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Time–strain inseparability in multiaxial stress relaxation of supramolecular gels formed *via* host–guest interactions†

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Supramolecular hydrogels utilizing host–guest interactions (HG gels) exhibit large deformability and pronounced viscoelasticity. The inclusion complexes between β -cyclodextrin (host) and adamantane (guest) units on the water-soluble polymers form transient bonds. The HG gels show significant stress relaxation with finite equilibrium stress following the step strain. The stress relaxation process reflects the detachment dynamics of the transient bonds which sustain the initial stress, while the finite equilibrium stress is preserved by the permanent topological cross-links with a rotaxane structure. Nonlinear stress relaxation experiments in biaxial stretching with various combinations of two orthogonal strains unambiguously reveal that time and strain effects on stress are not separable. The relaxation is accelerated for a short time frame ($<10^2$ s) with an increase in the magnitude of strain, whereas it is retarded for a longer time window with an increase in the anisotropy of the imposed biaxial strain. The time–strain inseparability in the HG gels is in contrast to the simple nonlinear viscoelasticity of a dual cross-link gel with covalent and transient cross-links in which the separability was previously validated by the same assessment. We currently interpret that the significant susceptibility of the detachment dynamics to the deformation type results from the structural characteristics of the HG gels, *i.e.*, the host and guest moieties covalently connected to the network chains, the considerably low concentrations (<0.1 M) of these moieties, and the slidability of the permanent rotaxane cross-links.

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Introduction

Polymer gels are unique soft solids which possess reversible deformability and the capacity to retain a solvent of several times their own weight. These unparalleled features enable a

wide range of possibilities for their utilization in food, cosmetics, and biomedical applications, and tissue engineering;^{1,2} however, a major application issue to be overcome is the enhancement of their mechanical toughness.³ A promising approach for this issue is to utilize temporary bonds (cross-links) which repeat the attachment and detachment processes within a characteristic time for a mechanism of energy dissipation. Several studies^{4–7} have demonstrated that polymer gels become pronouncedly tough and viscoelastic by introducing various types of transient bonds. For example, dual cross-linked (DC) poly(vinyl alcohol) (PVA) hydrogels⁷ utilize the coordination of free borate ions on hydroxy groups in the network strands as transient bonds, and the polyampholyte physical hydrogels have ionic bonds with a wide distribution of strength.⁶

Harada *et al.* reported a new class of supramolecular gels with high flexibility, toughness, and self-healing capacities utilizing host–guest (HG) interactions between the side chains as transient bonds.^{8–10} For example, linear, water-soluble polymer chains possessing few units of β -cyclodextrin (β -CD; host) and adamantane (Ad; guest) can form hydrogels cross-linked by inclusion complexes (Fig. 1a). The HG hydrogels are reversibly extensible while remaining insoluble even in good solvents.

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a basis not only for the understanding of the interplay between the HG interaction and mechanical properties, but also for the materials design utilizing supramolecular chemistry.

Experimental section

Sample preparation

The HG gels were prepared by employing 6-acrylamido- β -cyclodextrin (β -CD-AAm) as host monomers and adamantane acrylamide (Ad-AAm) as guest monomers in two steps.⁹ The mixtures of water, β -CD-AAm and Ad-AAm were heated to and maintained at 90 °C for 2 hours to form the solutions of inclusion complexes. After filtration, the inclusion complexes were copolymerized with the acrylamide (AAM) monomer using ammonium persulfate and N,N,N',N' -tetramethylethylenediamine as an initiator at 25 °C. The HG gels containing covalent cross-links were made by also adding N,N' -methylenebisacrylamide (BIS) to the monomer mixtures. The total monomer concentration was 1.8 M. The molar fractions of the β -CD-AAm and Ad-AAm units (denoted as h and g in Fig. 1b and Table 1) in the total monomers were varied so that the sum could be 5.2 mol%, in order to compare the properties of the HG gels with the excessive amounts of host or guest units, and the stoichiometric balance of them. The values of h and g of the monomer solutions after filtration were evaluated by a method¹¹ using NMR. The evaluated molar fractions of β -CD-AAm in the sum of β -CD-AAm and Ad-AAm [X_{CD} ; $X_{CD} = h/(h + g)$] were 0.33, 0.50 and 0.63. The resultant HG gels were repeatedly washed with water and left to swell for 3 days until equilibrium was attained. Table 1 lists the characteristics of each specimen. The numerals in the sample code denote the X_{CD} value and the molar fraction of BIS. The volume ratio Q in Table 1 ($Q = V_s/V_p$) is the ratio of the as-prepared and swollen state volumes (V_p and V_s , respectively). The HG gels underwent no significant volume change before and after the immersion. These gel sheets in the equilibrium swollen state were employed for the mechanical measurements.

A gel specimen with topological rotaxane cross-links containing no inclusion complex, *i.e.*, $X_{CD} = 1$, (designated as CDG-0; Fig. 1a) was also prepared by copolymerizing the β -CD-AAm and AAM monomers. For comparison, poly(acrylamide) gels (AG) with covalent cross-links containing no inclusion complex were made by the copolymerization of the AAM monomer and BIS. The as-prepared CDG and PG sheets were used for the tensile tests, because they swell largely in water unlike the HG gels.

Table 1 Sample characteristics

	h (mol%)	g (mol%)	a (mol%)	b (mol%)	X_{CD}^a	E_0 (kPa)	Q
HGG33-0	1.7	3.5	94.8	0	0.33	11.2	0.83
HGG50-0	2.6	2.6	94.8	0	0.50	23.3	0.82
HGG63-0	3.3	1.9	94.8	0	0.63	14.0	1.06
HGG63-2	3.3	1.9	94.6	0.2	0.63	18.8	0.99
HGG63-4	3.3	1.9	94.4	0.4	0.63	25.5	1.00
CDG-0	3.3	0	96.7	0	1	13.5	— ^b
AG-2	0	0	100	0.2	0	13.8	— ^b
AG-4	0	0	100	0.4	0	16.5	— ^b

^a $X_{CD} = h/(h + g)$. ^b Not measured.

Mechanical experiments

Stress relaxation measurements for sheet specimens with dimensions of 65 × 65 × 2 mm were performed with a custom-made biaxial tensile tester³⁵ designed for soft elastomeric materials using five types of extensions—uniaxial (U), planar (PE), equibiaxial (EB), and unequal biaxial with two different strain ratios (UB)—as imposed deformations. The corresponding uniaxial tests were conducted using specimens with dimensions of 40 × 5 × 2 mm using an AC-500N-CMT (TSE, Japan). The specimen surfaces were coated with silicone oil to avoid water vaporization. For the planar extension (PE), the sheets are stretched along the x -axis while keeping the dimension in the y -axis unchanged ($\lambda_y = 1$ where λ_i is the dimensional ratio in the i -direction). The magnitudes of λ_x utilized were 1.2, 2.0, and 3.0 for the uniaxial, planar and equibiaxial extension. In unequal biaxial tension (UB), the degrees of λ_y used were 1.75 and 1.5 at $\lambda_x = 2.0$. The anisotropy B of the imposed strain is represented by the ratio of the true strains ($\log_e \lambda$) in two directions, and defined as $B \equiv \log_e \lambda_y / \log_e \lambda_x$. The B values are 1, 0.81, 0.58, 0, and -0.5 for EB, the two types of UB, PE, and U, respectively. After the target strains were imposed with an initial strain rate of 0.21 s⁻¹, the reduction of the forces at each constant strain was measured as a function of time. The elapsed time, t , after the strain imposition was corrected using the Zapas–Craft method^{36,37} to consider the difference between an ideal (instantaneous) step strain and the strain imposition which requires a finite time. This is calculated by $t = t' - t_1/2$, where t' and t_1 denote the experimental time and the time required for the strain imposition, respectively.

The data reproducibility was confirmed by doing each test more than twice and by using the multiple specimens.

Results and discussion

Fig. 2a–c display the stress relaxation after the imposition of 100% nominal uniaxial strain ($\lambda_x = 2$) for HGG63-4, HGG-63-2 and HGG63-0, respectively. For comparison, the data of AG with the same covalent cross-link concentrations (AG-4 and AG-2) are shown in each panel. The stress of each HG gel shows pronounced relaxation, and it reaches a finite equilibrium value (σ^∞) after sufficiently long time. As the covalent cross-link concentration increases in the HG gels, the σ^∞ value increases (Fig. 2d) and the equilibration time for stress decreases. In contrast, each AG gel exhibits finite stress without stress relaxation. These results obviously indicate that the stress relaxation in the HG gels is predominantly caused by the dissociation of the inclusion complexes, and that the finite σ^∞ values for HGG63-0 are preserved by the permanent topological rotaxane cross-links whereas those for HGG63-4 and HGG63-2 are sustained by the covalent cross-links and the rotaxane cross-links. Interestingly, the summation of the σ^∞ values of each AG and HGG63-0 agrees with that of the corresponding HG gel, which is shown in Fig. 2d. This agreement indicates that σ^∞ of the HG gels with covalent cross-links is well approximated by the simple sum of the contributions of



Fig. 2 Elapsed time (t) dependence of nominal stress (σ) after the imposition of uniaxial stretching of $\lambda_x = 2$ for (a) HGG63-4 and AG-4, (b) HGG63-2 and AG-2, and (c) HGG63-0. (d) Equilibrium stress (σ^∞) in (a)–(c) as a function of covalent cross-link concentration for HGG and AG specimens. The diamond symbols depict the summation of the σ_∞ values of HGG63-0 and each AG specimen. (e) The t dependence of σ after the imposition of uniaxial stretching of $\lambda_x = 2$ for CDG-0.

topological rotaxane cross-links and covalent cross-links. CDG-0 without the inclusion complex shows finite equilibrium stress but without stress relaxation (Fig. 2e), thereby confirming that the presence of permanent rotaxane cross-links and no contribution of their slidability along the network strands to the stress relaxation in the time window under consideration.

Fig. 3a–d show the stress relaxation in uniaxial (U), planar (PE), unequal biaxial (UB), and equibiaxial (EB) extensions with various degrees of λ_x for HGG63-0 without covalent cross-links. The elapsed time (t) in the figures is obtained by the Zapas–Craft approach^{36,37} to rectify the difference between the strain application by a constant crosshead-speed ramp and ideal instantaneous step strain (See the Experimental section). The ideal step strain is assumed to be applied at $t = 0$. The stress relaxation in general stretching is expressed as follows:

$$\sigma_i(\lambda_x, \lambda_y, t) = \Delta\sigma_i(\lambda_x, \lambda_y, t) + \sigma_i^\infty(\lambda_x, \lambda_y) \quad (i = x, y), \quad (3)$$

where $\Delta\sigma_i$ and σ_i^∞ represent the relaxation component of stress and equilibrium stress, respectively. As shown in Fig. 2, σ^∞ in

the HG gels without covalent cross-links represents the stress preserved by the topological rotaxane cross-links, and $\Delta\sigma(\lambda_x, \lambda_y, t)$ reflects the dissociation dynamics of the inclusion complexes. Time–strain separability is assessed for the relaxation components $\Delta\sigma(\lambda_x, \lambda_y, t) [\equiv \sigma(\lambda_x, \lambda_y, t) - \sigma^\infty(\lambda_x, \lambda_y)]$ using the data in Fig. 3. Time–strain separability is expressed in a simple factored form using strain-dependent part $H(\lambda_x, \lambda_y)$ and time-dependent part $\phi(t)$:

$$\Delta\sigma_i(\lambda_x, \lambda_y, t) = H(\lambda_x, \lambda_y)\phi(t) \quad (4)$$

The separability is validated by the collapse of the data into a single curve after the vertical shifts of the relaxation curves of $\log \Delta\sigma$ in various deformations.³⁸ Note that the shift factor is proportional to H . Fig. 4a show the failure of the corresponding superposition of $\log \Delta\sigma - \log t$ curves for three different types of stretching with various values of λ_x using the vertical shift factors (a). The global shapes of curves are obviously different from each other in the short and long time regions, indicating that the time–strain separability defined eqn (4) is no longer valid.

To elucidate the details of the inseparability, Fig. 4b–d represent the superpositions of the curves in the same stretching type but with different values of λ_x ; uniaxial, planar, and equibiaxial extension, respectively. The planar stretching data in the x -direction are chosen as a reference for the shifts ($a = 0$). For every type of extension, the superposition is successful in a long t window of $t > 100$ s, while it is not valid any longer within $t < 100$ s. Another common observation for each deformation in a short t region is that the gradients of the curves tend to increase with an increase in λ_x . The $\Delta\sigma_x(t)$ and $\Delta\sigma_y(t)$ data in planar stretching are well superposed on each other in the full range of t , showing no anisotropy in stress relaxation dynamics. Fig. 4e shows the superpositions of the $\log \Delta\sigma - t$ curves at $\lambda_x = 2$ with different degrees of anisotropy in the imposed strain field (B), *i.e.*, $B \equiv \log_e \lambda_y / \log_e \lambda_x$. At $t < 100$ s, the curves merge into a single curve but their slopes at $t > 100$ s depend on B . The slopes increase as the strain field becomes isotropic (*i.e.*, B increases). The specimens HGG33-0 and HGG50-0 show inseparability similar to HGG63-0 (Fig. 5), indicating that the separability is invalid independent of the molar ratio of the host and guest units. The relaxation component $\Delta\sigma$ is influenced by the σ^∞ value, but the present conclusion, *i.e.*, the failures of the superposition of the curves, is unchanged by small errors in the σ^∞ values. Indeed, the $\Delta\sigma - t$ curves for the same deformation obtained by the two independent tests were almost identical, indicating good reproducibility of the data, which is shown in Fig. S2 in the ESI.† It should also be noted that the separability was validated for the stress relaxation behavior of DC-PVA hydrogels in the entire t region along the same procedure including the Zapas–Craft approach for the time correction in the short t region.³⁴ These facts ensure the time–strain inseparability for the stress relaxation of the HG gels observed here.

To characterize the relaxation modes of $\Delta\sigma(\lambda_x, \lambda_y, t)$, the generalized Maxwell model expressed by the Prony series³⁹ was



Fig. 3 Elapsed time (t) dependence of nominal stress (σ) for HGG63-0 after the imposition of (a) uniaxial, (b) planar, (c) unequal biaxial and (d) equibiaxial extension with various degrees of imposed stretching.

fitted to the normalized relaxation data $f(t)$ as follows:

$$(\lambda_x, \lambda_y, t) \equiv \frac{\sigma_i(\lambda_x, \lambda_y, t) - \sigma_i^\infty(\lambda_x, \lambda_y, \infty)}{\sigma_i^*(\lambda_x, \lambda_y, t^*) - \sigma_i^\infty(\lambda_x, \lambda_y, \infty)} = \frac{\Delta\sigma_i(\lambda_x, \lambda_y, t)}{\Delta\sigma_i^\infty(\lambda_x, \lambda_y)}, \quad (5)$$

$(i = x, y),$

$$f(\lambda_x, \lambda_y, t) = \sum_n^3 A_n \exp\left(-\frac{t}{\tau_n}\right), \quad (6)$$

where $\sigma^*(t^*)$ is the stress in each deformation at the shortest elapsed time observable at the largest strain ($t^* = 4.7$ s for $\lambda_x = 3$), and $\Delta\sigma^\infty$ is the total stress relaxation. The quantity, f , changes from unity to zero when t varies from t^* to the equilibrium time. The relaxation strength and time of the n -th mode ($n = 1, 2$, and 3) are denoted by A_n and τ_n , respectively ($\tau_1 > \tau_2 > \tau_3$). The three-term exponential function fits the $f(t)$ data in each deformation, which is shown in Fig. 6a and Fig. S3 in the ESI.† At least three terms were required for the satisfactory fitting using the Prony series. The quantity $f(t)$ is obtained by dividing $\Delta\sigma(t)$ by $\Delta\sigma^\infty$. As a result, the curves in Fig. 6a have the same shape as those in Fig. 4c but the associated shift factors are different.

As presented in Fig. 6b, all types of stretching examined here share a common feature for each parameter. The longest relaxation time τ_1 is independent of λ_x , while both τ_2 and τ_3 become smaller with increasing λ_x in the short t region. This tendency represents the failure of the superposition of the

curves in the short time region in Fig. 4. The longest relaxation time, τ_1 , becomes smaller with increasing B , whereas τ_2 and τ_3 are independent of B regardless of the values of λ_x (Fig. 6c). This result is in concurrence with the feature in the long time region in Fig. 4e, since the inverse of the slope in the figure is proportional to τ_1 . The relaxation strength A_n ($n = 1, 2$, and 3) is unaffected by λ_x and B (Fig. 6d).

The compositions X_{CD} influence the initial Young's modulus E_0 , and E_0 tends to be maximum at the stoichiometric ratio ($X_{CD} = 0.50$) (Table 1). Importantly, X_{CD} has no appreciable effect on τ_n or A_n ($n = 1, 2$, and 3) (Fig. 7a and b). The relative magnitudes of the total stress relaxation to the initial stress, $\Delta\sigma^\infty/\sigma^*$, are compared among the different types of stretching and various values of λ_x in Fig. 7c. The magnitude for HGG63-0 is approximately 50%, and is independent of the type, degree, and direction of imposed strain. Moreover, the values are mostly unaffected by X_{CD} .

The introduction of covalent cross-links into the HG gels reduces the total magnitude of stress relaxation. Fig. 8a compares the $\Delta\sigma^\infty/\sigma^*$ values in uniaxial stretching among HGG63-0, -2 and -4. HGG63-4 exhibits almost no stress relaxation, while the stress relaxation magnitude of HGG63-2 is nearly a half of that of HGG63-0. Introducing the covalent cross-links reduces the number and the length of the network chains which can relax *via* the detachment of transient bonds, resulting in a decrease in the relaxation magnitude. Importantly, the time-strain effects in

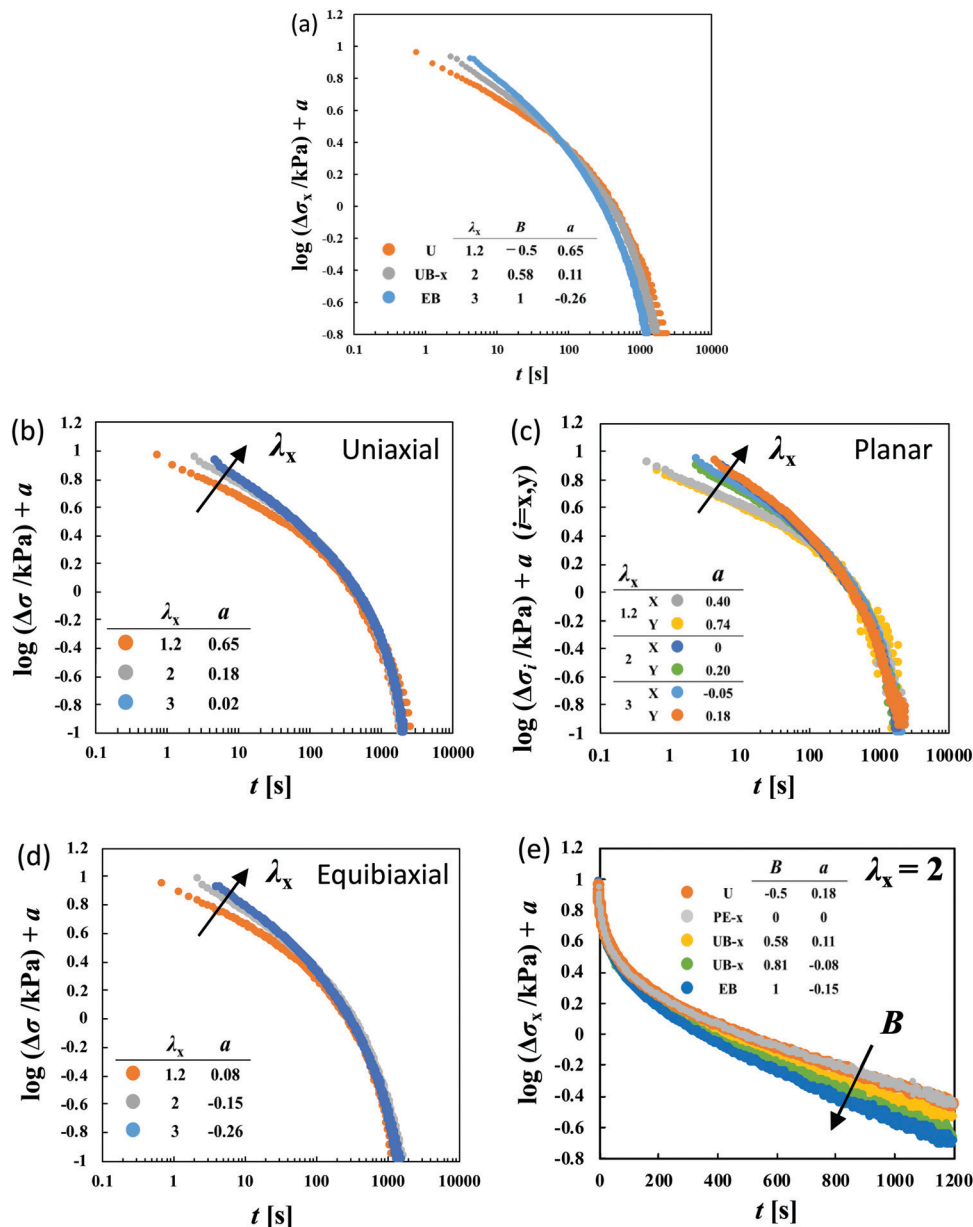


Fig. 4 (a) Failure of the superposition of $\log \Delta\sigma - \log t$ curves for different types of deformation at various values of λ_x by vertical shift with a factor of a for HGG63-0. The failure at short times is appreciable in the superposition of the curves for the same type of deformation with various values of λ_x : (b) uniaxial, (c) planar, and (d) equibiaxial extension. (e) The failure at long times is appreciable in the superposition of the curves with the same value of λ_x ($\lambda_x = 2$) for various types of stretching. The planar extension (PE) data in the x -direction at $\lambda_x = 2$ are chosen as the reference for the shifts ($a = 0$). The original curves before the vertical shifts are shown in Fig. S1 of the ESI.†

HGG63-2 are inseparable similar to those in HGG63-0 (Fig. 8b), indicating that the time-strain inseparability still remains invalid in the presence of covalent cross-links.

As mentioned before, the same assessment validates the time-strain separability for the DC-PVA gels containing both covalent and transient cross-links.³⁴ What distinguishes the relaxation dynamics of DC-PVA and HG gels? These two gels have the following differences: (i) the mobility of association sites, (ii) the number density of the sites available for association, and (iii) the type of permanent cross-links. With respect to (i), the counterpart for the association (borate ion) in DC-PVA

gels is chemically unbound to the network chains,⁷ whereas both association sites in HG gels are covalently connected to them. With respect to (ii), the DC-PVA gels have an association site (hydroxyl group) in nearly every repeating unit (99.0%), while the number fractions of β -CD and Ad units in all the repeating units for HGG-64 are only 3%. The concentration of the associative sites on the network chains in DC-PVA gels (with a PVA concentration of 14 wt%) is 1.6 M, while that in the HG gels is only about 0.03 M. The corresponding upper limit concentration for the HG gels was as large as 0.1 M due to the occurrence of the phase separation,⁹ precluding the comparison



Fig. 5 Failure of the superposition of $\log \Delta\sigma - \log t$ curves for different types of deformation with various values of λ_x by vertical shift with a factor of a for (a) HGG33-0 and (b) HGG50-0. Qualitative features of the failure of the superposition are common to HGG33-0, HGG50-0 and HGG64-0 (Fig. 4).

of these two gels at the same concentration. The features (i) and (ii) of the HG gels are expected to make the dissociation dynamics susceptible to the orientation and distortion of network chains, that is, the type and degree of imposed deformation, because both association sites are covalently bound to the network chains and their concentrations are considerably low.

With respect to (iii), DC-PVA gels have covalent fixed cross-links,⁷ while the HG gels have permanent and movable topological cross-links with the rotaxane structure.^{11–13,15} The sliding nature of the rotaxane cross-links enables variations in the chain lengths between neighboring rotaxane cross-links in response to the imposed deformation,⁴⁰ resulting in various peculiar physical properties reported for the polyrotaxane gels with figure-of-eight cross-links.^{41–44} Recently, we reported that the ultimate elongation (λ_{\max}) in biaxial loading for the polyrotaxane gels is unusually lower than that in uniaxial loading.⁴⁵ This marked sensitivity of λ_{\max} to loading conditions indicates that the chain supply mechanism considerably depends on the loading axially. In uniaxial loading, the extra chain portions are supplied from the two stress-free directions to the loading direction through the rotaxane cross-links, resulting in high λ_{\max} . In contrast, in biaxial loading, the chains are supplied from only one stress-free direction, and furthermore, the supplied chain portions are shared among the two loading directions, leading to considerably less λ_{\max} . It is plausible to expect that the chain supply function *via* rotaxane cross-links should affect the detachment dynamics

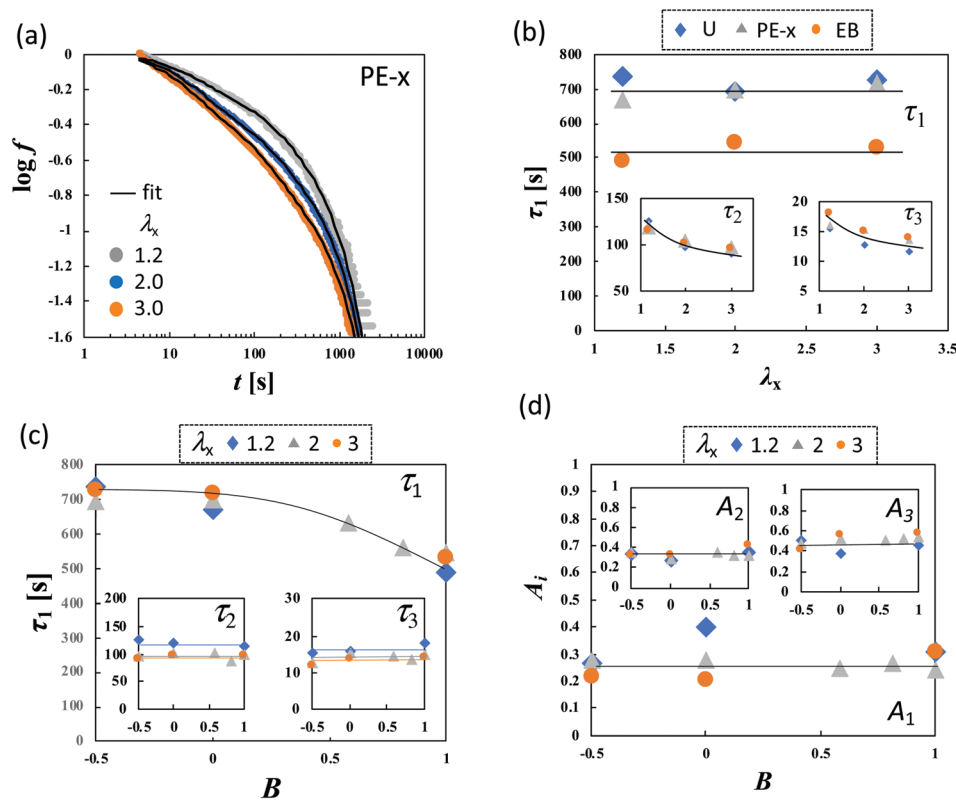


Fig. 6 (a) $\log f - \log t$ curves for planar extension in x -direction with various values of λ_x for HGG63-0. The black solid lines represent the fitted curves of eqn (2). (b) Dependence of τ_i ($i = 1, 2, \text{ and } 3$) on λ_x in various types of stretching, (c) Dependence of τ_i ($i = 1, 2, \text{ and } 3$), and (d) A_i ($i = 1, 2, \text{ and } 3$) on the anisotropy of the imposed strain field (B) for various values of λ_x for HGG63-0.



Fig. 7 (a) Relaxation times, τ_i ($i = 1, 2$, and 3) and (b) relaxation strengths, A_i ($i = 1, 2$, and 3) as a function of X_{CD} for σ_x in planar extension. (c) Total stress relaxation ($\Delta\sigma^\infty$) in several types of stretching as a function of λ_x for the HG gels with various values of X_{CD} . $\Delta\sigma^\infty$ is reduced by the initial stress (σ^*) in each deformation.

between the host and guest units depending on the type and degree of deformations.

Therefore, all three features (i)–(iii) can be considered to make the dissociation dynamics susceptible to the orientation and distortion of network chains. To elucidate the origin of relaxation spectra sensitive to the type and degree of deformation requires varying systematically the fixation and concentration of the associative sites, and the type of permanent cross-links. A recent study⁴⁶ revealed that the mechanical properties of the HG gels were influenced by the chemical structures of the host and guest units which affect the HG interaction *via* an electric barrier, CD cavity size, and size of the guest unit. The effects of these factors on the relaxation dynamics will be addressed in our future work.

Conclusions

The HG gels exhibit pronounced stress relaxation with finite equilibrium stress following the step strain. The dissociation

dynamics of the transient cross-links which sustain the initial stress governs the stress relaxation process, and the permanent topological cross-links with the rotaxane structure preserve the finite equilibrium stress. We have demonstrated the time-strain inseparability for the HG gels based on the nonlinear stress relaxation behavior in various types and magnitudes of stretching, while the same assessment validated the separability for the viscoelastic DC-PVA gels possessing both permanent covalent and transient bonds. In the HG gels, the relaxation in a short time region ($<10^2$ s) is faster by increasing the degree of imposed strain, while that in a longer time region is slower with the increase in the anisotropy of the imposed biaxial strain. The time-strain inseparability in the HG gels signifies that the dissociation dynamics of the transient cross-links depends on the types and degrees of imposed deformation. The inseparability is also verified in the HG gels to which the covalent cross-links are introduced. The significant susceptibility of the dissociation dynamics to the imposed deformation is expected to result from the structural characteristics of the HG gels, *i.e.*,



Fig. 8 (a) Total stress relaxation ($\Delta\sigma^\infty$) in uniaxial stretching as a function of λ_x for the HG gels with $X_{CD} = 0.63$ and various concentrations of covalent cross-links. (b) Failure of the superposition of $\log \Delta\sigma - \log t$ curves for uniaxial stretching with various values of λ_x by vertical shift with a factor of a for HGG63-2.

the host and guest units covalently bound to the network chains, their considerably low concentrations (< 0.1 M), and the chain supply mechanism *via* the permanent rotaxane cross-links significantly depending on the types of imposed deformation.

Conflicts of interest

There are no conflicts to declare.

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