





to fully decompose carbonates. Eqn (2) was used to calculate the carbonate content:<sup>22</sup>

$$\text{CO}_3\% = \frac{(\text{weight at } 550^\circ\text{C} - \text{weight at } 950^\circ\text{C})}{\text{weight at } 150^\circ\text{C}} \times 100 \quad (2)$$

The samples were suspended in 99.5% ethanol and deposited as a 5  $\mu\text{L}$  drop on a Formvar/Carbon 300 square mesh copper grid. Then, the particle morphology was visualized by transmission electron microscopy (TEM) with FEI Tecnai G2 Spirit BioTWIN equipment operating at 200 kV and a  $2\text{k} \times 2\text{k}$  Veleta OSiS CCD camera. ImageJ software was used to measure the size of 100 particles. The Sturges method<sup>23</sup> was used to plot histograms and the particle size distributions were determined to be log-normally distributed using the Shapiro–Wilk test for normality and they were then fitted to a log-normal distribution. The primary particle sizes ( $d_{\text{TEM}}$ ) in nm were calculated as the geometric mean and standard deviation from the log-normal curve fitting.

### Fiber synthesis

For the fibers that did not contain nanoparticles, Resomer® RG 750 S, poly(D,L-lactide-co-glycolide) (PLGA) was purchased from Sigma-Aldrich and dissolved in hexafluoro-2-propanol (HFIP, Sigma-Aldrich, Sweden). The mixture was stirred overnight at room temperature in a glass vial with a magnetic stirrer. For the fibers containing nanoparticles, the flame-made nanoparticles were first dispersed in HFIP at a concentration of 30% w/w based on the later added polymer. For this, the suspension of nanoparticles was first shaken in a FastPrep-24 5G homogenizer (MP Biomedicals, USA) for 1 min with a ceramic ball matrix. Then, 5% w/w (referred to the later added polymer) of Tween20 was added and the shaking was repeated. Then, sonication at 320 W was performed for 30 min and a final sonication step for 5 min at 740 W at 80% amplitude was performed with 10-2s pulse intervals to allow relaxation of the nanoparticles. The nanoparticle suspension was then added to the PLGA polymer and stirred overnight at room temperature in a glass vial with a magnetic stirrer. Other solvent mixtures, chloroform : dimethylformamide in 60 : 40, 50 : 50 and 40 : 60 ratios did not produce fibers or a stable spinning using the described protocol (Fig. S1).

Electrospinning was performed in a Fluidnatek LE-50 (Bioinicia, Spain). All the experiments were performed at room temperature and under 15% humidity. To determine the optimal conditions for fiber electrospinning, a design of experiments (DoE) approach was taken. An Ishikawa diagram (Fig. S2) was used to define the critical process parameters (CPPs) of electrospinning. Failure mode and effects analysis was performed and the variables with a risk priority number higher than 15 were selected for screening experiments using the DoE (Table S1). Screening experiments were used to determine which factors of the electrospinning process had the most significant effects on fiber spinnability and diameter. The experimental design was constructed using MODDE software (version 13, Umetrics AB, Germany) and a D-Optimal

design was chosen. Three factors were varied at low, medium, and high levels (Table S2). The polymer concentration was varied at 10, 13, and 15% w/w%, the flow rate of the electrospinning solution was varied at 0.4, 0.8, and 1.2  $\text{mL h}^{-1}$ , and the voltage applied was set so that a stable Taylor cone would be produced, and was varied between 4.5 and 7.5 kV. The model fit was evaluated by examining the  $R^2$ ,  $Q^2$ , model validity, and reproducibility. The model was also fine-tuned to improve predictability by removing non-significant model terms ( $p > 0.05$ ), and contour plots were made to visualize the effect of the factors on fiber diameter using MODDE software.

After stable conditions were determined with the DoE, the PLGA polymer concentration was kept at 13% w/w since it allowed for the most stable electrospinning process, the distance of the needle to the collector was kept at 14 cm for all experiments, and the needle was left moving in a transverse path alongside the collector for 8 cm at a rate of 50  $\text{mm s}^{-1}$ . For the fibers without nanoparticles, the feeding flow of the polymer was 0.4  $\text{mL h}^{-1}$  and the voltage applied was 4.5 kV, while for the fibers containing nanoparticles (NPs), the feeding rate was increased to 0.6  $\text{mL h}^{-1}$  and the voltage was increased to 10 kV. The fibers were deposited in a cylindrical rotator (10 cm diameter) covered in aluminum foil. After deposition, the aluminum foil was dismantled for easier handling of the produced fibers.

### Fiber characterization

Punched circles of 5 mm were taken from the fibers deposited on the aluminum foil and placed in a metal mount with carbon tape to perform scanning electron microscopy (SEM). SEM micrographs were taken using an Aquilos 2 SEM (Thermo Fisher Scientific, USA). Samples were platinum sputter coated *in situ* with 30 mA current and 1 kV voltage for 15 s before imaging to avoid degradation of the sample. SEM micrographs were taken with a 3 kV beam and dwell time of 1  $\mu\text{s}$ . ImageJ software was used to measure the thickness of 100 different fibers, which then were averaged to report the mean fiber diameter. For transmission electron microscopy (TEM) imaging, the fibers were directly spun on copper grids (200 mesh, Agar Scientific, UK) and imaged using a Talos 120C G2 microscope equipped with a Ceta-D detector and 120 kV LaB<sub>6</sub> source. Prior to imaging, 5 nm of carbon was deposited on the samples using thermal evaporation of a carbon filament in a Leica EMACE600 system to mitigate charging-induced distortion of images.

The mechanical properties of the fibers were analysed with a uniaxial tensile test using a texture analyser (TA.XT plusC, Stable Micro Systems, UK) with the upper grip moving at a speed of 0.02  $\text{mm s}^{-1}$ . Fibers were cut into a dog-bone shape (Fig. S3a) ( $n = 3$ ) and Young's modulus was calculated according to the stress–strain curves. Finally, the release of  $\text{Ca}^{2+}$  from fibers containing CaP nanoparticles was measured. Discs (12 mm in diameter) were cut from the fibers and placed in MilliQ water at 37  $^\circ\text{C}$  with stirring for 24 h. The water samples were then sent for calcium analysis using inductively coupled plasma atomic emission spectroscopy (ICP-OES) (Eurofins, Sweden).



To determine the number of nanoparticles originally loaded in the fibers, the 12 mm discs were dissolved in HFIP to remove the polymer, and the solution was centrifuged at 22 000g for 10 minutes to collect the CaP nanoparticles. These nanoparticles were then dissolved in 2% nitric acid and analyzed by ICP-OES. Calcium release results after 24 h were normalized to the nanoparticle loading in the fibers.

### Biom mineralization characterization

For each sample of electrospun fibers containing calcium phosphate, 12 mm diameter circles were cut with a punch and hammer. Then, the fiber disks were sterilized in UV for 1 h (30 min on one side and 30 min on the other). Samples were placed separately on wells containing 4 mL of sterile simulated body fluid (SBF) at pH 7.4 and incubated for different intervals (0, 24, and 100 h) at 37 °C. Every 48 h, the SBF was completely replaced by 4 mL of a new sterile SBF to guarantee a constant liquid composition.<sup>15</sup> Each experiment was carried out using 3 disks from the same scaffold. At the end of each time point, the SBF was removed, the disks were washed with MilliQ water, and the samples were left to dry in a hood overnight. After the samples were completely dry, they were placed in a metal mount with carbon tape to obtain SEM micrographs as previously described. In parallel, CaP NP powder in a concentration of 39 mg mL<sup>-1</sup>, corresponding to the nanoparticles as integrated in the fibers, was dispersed in a sterile SBF and samples were taken at 0, 24, and 100 h intervals. Then, the powder was freeze-dried and XRD diffractograms were recorded as previously described.

### Pre-osteoblastic cell culture maintenance and cell seeding

For the viability and morphology evaluation experiments, MC3T3-E1 pre-osteoblastic cells were cultured in alpha-MEM (minimum essential media) (PAN Biotech, Germany), supplemented with 10% FBS (PAN Biotech, Germany), 1% of stock solution penicillin/streptomycin (10.000 U mL<sup>-1</sup> pen, 10 mg mL<sup>-1</sup> strep, PAN Biotech, Germany), 1% L-glutamine (PAN-Biotech, Germany) and 1% amphotericin (Gibco, USA). Cells between passages 7 to 11 were used for the experiments. The cell-loaded membranes were maintained under a humidified atmosphere under 5% CO<sub>2</sub> at 37 °C. Culture media were changed every three days. For the osteogenic differentiation experiments, 10 nM dexamethasone, 10 mM β-glycerophosphate, and 50 μg mL<sup>-1</sup> L-ascorbic acid were added to the primary culture medium.

### Cell viability and proliferation assay

The viability and proliferation of MC3T3-E1 pre-osteoblasts cultured in direct contact to the different fibrous scaffolds were quantitatively assessed. The resazurin-based metabolic assay PrestoBlue® (Invitrogen, USA) was conducted as previously described. Briefly, the membranes were cut into circular pieces, with a 10 mm diameter and placed into 48-well plates and each sample was seeded with 2.5 × 10<sup>4</sup> cells. After 3, 6, and 14 days in culture, the PrestoBlue® reagent was added directly to the wells at a 1 : 10 dilution in a culture medium

and incubated at 37 °C for 60 min. The absorbance was measured at 570 and 600 nm using a spectrophotometer (Synergy HT, BioTek, USA). All samples were analyzed in quadruplicate.

### Cell morphology via SEM

The morphology of MC3T3-E1 pre-osteoblasts seeded onto the fibrous scaffolds was observed using SEM (JEOL JSM-6390 LV), after 3 and 10 days in culture. For the monitoring of osteogenic differentiation of the MC3T3-E1 cells, the mineralization process was observed also *via* SEM, on day 21 of differentiation. Seeded scaffolds with 2.5 × 10<sup>4</sup> cells per sample for the morphology evaluation and 4 × 10<sup>4</sup> for the mineralization experiment were placed in a CO<sub>2</sub> incubator at 37 °C. In pre-determined time points, samples were removed from the incubator and rinsed three times with phosphate-buffered saline (PBS). Fixation was ensured by submersing the samples in 4% v/v paraformaldehyde for 20 min. Following that, samples were dehydrated in increasing concentrations (30–100% v/v) of ethanol. The cell-seeded fibrous scaffolds were finally dried using hexamethyldisilazane (HMDS), sputter-coated with a 20 nm thick layer of gold (Baltec SCD 050) and observed using a SEM at an accelerating voltage of 15 kV.

### Measurement of secreted calcium

Secretion of calcium by cells is considered a late marker for osteogenesis and formation of the bone extracellular matrix. The secreted calcium concentration in culture supernatants has been determined by means of the *O*-cresolphthalein complexone (CPC) method, as previously described.<sup>24</sup> Briefly, a volume of 5 μL of the culture medium from the collected supernatants from each sample type was mixed with 50 μL of calcium buffer and 50 μL of the calcium dye. The solutions were transferred into the wells of a 96-well plate and the absorbance was measured at 570 nm (Synergy HTX Multi-Mode Microplate Reader, BioTek, USA). Samples were analysed in quadruplicate.

### Alkaline phosphatase (ALP) activity measurement

Alkaline phosphatase activity was assessed on days 3, 7, and 14. Fibrous scaffolds were seeded with MC3T3-E1 pre-osteoblasts, and underwent thorough washing with PBS and subsequent submerging in 100 μL of lysis buffer (0.1% Triton X-100 in 50 mM Tris-HCl, pH 10.5). After that, samples were subjected to two freeze-thaw cycles, each for 10 min, from -20 °C to room temperature. Then, 100 μL of a 2 mg mL<sup>-1</sup> *p*-nitrophenyl phosphate (pNPP, Sigma, USA) diluted in 50 mM Tris-HCl at pH 10 with 2 mM MgCl<sub>2</sub> were added to each sample and incubated at 37 °C for 60 min. The absorbance was measured at 405 nm using a Synergy HTX plate reader (BioTek, USA) and was correlated to equivalent amounts of *para*-nitrophenol using a calibration curve. The enzymatic activity was calculated using the equation [units = nmol *p*-nitrophenol min<sup>-1</sup>] and normalized by the total protein. All samples were analyzed in quadruplicate.



## Determination of the produced extracellular collagen

The Sirius Red assay (Direct red 80, Sigma-Aldrich, USA) was used to measure the total collagen levels secreted from the pre-osteoblastic cells in the culture medium, as previously described.<sup>25</sup> Briefly, at each time point, 25  $\mu\text{L}$  of culture medium was diluted in dd  $\text{H}_2\text{O}$  at a total volume of 100  $\mu\text{L}$ , mixed with 500  $\mu\text{L}$  of 0.1% Sirius Red Dye in 0.5 M acetic acid and incubated for 30 min at room temperature. After centrifugation of the samples at 15 000g for 15 min, the pellets were washed with 1 mL of 0.5 M acetic acid in order to remove the non-bound dye. The samples were finally centrifuged at 15 000g for 15 min and pellets were dissolved in 500  $\mu\text{L}$  of 0.5 M NaOH. The absorbance was measured at 530 nm using a Synergy HTX plate reader. The absorbance measurements were correlated to the concentration of collagen type I using a calibration curve.

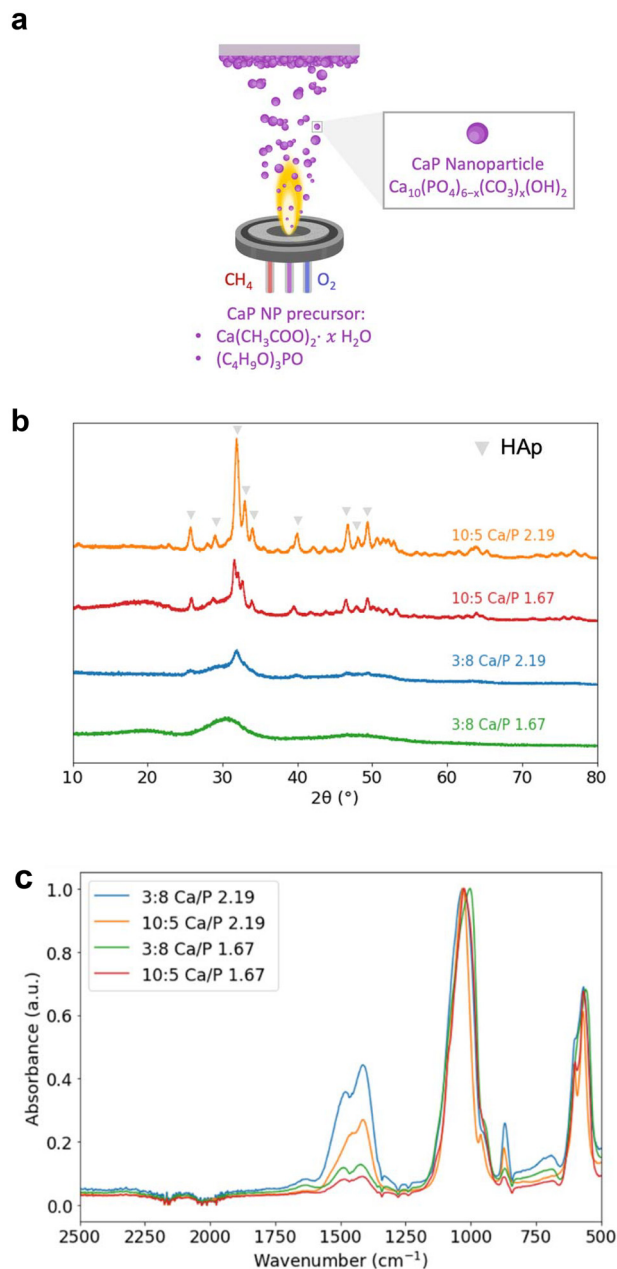
## Statistical analysis

All statistical analyses were performed using GraphPad prism software using a two-way ANOVA model with Šidák correction for multiple comparisons. \*, \*\*, \*\*\*, and \*\*\*\* denotes a  $p$ -value less than 0.05, 0.01, 0.001, and 0.0001, respectively.

## Results and discussion

CaP NPs with different physicochemical properties were produced by flame spray pyrolysis by tuning the flame parameters (precursor flow rate in  $\text{mL min}^{-1}$ : oxygen dispersion gas flow rate in  $\text{L min}^{-1}$ ) as well as the Ca/P ratio in the liquid precursor solution (Fig. 1a). Fig. 1b depicts the X-ray diffraction (XRD) patterns of these particles. The precursor : dispersion  $\text{O}_2$  ratio of 10 : 5 produced crystalline nanoparticles with peaks that correspond to a hydroxyapatite phase, while a 3 : 8 ratio produced amorphous nanoparticles.<sup>16</sup> A high precursor : dispersion  $\text{O}_2$  ratio results in larger particle sizes with higher crystallinity than particles made with lower ratios due to a long residence time of the nanoparticles at high temperatures.<sup>26</sup> Additionally, the nanoparticle crystallinity increased with the Ca/P ratio in both cases.

The crystalline CaP NPs (10 : 5 flame conditions for both Ca/P ratios), were more than twice the size (measured by Brunauer–Emmett–Teller nitrogen adsorption–desorption isotherms,  $d_{\text{BET}}$ ) of those produced by a smaller flame (3 : 8 flame conditions) and had a well-defined spherical morphology (Fig. S4a and b). The more amorphous nanoparticles (3 : 8 flame conditions) were smaller and exhibited a less spherical, more irregular morphology (Fig. S4c and d). While the 3 : 8 flame produced nanoparticles that were smaller in size and more amorphous, these characteristics were not detrimental to their quality. The produced nanoparticles were not perfectly spherical due to the rapid cooling and shorter sintering time inherent in the smaller flame process. The less round shape was a morphological outcome of the controlled synthesis condition that yielded a product exhibiting the desired crystalline and chemical characteristics. These results agreed with the lit-



**Fig. 1** (a) Schematic representation of FSP production of CaP NPs. (b) XRD patterns and (c) FTIR spectra of the produced nanoparticles.

erature in which flame-made crystalline CaP with Ca/P 1.61, 2.19, and 1.7 ratios resulted in 48, 38, and 21 nm ( $d_{\text{BET}}$ ), respectively.<sup>27,28</sup>

Fig. 1c shows the Fourier Transform Infrared Spectroscopy (FTIR) spectra of the CaP NPs. The main peaks in FTIR at 550–606  $\text{cm}^{-1}$  and 960–1080  $\text{cm}^{-1}$  correspond to the phosphate bending and stretching, respectively, while the bands around 1400  $\text{cm}^{-1}$  indicate the presence of  $\text{CO}_3$ .<sup>29</sup> For the amorphous CaP NPs (3 : 8 flame), a reduction in the Ca/P ratio led to a decrease in  $\text{CO}_3$  content (Table 2), similar to the observations in more crystalline phases (10 : 5 flame).<sup>29</sup>



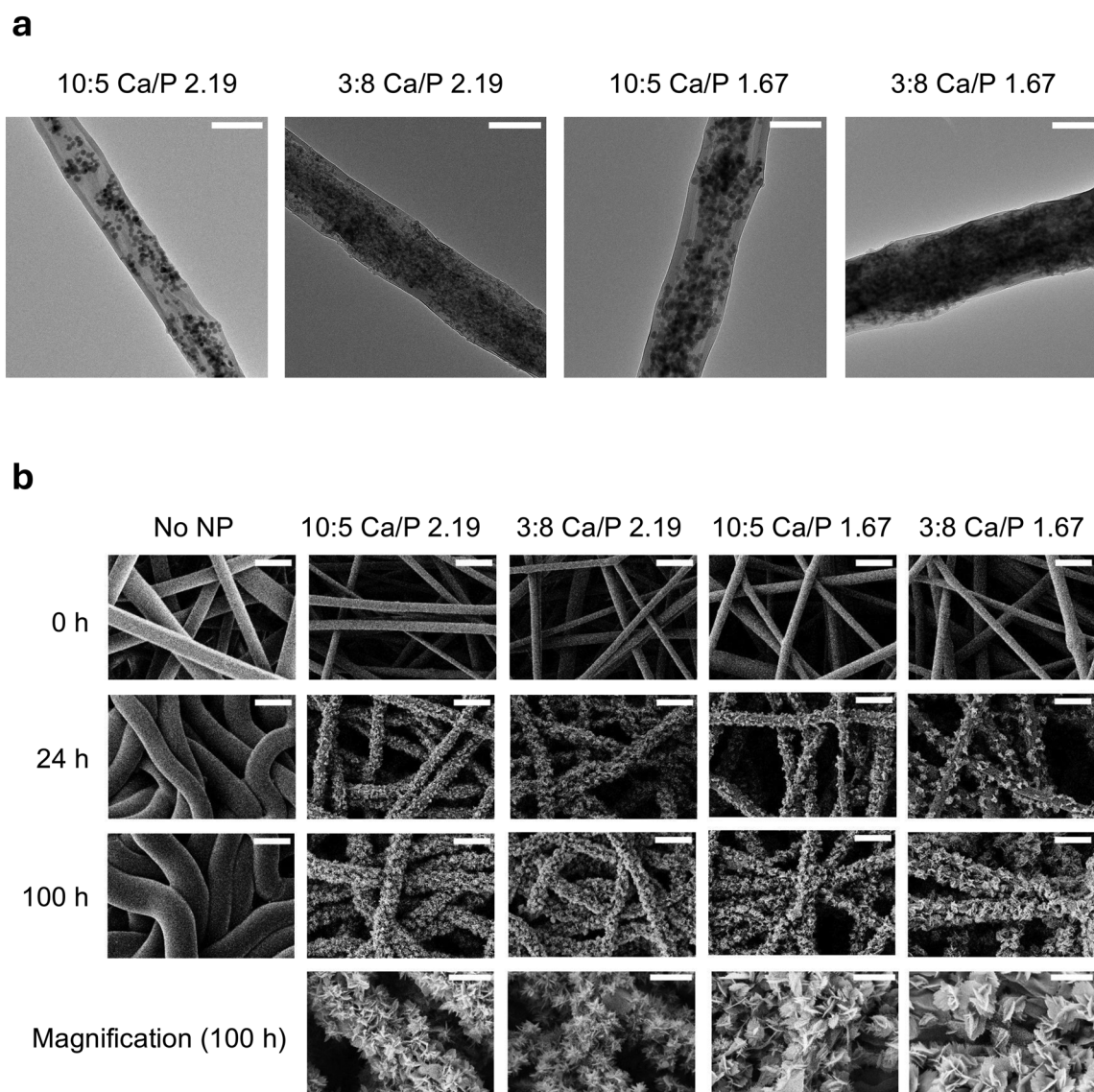
**Table 2** CO<sub>3</sub> content,  $d_{\text{BET}}$  and  $d_{\text{TEM}}$  of the samples

Nanoparticle	$d_{\text{BET}}$ (nm)	$d_{\text{TEM}}$ (nm)	CO <sub>3</sub> /P ratio	TGA (CO <sub>3</sub> %)
10 : 5 Ca/P 2.19	22.9 ± 0.09	20.8 ± 1.5	0.506	7.3
10 : 5 Ca/P 1.67	24 ± 0.2	23.6 ± 1.5	0.127	0.6
3 : 8 Ca/P 2.19	8.6 ± 0.01	N/A	0.711	7.6
3 : 8 Ca/P 1.67	11.2 ± 0.04	N/A	0.169	0.7

Furthermore, the amorphous nanoparticles exhibited a higher CO<sub>3</sub> content than their crystalline counterparts with the same Ca/P ratio (Fig. 1c and Table 2). Controlling the carbonate content in flame-made CaP NPs allows for a systematic investigation of its effect in biomineralization, as it has been suggested that it plays a crucial role.<sup>30–32</sup> Table 2 details the

CO<sub>3</sub>/P ratio calculated by the area below the CO<sub>3</sub> and the P bands for each type of nanoparticle, and the CO<sub>3</sub>% by thermogravimetric analysis,<sup>22</sup> as well as the nanoparticle diameter ( $d_{\text{BET}}$  and  $d_{\text{TEM}}$ ).

The electrospinning conditions that produced the most stable fibers without nanoparticles were assessed by a Design-of-Experiments (DoE) approach. A risk assessment through an Ishikawa diagram was constructed to identify variables that may influence critical quality attributes (Fig. S2a) and critical process parameters (Fig. S2b), ultimately impacting the electrospinning process and fibers in bone tissue engineering. Afterwards, the variables were ranked on severity, occurrence, and detectability using failure mode and effects analysis (Table S1). The polymer flow rate, polymer concentration, and voltage applied are known to influence fiber thickness during



**Fig. 2** (a) TEM micrographs of the fibers containing CaP NPs. Scale bar is 200 nm. (b) SEM micrographs of the fibers incubated in SBF for 24 and 100 h. Scale bar is 3  $\mu\text{m}$ , except for the magnified micrographs, where the scale bar corresponds to 1  $\mu\text{m}$ .



the electrospinning process,<sup>33,34</sup> so they were ranked with a high-risk priority number ( $>15$ ). A DoE (Table S2) was constructed to link and quantify the effect of electrospinning parameters on the fiber thickness using a D-optimal design. Since the voltage influences fiber thickness and the stability of the Taylor cone, the voltage needed to be adjusted in each experiment to ensure a stable electrospinning process. Multiple linear regression was used to model the fiber thickness (Table S3). The adjusted model resulted in a good fit for fiber thickness ( $R^2 = 0.93$  and  $Q^2 = 0.80$ ). Electrospinning parameters affected the fiber thickness, with the polymer concentration having the strongest positive influence (Fig. S5). As the polymer concentration and polymer flow rate increase, the fiber thickness increases as well, which was in accordance with the previous studies.<sup>34</sup> Polymer concentration was chosen to be at 13% w/w since it was observed that the most stable electrospinning process was obtained at this level, and a flow rate of  $0.4 \text{ mL h}^{-1}$  was also chosen since thinner electrospun fibers are generally preferred for growing cells.<sup>35</sup>

Fibers containing 30% w/w CaP NPs relative to PLGA were prepared *via* electrospinning and flow and voltage were adjusted to achieve a stable Taylor cone. Proper dispersion of nanoparticles in the solvent before adding the polymer was necessary to ensure their integration into the fibers and to prevent aggregation and needle clogging. For this, nanoparticles were first shaken in a tissue homogenizer, treated with Tween 20, and subjected to sequential sonication at 320 W for 30 min and 740 W for 5 min with 9:1 s pulses. Scanning electron microscopy of 5 mm punched circles from the fibers revealed that all samples had a fiber thickness between 0.6 and  $1.5 \mu\text{m}$  (Fig. S6 and Table S4). For fibers without nanoparticles, higher voltages failed to produce a stable Taylor cone, resulting in thicker fibers due to the lower

applied voltage. A polymer flow of  $0.4 \text{ mL h}^{-1}$  was necessary to achieve a stable Taylor cone. Fibers containing nanoparticles had diameters between 700 and 800 nm and exhibited a rough surface, attributed to the presence of nanoparticles, while fibers without nanoparticles had a smooth surface (Fig. S6). Electrospun fibrous membranes have been reported as attractive flexible scaffolds for the regeneration of flat bone defects.<sup>36</sup>

The measurement of Young's modulus showed that fibers with a 1.67 Ca/P ratio were stiffer than those with a 2.19 ratio (Fig. S3b), with the highest stiffness observed for the 10:5 flame condition 1.67 Ca/P ratio ( $0.80 \pm 0.03 \text{ MPa}$ ) and the lowest for the 3:8 flame condition 2.19 Ca/P ratio ( $0.54 \pm 0.01 \text{ MPa}$ ). For both Ca/P ratios, the 10:5 flame condition produced higher moduli than the 3:8 flame. Considering that the 10:5 flame condition produced bigger nanoparticles, this suggests that the number of loaded nanoparticles influences fiber microstructure and stiffness.<sup>37</sup> However, Young's moduli for all the scaffolds were in the range of 0.5 to 0.8 MPa. Signalling *via* integrin pathways were triggered at stiffness values above tens of kPa, with higher stiffness strengthening these cues.<sup>38,39</sup> These mechanotransduction pathways could drive osteogenesis, indicating that the stiffness values of the scaffolds were in a conducive range to support osteogenic differentiation.

Transmission electron microscopy (TEM) micrographs of the CaP NP containing fibers are presented in Fig. 2a. Uniform distribution of the particles could be observed in all fibers, with the nanoparticles produced at bigger flames (10:5) appearing larger than the particles produced at a smaller (3:8) flame, in accordance with Fig. S4 as well.  $\text{Ca}^{2+}$  release was within 0.1–0.7% for all fiber samples (Fig. S7). Fig. 2b presents scanning electron microscopy (SEM) images from the biomineralization experiments at various time points, showing sig-

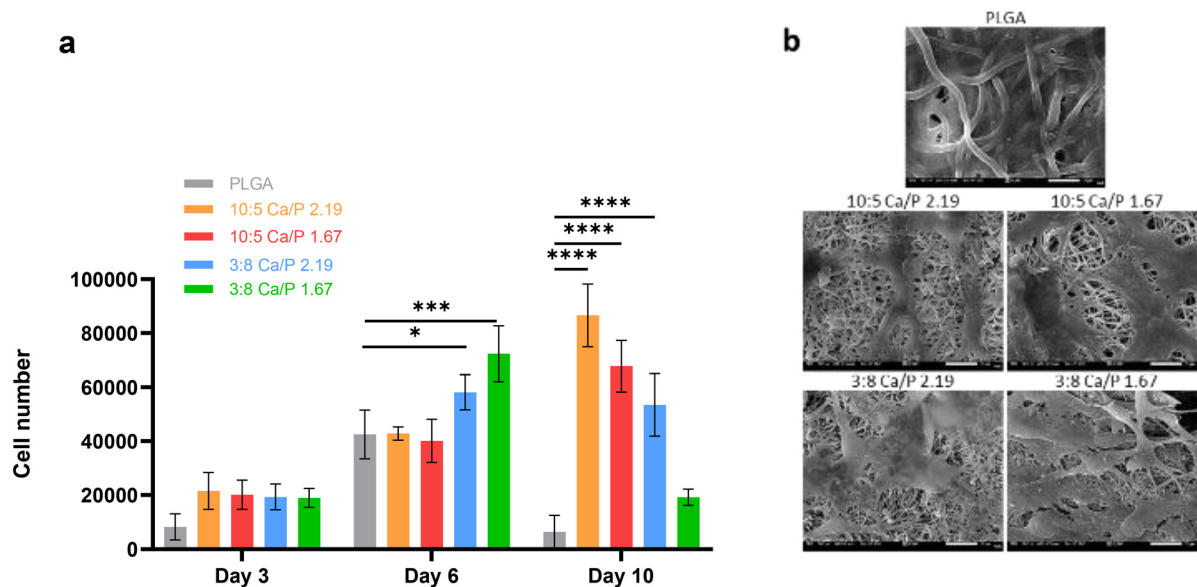


Fig. 3 (a) Cell viability of MC3T3-E1 cells after 3, 6, and 10 days of incubation with PLGA fibers incorporated with flame-made calcium phosphate nanoparticles. (b) Cell morphology after 6 days in culture.



nificant CaP crystal deposition on the fibers, which increases with incubation time.  $\text{Ca}^{2+}$  release ranged from 0.1% to 0.7% across all fiber samples. The slight variations may be related to fiber thickness, as the 10:5 Ca/P ratio 2.19 sample also contained the thinnest fibers (Fig. S6 and Table S4). XRD analysis of SBF-incubated CaP NPs revealed a trend towards a hydroxyapatite crystalline phase, regardless of the initial crystallinity of the nanoparticles (Fig. S8). These observations indicated that hydroxyapatite deposition on fibers significantly increased over time, with longer incubation periods enhancing this effect. These results could be attributed to the role of CaP nanomaterials as sources of  $\text{Ca}^{2+}$  and  $\text{PO}_4^{3-}$  ions.<sup>9</sup> The release of  $\text{Ca}^{2+}$ ,  $\text{PO}_4^{3-}$ , and  $\text{HPO}_4$  ions into the surrounding tissue

leads to local supersaturation, promoting hydroxyapatite reprecipitation on the scaffold.<sup>9,15</sup> In solution, initial hydroxyapatite precipitation from CaP materials forms spherulites composed of radially oriented platelet crystallites. The carbonate content and initial crystallinity of the samples did not affect scaffold bioactivity, as hydroxyapatite crystals continued to grow over time in all four samples (Fig. 2).

The cytotoxicity of fibers incorporated with CaP NPs was determined by the PrestoBlue™ viability assay using the mouse calvaria-derived pre-osteoblastic cells MC3T3-E1.<sup>40</sup> Cell morphology was visualized *via* SEM. Fig. 3a and b show the viability after 3, 6, and 10 days of incubation with the fibers, as well as their morphology on day 6. The values on day 10

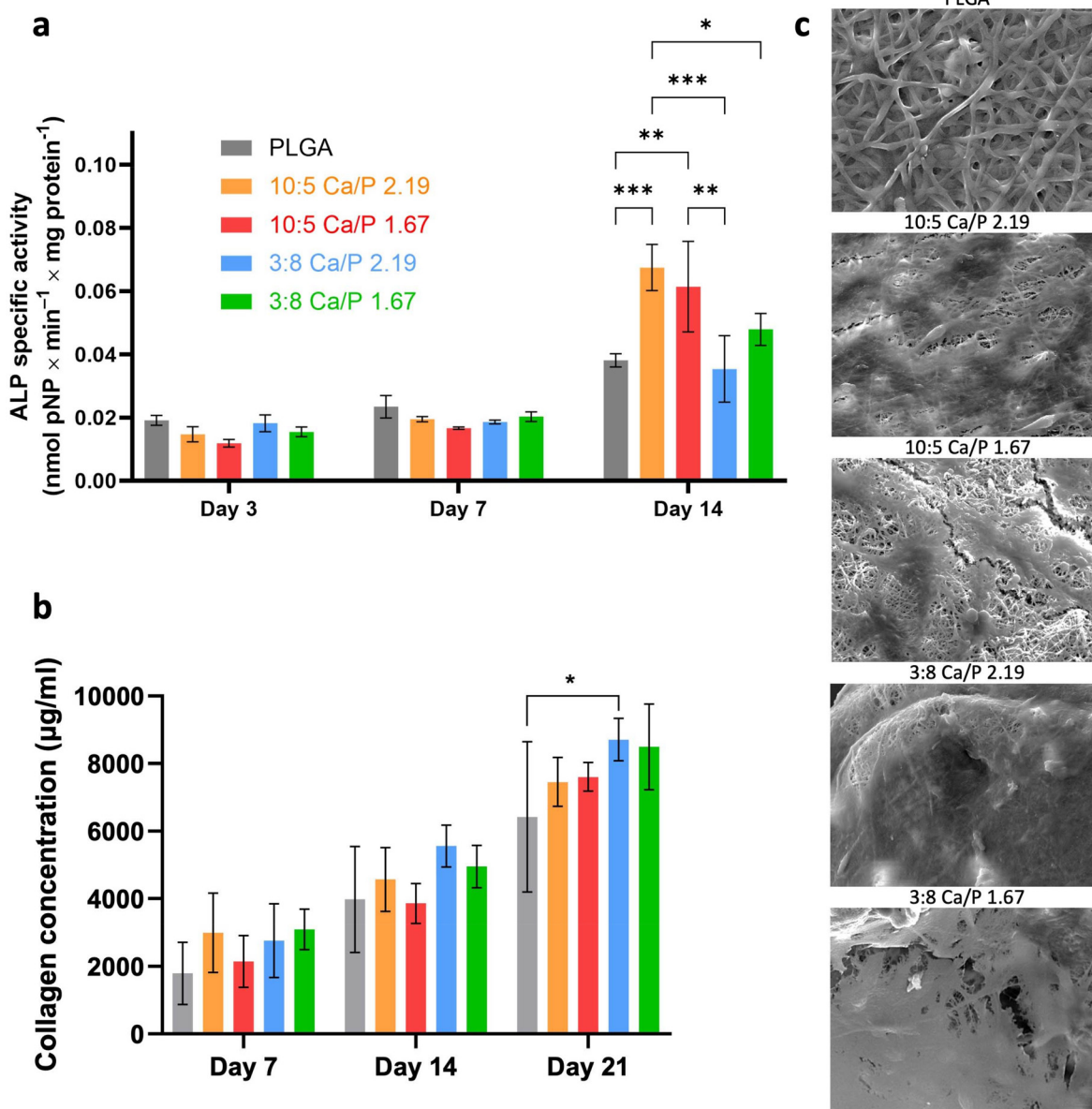


Fig. 4 (a) ALP activity and (b) collagen production of MC3T3-E1 cells in osteogenic media after 3, 7, and 14 days of incubation with PLGA fibers incorporated with flame-made calcium phosphate nanoparticles. (c) Cell morphology on fibrous scaffolds after 14 days.





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