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Highly flexible silica/chitosan hybrid scaffolds with oriented pores for tissue regeneration†

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Inorganic/organic sol–gel hybrids have nanoscale co-networks of organic and inorganic components that give them the unique potential of tailored mechanical properties and controlled biodegradation in tissue engineering applications. Here, silica/chitosan hybrid scaffolds with oriented structures were fabricated through the sol–gel method with a unidirectional freeze casting process. 3-Glycidoxypyl trimethoxysilane (GPTMS) was used to obtain covalent inorganic/organic coupling. Process variables were investigated such as cooling rate, GPTMS and inorganic content, which can be used to tailor the mechanical properties and hybrid chemical coupling. Structural characterization and dissolution tests confirmed the covalent cross-linking of the chitosan and the silica network in hybrids. The scaffolds had a directional lamellar structure along the freezing direction and a cellular morphology perpendicular to the freezing direction. Compression testing showed that the scaffolds with 60 wt% organic were flexible and elastomeric perpendicular to the freezing direction whilst behaving in an elastic–brittle fashion parallel to the freezing direction. The compressive strengths are about one order of magnitude higher in the latter direction reaching values of the order of 160 kPa. This behaviour provides potential for clinicians to be able to squeeze the materials to fit tissue defect sites while providing some mechanical support from the other direction.

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1. Introduction

Over 506 million of the global population were above 65 years of age in 2008 and this value is expected to have a 160% increase by the year of 2040.¹ Increases in age-induced diseases (*e.g.* arthritis and osteoporosis) result in the need for the regeneration of diseased or damaged tissues.² Tissue engineering provides a strategy for this issue. An ideal tissue regenerating scaffold must meet some critical challenges simultaneously such as being bioactive, such that it can induce new tissue ingrowth, and it should possess appropriate mechanical properties and a tailored degradation rate.^{3,4}

Silica-based bioactive glasses fulfil most of these challenging criteria and have been successfully applied to bone tissue regeneration since they can bond to bone, degrade in the body and stimulate bone growth; however their brittle nature makes them unsuitable for defect sites that are under cyclic loading.^{5,6}

Incorporating a biodegradable polymer to obtain inorganic/organic composites can soften and toughen the silica matrix.⁷

Conventional inorganic/organic composites have two distinguishable phases interacting at the micrometre scale and as a result, bioactive glass particles (bioactive phase) can be enclosed in the polymer matrix (non-bioactive phase) which could lead to poor cell response.⁴ The two different phases also cause different degradation behaviours and therefore scaffold instability and glass particle migration *in vivo*.⁸

Cartilage performs as a shock absorber and a good bearing surface due to the organization of collagen fibrils and proteoglycan molecules. It has zones: articular, middle, and deep zones, each with different collagen fibril orientation.⁹ Current repair methods involve drilling holes into the bone marrow to free stem cells, which as sometimes kept in position with the use of hydrogels.¹⁰ Scaffolds that can assist with organization of the cartilage are needed.

The creation of sol–gel inorganic/organic hybrid materials has potential to tackle the aforementioned problems as the inorganic and organic components form co-networks at the molecular level, providing congruent degradation.^{4,11–13} In class II hybrids, covalent coupling is obtained between the organic and inorganic networks. The hybrids can retain bioactivity from bioactive glasses since host tissue/cells can contact both inorganic and organic components simultaneously as if it is one material.⁴

Chitosan is a natural polysaccharide that has been widely used in biomedical field^{14,15} and was used to synthesize

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inorganic/organic hybrids with 3-glycidoxypolytrimethoxysilane (GPTMS), which contains an epoxide ring on one end and three methoxysilane groups on the other.^{16–18} For most of these hybrid materials GPTMS was the only inorganic component, which means adjusting the GPTMS content to alter the inorganic/organic coupling degree would also change the inorganic/organic ratios simultaneously. Independent control of composition is needed. Shirosaki *et al.*¹⁹ and Connell *et al.*²⁰ introduced functionalized chitosan into the tetraethylorthosilicate (TEOS) based sol-gel process, using GPTMS as a coupling agent between the sol-gel silica and the chitosan. GPTMS was hypothesized to functionalize chitosan through the nucleophilic attack of the epoxide ring of the GPTMS by the primary amine group (-NH_2) of the chitosan.^{18,21} The functionalized chitosan would then have methoxysilane groups, which on addition to the sol would hydrolyse forming -Si-OH groups that can undergo polycondensation with -Si-OH groups from the hydrolysed TEOS, forming Class II silica/chitosan hybrids.²⁰ The aim of having a separate silica source (TEOS) and using GPTMS as a coupling agent, was that mechanical properties and degradation rates can be tailored by controlling the inorganic/organic ratio and the coupling degree (molar ratio of the polymer and GPTMS).^{11,20,22,23}

For tissue engineering, three dimensional scaffolds with interconnected pore networks and sufficient pore sizes are required for tissue ingrowth. Porous GPTMS/chitosan hybrid scaffolds were produced previously from the freeze drying technique had approximately isotropic microstructures.^{17,20} However, the structures of various tissues (*e.g.* sub-articular cartilage and skeletal muscle) are complex and orientation of the pore networks varies from site to site.

The development of freeze casting provides a strategy to obtain porous scaffolds with aligned pores and the structure can yield anisotropic mechanical response, where a scaffold should be stronger and stiffer along the freezing direction.^{24–28} Mechanical properties and pore sizes can be tailored by adjusting several parameters during freeze casting such as freezing rate *i.e.* higher cooling rate leads to finer structures and therefore higher compressive strength along the freezing direction, and temperature gradient direction, which affects the directionality of oriented pore walls.^{26,29}

While chitosan has been freeze cast,³⁰ we believe this is the first freeze-cast class II hybrid produced by combining the sol-gel process and the freeze casting technique. The aim was to develop the first silica/chitosan hybrid scaffolds with covalent coupling between components and anisotropic pore structures. The effect of cooling rate, TEOS and GPTMS quantities on chemical structures/cross-linking, scaffold morphology and mechanical properties of hybrid scaffolds were investigated.

2. Materials and methods

2.1. Fabrication of freeze cast silica/chitosan hybrid scaffold

All reagents were supplied by Sigma Aldrich UK unless otherwise indicated. Freeze cast silica/chitosan hybrid scaffolds were fabricated with various inorganic/organic weight ratios and

Table 1 Notation of different freeze cast scaffolds studied in this work

Sample code	Organic (wt%)	GC	Molar ratio of TEOS:chitosan
6040 GC4	40	4	17.59
5050 GC4	50		11.39
4060 GC4	60		7.26
4060 GC2		2	3.77
4060 GC1		1	2.02
4060 NoGC		—	6.98
FC chitosan	100	—	—

molar ratios of chitosan and GPTMS (GCs), as shown in Table 1. For example, GC4 means the molar ratio of chitosan monomer: GPTMS ratio is 4:1. This was achieved by maintaining the chitosan concentration in solution for all the compositions whilst varying the hydrolyzed TEOS and GPTMS content added to the hybrid system. For comparison freeze cast pure chitosan scaffolds (termed FC chitosan here) and scaffolds without the addition of GPTMS (here termed NoGC) were also investigated as control groups. A list of freeze cast scaffolds with various compositions that were investigated in this work is given in Table 1. Five samples with the following compositions were studied: hybrids containing 60 wt% organic with different molar ratios of chitosan and GPTMS (4060 GC1, 4060 GC2 and 4060 GC4), hybrid with 50 wt% organic (5050 GC4) and hybrid with 40 wt% organic (6040 GC4). Initially a cooling rate of $10\text{ }^{\circ}\text{C min}^{-1}$ was used.

2.1.1. Preparation of class II silica/chitosan hybrid sol. Fig. S1 (ESI[†]) describes the synthesis steps of class II silica/chitosan hybrid sol, with the expected reaction occurring in each step. Initially 1.5 g chitosan powder (M_w : 50–150 kDa, degree of deacetylation of 75%) was added to deionized water to achieve a chitosan solution concentration of $\sim 17\text{ mg mL}^{-1}$ (Fig. S1a, ESI[†]). For dissolving the chitosan powder 2 N hydrochloric acid (HCl) was added drop wise to allow chitosan protonation and eventually to adjust the pH of the solution to 4 for further functionalization with GPTMS (Fig. S1a, ESI[†]). Stirring was continued for 24 h to obtain fully dissolved chitosan solution. A pH of 4 was selected to give a balance between reactivity and solubility and was based on the previous research. In reactions of GPTMS without chitosan, the nucleophilic reaction is acid catalyzed, but if the pH is too low the epoxy ring opens spontaneously in water-induced, forming diols, which prevents the nucleophilic reaction occurring.^{20,21} If the pH is above 5 the solubility of the chitosan reduces, therefore a pH of 4 was chosen. However for GPTMS in the presence of chitosan, Connell *et al.* saw the same amount of diol forming relative to the reaction regardless of pH. The kinetics of the reaction was affected by the pH rather than the equilibrium. Therefore the absolute amount of diol was greater at 2 than at 4.²⁰

To obtain freeze cast pure chitosan scaffolds (FC chitosan) for comparison with silica/chitosan hybrid scaffolds, the chitosan solution was directly transferred to the freeze caster at this point.

For the synthesis of silica/chitosan hybrid sol, functionalization of chitosan and GPTMS was subsequently carried out by adding an appropriate amount of GPTMS into chitosan solution (Fig. S1b, ESI[†]). Connell *et al.* reported that sufficient time was needed for the coupling reaction between chitosan and GPTMS.²⁰ Therefore, the sol was stirred for 3 days. A reaction



temperature of 40 °C was chosen for functionalization, and this was driven by the observation from Gabrielli *et al.* that the coupling reaction between GPTMS and propanoic acid can be accelerated at elevated temperature.²¹ A functionalized sol with various GCs should be obtained in this step.

The inorganic content can be controlled independently by introducing a separate silica source, TEOS. TEOS was hydrolysed using an R ratio of 4 (the molar ratio of water to TEOS) and a water/HCl (2 N) volume ratio of 3 (Fig. S1c, ESI†), based on previous work.²⁰ The silica sol was vigorously agitated for 1 h to fully hydrolyze TEOS and added to the functionalized chitosan sol, which was mixed for further 30 min to produce a class II silica/chitosan hybrid sol for freeze casting (Fig. S1d, ESI†).

2.1.2. Freeze casting. Once the aforementioned silica/chitosan hybrid sol was obtained, a freeze casting process was applied to fabricate porous scaffolds with aligned structures. It was initiated by pouring the hybrid sol into a Teflon mould with a copper base, which was then transferred to a freeze caster and placed on the copper top of a cold finger that had an integrated thermocouple (Fig. S2, ESI†). Liquid nitrogen was used for cooling down the system temperature to freeze the hybrid sol. The hybrid sol was unidirectionally frozen from the bottom of the mould (the side with the copper base) and the cold finger was cooled down from 20 °C to −100 °C or −120 °C at a rate of 5 °C min^{−1} or 10 °C min^{−1} for sufficient freezing, respectively. The resulting gel dwelled at the final frozen temperature for 7 minutes to ensure it was frozen solid. The frozen sample was then taken from the Teflon mould and transferred to a CoolSafe110-4 freeze-drier for a three-day drying process. The ice crystals inside the sample were thereby sublimated and lamellar structures formed.

2.2. Evaluation of hybrid cross-linking and chemical structure

2.2.1. Characterization of hybrid chemical structure. ¹³C cross-polarization magic angle spinning NMR (¹³C CP/MAS NMR) was used to examine the reactions between/within chitosan and GPTMS. The ¹³C CP/MAS data were acquired on a Bruker DSX-400 spectrometer with a 9.4 T magnet operating at 100.3 MHz. The samples were spun at 10 kHz using a Bruker 4 mm HX probe. The initial ¹H $\pi/2$ pulse was 2.5 μ s and the contact time was 1 ms. The recycle time was 3 s and 3072 transients were recorded from each sample for an experimental time of approximately 3 hours.

²⁹Si magic angle spinning NMR (²⁹Si MAS NMR) was applied to investigate the cross-linking degree of the silica network from GPTMS and TEOS. The ²⁹Si one pulse data were acquired on a Varian InfinityPlus spectrometer with a 7.05 T magnet operating at 56.59 MHz. The samples were spun at 5 kHz using a Bruker 7 mm HX probe. The excitation pulse duration was 6 μ s for a tip angle of $\sim \pi/4$. The recycle time was 240 s and the acquisition time of each experiment was approximately 24 hours. The relative intensity of the silica Qⁿ and Tⁿ species were determined from the deconvolution of the data and the degree of condensation (D_c) of the silica network was calculated as follows:²⁰

$$D_c = \left(\frac{2T^2 + 3T^3}{3} + \frac{2Q^2 + 3Q^3 + 4Q^4}{4} \right) \times 100\%$$

A Nicolet iS10 FT-IR spectrometer (Thermo scientific) was used to obtain Fourier transform infrared spectroscopy (FTIR) spectra of freeze cast scaffolds in the attenuated total reflectance (ATR) mode. Scaffolds were ground into fine powder and dried at 40 °C prior to FTIR analysis. Spectra were obtained in the range of 500–4000 cm^{−1} at a resolution of 4 cm^{−1} and averaged over 32 scans.

Powder X-ray diffraction were collected using a PANalytical X'PERT Pro MPD X-ray diffractometer with a step size of 0.0330°, 200 seconds per step (10 seconds per step for the auto-slits scan), measuring between 5 and 60 degrees 2 θ . The radiation source was a Ni filtered CuK α . Automatic theta-compensating slits were used to keep the same sample area illuminated over a wide angular range.

2.2.2. Dissolution study. The dissolution behaviour of hybrid scaffolds was analysed from the soluble silica release profile in TRIS buffer solution, which was obtained using inductive coupled plasma-optical emission spectroscopy (ICP-OES, iCAP 6300, Thermo Scientific). 0.05 M TRIS buffer solution was adjusted to pH 7.3 at 37 °C with 2 N HCl for mimicking a physiological pH. The ratio of sample mass to TRIS solution volume was kept constant for all samples, which was defined by Maçon *et al.*³¹ 80 mg of hybrid scaffold was immersed into 120 mL TRIS buffer solution. Orbital shaking was subsequently carried out at 120 rpm at 37 °C. 1 mL sample solution was extracted at 1, 2, 4, 8, 24, 72, 168 h and replaced by 1 mL fresh TRIS solution for compensation. Each composition was repeated in triplicate. In addition, the samples after four-week immersion were recovered by filtration, washing with deionized water and acetone and drying at 37 °C for further analysis by FTIR and thermogravimetric analysis (TGA).

2.2.3. Thermal analysis. TGA was used to determine how much chitosan remained in the scaffolds before and after four-week immersion in TRIS buffer, thereby estimating whether the inorganic and organic components were successfully cross-linked and therefore had a congruent degradation. The samples were finely ground and dried at 40 °C to remove any moisture to a maximum level prior to the thermal analysis. TGA was carried out using a Netzsch 449 C STA instrument. Samples were placed in a platinum crucible and heated from 25 to 800 °C in air environment at a heating rate of 10 K min^{−1}, with a blank platinum crucible as a reference.

2.3. Hybrid scaffold morphology

The pore morphology and microstructures of the freeze cast scaffolds fabricated at different cooling rates with various compositions were imaged by using a scanning electron microscope (SEM, JEOL JSM-5610 LV) with an accelerating voltage of 5–15 kV and working distance between 9–22 mm. All samples were stuck with carbon double-sided tapes on an aluminium die and gold coated at 20 mA for 2 min before imaging.

Due to the flexibility of freeze cast silica/chitosan hybrid scaffolds used in this work, it was easy to damage the hybrid microstructures during the sample sectioning step for SEM imaging. Therefore X-ray micro-computed tomography (μ CT) was also employed as a non-destructive technique to obtain



three dimensional (3D) images of scaffolds.³² High resolution synchrotron-based X-ray tomographic image was obtained from the Diamond-Manchester Branchline I13 at Diamond Light Source.³³ The beam was monochromated to 10 keV and the parallel-beam setup was used with a 0.45 μm effective pixel size and $\sim 1 \mu\text{m}$ spatial resolution. Over the 180° rotation, 1800 projections were collected at 4 seconds exposure time and normalised to tomographically reconstruct into a 3D volume using a filtered back projection algorithm.³⁴

The porosity of the scaffolds was carried out on the basis of the following equation:

$$\% \text{ Porosity} = \left(1 - \frac{\rho_{\text{bulk}}}{\rho_{\text{skeletal}}} \right) \times 100$$

where ρ_{bulk} is the bulk density calculated by mass and dimensional analysis and ρ_{skeletal} is the skeletal density of a scaffold obtained using a helium gas pycnometry (Ultrapycometer 1000, Quantachrome).

2.4. Mechanical testing

The anisotropic mechanical behaviours of freeze cast silica/chitosan hybrid scaffolds were examined by compression testing using a Zwick/Roell Z2.5 machine with a 2 kN load cell at a compression extension speed of 0.5 mm min^{-1} . 5 samples were

cut into a dimension of typically 20 mm and 18 mm in width and thickness, respectively.

3. Results and discussion

3.1. Class II silica/chitosan hybrid scaffolds by freeze casting

To determine whether the freeze cast silica/chitosan scaffolds fabricated in this work were class II hybrids, it was essential to understand whether chitosan was successfully covalently linked to the silica network through the coupling agent GPTMS. Since the freeze casting procedure is a physical process, it was hypothesised that the chemical structure/state would not be affected. Powder X-ray diffraction pattern (Fig. 1a) of freeze cast 50 wt% organic hybrid scaffold showed a characteristic broad peak of amorphous chitosan at $23.3^\circ 2\theta$ and a smaller broad peak at $12.1^\circ 2\theta$. There is possibly a small and broad peak at $\sim 9^\circ 2\theta$, which could be due to a small crystalline phase caused by GPTMS. Previously, peaks for crystal-like GTPMS have been observed at $9^\circ 2\theta$ in thin films prepared under different conditions.³⁵ In this case the peak is small and broad so the low-temperature freeze-casting step can therefore be assumed to not induce crystallisation that would affect the bulk mechanical properties of the scaffold.

3.1.1. Solid state NMR. ^{13}C CP-MAS NMR allowed the detection of the reactions occurring between chitosan and

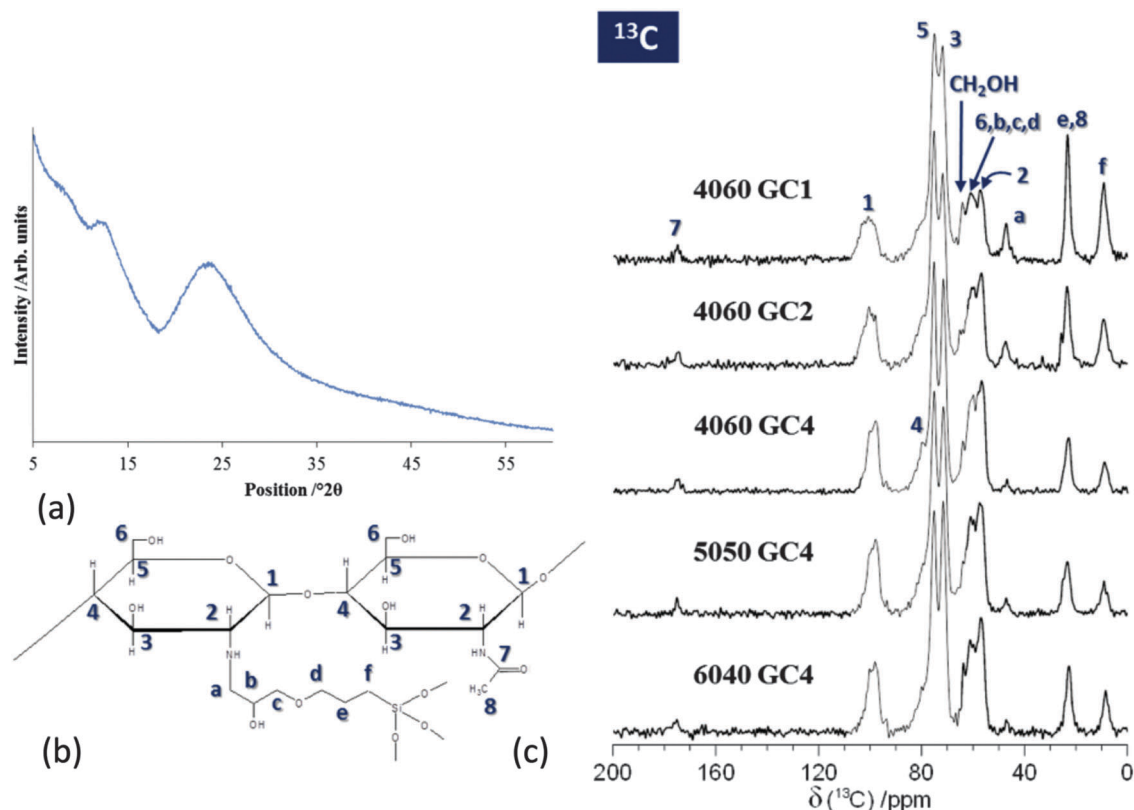


Fig. 1 (a) Powder X-ray diffraction spectrum of freeze cast silica/chitosan hybrid scaffolds with 50 wt% organic. The small intensity of the low angle peak and the absence of any sharp diffraction peaks indicates that little crystallisation of chitosan occurs during the low-temperature freeze-casting step; (b) schematic of chitosan bonded to GPTMS (hypothesised); (c) ^{13}C CP-MAS NMR spectra of freeze cast silica/chitosan hybrid scaffolds with 60 wt% organic of GC1 (4060 GC1), GC2 (4060 GC2) and GC4 (4060 GC4), 50 wt% organic of GC4 (5050 GC4) and 40 wt% organic of GC4 (6040 GC4).



GPTMS in silica/chitosan hybrids. Fully assigned ^{13}C CP-MAS NMR data are shown in Fig. 1. The methoxy groups ($\text{Si}-\text{O}-\text{CH}_3$) associated with GPTMS³⁶ are usually identified by a ^{13}C resonance at $\delta \sim 50$ ppm,³⁶ however this resonance is clearly absent from these data suggesting that the hydrolysis of GPTMS to form silanol groups proceeded to completion. The resonance at $\delta \sim 64$ ppm was attributed to the formation of a diol ($-(\text{CH}_2\text{OH})_2$), which occurs due to the opening of the epoxide ring of GPTMS by water in acidic solutions.^{37,38} This reaction is preferential over the coupling reaction between chitosan and GPTMS.²⁰ The ^{13}C resonance labelled 'a' (associated with the carbon in the epoxy ring) at $\delta \sim 47$ ppm shows that some epoxide rings were opened by nucleophilic attack of the primary amine of chitosan to form a secondary amine. An increase in the GPTMS content in samples GC4 to GC1 resulted in an increased intensity of resonance 'a', relative to the intensity of all chitosan resonances, suggesting chitosan/silica coupling increased. However, there was no change in the intensity of resonance 'a' relative to chitosan resonances when comparing hybrid scaffolds with different inorganic/organic ratios (*i.e.* 6040, 5050 and 4060 at GC4). This implies that increasing the amount of chitosan had little influence on the inorganic/organic coupling degree. While chitosan was functionalised with GPTMS, the amount of functionalization was limited and diol formation was dominant. No evidence of ethoxy groups from the TEOS were present, indicating hydrolysis was complete.

^{29}Si MAS NMR data (Fig. 2a) were acquired to quantify the degree of condensation and connectivity of the silica network structure of the silica/chitosan hybrid scaffolds. Two distinct regions can be clearly observed from $\delta \sim -50$ to -75 ppm and from $\delta \sim -90$ to -120 ppm corresponding to the silica T and Q species, respectively. The amount of T species indicates the degree of cross-linking between GPTMS and the silica network. The T^n denotes a silicon atom bonded to a carbon (GPTMS backbone in this case) with n bridging oxygens ($-\text{Si}-\text{O}-\text{Si}-$). The Q species describe the connectivity of the silica network and the Q^n denotes a silicon with n bridging oxygens (see Fig. 2b).³⁹ Therefore, a higher value of n in T and Q species indicates a more connected silica network, *e.g.* a silica network containing only T^3 and Q^4 structures represents a fully condensed network.

From the ^{29}Si MAS NMR spectra (Fig. 2a) it is clear that the Q^3 and Q^4 structures were the dominant Q species in all hybrid scaffolds with no Q^1 species detected, implying a highly condensed silica network. The absence of T^1 species indicates that the silica portion of the GPTMS molecules underwent a high degree of condensation. An increase in the GPTMS content from GC4 to GC1 caused significant concomitant increase in the intensity of both the T^2 and T^3 species, and the intensity of the resonance due to the Q^4 structure was also larger. The relative intensity of Q^4 was lower than that of Q^3 in the GC4 scaffolds, but it slightly exceeded the intensity of the Q^3 species when the molar ratio of chitosan and GPTMS reached 2 (GC2). Eventually the Q^4 intensity surpassed the Q^3 intensity in the GC1 composition.

The degree of condensation (D_c) of the silica network from GPTMS and TEOS is given in Table 2b. For a given inorganic/organic coupling degree (GC4), increasing the organic content

from 6040 GC4 to 4060 GC4 resulted in a decrease of the relative abundance of Q^4 and the increase of the T species proportion (Fig. 2c). The intensity of Q^4 dropped from 44.7% to 40.6% as the organic content increased from 40 wt% to 60 wt% (GC4, Table 2a). Conversely, the intensity of T^3 species increased from 2.5% to 4.1% and T^2 increased from 1.0% to 6.0% (Table 2b). The decrease of Q^4 as the organic content increased could be due to less TEOS (the separate silica source) being introduced into the hybrid made with 60 wt% organic and an increase the disruption of the silica matrix due to less $\text{Si}-\text{O}-\text{Si}$ bond formation. In addition, the GPTMS content was proportional to the amount of chitosan with a certain GC. Therefore, the 4060 GC4 hybrid scaffold had more GPTMS incorporated than 6040 GC4, causing more of the silica network to form from the silica in the GPTMS, increasing the proportion of T species. However, the condensation degree (D_c) of the silica network from GPTMS and TEOS were similar in all three compositions, *i.e.* 84.6% for 6040 GC4, 83.9% for 5050 GC4 and 84.1% for 4060 GC4 (Table 2b), suggesting that the influence of the inorganic/organic ratios was minor on the connectivity of the silica network in this case.

For a given inorganic/organic ratio (*e.g.* 60 wt% organic), the relative proportions of T species increased as GPTMS incorporation increased (Fig. 2c). T^2 increased from 6.0 to 14.4% as GPTMS increased from GC4 to GC1 whilst T^3 increased from 4.1% to 17.1% (Table 2b), as expected. However, it is not clear whether the T^3 species form by coupling to a silicate network that originates solely from the TEOS or whether other GPTMS molecules are also involved. The 4060 GC1 hybrid scaffold had a similar proportion of Q^4 species (41.6%) compared to the hybrids with GC2 and GC4 (40.6% and 39.9%). However, the proportion of Q^3 species dropped from 43.0% to 23.6% as degree of coupling increased from GC4 to GC1 (Table 2a). As the amount of GPTMS increased the percentage of T^3 and T^2 species increased at the expense of Q^3 species, but percentage of Q^4 species remained constant. The reduction in non-bridging oxygen bonds as GPTMS content increased resulted in a more highly condensed silica network (percentage of $Q^4 + T^3$ for GC1 was 59% compared to 45% for GC4). This is supported by an increase of the condensation degree D_c from 84.1% in GC4 to 87.7% in GC1 (Table 2b). Therefore, the amount of GPTMS has a greater influence on the condensation of the silica network in the hybrids than the inorganic/organic ratio. A more highly connected silica network was achieved by increasing the cross-linking (GPTMS content) whilst tailoring the inorganic/organic ratio showed minor effects.

3.1.2. Dissolution. The dissolution behaviour of various freeze cast silica/chitosan hybrid scaffolds in TRIS buffer was investigated. The study highlighted the effects of GPTMS quantity and the inorganic content on the degree of cross-linking of the hybrid scaffolds on dissolution. Fig. 3 shows the silicon release profiles of various freeze cast scaffolds over time.

For hybrids made with 60 wt% organic, silica species were released more rapidly as percentage of GPTMS decreased from the 4060 GC1 sample to 4060 NoGC. Silica release was slowest from the 4060 GC1 scaffold and the release continued until the end of the one-week dissolution test. For the 4060 GC2 and



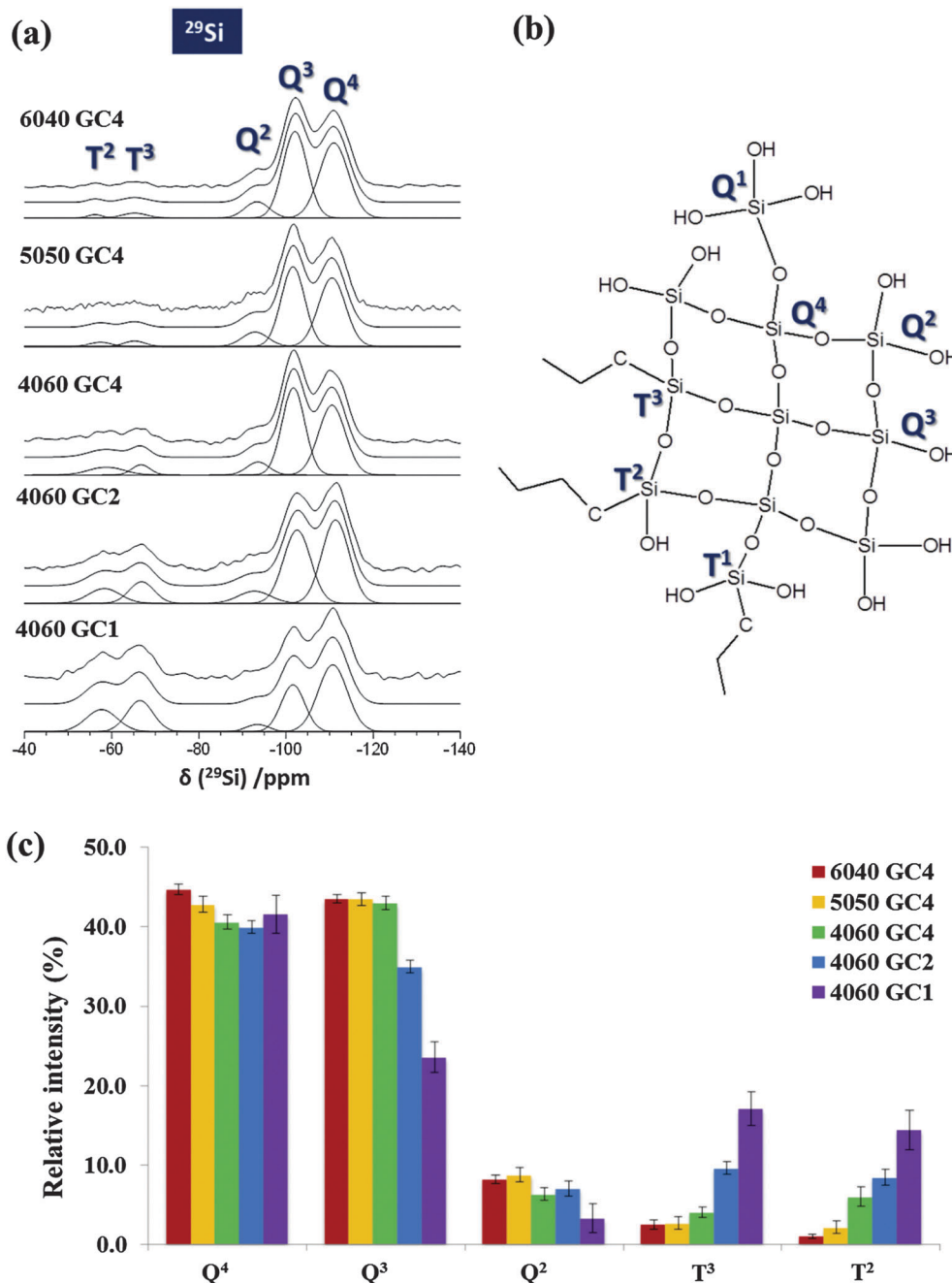


Fig. 2 (a) ^{29}Si MAS NMR spectra of freeze cast silica/chitosan hybrid scaffolds with 40 wt% organic of GC4 (6040 GC4), 50 wt% organic of GC4 (5050 GC4) and 60 wt% organic of GC4 (4060 GC4), GC2 (4060 GC2) and GC1 (4060 GC1) with deconvolution also shown. (b) Schematic for the chemical structure of the silicon T^1 , T^2 , T^3 , Q^1 , Q^2 , Q^3 and Q^4 species. (c) Relative intensity of Q and T species from deconvolution of the ^{29}Si MAS NMR spectra for various freeze cast silica/chitosan hybrid scaffolds.

4060 GC4 hybrids, the silicon content of the TRIS reached a maximum and stable concentration after 72 h ($\sim 112 \mu\text{g mL}^{-1}$) and 24 h ($\sim 119 \mu\text{g mL}^{-1}$), respectively. Without the addition of GPTMS for coupling, the 4060 NoGC scaffold had the maximum silica release ($\sim 100 \mu\text{g mL}^{-1}$) within only 4 h. Therefore, the existence of GPTMS performed a critical function in tailoring the dissolution rate of the silica network. This may be due to the increasing the GPTMS content resulting in more formation of bridging oxygen silicon bonding (Si–O–Si) and therefore a more

condensed silica network, as shown in solid state NMR results (Table 2). In addition, the higher proportion of the silica T species in the hybrids as GPTMS content increased (Fig. 2c) suggests improved inorganic/organic coupling, which can retard the scaffold dissolution rate. However, the lowest value of the final silicon concentration ($86 \mu\text{g mL}^{-1}$) released to the TRIS buffer after one week was for the sample without GPTMS (4060 NoGC). The presence of GPTMS therefore reduced the rate of silica release but the lowest amount of GPTMS (GC4) caused

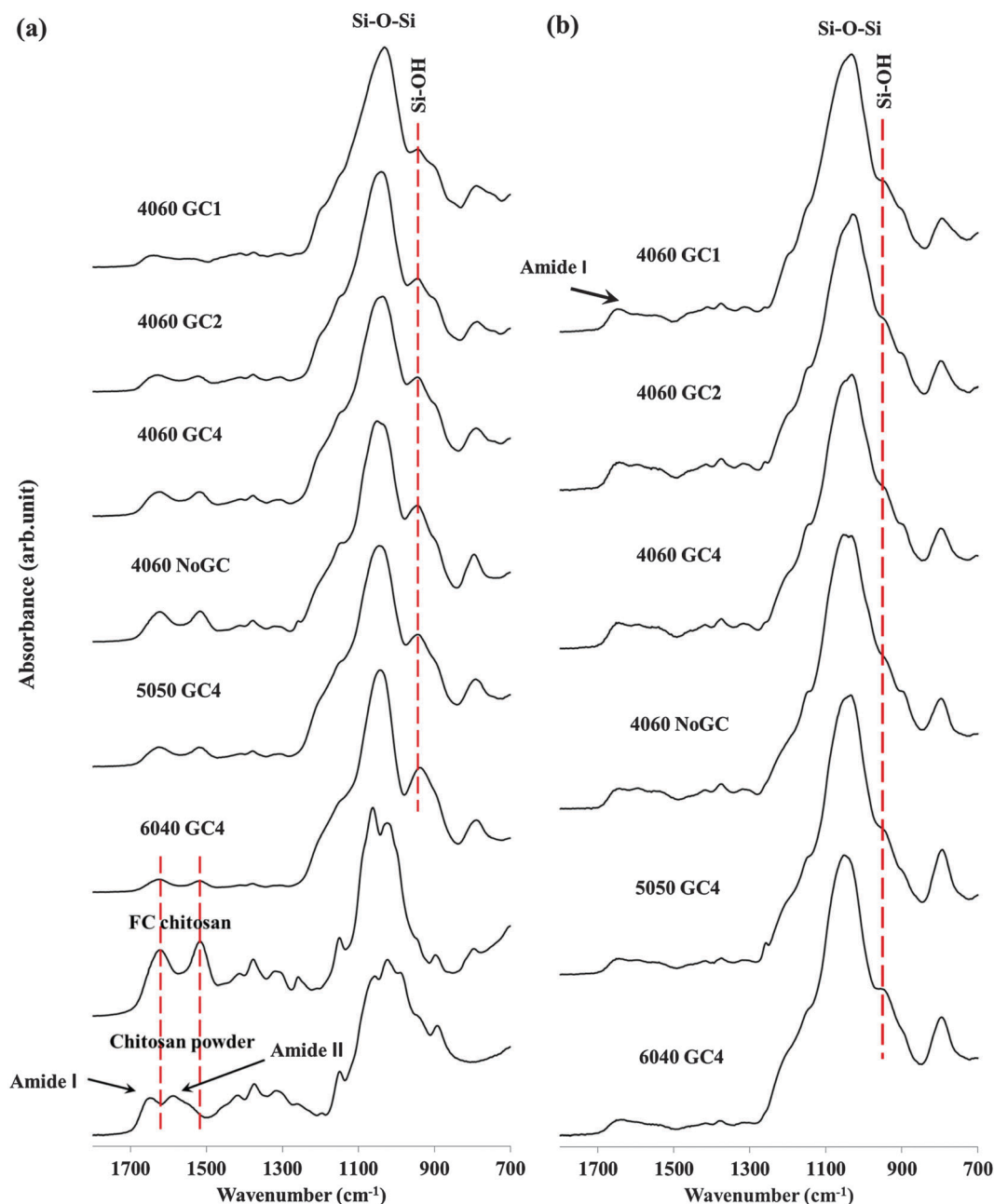


Fig. 4 FTIR spectra of (a) commercial chitosan powder and freeze cast scaffolds with various compositions and of (b) freeze cast scaffolds with various compositions after four-week immersion in TRIS buffer solution.

3.1.3. FTIR analysis. FTIR was used to determine the change in covalent bonding in freeze cast silica/chitosan hybrid scaffolds. Fig. 4a shows the FTIR spectra of freeze cast scaffolds with various compositions, in the wavenumber range of 700 to 1800 cm^{-1} . For comparison and band assignments in hybrid scaffolds, the same commercial chitosan powder used for the hybrid synthesis and freeze cast pure chitosan scaffolds (FC chitosan) were also analysed.

An intensive band was located around 1030 cm^{-1} in all freeze cast hybrid scaffolds and was assigned to the stretching vibrations of the silicon bridging oxygen bonds (Si-O-Si), with a band at 945 cm^{-1} representing the non-bridging oxygens (Si-OH) in the silica network.^{11,20} The Si-OH band had the

lowest relative intensity for the hybrid scaffold with most GPTMS content (4060 GC1), suggesting that a more highly condensed silica network formed compared to other hybrid scaffolds. This implies increasing the GPTMS amount increased the cross-linking degree of the silica network and is in agreement with the solid state ^{29}Si NMR results (Table 2). The Si-OH band was most prominent in the hybrid scaffolds with highest inorganic content (6040 GC4), implying that more non-bridging oxygen bonds formed in the silica network that evolved from hydrolysed TEOS rather than from the GPTMS.

Bands at 1651 and 1589 cm^{-1} in the spectra from the commercial chitosan powder correspond to the C=O stretch

of the secondary amide (amide I) in acetylated units, and the N–H bending of the primary amine in deacetylated units (amide II), respectively.^{40,41} These two bands shifted to lower frequencies, *i.e.* to 1622 and 1518 cm^{−1} respectively, when the chitosan powder was dissolved and freeze cast. This phenomenon was also observed for the hybrid scaffolds. This is due to the protonation of chitosan in acidic conditions.⁴² The amide II band decreased as GPTMS content increased. More specifically, for the samples without GPTMS (chitosan powder, FC chitosan and 4060 NoGC) the relative intensity of the amide I band was higher than that of amide II. The addition of GPTMS caused the relative intensity of amide II band to exceed that of amide I. This could be due to there being no reaction in the acetylated units of chitosan, whilst the chitosan reacted with GPTMS through the primary amine group (NH₂) to form a secondary amine (C_{chitosan}–NH–C_{GPTMS}), resulting in the decrease in relative intensity of the amide II (N–H bending of the primary amine).⁴³ Further evidence was that relative intensity of the amide II band decreased more as GPTMS increased from GC4 to GC1 and nearly disappeared in 4060 GC1. This suggests that increasing GPTMS content can promote the covalent coupling between chitosan and GPTMS and therefore the 4060 GC1 hybrid scaffold had the most inorganic/organic cross-linking reaction, which agreed with ¹³C NMR data (Fig. 1).

Amide bands were present in all spectra at 4 weeks immersion, indicating that chitosan was still present in the hybrids (Fig. 4b). Fig. 4b showed two evident changes in covalent bonds compared to Fig. 4a, as indicated by the significant reduction in the relative intensities of the non-bridging oxygen (Si–OH) band and the reduction of the amide II band for all samples.

The decrease of the non-bridging oxygen band could be due to the lower stability of the Si–OH bond compared to that of the Si–O–Si bond; therefore, the degradation of the silica network commenced through removal of regions of silica that were bonded by few Si–O–Si bonds leaving few non-bridging oxygens after the TRIS immersion. The observation that the amide I band was still present whilst amide II was not distinguishable could be due to the dissolution of the deacetylated units (inferred from amide II due to the primary amine) in chitosan occurring preferentially over that of the acetylated units (inferred from amide I due to the C=O bond). This could be explained by the successful cross-linking of chitosan and the silica network through the primary amine group and the reacted deacetylated units therefore dissolved with the silica, leaving the acetylated units behind.

To conclude, FTIR analysis further indicates that chitosan was successfully bonded covalently to the silica network through the coupling agent GPTMS. The results also showed a significant benefit from GPTMS to the cross-linking of inorganic and organic components, *i.e.* increasing the GPTMS content can promote the coupling degree of freeze cast silica/chitosan hybrid scaffolds.

3.1.4. TGA evaluation. TGA was used to measure the organic content before and after immersion in TRIS buffer for four weeks. TGA thermograms are presented in Fig. S3 (ESI[†]) and the residual weight percentage of each material was plotted as a function of temperature. The percentages of mass change during TGA analysis are given and compared in Table 3 for each

Table 3 Percentage of mass change with quantitative values for freeze cast silica/chitosan scaffolds with various compositions before and after the four-week TRIS dissolution test. The results were obtained from the TGA data

	6040 GC4	5050 GC4	4060 NoGC	4060 GC4	4060 GC2	4060 GC1
Pre TRIS	45.0%	54.9%	63.7%	63.3%	63.5%	61.5%
After TRIS	45.2%	56.0%	64.9%	72.0%	71.0%	67.8%

composition before and after the four-week TRIS immersion. The inorganic and organic components of a class II hybrid were expected to degrade congruently in solution as they are molecular level co-networks that are covalently linked.¹¹ The differences of the mass loss during TGA analysis of 6040 GC4 and 5050 GC4 before and after the TRIS dissolution test were similar, *i.e.* 45.0% (before) and 45.2% (after) for 6040 GC4 and (54.9% before) and 56.0% (after) for 5050 GC4. The results indicate that similar proportions of the organic to inorganic content remained in the hybrids after dissolution. This suggests that the dissolution of inorganic and organic components in 6040 GC4 and 5050 GC4 hybrids was congruent. The samples did not swell after the TRIS immersion, which may be due to the covalent interactions between the inorganic and organic components *via* GPTMS.

However, a significant change can be seen for the hybrid scaffolds containing 60 wt% organic (Table 3). As GPTMS content increased, the amount of weight loss during dissolution decreased. The increase in mass loss due to the dissolution process was 8.8% for GC4, 7.5% for GC2 and 6.3% for GC1. This infers that more silica was lost than chitosan in these samples during dissolution, and that less silica was lost as coupling increased. The scaffold without the GPTMS coupling (4060 NoGC) only had a minor difference before and after dissolution. Addition of GPTMS may lead to the disruption to the silica network and thus the formation of several silica network segments,²⁰ which may further accelerate the silicon release. The ²⁹Si NMR data (Fig. 2c) support this. As the GPTMS amount increased, relative amounts of T³ and T² increased at expense of Q³ and Q².

The importance of selecting a suitable composition for scaffolds for tissue regeneration is hereby demonstrated, especially an appropriate inorganic/organic ratio and degree of coupling.

3.2. Highly oriented hybrid scaffold pore structure

One of the major features using the unidirectional freeze casting technique is to acquire a porous scaffold with oriented microstructures and tailored pore size and porosity.^{24,27,29} In this work the effect of composition and cooling rate on the pore morphology of freeze cast scaffolds was investigated.

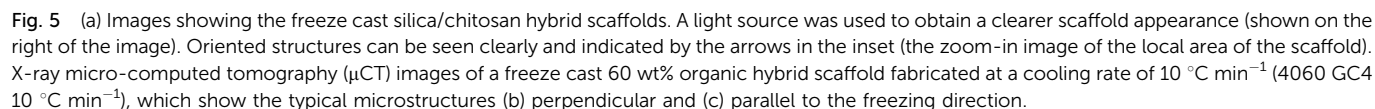
Different shapes and sizes of the freeze-cast silica/chitosan hybrids can be obtained simply by using various moulds and all the scaffolds had similar pore orientation due to the unidirectional freezing from the mould base (the side directly contacted with the copper base during the freeze casting process) to the top (Fig. 5a). A cellular morphology with elongated pores can also be observed from the direction perpendicular to what the ice crystals grew (Fig. 5b). The highly ordered lamellar-like



or the decrease of the molar ratio of chitosan and GPTMS (here presented by the GC2 and GC1 hybrids) exceeded a threshold, the long and short axes of the pores tended to be more similar in length.

As a consequence of the change in pore morphology, pore size comparison was challenging between compositions. In high organic scaffolds (4060 and FC chitosan) the range of pore size was also large. However, the influence of the inorganic and the GPTMS content on pore size can be estimated by focusing on the scaffolds with regular pores which were fabricated at a certain cooling rate, *i.e.* 5050 GC4 10 °C min⁻¹, 6040 GC4 10 °C min⁻¹, 4060 GC2 10 °C min⁻¹ and 4060 GC1 10 °C min⁻¹. The pore size decreased as the inorganic content increased from means of ~50 µm for 5050 to <40 µm for 6040 and the GPTMS amount (from ~50 µm for 4060 GC2 to ~40 µm for 4060 GC1).

For FC chitosan and 4060 hybrid scaffolds the pores formed according to the anisotropic growth kinetics of the ice crystals. In this case ice grew more rapidly along the freezing direction and the crystal thickness remained small, resulting in the rod-like ice crystals and therefore the lamellar-like pores.^{26,29}



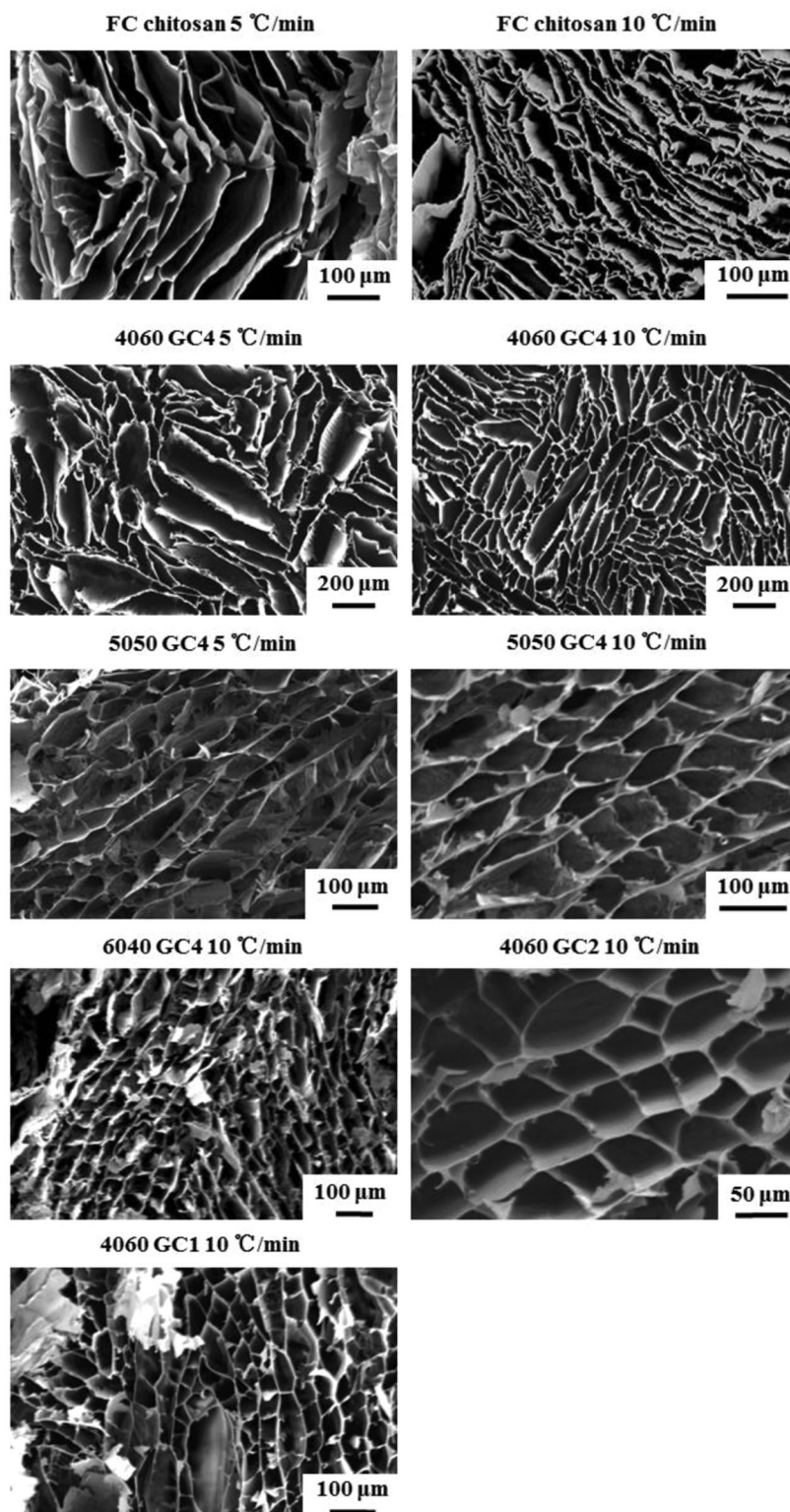


Fig. 6 SEM images of freeze cast scaffolds fabricated with various compositions and cooling rates. Cross-sections perpendicular to the freezing direction, which show the cellular pore structures.

However, with the increase of silica and GPTMS the nucleation and growth of ice crystals changed. High amount of silica and GPTMS or the formation of a condensed silica network disrupted the ice crystallization, reducing the length of the

growing ice crystals, in similar manner that glycerol does when added into a solution for freeze casting.⁴⁵ The pore morphology then changed from more lamellar for FC chitosan to more tube-like as the content of silica and GPTMS increased.⁴⁶



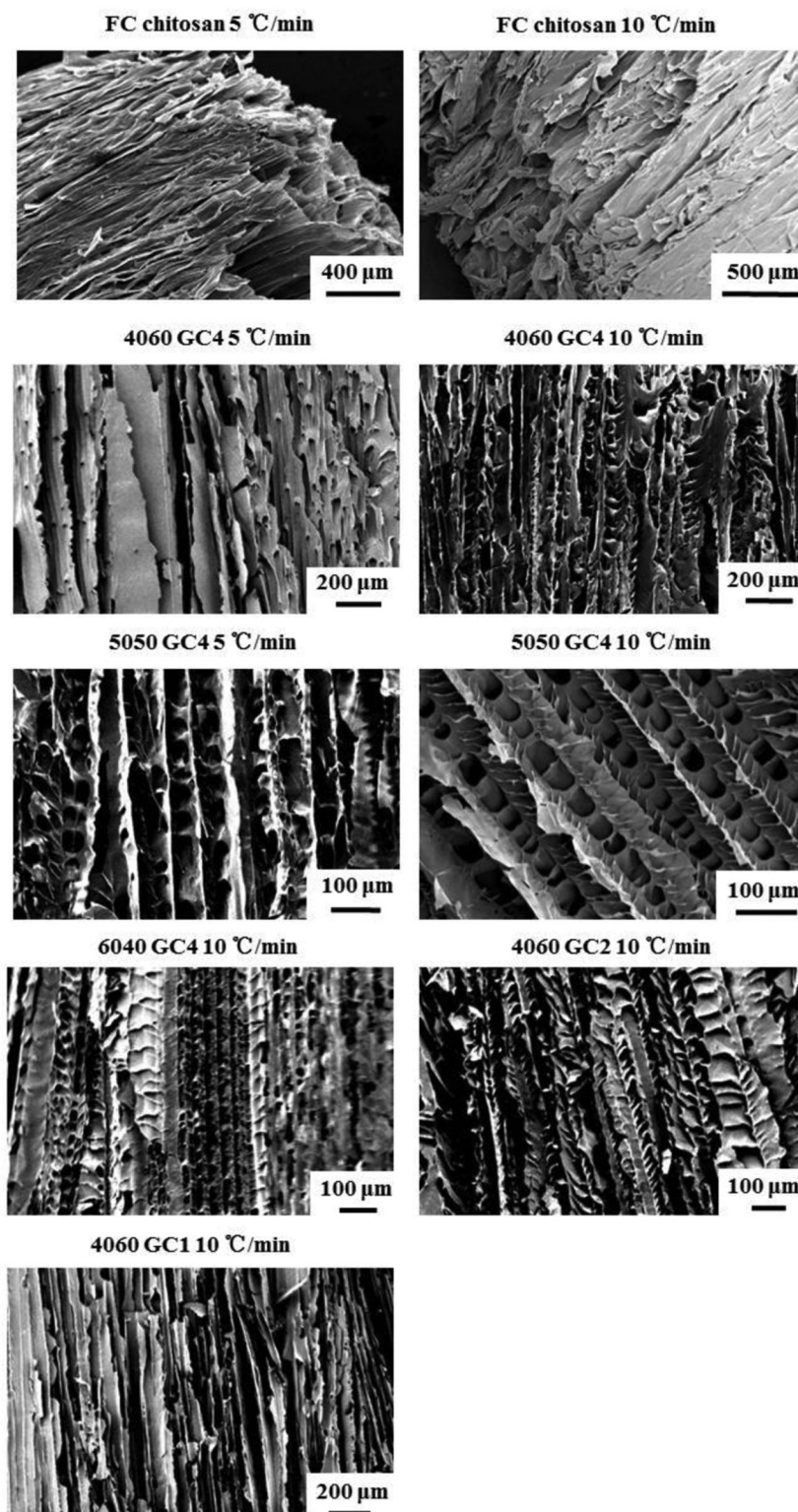


Fig. 7 SEM images of freeze cast scaffolds fabricated with various compositions and cooling rates. Cross-sections parallel to the freezing direction, which show the oriented pore structures.

The influence of cooling rate on scaffold structure was also investigated. Fig. 6 compared the freeze cast scaffolds (*i.e.* FC chitosan, 4060 GC4 and 5050 GC4) fabricated at the cooling rates $5\text{ }^{\circ}\text{C min}^{-1}$ and $10\text{ }^{\circ}\text{C min}^{-1}$. Increasing the cooling velocity

resulted in smaller pore size for 4060 GC4 and FC chitosan since, which is in accordance with literature.^{25,27} Regarding the 5050 hybrids pore size was surprisingly similar in both scaffolds using different cooling rates ($\sim 50\text{ }\mu\text{m}$ along the long axis). This could



be explained by the disruption of the silica network inhibiting the growth of ice crystal having more effect than the change in cooling rate at such high inorganic content.

An ideal scaffold for cartilage regeneration would be press-fit into defects. The scaffold stiffness should match that of the cartilage so the scaffold can transfer load (mechanotransduction) to cells and it should have a pore network that provokes radial ingrowth. Interconnect sizes should be lower than bone scaffolds as vascularization is not needed, and cell-cell interactions are important. Pore sizes are likely to be $\sim 60\ \mu\text{m}$ with interconnect sizes of $\sim 20\ \mu\text{m}$ (similar to the cell size) while maintaining high connectivity.⁹

Fig. 7 shows SEM images of cross-sections of the scaffolds in the directions parallel to the freezing direction. Highly ordered morphology can be observed for all the freeze cast scaffolds. However differences can also be seen. The lamellae in FC chitosan were tightly packed in this direction, which could be due to the highly flexibility of material so that compression occurred easily during the cutting procedure for SEM imaging. The compressed structures did not recover after compression and cutting. For freeze cast hybrid scaffolds, morphology can be categorized into two types, *i.e.* flat lamellar sheet (*e.g.* 4060 GC4 and 4060 GC1 $10\ ^\circ\text{C min}^{-1}$) and fish-bone like structure with interconnected oval pores embedded into the scaffold struts (*e.g.* 5050 GC4 and 6040 GC4 $10\ ^\circ\text{C min}^{-1}$). However, these two different shapes did not occur with any specific trend of hybrid composition. Lamellar-sheet like morphology was observed in all the scaffolds. Fig. S4 (ESI[†]) indicates this occurrence in 4060 and 5050 GC4 $10\ ^\circ\text{C min}^{-1}$. Here it is proposed that the lamellar-sheet like shape is what the oriented structure should really be, which is generated when the ice crystals grow steadily during freezing. Whereas the fish-bone like microstructure with embedded pores is formed due to the unstable ice crystal growth at the early stage of solidification. Cooney *et al.* demonstrated that in an aqueous chitosan system the formation of oval pores is more likely to occur at the higher temperature (0 to $-50\ ^\circ\text{C}$) and if the temperature gradient is high, the oval ice crystals can evolve into lamellar structures.⁴⁷ This can be further verified by the μCT image of 4060 GC4 $10\ ^\circ\text{C min}^{-1}$ (Fig. S4c, ESI[†]), of which the mid upper part was scanned. In this position the temperature was low during the freeze casting process, thus the lamellar microstructures without oval pores can only be observed.

For tissue regeneration, a scaffold with high porosity is essential since it can facilitate the exchange of nutrient, oxygen, metabolic wastes and molecular signalling and thus cell proliferation. Here porosity measurement was carried out for all the freeze cast scaffolds and was given in Table 4. A mean of 97% porosity was found and the differences were minor between compositions. Therefore, in these silica/chitosan hybrid systems porosity mainly depended on the water content in solution. Such extremely high porosity can compromise mechanical properties.

3.3. Evaluation of anisotropic compression behaviour

Anisotropic microstructures can result in anisotropic mechanical response, which is the major characteristic of freeze cast scaffolds. Higher compressive strength along the freezing direction, compared to the direction perpendicular to the freezing

Table 4 Porosity of freeze cast scaffolds fabricated at a cooling rate of $10\ ^\circ\text{C min}^{-1}$ with various compositions. Values were obtained from the bulk density (mean values $\pm$ standard deviation, $n = 5$) and the skeletal density (mean values $\pm$ standard deviation, $n = 3$) of the scaffolds

Sample	Bulk density (g cm^{-3})	Skeletal density (g cm^{-3})	Porosity (%)
4060 GC1	0.056 ± 0.005	1.716 ± 0.005	96.71
4060 GC2	0.050 ± 0.002	1.622 ± 0.014	96.95
4060 GC4	0.044 ± 0.001	1.694 ± 0.005	97.42
5050 GC4	0.055 ± 0.001	1.725 ± 0.018	96.82
6040 GC4	0.069 ± 0.002	1.773 ± 0.005	96.13
FC chitosan	0.039 ± 0.003	1.653 ± 0.014	97.62

direction, was expected due to the highly ordered scaffold structures, which is promising for the application in tissue defects that strong and tough mechanical properties dominant in one direction are required.

In this work silica/chitosan hybrid scaffolds fabricated by the freeze casting technique were shown to have anisotropic microstructures; therefore, compression testing was carried out to investigate the corresponding anisotropic mechanical behaviours in both directions. The effects of silica content, the GPTMS cross-linking degree and the cooling rate on mechanical properties were also examined.

The mechanical properties of the scaffolds and the relevant data are presented in Fig. 8a and Table 5. FC chitosan showed a response typical of elastic-plastic polymer foams when compressed parallel to the freezing direction. Hybrids produced stress/strain curves that were typical of materials with elastic-brittle deformation behaviour: a plateau that is not very flat with “noise” corresponding to small fracture events. The compressive strengths at the yield point (Fig. 8a-ii) of the hybrids were higher compared to the pure chitosan scaffold (FC chitosan), which had an average value of $\sim 36\ \text{kPa}$ as (Table 5). As expected, increasing organic content from 40% to 60% reduced the yield strength from 184 kPa to 123 kPa (at GC4, $10\ ^\circ\text{C min}^{-1}$ cooling). Increasing the amount of GPTMS from GC4 to GC1 (60% organic, $10\ ^\circ\text{C min}^{-1}$ cooling) increased the yield strength from 123 kPa to 200 kPa. This could be attributed to the formation of a more condensed silica network in higher GPTMS hybrids and more silica introduced into the scaffold to reduce flexibility in higher inorganic hybrid. However changes in strain to yield and stiffness were not clear. Adjusting the cooling rate also showed minor effects on the compressive strength (Fig. 8a-ii and Table 5). The small difference could be due to the joint action of the very high porosities of the scaffolds ($\sim 97\%$), thin pore struts and the high flexibility induced by chitosan. The compressive modulus was approximately 8 MPa for all the hybrid scaffolds (Fig. 8a-iii and Table 5).

The hybrid scaffolds fabricated by the freeze casting technique have improved mechanical properties compared to those obtained by freeze-drying (compressive strength 0.06–0.14 MPa).²⁰ Freeze cast hybrid scaffolds may be promising for anisotropic soft tissue regeneration such as cartilage due to anisotropic structures.

When the freeze cast scaffolds were compressed perpendicular to the freezing direction, a totally different mechanical response occurred. The stress-strain curves (Fig. 8b) show that in this direction all the scaffolds exhibited a compressive



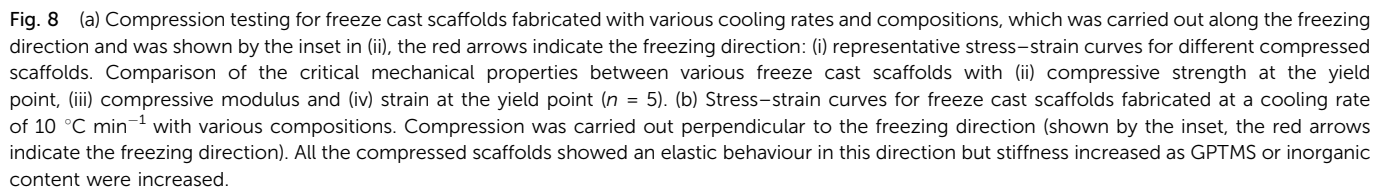


Table 5 Mechanical properties obtained from the compression testing for freeze cast scaffolds fabricated with various cooling rates and compositions (loaded parallel to the freezing direction), mean values $\pm$ standard deviation ($n = 5$)

Sample	Cooling rate ($^{\circ}\text{C min}^{-1}$)	Strain to yield (%)	Yield strength (kPa)	Compressive modulus (MPa)
6040 GC4	5	2.8 ± 0.4	162.2 ± 24.4	7.8 ± 1.4
	10	3.1 ± 0.5	184.0 ± 3.7	7.9 ± 1.5
5050 GC4	5	2.2 ± 0.1	129.8 ± 4.6	7.2 ± 0.5
	10	2.8 ± 0.7	167.8 ± 26.9	7.6 ± 0.1
4060 GC4	5	2.6 ± 0.7	113.3 ± 20.9	7.5 ± 1.7
	10	2.9 ± 0.4	122.8 ± 12.0	6.9 ± 2.2
4060 GC2	10	2.0 ± 0.2	163.6 ± 24.8	7.5 ± 0.8
4060 GC1	10	3.0 ± 0.6	200.8 ± 15.8	8.1 ± 1.6
FC chitosan	10	4.5 ± 0.6	36.5 ± 5.9	1.3 ± 0.2

behaviour comparable to an elastomeric foam and were highly flexible. These properties may be suitable for applications in soft tissue defects where many low load cycles occur.¹¹ In addition, the flexibility in this direction could be tailored by varying the chitosan content and the GPTMS amount, *i.e.* the scaffold became stiffer with increasing the silica (for a given GC) and the coupling degree from GPTMS (for a given inorganic/organic weight ratio). This suggests that the oriented structures play a dominant role in the scaffold stiffness.

Regarding the 60 wt% organic hybrid scaffolds (4060 GC4), high elasticity was observed perpendicular to the freezing direction (Fig. 9a). In this direction the scaffold can recover to the original shape even after large compressions, *e.g.* 60%. By comparison when the force was applied along the freezing direction (Fig. 9b), the scaffold structure ruptured and could not recover after being released from the compressor. To our knowledge, this property of being stiff in one direction and elastic in the perpendicular direction is unique and could be due to orientation in the molecular structure of the hybrid along the ice crystal/pore walls, due to the chitosan. Such unique property is attractive for surgical treatment since it may facilitate squeezing the scaffold into defect sites by surgeons from the flexible and elastic side and meanwhile provides mechanical support from the stiff direction, which is promising for tissue regeneration.

4. Conclusions

Silica/chitosan hybrid scaffolds were successfully fabricated with the combination of the sol-gel process and the freeze casting technique. The scaffolds were demonstrated as true class II hybrids with covalent cross-linking between the chitosan and the silica network through the primary amine of chitosan and the epoxide ring of the coupling agent GPTMS. However, much of the GPTMS formed diols, which did not bond to the chitosan. The inorganic/organic cross-linking degree and the dissolution rate can be tailored by varying the GPTMS content, *i.e.* increasing the GPTMS amount resulted in the enhancement of inorganic/organic coupling and a reduction in the dissolution of the silica network. The hybrids were homogeneous throughout the bulk, suggesting a well dispersion and integrity of the chitosan and silica components.

Highly ordered lamellar pore structures in the scaffolds were obtained using the unidirectional freeze casting process. A cellular morphology was observed perpendicular to the freezing direction. Larger pore sizes can be obtained by decreasing the cooling velocity, the silica and the GPTMS quantities, showing the tailorable properties of the hybrid scaffolds. A mean porosity of 97% was also achieved due to the low chitosan concentration (17 mg mL^{-1}) during the preparation of the hybrid sol. Such high porosity caused low compressive strengths in the freeze cast hybrid scaffolds in the range of 150–250 kPa along the freezing direction. However, the anisotropic structures could be attractive to anisotropic tissue regeneration such as sub-articular cartilage. In addition, the unique highly elastic property in high organic hybrids (*e.g.* 4060) when loaded perpendicularly to the freezing direction may bring more convenient surgical implantation by easily squeezing and pressing the scaffold into the tissue defect from this direction without deteriorating the mechanical properties from the strong side, which is encouraging for tissue therapy.

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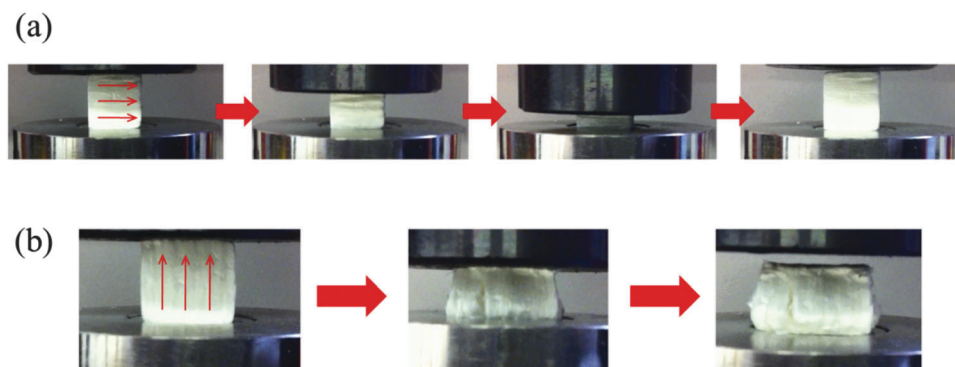


Fig. 9 Images showing the compression behaviour of the freeze cast 60 wt% organic hybrid scaffolds fabricated at a cooling rate of $10^{\circ}\text{C min}^{-1}$ (4060 GC4 $10^{\circ}\text{C min}^{-1}$). Scaffolds compressed (a) perpendicular to the freezing direction, which demonstrate the highly elastic behaviour, and (b) compressed parallel to the freezing direction by a compressor, which shows the rupture formation and failure to recover after the compression. The arrows on the sample indicate the freezing direction.



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