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1 **WNT/ $\beta$ -catenin pathway is involved in the anti-adipogenic**  
2 **activity of cerebroside from the sea cucumber *Cucumaria***  
3 ***frondosa***

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6 **Abstract:** Both adipocyte hypertrophy and hyperplasia lead to obesity. Here, we  
7 isolated cerebroside from the sea cucumber *Cucumaria frondosa* (*CFC*) and  
8 examined its anti-adipogenic activity *in vitro*. *CFC* inhibited the lipid accumulation  
9 of 3T3-L1 cells, suppressed PPAR $\gamma$  and C/EBP $\alpha$  expressions, proving its  
10 anti-adipogenic activity. Furthermore, *CFC* suppressed lipogenesis in mature  
11 adipocytes. WNT/ $\beta$ -catenin pathway acts as an anti-adipogenic factor. *CFC*  
12 enhanced  $\beta$ -catenin expression, promoted its nuclear translocation and up-regulated  
13 the expression of CCND1 and c-myc, two target genes of  $\beta$ -catenin. Moreover, after  
14 cells were treated with  $\beta$ -catenin inhibitor 21H7,  $\beta$ -catenin nuclear translocation and  
15 transcription activity can be recovered by *CFC*. These findings suggested that *CFC*  
16 promoted the activation of WNT/ $\beta$ -catenin pathway. Besides, *CFC* enhanced  
17 expressions of Fz1, LRP5 and LRP6, while had no effect on that of Wnt10b and  
18 GSK3 $\beta$ . These findings indicated that *CFC* exhibit anti-adipogenic activity through  
19 enhancing the activation of WNT/ $\beta$ -catenin pathway, which was mediated by FZ and  
20 LRPs.

21

## 22 Introduction

23 Adipose tissue plays an important role in whole-body energy homeostasis.<sup>1</sup> It can  
24 respond rapidly and dynamically to nutrient deprivation and excess through two ways:  
25 adipocyte hypertrophy and hyperplasia.<sup>2</sup> Although adipocyte hypertrophy plays  
26 dominant part in adult obesity, adipocyte hyperplasia is now also proved to be  
27 responsible for the adipose tissue mass increase in adults.<sup>3</sup> Furthermore, adipocyte  
28 can secrete various adipocytokines to regulate glucose and lipid metabolism, while  
29 disordered adipogenesis deregulates the adipocytokines secretion, leading to the  
30 development of obesity related metabolism diseases, such as insulin resistance and  
31 type 2 diabetes.<sup>4-6</sup> Therefore, controlling the adipocyte differentiation, namely  
32 adipogenesis, may be a strategy against the obesity.<sup>7</sup>

33 Adipogenesis is controlled by a cascade of transcriptional factors, among which  
34 CCAAT/enhancer binding protein- $\alpha$  (C/EBP $\alpha$ ) and peroxisome proliferator-activated  
35 receptor- $\gamma$  (PPAR $\gamma$ ) play vital roles.<sup>8</sup> PPAR $\gamma$  and C/EBP $\alpha$  are controlled by a series  
36 of pathways and one of the most important one is the wingless-type MMTV  
37 integration site (WNT)/ $\beta$ -catenin pathway.<sup>9</sup> When the pathway is inactivated,  
38 cytoplasmic  $\beta$ -catenin is recruited to the destruction complex, where  $\beta$ -catenin is  
39 phosphorylated by GSK3 $\beta$  and subsequently degraded.<sup>10</sup> However, when Wnt10b  
40 binds to the frizzled (FZ) receptors and LRP5/6 coreceptors in the membrane of the  
41 preadipocytes, the destruction complex cannot be formed, so  $\beta$ -catenin was  
42 accumulated in the cytoplasm and translocated into the nucleus.<sup>10</sup> Nuclear  $\beta$ -catenin  
43 binds to the T cell factor/lymphoid enhancer factor (TCF/LEF) family to mediate the

44 Wnt response genes, such as CCND1 and c-myc, which then inhibit the expression of  
45 PPAR $\gamma$  and C/EBP $\alpha$ .<sup>11</sup>

46 Cerebroside is one of the simplest members in the family of glycosphingolipids.<sup>12</sup>  
47 Studies showed that cerebroside possesses anti-tumor, immunomodulatory and  
48 anti-bacterial activities.<sup>13</sup> Because of the special environment, marine-derived  
49 cerebroside may have better bioactivities.<sup>14</sup> Therefore, attention has been paid to the  
50 cerebroside isolated from sea cucumber (SCC), one of the most importance sources of  
51 cerebroside in marine organisms. SCC consists of three different structural units: a  
52 monosaccharide (such as glucose and galactose), an amide-linked fatty acid and a  
53 sphingoid base, also called long-chain base.<sup>15</sup> It is reported that SCC exhibited  
54 anti-tumor and anti-oxidant activities.<sup>13,16</sup> SCC also regulated the lipid metabolism  
55 in liver by inhibiting the hepatic lipogenic process.<sup>17,18</sup> However, the effect of SCC  
56 on adipose lipid metabolism and adipogenesis were still unknown. In the present  
57 study, we isolated the cerebroside from the sea cucumber *Cucumaria frondosa* (CFC)  
58 and investigated its anti-adipogenic activity *in vitro* for the first time. The  
59 underlying mechanism was further clarified.

## 60 **Materials and methods**

### 61 **Preparation of CFC**

62 Dried *Cucumaria frondosa* was purchased from a sea food market in Qingdao, China.  
63 CFC was extracted from the sea cucumber *Cucumaria frondosa* and analyzed using  
64 the previous described methods.<sup>17</sup> The content of CFC in dried *Cucumaria frondosa*  
65 was about 4.17 $\pm$ 0.11%. Its molecular weight was in the range of 785.7~870.1

66 analyzed by the ESI-MS method. The main chemical structure of *CFC* was shown  
67 in Fig. 1.

#### 68 **Cell lines and cell culture**

69 3T3-L1 cells were purchased from the American Type Culture Collection (ATCC,  
70 Manassas, VA, USA). They were cultured with Dulbecco's modified eagle medium  
71 (DMEM, Gibco, Gaithersburg, MD, USA) and fetal bovine serum (FBS, Hyclone,  
72 Logan, UT, USA) at 37 °C in a humidified atmosphere of 5% CO<sub>2</sub> and subcultured  
73 every two or three days.

#### 74 **Adipocyte differentiation**

75 3T3-L1 cells were induced to mature adipocytes using the standard cocktail method.<sup>19</sup>  
76 Briefly, 3T3-L1 cells were seeded into 24-well plates ( $2 \times 10^4$ /well) and cultured to be  
77 confluent. Having been confluent for 48h, cells were treated with 0.5mM  
78 isobutylmethylxanthine (IBMX), 1μM dexamethasone (DEX), 10μg/ml insulin  
79 (Sigma, St. Louis, MO, USA) in DMEM containing 10% FBS for 48h (marked as day  
80 0). The cells were then maintained in DMEM containing 10μg/ml insulin and 10%  
81 FBS for another two days. The culture medium were then changed with the  
82 complete medium (DMEM with 10% FBS) every two days until day 8.

#### 83 **Oil-red O staining**

84 3T3-L1 cells were induced to mature adipocytes with the method described above.  
85 Different concentrations of *CFC* (62.5, 125, 250μg/ml) were added from day 0, day 2  
86 or day 4. At day 8, cells were fixed with 10% fresh formaldehyde for 1h at room  
87 temperature. After washed with PBS, cells were then stained with filtered 0.5%

88 Oil-red O solution (Sigma, St. Louis, MO, USA) for 0.5h, washed with 60%  
89 isopropanol and photographed with an inverted microscope (IX51, Olympus, Tokyo,  
90 Japan). To quantify the effect of *CFC* on adipocyte differentiation, the combined  
91 Oil-red O dye was dissolved with isopropanol after images were collected and the  
92 absorbance value was measured at 570nm wavelength.

### 93 **Triglyceride (TG) and free fatty acid (FFA) measurement**

94 Differentiated to mature adipocytes with the method described in 2.3, 3T3-L1 cells  
95 were treated with 0.5% BSA for 12h. Then different concentrations of *CFC* were  
96 added. Twenty-four hours later, the culture medium was collected and the content of  
97 FFA was measured with an ELISA kit. At the same time, cells were lysed and the  
98 cell lysate were collected after centrifugation. The intracellular TG content was  
99 examined using the triglyceride assay kit (Aibio, Beijing, China) and protein content  
100 by a bicinchoninic acid kit (Beyotime, Jiangsu, China) to revise the results. TG  
101 content is expressed as TG content / protein content (mg/mg).

### 102 **Real-time PCR (qRT-PCR) analysis**

103 The expressions of genes that regulate the adipocyte differentiation, such as *Wnt10b*,  
104 *FZ1*, *LRP5*, *LRP6*, *GSK3 $\beta$* ,  $\beta$ -catenin, *CCND1* (cyclin D1), *c-myc*, *C/EBP $\alpha$* , *PPAR $\gamma$*   
105 were examined by qRT-PCR. 3T3-L1 cells were induced to mature adipocytes with  
106 the method described in 2.3. 250 $\mu$ g/ml *CFC* and 50 $\mu$ M 21H7 (Sigma, St. Louis, MO,  
107 USA) were added from day 0 and total RNA was extracted using TRIzol method at  
108 day 0, day 2, day 4 and day 8. RNA (1 $\mu$ g) was transcribed to cDNA with M-MLV  
109 (Takara, Otsu, Japan). The cDNA was amplified in a 25 $\mu$ l system containing SYBR

110 Green mix (Roche, Basle, Switzerland) using a quantitative real-time PCR  
111 thermocycler (iQ5, Bio-Rad, Hercules, CA, USA). The amplification conditions  
112 were as follow: pre-denatured at 95°C for 10min, denatured at 95°C for 15s, annealed  
113 at 60°C for 10s and extended at 72°C for 45s of 45 cycles.  $\beta$ -Actin was used as an  
114 internal control. The relative mRNA expression of different genes was expressed as  
115 the ratio of target gene expression to that of  $\beta$ -actin. Prime sequences of genes  
116 examined were listed in Table 1.

### 117 **Western blotting analysis**

118 The protein expressions of the key factors related to the WNT/ $\beta$ -catenin pathway,  
119 such as LRP6,  $\beta$ -catenin, C/EBP $\alpha$  and PPAR $\gamma$  were measured by western blotting.  
120 To get the total protein, cells were lysed with the RIPA lysis buffer, centrifuged and  
121 proteins were collected. To obtain the nuclear protein, adipocytes were digested by  
122 trypsin and then nuclear extracts were got using a nuclear extract kit (Solarbio,  
123 Beijing, China). The proteins were then separated by SDS-PAGE and transferred to  
124 PVDF membrane. The membrane was blocked with non-fat milk, incubated with  
125 antibodies against LRP6,  $\beta$ -catenin,  $\beta$ -actin, TBP (Cell Signaling, Danvers, MA,  
126 USA), C/EBP $\alpha$  and PPAR $\gamma$  (Abcam, Burlingame, CA, USA) and then with  
127 horseradish peroxidase-conjugated secondary antibody.  $\beta$ -Actin was used as a  
128 control for total protein expression and TBP for nuclear protein level. The protein  
129 banks were visualized using an ECL kit and quantified with Image J program (Version  
130 1.41o).

131



## 132 **Statistical analysis**

133 All data were present as mean  $\pm$  standard deviation (S.D.) of at least three  
134 independent experiments. One-way analysis of variance (ANOVA) followed by the  
135 Turkey's test was used to assess the differences between individual groups.  
136 Differences were considered significant at  $P < 0.05$ .

## 137 **Results**

### 138 ***CFC* inhibited the adipogenesis of 3T3-L1 cells**

139 Lipid accumulation was examined by Oil-red O staining. As shown in Fig.2A, *CFC*  
140 significantly inhibited the adipocyte differentiation, as the number of lipid droplets in  
141 the *CFC*-treated cells is much lesser than that of the control group. That opinion was  
142 further confirmed by the Oil-red O absorbance result (Fig. 2B). Since *CFC* had no  
143 effect on the activity of lactate dehydrogenase (LDH) in the culture supernatant of  
144 3T3-L1 cells, it had no cytotoxicity on 3T3-L1 cells (data not show). Adding *CFC*  
145 from the early stage (0d), middle stage (2d) or later stage (4d) both had significant  
146 inhibitory effect on the lipid accumulation, suggesting that *CFC* may regulate all the  
147 stage of adipocyte differentiation.

148 Adipogenesis is accompanied by both lipogenesis and adipocyte-specific gene  
149 expression, for this reason it is difficult to distinguish lipogenesis and adipogenesis  
150 merely according to the final lipid accumulation.<sup>20</sup> C/EBP $\alpha$  and PPAR $\gamma$ , the most  
151 important transcriptional factors, cooperate with each other to induce the expression  
152 of genes leading to mature adipocyte phenotype.<sup>21</sup> Their expressions were  
153 drastically elevated with the proceeding of adipocyte differentiation (Fig. 3A and B).

154 Therefore, the raised expression of *C/EBP $\alpha$*  and *PPAR $\gamma$*  is a better marker of  
155 adipogenesis. Fig. 3 indicated that *CFC* markedly down-regulated the expression of  
156 *C/EBP $\alpha$*  and *PPAR $\gamma$*  both at the level of transcription and translation, which further  
157 demonstrated the anti-adipogenic activity of *CFC*.

#### 158 ***CFC* regulated the lipid metabolism in mature adipocytes**

159 Since *CFC* suppressed the lipid accumulation during adipogenesis, we then  
160 investigated the effect of *CFC* on lipid metabolism in mature adipocytes. As shown  
161 in Fig. 4, TG content was significantly reduced after adipocytes were treated with  
162 *CFC* for 24h. Meanwhile the content of FFA in the culture supernatant was  
163 increased by *CFC* (Fig. 4B), which indicated that *CFC* may accelerate the lipolysis  
164 process. To further explore how *CFC* regulates the lipid metabolism, the  
165 expressions of the lipogenesis and lipolysis related genes were measured. *CFC*  
166 markedly reduced the protein expression of the lipogenesis related factors, GPAT and  
167 FAS (Fig. 4C and D), and increased that of the lipolytic genes, HSL and CPT-1 (Fig.  
168 4E and F). In summary, *CFC* reduced the lipid accumulation in mature adipocyte by  
169 suppressing the lipogenesis process and accelerating the lipolysis process.

#### 170 ***CFC* enhanced the WNT/ $\beta$ -catenin related factors during adipogenesis**

171 WNT/ $\beta$ -catenin pathway is a well-researched negative regulator of adipogenesis  
172 through promoting  $\beta$ -catenin transferring into the nuclear.<sup>22</sup> To investigate the  
173 effects of *CFC* on the upstream members of the pathway, expressions of the key  
174 regulators of WNT/ $\beta$ -catenin pathway, namely Wnt10b, LRP5, LRP6, FZ and GSK3 $\beta$   
175 were measured in the presence or absence of *CFC*. The mRNA expression of

176 Wnt10b, a WNT ligand that inhibits adipose tissue formation, was rapidly suppressed  
177 in the process of adipogenesis, but *CFC* had no effect on it (Fig. 5A). However,  
178 *CFC* significantly up-regulated the mRNA expressions of its receptor FZ and  
179 coreceptors, LRP5 and LRP6 and the protein expression of LRP6. Involved in the  
180 degradation of  $\beta$ -catenin, GSK3 $\beta$  is known as a negative regulator of the  
181 WNT/ $\beta$ -catenin pathway and its mRNA expression is slightly enhanced during the  
182 adipogenesis, but *CFC* cannot affect it. These results indicated that *CFC* may  
183 mediate the WNT/ $\beta$ -catenin pathway by up-regulating the expression of FZ1 and  
184 LRP5/6, with no change in Wnt10b.

#### 185 ***CFC* promoted the nuclear translocation of $\beta$ -catenin**

186 Once the WNT/ $\beta$ -catenin pathway is activated,  $\beta$ -catenin transfers to the nucleus to  
187 regulate the expression of genes related to adipocyte differentiation, such as C/EBP $\alpha$   
188 and PPAR $\gamma$ .<sup>23</sup> To investigate whether  $\beta$ -catenin is involved in *CFC*-mediated  
189 anti-adipogenesis, its expression and nuclear translocation was measured. The  
190 mRNA expression of  $\beta$ -catenin was reduced during adipogenesis in the absence of  
191 *CFC*, while *CFC* treatment markedly enhanced it at day 4 and day 8 (Fig. 6A). *CFC*  
192 also up-regulated the  $\beta$ -catenin protein levels both in the total cell lysate and in the  
193 nuclear extract (Fig. 6D and E), indicating the elevated nuclear translocation of  
194  $\beta$ -catenin. Furthermore, the mRNA expressions of CCND1 and c-myc, two  
195 transcriptional products of  $\beta$ -catenin, were increased by *CFC*, which demonstrated the  
196 improved transcriptional activity of nuclear  $\beta$ -catenin.

197

### 198 ***CFC* exhibited anti-adipogenic activity under $\beta$ -catenin inhibitor 21H7 treatment**

199 To further evaluate the role of  $\beta$ -catenin in the inhibitory effect of *CFC* on adipocyte  
200 differentiation, 3T3-L1 cells were treated with the  $\beta$ -catenin inhibitor 21H7. The  
201 mRNA expression of  $\beta$ -catenin was not affected by 21H7 (Fig. 7A), but 21H7  
202 markedly reduced its total protein level, producing the reduction of 44.22% (Fig. 7B).  
203 The nuclear  $\beta$ -catenin level and the mRNA expression of CCND1 and c-myc were  
204 also significantly suppressed by 21H7 (Fig. 7C-E). These data suggested that 21H7  
205 reduce the stability, nuclear translocation and transcriptional activity of  $\beta$ -catenin.

206 However, *CFC* retarded the inhibition effect of 21H7 on  $\beta$ -catenin, as the protein  
207 levels of total  $\beta$ -catenin or nuclear  $\beta$ -catenin and the mRNA expressions of CCND1  
208 and c-myc were enhanced by *CFC* under the treatment of 21H7 (Fig. 7B-E).  
209 Notably, *CFC* inhibited the lipid accumulation, which was elevated by 21H7 (Fig. 7 F  
210 and G). The 21H7 induced up-regulation of C/EBP $\alpha$  and PPAR $\gamma$  expressions were  
211 also significantly recovered by *CFC* (Fig. 7H-K). Taken together, these results  
212 further proved that *CFC* exhibit anti-adipogenic activity by activating the  
213 WNT/ $\beta$ -catenin pathway.

### 214 **Discussion**

215 Obesity is characterized by the growth of adipose tissue mass.<sup>24</sup> Although a balance  
216 of energy intake and consume by food and physical activity is recommend therapies  
217 for obesity, inhibition of adipogenesis and lipogenesis is an additional strategy for  
218 combating obesity.<sup>25</sup> In the present study, we obtained the cerebroside from sea  
219 cucumber *Cucumaria frondosa* (*CFC*) and found that it inhibited the adipogenesis of

220 3T3-L1 cells, suppressed the lipogenesis process and accelerated the lipolysis  
221 process in adipocytes. These findings suggested that *CFC* exhibited potent  
222 anti-obesity activity.

223 We showed that *CFC* significantly inhibited the adipogenesis by suppressing  
224 induction of the adipogenic transcription factors, such as *C/EBP $\alpha$*  and *PPAR $\gamma$* .  
225 *C/EBP $\alpha$*  and *PPAR $\gamma$* , mainly found in adipose tissue, are the two most important  
226 transcriptional factors in the terminal adipocyte differentiation.<sup>26</sup> Overwhelming  
227 evidence has shown that the activation of *C/EBP $\alpha$*  is sufficient to induce the  
228 adipogenesis without exogenous hormonal stimuli.<sup>27</sup> Meanwhile, *PPAR $\gamma$*  is  
229 necessary and sufficient to induce adipocyte differentiation.<sup>28</sup> After activated,  
230 *C/EBP $\alpha$*  and *PPAR $\gamma$*  induce the expression of genes that are involved in lipogenesis  
231 and lipolysis to maintain the mature adipocyte phenotype, including *Glut4*, *GPAT* and  
232 *ap2*.<sup>29</sup> Our results showed that *CFC* suppressed the expression of lipogenic genes,  
233 *GPAT* and *FAS*, and promoted that of lipolytic factors, *HSL* and *CPT-1*, which  
234 demonstrated the anti-obesity activity of *CFC* from another point of view.

235 *CFC* was observed to activate the *WNT/ $\beta$ -catenin* pathway, which explains the  
236 mechanisms of its anti-adipogenic activity. Although *WNT/ $\beta$ -catenin* pathway has  
237 multiple roles in cell growth and differentiation depending on the cell type, it is  
238 well-proved that the *WNT/ $\beta$ -catenin* acts as an inhibitor of adipogenesis in normal  
239 adipocytes.<sup>9,30</sup> The activation of *WNT/ $\beta$ -catenin* pathway in adipose tissue  
240 suppressed the adipocyte differentiation and even led to the adipocytes  
241 dedifferentiated.<sup>31</sup> This was proved by the evidence that exogenous addition of

242 Wnt3a markedly decreased the number and size of the lipid droplets in adipocytes.<sup>31</sup>

243       Once Wnt/ $\beta$ -catenin pathway is activated, cytoplasmic  $\beta$ -catenin was released  
244 from the destruction complex and translocated into the nucleus.<sup>32</sup> As the central of  
245 WNT/ $\beta$ -catenin pathway, high levels of  $\beta$ -catenin could be important in preventing the  
246 adipogenesis.<sup>33</sup> We found that  $\beta$ -catenin expression was down-regulated during the  
247 adipogenesis and the nuclear translocation was also inhibited. However, treatment  
248 with *CFC* up-regulated the expression of  $\beta$ -catenin and promoted its nuclear  
249 translocation. Moreover, when  $\beta$ -catenin was degraded by 21H7, *CFC* still inhibited  
250 the adipogenesis and enhanced the activation of WNT/ $\beta$ -catenin pathway, suggesting  
251 the important role of WNT/ $\beta$ -catenin pathway in *CFC*-mediated anti-adipogenic  
252 activity. In the nucleus,  $\beta$ -catenin binds to TCF4, modulating the expression of its  
253 target genes, including CCND1 and c-myc.<sup>34</sup> Those target genes then inhibit the  
254 adipocyte differentiation by suppressing the expression of C/EBP $\alpha$  and PPAR $\gamma$ .<sup>35</sup> In  
255 the present study, the expression of CCND1 and c-myc was enhanced by *CFC*, which  
256 further demonstrated the elevated transcription activity of  $\beta$ -catenin.

257       WNT10b binding to the FZ receptors and LRPs receptors initiates the  
258 WNT/ $\beta$ -catenin pathway.<sup>36</sup> Wnt10b is only expressed in preadipocyte and is rapidly  
259 down-regulated when preadipocyte undergo adipogenesis,<sup>37</sup> which is in keeping with  
260 our results. However, not all the modulation of WNT/ $\beta$ -catenin pathway is  
261 accompanied by regulating Wnt10b. It is reported that IL-6 can activates the  
262 pathway with no change in the expression of Wnt10b.<sup>38</sup> We found that *CFC* had no  
263 significant influence on Wnt10b expression, which may similar to the mechanism of

264 IL-6. The inhibitory Wnt signals on adipogenesis are also mediated by regulating  
265 FZ and LRPs.<sup>39</sup> It is reported that LRP6-deficient mouse embryonic fibroblasts  
266 spontaneously induce adipogenic differentiation.<sup>40</sup> Exogenous addition of FZ  
267 inhibitor can induce the 3T3-L1 preadipocyte to adipocyte without extra stimulus.<sup>41</sup>  
268 Our results showed that *CFC* markedly enhanced the expression of FZ1, LRP5 and  
269 LRP6. These findings indicate that *CFC* may activate the WNT/ $\beta$ -catenin pathway  
270 through increasing the expression of FZ and LRPs instead of Wnt10b.

271 In conclusion, the present study provides evidence that *CFC* exhibited marked  
272 anti-adipogenic activity. Moreover, that effect was modulated by activating the  
273 WNT/ $\beta$ -catenin pathway through enhancing the FZ and LRPs. To our knowledge,  
274 this is the first report that provides a scientific basis for the application of cerebroside  
275 from sea cucumber against obesity.

## 276 **Abbreviations**

277 ACC, Acetyl-CoA carboxylase; ANOVA, One-way analysis of variance; ATGL,  
278 Adipose triglyceride lipase; C/EBP $\alpha$ , CCAAT/enhancer binding protein  $\alpha$ ; *CFC*,  
279 cerebroside from the *cucumaria frondosa*; CCND1, cyclin D1; DMEM, dulbecco's  
280 modified eagle medium; CPT-1, Carnitine palmitoyl transferase-1; Dex,  
281 dexamethasone; FBS, fetal bovine serum; FFA, free fatty acid; FZ, frizzled; GPAT,  
282 Glycerol-3-phosphate acyltransferase; HSL, Hormone sensitive lipase; IBMX,  
283 isobutylmethylxanthine; LRP, Lipoprotein receptor-related protein; PPAR $\gamma$ ,  
284 Peroxisome proliferators-activated receptor  $\gamma$ ; qRT-PCR, real-time PCR; TG,  
285 triglyceride.

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358 **Figure legends:**

359 **Fig. 1** Main chemical structure of *CFC*.

360 **Fig. 2** Effects of *CFC* on adipocyte differentiation. 3T3-L1 cells were induced to mature  
361 adipocytes and stained with oil-red O at day 8. Data are represented as mean  $\pm$  S.D. of three  
362 independent experiments. Multiple comparisons were done using one-way ANOVA analysis.  
363 \* $P < 0.05$  versus control; \*\* $P < 0.01$  versus control.

364 **Fig. 3** Effects of *CFC* on *C/EBP $\alpha$*  and *PPAR $\gamma$*  expression. The mRNA expressions of  
365 *C/EBP $\alpha$*  and *PPAR $\gamma$*  were measured by RT-PCR and protein expression by western blotting.  
366  $\beta$ -Actin was used as an internal control. Data are represented as mean  $\pm$  S.D. of three  
367 independent experiments. Multiple comparisons were done using one-way ANOVA analysis.  
368 \*\* $P < 0.01$  versus control.

369 **Fig. 4** Effect of *CFC* on the lipid metabolism in adipocytes. 3T3-L1 cells were induced to  
370 mature adipocytes and incubated with different concentrations of *CFC* for 24h. TG and FFA  
371 content were examined by the ELISA kits. Protein expression of GPAT, FAS, HAL and  
372 CPT-1 were measured by western blotting.  $\beta$ -Actin was used as an internal control. Data  
373 are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons  
374 were done using one-way ANOVA analysis. \*\* $P < 0.01$  versus control.

375 **Fig. 5** Effects of *CFC* on the Wnt/ $\beta$ -catenin pathway. The mRNA expressions of Wnt10b,  
376 FZ1, LRP5, LRP6 and GSK3 $\beta$  were measured by RT-PCR and protein expression of LRP6 by  
377 western blotting.  $\beta$ -Actin was used as an internal control. Data are represented as mean  $\pm$   
378 S.D. of three independent experiments. Multiple comparisons were done using one-way  
379 ANOVA analysis. \*\* $P < 0.01$  versus control.

380 **Fig. 6** Effects of *CFC* on  $\beta$ -catenin. The mRNA expressions of  $\beta$ -catenin, CCND1 and  
381 c-myc were measured by RT-PCR and protein expression of  $\beta$ -catenin by western blotting.  
382  $\beta$ -Actin was used as an internal control for total protein test and TBP for nuclear protein test.  
383 Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple  
384 comparisons were done using one-way ANOVA analysis. \* $P < 0.05$  versus control; \*\* $P <$   
385  $0.01$  versus control.

386 **Fig. 7** Effects of *CFC* on adipogenesis under 21H7. 3T3-L1 cells were induced to mature

387 adipocytes, incubated with 50 $\mu$ M 21H7 and stained with Oil-red O at day 8. The mRNA  
388 expressions of  $\beta$ -catenin, CCND1 and c-myc, C/EBP $\alpha$  and PPAR $\gamma$  were measured by RT-PCR  
389 and protein expression of  $\beta$ -catenin, C/EBP $\alpha$  and PPAR $\gamma$  by western blotting.  $\beta$ -Actin was  
390 used as an internal control for total protein test and TBP for nuclear protein test. Data are  
391 represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were  
392 done using one-way ANOVA analysis. \* $P$  < 0.05 versus control; \*\* $P$  < 0.01 versus control;  
393 # $P$  < 0.05 versus 21H7 group; ## $P$  < 0.01 versus 21H7 group.

Table 1 Primer sequences of different genes examined

<b>Genes</b>	<b>Forward primer (5' to 3')</b>	<b>Reverse primer (5' to 3')</b>
WNT10b	ATGCGGATCCACAACAACAG	TTCCATGGCATTGCACTTC
FZ1	CAGCAGTACAACGGCGAAC	GTCCTCCTGATTTCGTGTGGC
LRP5	ACCCGCTGGACAAGTTCATC	TCTGGGCTCAGGCTTTGG
LRP6	ACCTCAATGCGATTGTTC	GGTGTCAAAGAAGCCTCTGC
GSK3 $\beta$	ACCCTCATTACCTGACCTT	CTCAACTTAACAGACGGCT
$\beta$ -catenin	GATTTCAAGGTGGACGAGGA	CACTGTGCTTGGCAAGTTGT
CCND1	GCGTACCCTGACACCAAT	ATCTCCTTCTGCACGCACTT
c-myc	TGATGACCGAGTTACTTGGAG	GGCTGGTGCTGTCTTTGC
PPAR $\gamma$	CGCTGATGCACTGCCTATGA	AGAGGTCCACAGAGCTGATTCC
C/EBP $\alpha$	GAACAGCAACGAGTACCGGGTA	GCCATGGCCTTGACCAAGGAG
$\beta$ -actin	TGTCCACCTTCCAGCAGATGT	AGCTCAGTAACAGTCCGCCTAGA

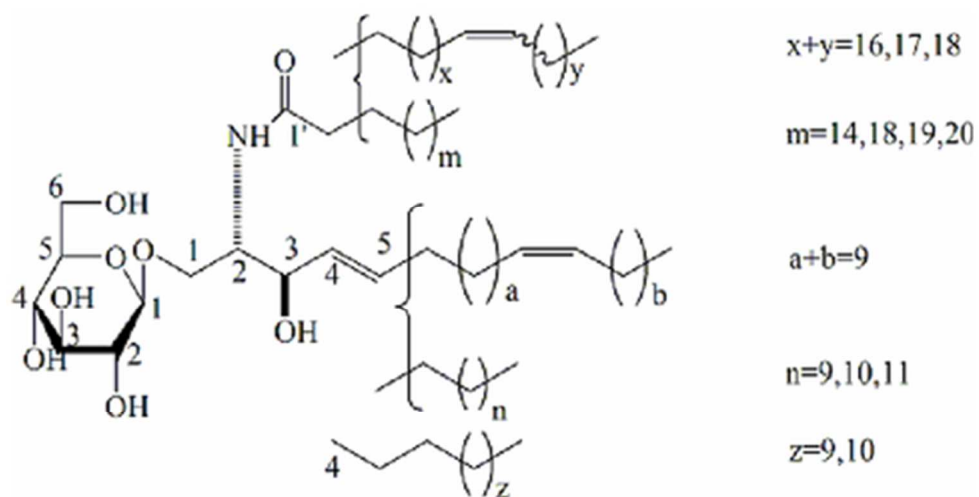


Fig. 1 Main chemical structure of CFC.  
41x21mm (300 x 300 DPI)

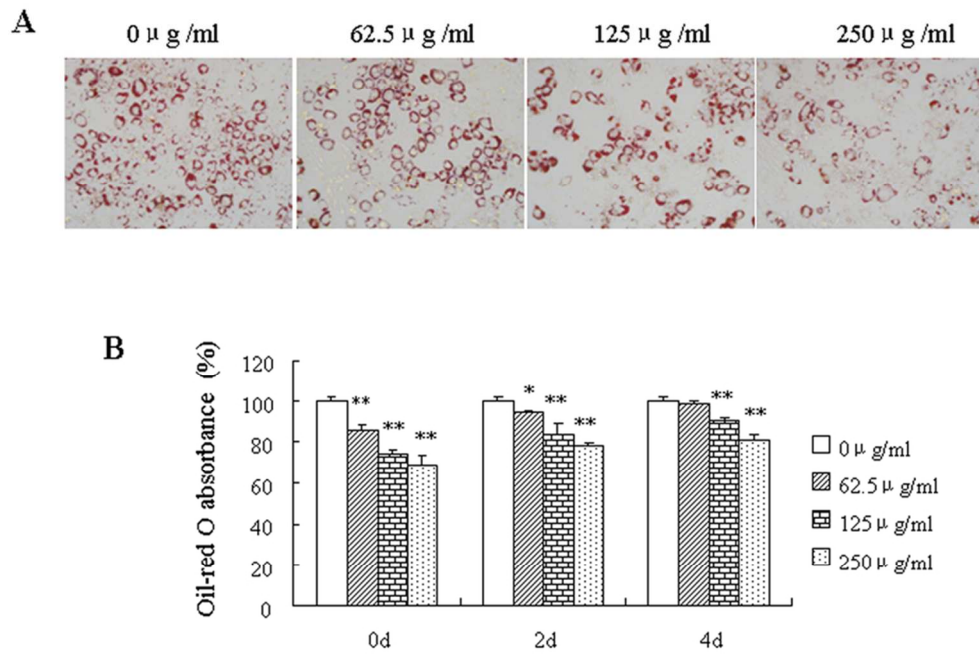


Fig. 2 Effects of CFC on adipocyte differentiation. 3T3-L1 cells were induced to mature adipocytes and stained with oil-red O at day 8. Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. \* $P < 0.05$  versus control; \*\* $P < 0.01$  versus control.  
80x53mm (300 x 300 DPI)



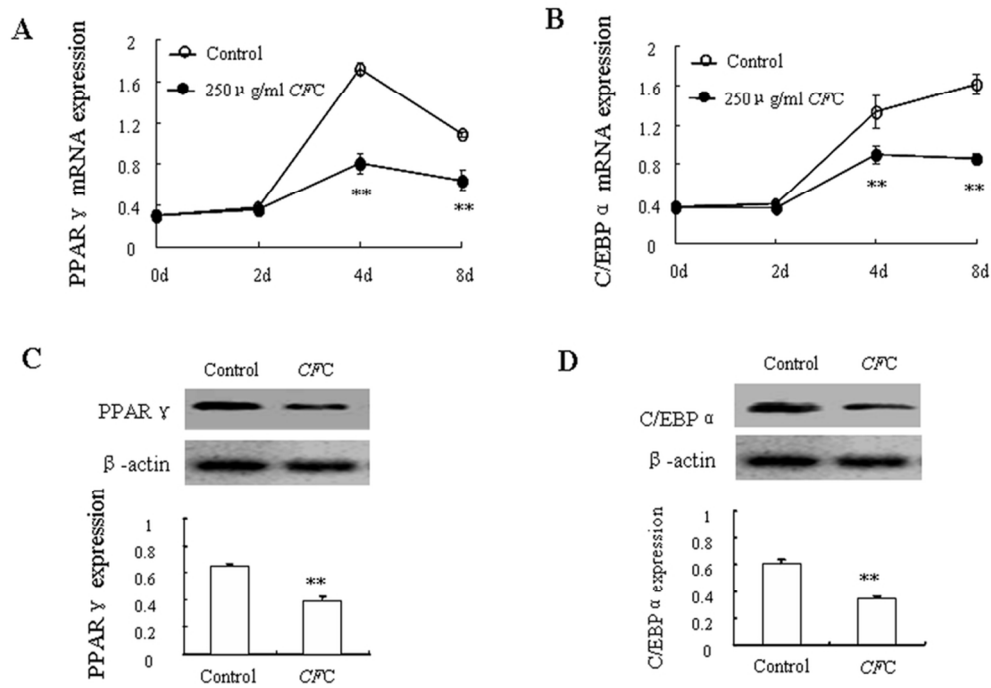


Fig. 3 Effects of CFC on C/EBP $\alpha$  and PPAR $\gamma$  expression. The mRNA expressions of C/EBP $\alpha$  and PPAR $\gamma$  were measured by RT-PCR and protein expression by western blotting.  $\beta$ -Actin was used as an internal control. Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. \*\* $P < 0.01$  versus control.

83x57mm (300 x 300 DPI)

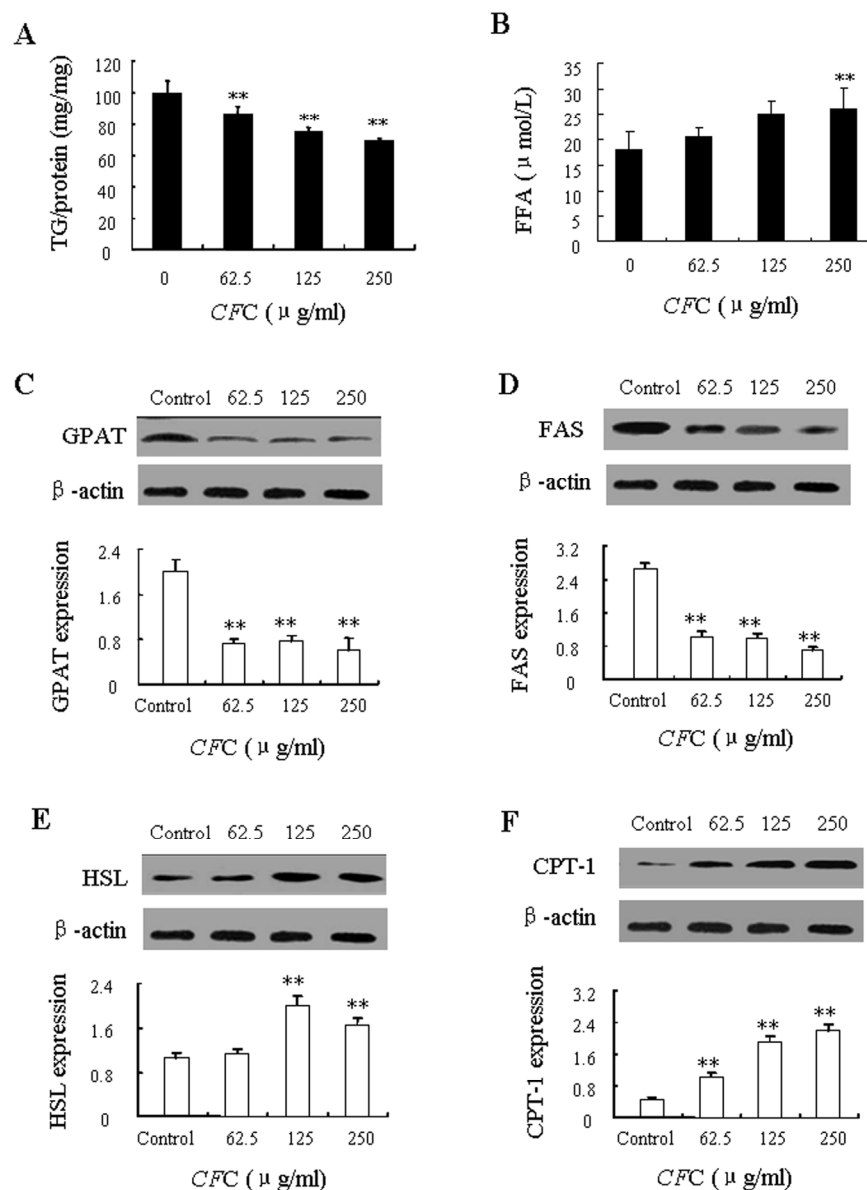


Fig. 4 Effect of CFC on the lipid metabolism in adipocytes. 3T3-L1 cells were induced to mature adipocytes and incubated with different concentrations of CFC for 24h. TG and FFA content were examined by the ELISA kits. Protein expression of GPAT, FAS, HAL and CPT-1 were measured by western blotting.  $\beta$ -Actin was used as an internal control. Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. \*\*P < 0.01 versus control. 162x221mm (300 x 300 DPI)

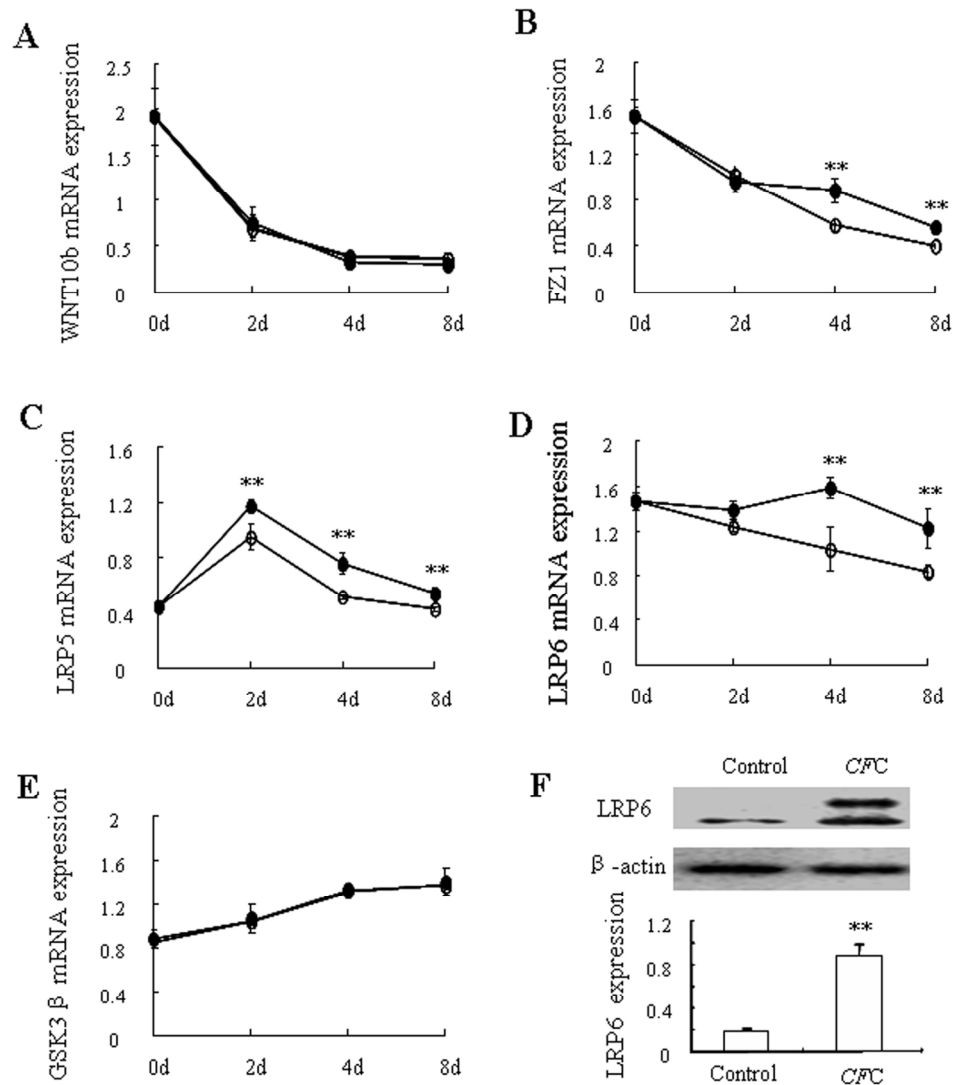


Fig. 5 Effects of CFC on the Wnt/ $\beta$ -catenin pathway. The mRNA expressions of Wnt10b, FZ1, LRP5, LRP6 and GSK3 $\beta$  were measured by RT-PCR and protein expression of LRP6 by western blotting.  $\beta$ -Actin was used as an internal control. Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. \*\* $P < 0.01$  versus control. 132x146mm (300 x 300 DPI)

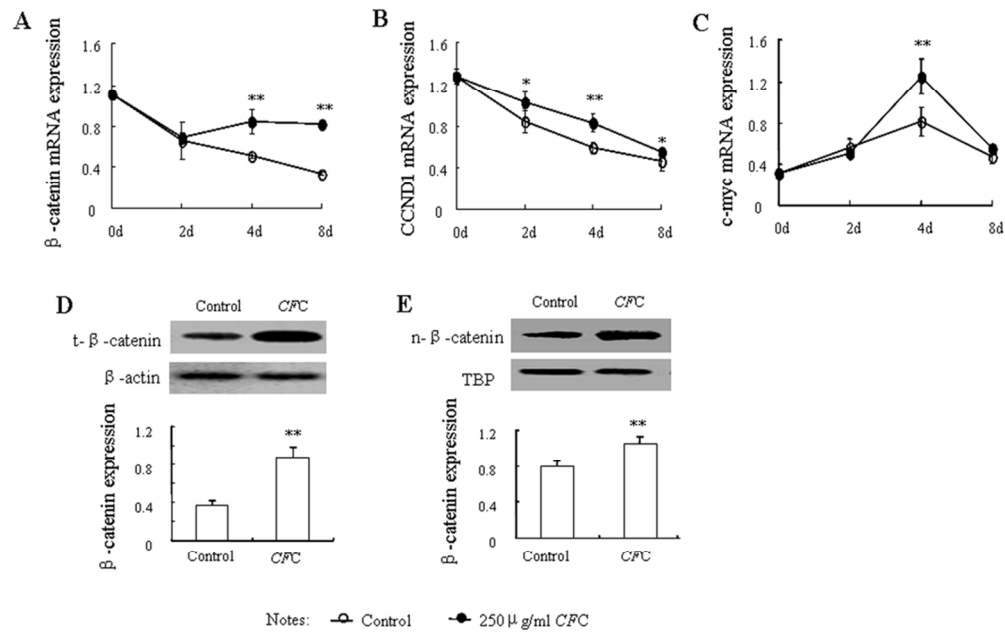


Fig. 6 Effects of CFC on  $\beta$ -catenin. The mRNA expressions of  $\beta$ -catenin, CCND1 and c-myc were measured by RT-PCR and protein expression of  $\beta$ -catenin by western blotting.  $\beta$ -Actin was used as an internal control for total protein test and TBP for nuclear protein test. Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. \* $P < 0.05$  versus control; \*\* $P < 0.01$  versus control.  
90x58mm (300 x 300 DPI)

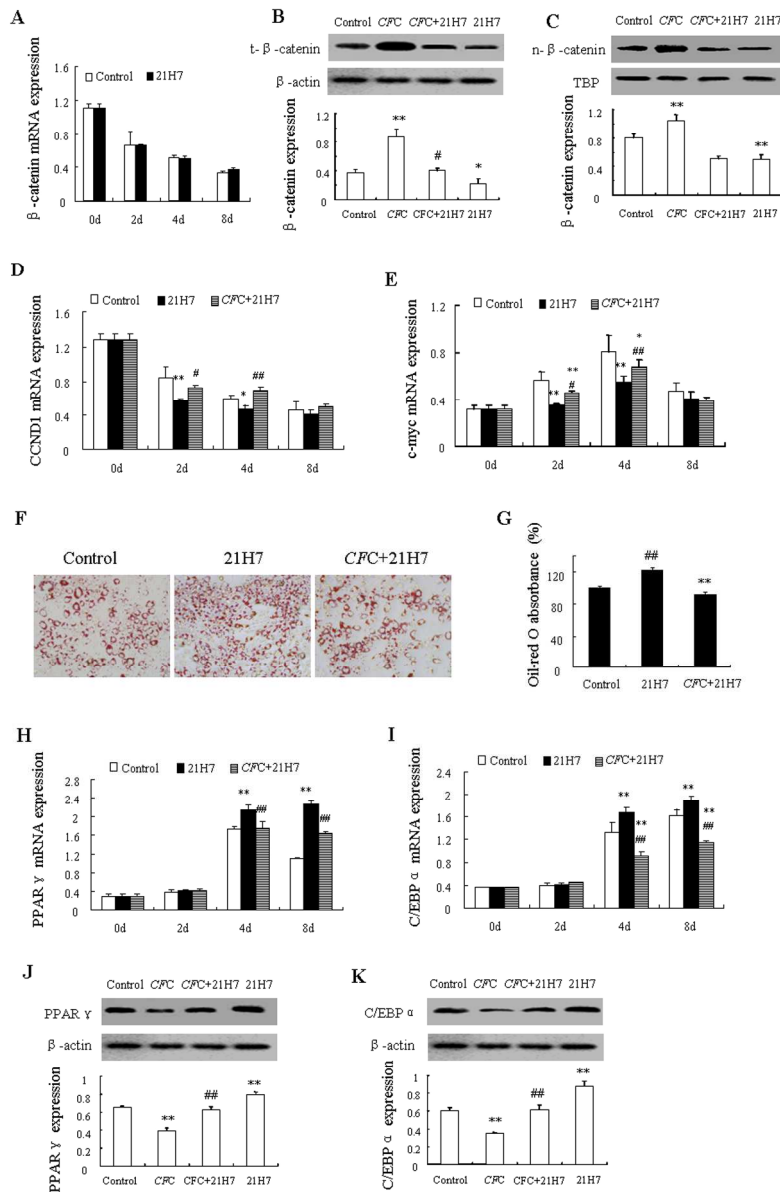


Fig. 7 Effects of CFC on adipogenesis under 21H7. 3T3-L1 cells were induced to mature adipocytes, incubated with 50 $\mu$ M 21H7 and stained with Oil-red O at day 8. The mRNA expressions of  $\beta$ -catenin, CCND1 and c-myc, C/EBP $\alpha$  and PPAR $\gamma$  were measured by RT-PCR and protein expression of  $\beta$ -catenin, C/EBP $\alpha$  and PPAR $\gamma$  by western blotting.  $\beta$ -Actin was used as an internal control for total protein test and TBP for nuclear protein test. Data are represented as mean  $\pm$  S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. \*P < 0.05 versus control; \*\*P < 0.01 versus control; #P < 0.05 versus 21H7 group; ##P < 0.01 versus 21H7 group.

223x334mm (300 x 300 DPI)