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Self-assembled pH-responsive supramolecular hydrogel for hydrophobic drug delivery

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In this study, a novel supramolecular hydrogel system, abbreviated as AGC₁₆/NTS, prepared by molecular self-assembly of cationic gemini surfactant 1,3-bis(*N,N*-dimethyl-*N*-cetylammmonium)-2-propylacrylatedibromide (AGC₁₆) and anionic aromatic compound trisodium 1,3,6-naphthalenetrisulfonate (NTS), was used to encapsulate hydrophobic model drug curcumin (Cur), constructing a pH-responsive drug delivery system. Cur was effectively encapsulated into the hydrophobic domains of AGC₁₆/NTS through hydrophobic interaction, which was confirmed by ¹H NMR measurement. The effects of Cur on the mechanical strength, phase transition behaviour and morphology of AGC₁₆/NTS were characterized by rheology and cryogenic scanning electron microscopy (cryo-SEM) methods. The pH-responsive release of Cur from AGC₁₆/NTS was obtained and the release amount of Cur ascended with pH value decreasing from 7.4 to 3.0. The hydrodynamic sizes of the released Cur-aggregates determined by dynamic light scattering (DLS) were used to analyse the release process of Cur at different pH. The cell viability assay and cell imaging experiment demonstrated that Cur-loaded hydrogel has much higher cytotoxicity and better cell uptake compared to free Cur. Overall, the AGC₁₆/NTS hydrogel is a prospective material for use in encapsulation and controlled-release of hydrophobic drug molecules.

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1 Introduction

Many supramolecular materials, such as nanoparticles, polymeric micelles, lipids, hydrogels *etc.*, have been used as carriers of target drugs to greatly enhance their water solubility and stability and prolong their circulation in blood compartments.¹ Among these materials, hydrogels are able to retain an inherently biocompatible water environment, which resembles natural living tissues, and have the potential to be drug delivery systems.^{2–4} Different from polymeric hydrogels, supramolecular hydrogels based on low-molecular-weight gelators are easily constructed by noncovalent interactions, such as H-bonding, π -stacking and van der Waals forces, under mild conditions in absence of initiators and crosslinking agents.^{5–8} In the meantime, supramolecular hydrogels can quickly respond to external stimuli due to the dynamic and reversible nature of the non-covalent interactions compared to the covalent systems, resulting in a stimuli-responsive cargo delivery carrier.^{9–11}

As far as we know, widely used anticancer drugs such as paclitaxel, camptothecin and platinum compounds have limited water solubility which restrict their applications in

cancer chemotherapy. The hydrophilic microstructures of supramolecular hydrogels typically make it difficult to load hydrophobic drugs.^{12,13} It is also known that tumour tissues present an acidic environment relative to normal tissue.¹⁴ The difference in pH between tumour tissues and normal tissues is advantageous for the controlled release of drugs at the specific targeting tumour site. As far as we know, there is relatively less literature on supramolecular hydrogel which could simultaneously satisfy the above-mentioned aspects. Thus, designing and constructing supramolecular hydrogel system used to encapsulate and release hydrophobic anticancer drug in response to pH is not only fundamentally important for mechanisms behind drug delivery, but also practically valuable for the development of efficient controlled release materials.

Gemini surfactants have attracted considerable attention due to lower critical micelle concentration (cmc), special aggregation behaviour and significant application in drug delivery.¹⁵ As the cmc value of gemini surfactants is very low, less amounts of molecules of gemini surfactants than corresponding monomeric surfactants are used to construct hydrogels, which is an advantage of gemini surfactant in hydrogel preparation. Covalent connection between charged head groups promotes the formation of aggregates in water. These aggregations with hydrophobic domains could improve the solubility of hydrophobic drug through hydrophobic interaction.^{16–18}

Based on these above considerations, we prepared a supramolecular hydrogel by mixing of gemini surfactant 1,3-bis(*N,N*-dimethyl-*N*-cetylammmonium)-2-propylacrylate dibromide

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2.4.3 Cell imaging. HeLa cells and HepG-2 cells were seeded in 20 mm glass bottom cell culture and dished at a density of 1×10^5 cells per dish, and further cultured for 12 h. Then free Cur in medium ($0.2 \mu\text{g mL}^{-1}$), AGC₁₆/NTS in medium ($10 \mu\text{g mL}^{-1}$) and Cur-loaded AGC₁₆/NTS in medium ($10 \mu\text{g mL}^{-1}$, equivalent Cur concentration) were added to the adherent cells. After incubation for 24 h, cells were washed twice with $1 \times$ PBS buffer and imaged immediately by confocal laser scanning microscopy (CLSM) (Olympus FV 1200-BX61, Japan). The excitation wavelength of AGC₁₆/NTS, Cur-loaded AGC₁₆/NTS, and Cur is 405 nm.

2.5 Characterization

2.5.1 Rheology. Rheological measurements of AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS were performed under oscillatory condition on a AR2000 Ex rheometer (TA instruments Ltd. USA). Samples were placed between parallel plates (diameter, 20 mm) and a gap of 1.0 mm. The temperature was controlled using Peltier system with the bottom plate connected to a water bath. All the oscillatory measurements were performed within the linear viscoelastic range. The instrumental setups for the rheology tests are the following:

A frequency-sweep measurement from 0.1 to 100 rad s^{-1} was conducted at room temperature using a constant strain of 0.1%. Strain-sweep measurement from 0.1 to 100% was performed at room temperature using a fixed angular frequency of 10 rad s^{-1} .

2.5.2 Cryogenic scanning electron microscopy and transmission electron microscopy. AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS images were taken on a S-4300 cryogenic scanning electron microscopy (cryo-SEM) (Hitachi Ltd., Japan) at an acceleration voltage of 3 kV and a beam current of 10 μA . The AGC₁₆/NTS and Cur-loaded hydrogel were “sandwiched” between two gold planchettes, respectively, then plunged into a liquid nitrogen slush, and then transferred under vacuum into cryo-preparation chamber (LEICA EM ACE600). The samples were sublimed in this station at -100°C for 10 min. The frozen sample surfaces were then sputter coated with Pt in an argon environment (15 mA for 200 s) to make them conductive. After that, samples were transferred from the workstation to the cryostage in the microscope and held at -137°C . The morphology of Cur-aggregates was observed using JEM-1011 transmission electron microscope (TEM) (JEOL Ltd., Japan) at a working voltage of 100 kV. The TEM sample was prepared by the negative-staining method. Cur-aggregates solution was applied onto the carbon-coated copper grid (400 mesh) for 5 min, then using filter paper to wick off excess fluid. Next, the copper grid was laid onto one drop of uranyl acetate solution (0.5%) as the staining agent. The excess liquid was removed with filter paper and the sample was dried at room temperature.

2.5.3 ^1H nuclear magnetic resonance spectra. ^1H Nuclear Magnetic Resonance (^1H NMR) spectra were performed on a 500 MHz Bruker AVANCE III spectrometer (Bruker Ltd., Switzerland). The ^1H NMR spectra of AGC₁₆ with CDCl_3 as solvent, AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS hydrogel with D_2O as solvent were recorded at 25°C .

2.5.4 Dynamic laser scattering and zeta potential measurements. The hydrodynamic sizes of the Cur-aggregations were determined by dynamic laser scattering (DLS) with a Zetasizer Nano ZS (Malvern Instruments Ltd., UK) at $\lambda = 532 \text{ nm}$ with a fixed detector angle of 90° . Each size value was derived from the average of three measurements. The zeta potential of $-\text{SO}_3^-$ of NTS at different pH was determined using a Zetasizer Nano ZS (Malvern Instruments Ltd., UK).

3 Results and discussion

3.1 Effect of Cur on the self-assembly of gelators

3.1.1 Rheology. Dynamic Frequency Sweep (DFS) and Dynamic Strain Sweep (DSS) measurements were used to explore the difference of rheological strength between AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS.²³ Fig. 3a shows the frequency dependence of elastic modulus (G') and viscous modulus (G'') of AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS. It is clearly indicated that both AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS are in gel state ($G' > G''$). Moreover, the encapsulation of Cur has an effect on the mechanical strength of AGC₁₆/NTS. G' of Cur-loaded AGC₁₆/NTS is an approximately 8-fold lower than that of AGC₁₆/NTS at the measured angular frequency range, which could be explained by the fact that the larger steric hindrance of the Cur interferes the ordered packing of gelators and thus resulting in a decrease in hydrogel mechanical strength of the hydrogel.²⁴

Fig. 3b shows the DSS data for AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS. AGC₁₆/NTS possesses a critical strain value ($G' = G''$) of 50%, above which the elastic regime of gel ($G' > G''$) disappeared and a viscous regime occurred ($G'' > G'$) owing to the disruption of the gel network when the yield strain of the network is exceeded.²⁵ As for Cur-loaded AGC₁₆/NTS, the critical strain value is only 30%, demonstrating a lower mechanical strength of Cur-loaded AGC₁₆/NTS than that of AGC₁₆/NTS.

3.1.2 Morphology. Cryo-SEM measurement was used to observe the hydrogel morphology and the variation of the aggregates conformation, facilitating further understanding the effect of Cur on the self-assembly of gelators.²⁶ Fig. 4a shows that the morphology of AGC₁₆/NTS exhibits a network structure consisting of micrometer-sized porous cavities which are composed of intertwined sheets filled with a large amount of small assemblies. A closer examination in Fig. 4b indicates that the assemblies are formed by tightly packed or aggregated

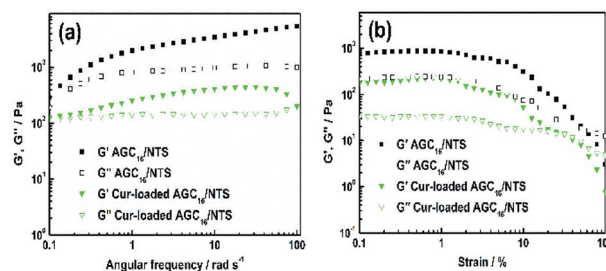


Fig. 3 (a) Dynamic frequency-sweep (DFS) rheological data and (b) dynamic strain-sweep (DSS) rheological data of AGC₁₆/NTS and Cur-loaded gel at room temperature.



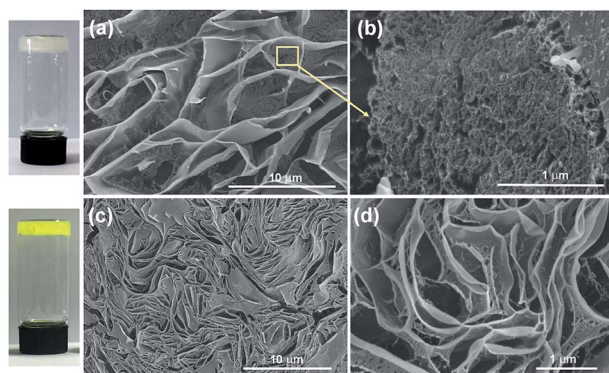


Fig. 4 Cryo-SEM images of (a and b) AGC₁₆/NTS and (c and d) Cur-loaded AGC₁₆/NTS hydrogel.

individual fiber. Fig. 4c and d show the cryo-SEM images of Cur-loaded AGC₁₆/NTS hydrogel which exhibit no grain structure or grain boundary indicating that Cur had been encapsulated into AGC₁₆/NTS rather than undergoing physical mixing. As shown in Fig. 4c, the morphology of Cur-loaded AGC₁₆/NTS contains a similar network structure as AGC₁₆/NTS, which is also composed of interconnected cavities with smaller size than that of AGC₁₆/NTS. Different from AGC₁₆/NTS, it is found that no dense fiber aggregates exist within the porous structures (Fig. 4d), which could be the reason for a lower mechanical strength compared with that of AGC₁₆/NTS, similar to the effect of inorganic fillers on the mechanical strength of rubber.

3.1.3 Phase transition behavior. Variable-temperature rheology was carried out to explore the phase transition temperatures of AGC₁₆/NTS and Cur-loaded AGC₁₆/NTS.²⁷ As shown in Fig. 5a, above 57 °C, G'' is larger than G' , indicating that the mixture of AGC₁₆ and NTS is in sol state, thus the gel-sol transition temperature of AGC₁₆/NTS is ~57 °C. As for Cur-loaded AGC₁₆/NTS (Fig. 5b), the gel-sol transition temperature ($G'' > G'$) is 49 °C. The decrease of gel-sol transition temperature for Cur-loaded AGC₁₆/NTS is due to that the larger steric hindrance of the Cur interferes the ordered packing of gelators and thus Cur-loaded AGC₁₆/NTS with lower mechanical strength is easier to transform to sol at a lower temperature than AGC₁₆/NTS. The change of gelators packing also leads to disappeared fiber aggregates filled in porous cavities of Cur-loaded AGC₁₆/NTS.

3.1.4 Encapsulation of Cur into hydrophobic domains. The presence of hydrophobic interaction between drug curcumin and gelator AGC₁₆ was characterized by ¹H NMR spectra.²⁸ Fig. 6

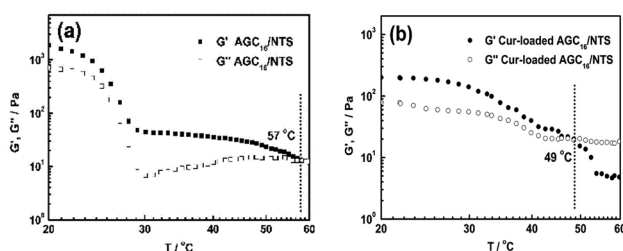


Fig. 5 Rheological measurement data of AGC₁₆/NTS (a) and Cur-loaded AGC₁₆/NTS (b) from 20 °C to 60 °C.

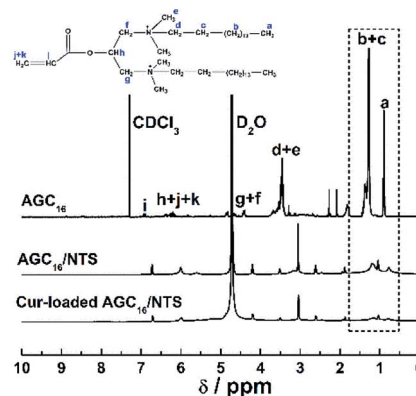


Fig. 6 ¹H NMR spectra of AGC₁₆/NTS gel and Cur-loaded AGC₁₆/NTS gel.

shows the ¹H NMR spectroscopy of AGC₁₆ in CDCl₃, AGC₁₆/NTS gel and Cur-loaded gel in D₂O at 25 °C. AGC₁₆ in CDCl₃ shows sharp alkyl proton (H_{a-c}) peaks at 0.88 ppm and 1.27 ppm, while these peaks from AGC₁₆/NTS hydrogel become broad and weak. This indicates the restricted freedom of thermal motion of alkyl chains that are arranged into hydrophobic domain through hydrophobic interaction in hydrogel state.²⁹ When Cur was encapsulated into AGC₁₆/NTS, the alkyl proton (H_{a-c}) signals from alkyl chains of Cur-loaded AGC₁₆/NTS are further weak indicating that a new hydrophobic aggregate formed by self-assembly of gelators and Cur molecules through hydrophobic interaction. The new aggregate with high packing density further minimizes interaction with D₂O, resulting in obviously suppressed alkyl proton (H_{a-c}) signals. Thus, these results demonstrated that Cur was encapsulated within hydrophobic domains formed by the certain length hydrocarbon chains of AGC₁₆ through hydrophobic interaction.³⁰

3.2 pH-responsive release of Cur

3.2.1 Release behavior of Cur. The release behaviour of Cur was studied by the cumulative release amount in PBS buffer solution with pH 3, 5.5 and 7.4 at 37 °C. As shown in Fig. 7a, a considerable decrease of cumulative release of Cur occurred with increasing pH value from 3 to 7.4. For initial 7 h at pH 7.4, AGC₁₆/NTS remains more stable than that at pH 5.5 and 3 and no Cur was released into the external medium. After 15 h, the release of Cur reaches up to ~35%, while the release of Cur at pH 5.5 and 3 are up to 70% and 97%, respectively. The above release processes of Cur were also distinctly observed in Fig. 7b. These phenomena could be attributed to the fact that the sulfonates ($-SO_3^-$) of NTS are protonated ($-SO_3H$) at the lower pH (tumor tissues) and the electrostatic interaction between $-SO_3^-$ and cationic gelator AGC₁₆ is weakened, resulting in the accelerated dissociation of hydrogels and then drug release.³¹ To verify the above conclusion, we measured the zeta potential of $-SO_3^-$ of NTS at different pH, as shown in Fig. 7c. At pH 3, the zeta potential of $-SO_3^-$ presents lower negative charge (−5.07 mV) than that at pH 5.5 (−18.4 mV) and pH 7.4 (−28.5 mV). The lower negative charge demonstrates the stronger protonation of



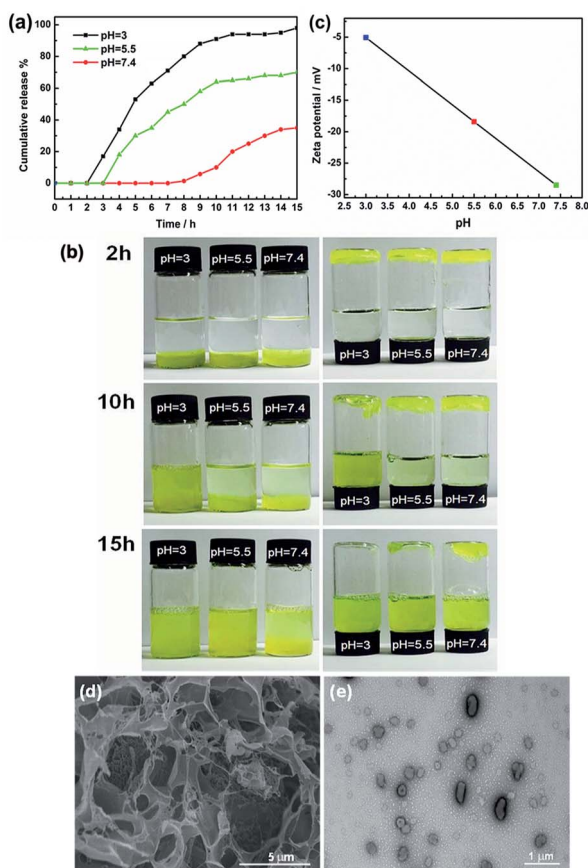


Fig. 7 (a) Release curves of Cur from AGC₁₆/NTS gel at different pH. (b) Images of Cur release from AGC₁₆/NTS gel at different pH. (c) Zeta potential of SO₃⁻ of NTS as a function of pH. (d) Cryo-SEM image of AGC₁₆/NTS after drug release under pH 5.5 at 5 h. (e) TEM image of Cur-aggregates under pH 5.5 at 15 h.

-SO₃⁻ which has weaker electrostatic interaction with AGC₁₆, accelerating the dissociation of hydrogels at lower pH.³²

The morphology changes of AGC₁₆/NTS after Cur release were observed by cryo-SEM and TEM. At acidic environment, such as pH 5.5 at 5 h, cryo-SEM image (Fig. 7d) shows that the remaining AGC₁₆/NTS presents an irregular morphology, which is different from the order network structure of Cur-loaded AGC₁₆/NTS, indicating that AGC₁₆/NTS was dissociated. With the time increasing to 15 h, AGC₁₆/NTS is in almost complete dissociation state and released Cur exists in the form of Cur/

AGC₁₆/NTS aggregations (Cur-aggregations) in external medium. TEM image (Fig. 7e) exhibits that the Cur-aggregations has a similar spherical morphology with a size of around 500–700 nm, which is consistent with the DLS results.

3.2.2 The release mechanism of Cur. Due to the insolubility of Cur in aqueous medium, released Cur exists in the form of Cur/AGC₁₆/NTS aggregation (Cur-aggregations) in external medium. DLS measurement was utilized to investigate the release mechanism of Cur by determining the hydrodynamic size changes of Cur-aggregations. As shown in Fig. 8a, within the initial 2 h at pH 3 when no Cur was released from Cur-loaded hydrogel, the determined size values were attributed to gelators (AGC₁₆ and NTS) aggregates instead of Cur-aggregations and there are no significant size changes during the dissociation process of Cur-loaded hydrogel. The reason of this phenomenon could be a weaker interaction between released gelators and Cur than that between remaining gelators within hydrogel and Cur. With the time increasing from 2 h to 10 h, the sizes of the released Cur-aggregations increase from 400 nm to 800 nm, which could be attributed to increasing amount of Cur carried away by gelators aggregates. After 10 h, the size changes of Cur-aggregations is not obvious, corresponding to the release equilibrium of Cur. In Fig. 8b and c, as for pH 5.5, the size of Cur-aggregations gradually increases from 310 nm to 625 nm during the releasing period of 2–15 h, while there are no significant size changes of Cur-aggregations at pH 7.4. The results show that the release of Cur ascends with pH decreasing from 7.4 to 3.0, which is consistent with the release curves in Fig. 7a.

3.3 Cytotoxicity assay and cell imaging

The cytotoxicity of Cur-loaded AGC₁₆/NTS, AGC₁₆/NTS and free Cur against HeLa and HepG-2 cells were investigated by MTT assay. As shown in Fig. 9a, free Cur and AGC₁₆/NTS exhibits a minimal cytotoxicity against HeLa cells. However, Cur-loaded AGC₁₆/NTS shows a significantly enhanced cytotoxicity compared to AGC₁₆/NTS and free Cur at an equal concentration. Especially, in the concentration range from 8 μg mL⁻¹ to 32 μg mL⁻¹, the cytotoxicity of Cur-loaded AGC₁₆/NTS obviously increases whereas that of AGC₁₆/NTS and free Cur remain almost unchanged. And, as for HepG-2 cells, Cur-loaded AGC₁₆/NTS also exhibits significantly higher cytotoxicity than that of AGC₁₆/NTS and free Cur (Fig. 9b).

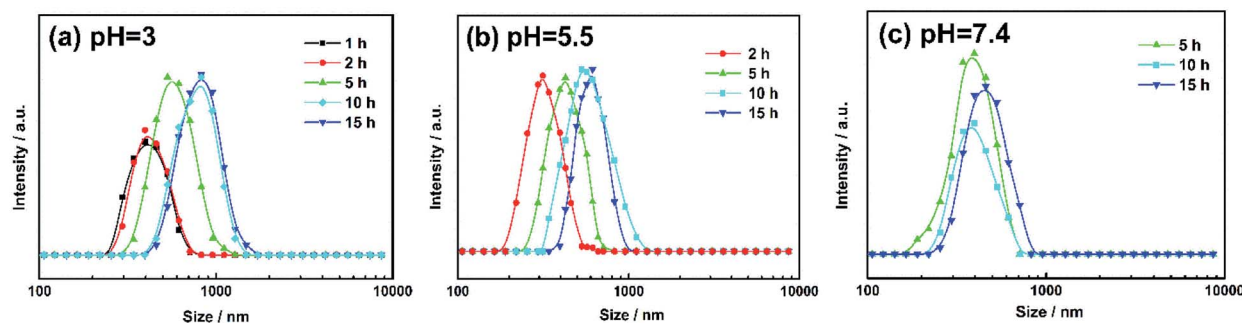
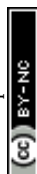


Fig. 8 Size changes of Cur-aggregations released from Cur-loaded hydrogels at pH 3 (a), 5.5 (b) and 7.4 (c).



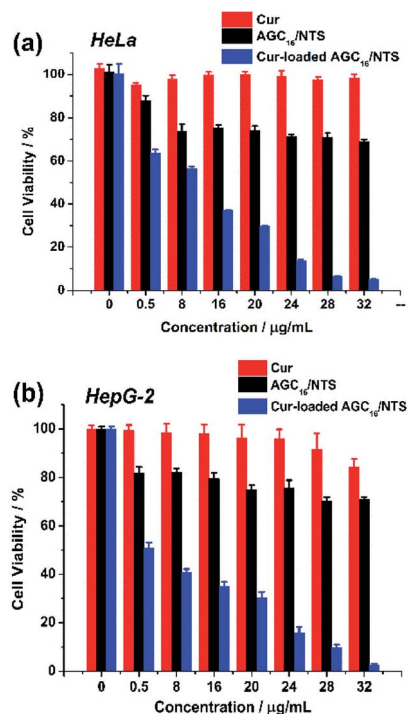


Fig. 9 Cell viability of (a) HeLa cells and (b) HepG-2 cells after incubation with various concentration of Cur-loaded AGC₁₆/NTS, AGC₁₆/NTS and free Cur ([Cur]/[AGC₁₆/NTS] = 1/50).

This result is attributed to that the formation of hydrophobic domains constructed by hydrocarbon chains of AGC₁₆ improve the solubility of Cur by hydrophobic interaction, resulting in high cytotoxicity effect of Cur-loaded AGC₁₆/NTS than free Cur.

The cell imaging of Cur-loaded AGC₁₆/NTS, AGC₁₆/NTS and free Cur in HeLa and HepG-2 cells were studied using CLSM and the excitation wavelength was 405 nm. Cur itself has fluorescence, so it could investigate the cellular uptake of Cur by fluorescence images.

As seen from Fig. 10, no fluorescence signal of free Cur and AGC₁₆/NTS was observed, however, the Cur-loaded AGC₁₆/NTS exhibits fluorescence signal inside cells indicating that Cur-loaded AGC₁₆/NTS entered the cells successfully. This

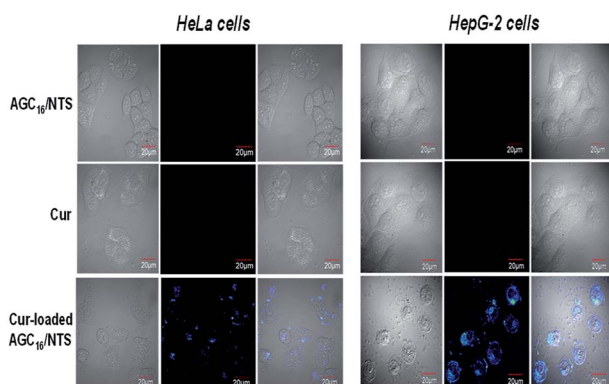


Fig. 10 CLSM images of HeLa cells and HepG-2 cells treated with AGC₁₆/NTS at 10 µg mL⁻¹, free Cur at 0.2 µg mL⁻¹ and Cur-loaded AGC₁₆/NTS at 10 µg mL⁻¹.

phenomenon is attributed to that the solubility of Cur is improved through encapsulation by hydrogel, thus, the Cur-loaded AGC₁₆/NTS is much easier than hydrophobic Cur in entering the cells to exert its cytotoxic effect and cause fatal damage.

4 Conclusion

In summary, a pH-responsive supramolecular hydrogel was successfully prepared by self-assembly of gemini surfactant AGC₁₆ and anionic aromatic compound NTS, which could load the hydrophobic drug Cur to exhibit its high anticancer activity. DSS and DFS analysis results revealed that Cur-loaded AGC₁₆/NTS has a lower mechanical strength than AGC₁₆/NTS. Cryo-SEM observation and rheology measurements demonstrated that the fiber aggregates play a significant role in mechanical strength and phase transition behavior. The release experiment indicated that the AGC₁₆/NTS exhibited a pH-responsive release behaviour and the release of Cur ascended with pH decreasing from 7.4 to 3.0. MTT assay revealed that Cur-loaded hydrogel has much higher cytotoxicity against HeLa cells and HepG-2 cells than free Cur. And confocal microscopy observation showed that Cur entered into the HeLa and HepG-2 cells treated with Cur-loaded AGC₁₆/NTS. The above results show that the pH-responsive AGC₁₆/NTS hydrogel is promising as a smart carrier for loading and delivering hydrophobic anticancer drugs.

Conflicts of interest

There are no conflicts to declare.

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