities between their surfaces and Congo red molecules. Fig. 47e shows the isothermal curve of the adsorption of Congo red on M-MHs, which conforms to the Langmuir adsorption model. On the basis of this isothermal curve, the maximum adsorption capacity for Congo red was calculated to be 125 mg g^{-1} , which was 3.5 and 20 times those of commercial $\gamma\text{-Fe}_2\text{O}_3$ and commercial Co_3O_4 . These improved adsorption performances could be attributed to the multishelled hollow structures and size effect. Last, but not the least, the existence of Fe_3O_4 in the M-MHs samples ensured that these M-MHs adsorbents could be conveniently isolated from the solution by using an external magnet in a very short time of about 10 s. If the traditional centrifugation separation procedure was applied, even after 1.5 h, the solution was still not transparent, as shown in Fig. 47f. In addition, the as-prepared M-MHs could also be used for the adsorptive removal of heavily metal ions.

Nowadays, nuclear energy has become increasingly popular in many countries, which is unavoidably accompanied by excessive wastewater containing radionuclides. Because of their mobility and high toxicity, radionuclide contaminants can harm human beings as well as the ecosystem. Therefore, it has become imperative to develop efficient techniques to remove radionuclide pollutants.^{241,242} Adsorption has proven to be one of the most promising methods in the treatment of radionuclides-contaminated water owing to its convenient operation and effectiveness.^{243,244} Recently, Song *et al.* reported multishelled $\text{Fe}_3\text{O}_4@\text{MnO}_x$ hollow spheres, which were synthesized *via* a three-stepped process, namely, the *in situ* coating of $\text{Fe}_3\text{O}_4@\text{C}$ on the surface SiO_2 cores, self-template formation of MnO_x by reacting between $\text{Fe}_3\text{O}_4@\text{C}$ and KMnO_4 , and SiO_2 removal *via* etching with NaOH .²⁴⁵ When used as an adsorbent for the removal of uranium ($\text{U}(\text{vi})$) and europium ($\text{Eu}(\text{iii})$), the isotherms of these two radionuclides onto the adsorbents effectively matched with the Langmuir model. The as-obtained multishelled $\text{Fe}_3\text{O}_4@\text{MnO}_x$ hollow spheres offered high adsorption capacities (maximum absorption capacities of 106.72 mg g^{-1} for $\text{U}(\text{vi})$ and 138.13 mg g^{-1} for $\text{Eu}(\text{iii})$) could be obtained at 298 K), revealing the advantages of high-performance adsorbents. The adsorption thermodynamics are endothermic processes, while the adsorption kinetics conform to the pseudo-second-order model. It is well known that radionuclides can often coexist with humic acid. The investigation results demonstrate exciting information that the presence of humic acid may provide higher simulation yields of the maximum adsorption capacities toward $\text{U}(\text{vi})$ and $\text{Eu}(\text{iii})$, namely, 169.17 and 146.81 mg g^{-1} , respectively. Significantly, the $\text{Fe}_3\text{O}_4@\text{MnO}_2$ adsorbent could be easily recovered by using an external magnet for successive usage.

Apart from heavy metal ions and organic pollutants, multishelled hollow nanostructures can also be used for the removal of gaseous pollutants. Utilizing carbonaceous microspheres as

the hard template, Feng *et al.* fabricated nanostructures with controlled Ca/Mg molar ratio, number of shells, and size.²⁴⁶ The Mg-modified CaCO_3 multishelled hollow microspheres exhibited remarkable CO_2 adsorption performance. Under optimized conditions, triple-shelled Mg-modified CaCO_3 provides adsorption capacity of $0.51\text{ g CO}_2\text{ g}^{-1}$ adsorbent, which is marginally less than that of commercial $\text{CaCO}_3\text{-C}$ ($0.53\text{ g CO}_2\text{ g}^{-1}$ adsorbent). Nevertheless, owing to the conversion of CaCO_3 into CaO at higher temperatures, the serious sintering of commercial $\text{CaCO}_3\text{-C}$ results in a rapid decay in the adsorption capacity for CO_2 from the second cycle. Because of the introduction of Mg, the sintering and aggregation of CaO nanoparticles at high temperature could be efficiently prevented due to the high Tammann temperature of MgO. As a result, these multishelled Mg-modified CaCO_3 microspheres could maintain the CO_2 adsorption capacity after repeated cycles.

3.3 Chemical catalysis for organic transformation

Via a layer-by-layer deposition process followed by alkali etching, Liu and co-workers prepared double-shelled $\text{CeO}_2/\text{M}@\text{M}/\text{TiO}_2$ ($\text{M} = \text{Au}$ and/or Pd) nanospheres, which exhibited excellent catalytic performance toward several organic reactions, such as Suzuki reaction, aerobic oxidation of benzyl alcohol, and reduction of 4-nitrophenol.²⁴⁷ Xu *et al.* prepared CSs containing Ce^{3+} by a two-stepped hydrothermal method using glucose as the carbon precursor and $\text{Ce}(\text{NO}_3)_3$ as the Ce precursor and then converted them into multishelled CeO_2 hollow spheres *via* controlled calcination in an air/gas flow. Au nanoparticles were deposited and dispersed on these multishelled CeO_2 hollow spheres at a high content. The Au/CeO_2 hollow spheres exhibited higher catalytic activity and more stability toward the reduction of 4-nitrophenol with NaBH_4 than those from other noble-metal-loaded catalysts in other structures. Significantly, the Au/CeO_2 catalyst showed no changes in both morphology and activity after eight cycles. This can be attributed to the hierarchically nanoscale sizes of the multishelled CeO_2 hollow sphere support and the highly dispersed ultrathin Au nanoparticles.²⁴⁸ Liao *et al.* synthesized Ce-based coordination polymer by a mixed-solvothermal process and then converted it into multishelled CeO_2 hollow nanospheres *via* a simple thermal treatment in air. The prepared multishelled CeO_2 hollow nanospheres not only exhibited efficient photocatalytic activity for the degradation of rhodamine B under visible light but also could be used as a support to load noble metal nanoparticles (such as Au and AuPd). When used as a catalyst, Au/CeO_2 showed high activity toward the reduction of 4-nitrophenol at a reaction rate constant of 0.416 min^{-1} , and AuPd/CeO_2 are efficient catalysts for CO oxidation.²⁴⁹ Zhang *et al.* introduced Pt species into double-shelled TiO_2 hollow spheres, which was prepared *via* a simple hydrothermal treatment of $\text{SiO}_2@\text{TiO}_2$ (TiO_2 -coated solid SiO_2 spheres).²⁵⁰ The as-prepared Pt (DHS-TiPt) composite showed excellent catalytic activity toward the reduction of 4-NP with NaBH_4 .

Similar to gas sensor applications, by precisely controlling the pore size distribution, multishelled hollow nanostructures could selectively permit reactant/product diffusion through the

shells, resulting in outstanding selective catalysis processes. In aqueous solutions, the hydrophilic characteristics of the shell influence the reactants with specific groups accessing the interior of such multishelled hollow nanostructures, further improving selectivity. In addition, multiple thin shells with large intershell spacings can provide a large surface area, resulting in more reactants contacting the active site and therefore enhancing the catalytic performance.

3.4 Drug delivery

Drug delivery, aimed at improving the aqueous solubility, chemical stability, and pharmacological activity, as well as reducing the side-effects of drugs, can be used to transport therapeutic drugs in the body as needed to safely achieve the desired therapeutic effect. The goal of any drug delivery system is to provide and maintain the therapeutic concentrations of drug at the target biological site.^{251,252}

Multishelled hollow nanostructures with tunable pore and shell structures have been widely employed for drug delivery. For drug delivery systems, three important parameters are the most significant: loading capacity, good targeting, and sustained drug release. These evaluation parameters can be influenced by the number, thickness, and porosity of shells. Multiple thin shells can provide abundant loading sites, leading to high drug loading capacity. Porous shells allow multishelled hollow nanocarriers to reach the target drug molecules with preferred sizes. In addition, multishelled hollow nanostructures with adjustable hydrophilic and hydrophobic properties can allow the co-loading/release of various drugs.

For example, Wu *et al.* synthesized multishelled mesoporous silica spheres by the vesicle template method. When used as the carriers of anticancer drugs, the loading efficiency of doxorubicin hydrochloride could reach up to 83% at the optimum loading concentration of 1.2 mg L⁻¹. More significantly, the loaded anticancer drug exhibited the desired pH-responsive release behavior. In particular, the release rate under acidic conditions is much higher than that under basic conditions, which is beneficial for killing cancer cells since almost all the cancer cells have an acidic intracellular environment. Huang *et al.* demonstrated that hollow triple-shelled mesoporous silica spheres with tunable shell-to-shell distances loaded with doxorubicin hydrochloride yielded excellent performance in killing cancer cells by a slow, controlled, and sustained release.²⁵³

4 Conclusion and outlook

In summary, multishelled hollow nanostructures have become a hot topic in both the scientific arena and engineering applications. Substantial progress has been made in the past few decades with the development of efficient methods to construct multishelled hollow nanostructures. In this review, we have provided a comprehensive overview of the synthesis strategies and applications of multishelled hollow nanostructures. For further research in the field of multishelled hollow nanostructures, the focus should be on the following aspects.

As far as synthesis is concerned, it might always be challenging to precisely control and manipulate multishelled hollow nanostructures by means of simple and cost-effective approaches such that they can have the desired compositions and morphologies. Several solutions can be considered. For one thing, further expanding and modifying the existing template-based/template-free approaches are expected to be developed. For another thing, the combination of various approaches containing multiple hollowing mechanisms in a single synthesis process can undoubtedly be the trend for fabricating certain multishelled hollow nanomaterials with special structures and properties. Furthermore, despite several challenges, novel strategies for generating multishelled hollow structures can be developed, bringing revolutionary advances to this area. For the applications of multishelled hollow nanostructures, engineers and scientists can investigate the relationship among the structures of such complex hollow materials as well as enhanced performances. Meanwhile, for practical applications of such promising materials, the situation for multishelled hollow nanostructures might be fairly different, which should be effectively considered, too. In particular, energy-related applications often consider ion/electron and charge/mass transports as well as the capability of immobilizing sulfide/lithium or electrolyte ions by chemical/physical means. For catalyst/adsorbent materials, the activity and reusability should be seriously considered. Carrier materials for certain drugs heavily rely on biocompatibility as well as interaction between the drug molecules. Consequently, a comprehensive understanding of the requirements of specific applications is expected to, in turn, direct the fabrication of multishelled hollow nanomaterials. It is believed that multishelled hollow nanostructures, as a type of versatile functional materials, can have a bright future in many fields.

Conflicts of interest

The authors declare no competing financial interest.

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