

Cite this: *RSC Adv.*, 2015, 5, 86485

# A nanoporous MgO based nonenzymatic electrochemical sensor for rapid screening of hydrogen peroxide in milk†

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In this work, a nonenzymatic electrochemical sensor based on nanoporous magnesium oxide (MgO) was developed for the rapid screening of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) in milk. The nanoporous MgO, which was synthesized by a novel one-pot reaction process at low temperature, showed a large specific surface area and was favorable for constructing biosensors. Based on the nanoporous MgO, a nano-sensor for H<sub>2</sub>O<sub>2</sub> was developed. The sensor exhibited extremely high electrocatalytic activity toward the oxidation of H<sub>2</sub>O<sub>2</sub> with a detection limit of 3.3 μM and a wide linear range from 0.05 to 0.2 and 0.2 to 10 mM. The averaged recovery was determined to be from 94.3% to 119% for spiked milk samples. The proposed method is ideally suited for the fast screening of H<sub>2</sub>O<sub>2</sub> misuse in milk at low cost.

Received 10th September 2015  
Accepted 29th September 2015

DOI: 10.1039/c5ra18560b

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## 1. Introduction

Food additives are commonly used in food processing, transportation, and storage to maintain the nutritional value, taste and flavor of the food and reduce the risk of foodborne disease; they are indispensable for the production and processing of many foods.<sup>1,2</sup> As a good antiseptic and stabilizer, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) is widely used in the fields of foods, pharmaceuticals, and dental products. However, the excessive addition of H<sub>2</sub>O<sub>2</sub> in food is not completely safe for people's health. In the USA, H<sub>2</sub>O<sub>2</sub> is approved for treating milk and its weight cannot exceed 0.05% of the milk weight.<sup>3</sup> For the government standard of China, the qualitative detection limit of H<sub>2</sub>O<sub>2</sub> is 0.5 mg kg<sup>-1</sup> in food. According to the World Food and Agriculture Organization and the United Nations Agriculture Organization, the addition of H<sub>2</sub>O<sub>2</sub> in milk may be permitted at 0.05–0.25%.<sup>4</sup> Packing boxes for milk are usually sterilized with H<sub>2</sub>O<sub>2</sub> in China and some other countries, and residual H<sub>2</sub>O<sub>2</sub> molecules can transfer to the milk and maintain their strong oxidizing properties. Even though it has not been reported that people have died from H<sub>2</sub>O<sub>2</sub> directly, H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in endothelial cells<sup>5</sup> and H<sub>2</sub>O<sub>2</sub>-induced DNA damage in human leucocytes and cell death in PC12 cells<sup>6</sup> have been reported in recent years. In China, the misuse of H<sub>2</sub>O<sub>2</sub> in milk has been

commonly reported. Thus, the development of a technique for the fast, reliable and on-line monitoring of residual H<sub>2</sub>O<sub>2</sub> in foods is very urgent.

Numerous analytical methods for H<sub>2</sub>O<sub>2</sub> determination have been developed, such as FTIR,<sup>7</sup> fluorescence,<sup>3</sup> chemiluminescence,<sup>8</sup> and electrochemical methods.<sup>9–12</sup> Among these methods, the electrochemical method has received considerable attention due to its high sensitivity, simple instrumentation, and excellent compatibility with miniaturization technologies. Commonly used electrochemical methods for H<sub>2</sub>O<sub>2</sub> determination include enzyme-based and nonenzymatic electrochemical sensors. Enzyme-based electrochemical biosensors have been widely used because of their remarkable selectivity, low detection limit and wide linear range.<sup>13</sup> However, their main shortcoming is that enzymes would not maintain their activity under the detection conditions because of their intrinsic nature.<sup>14</sup> In contrast, nano-material based nonenzymatic sensors could endure harsh physicochemical environments.<sup>9</sup> Nanometer materials, such as precious metal nanoparticles, carbon materials, transition metal nanoparticles, transition metal oxides and alkaline earth metal oxides,<sup>15–20</sup> are the most important options for building nonenzymatic sensors to solve the problems of low long-term operational stability and poor reproducibility. Magnesium oxide (MgO) has been applied in ascorbic acid, dopamine, glucose, and uric acid sensors<sup>21,22</sup> due to its environmental friendliness, electroconductivity, electrocatalysis, and the other general characteristics of nanometer materials.<sup>23–26</sup> However, the traditional synthesis method for nanometer-sized MgO is under a super high temperature (~950 °C), which makes it difficult to prepare in a bioanalysis laboratory. Expensive equipment and professional operators were also required for

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† Electronic supplementary information (ESI) available. See DOI: 10.1039/c5ra18560b

the preparation of MgO.<sup>23</sup> Furthermore, nanometer-sized MgO with low aspect ratios such as nanorods or nanodisks have been reported.<sup>21,22</sup>

In this work, nanoporous MgO with a high aspect ratio was synthesized by a facile method under a lower temperature, and then dropped onto the surface of an electrode to establish a nonenzymatic electrochemical sensor for H<sub>2</sub>O<sub>2</sub>. The results showed that the nanoporous MgO had extraordinary advantages for H<sub>2</sub>O<sub>2</sub> determination compared to previously reported works. The nanoporous MgO based electrochemical sensor exhibits good sensitivities for H<sub>2</sub>O<sub>2</sub> of 30.729  $\mu\text{A mM}^{-1}$  at 0.05–0.2 mM and 6.602  $\mu\text{A mM}^{-1}$  at 0.2–10 mM, and the limit of detection is 3.3  $\mu\text{M}$ . Meanwhile, there was no obvious catalytic ability for ascorbic acid, folic acid and glucose at a potential of 0.9 V. In addition, the prepared sensor was applied to the detection of H<sub>2</sub>O<sub>2</sub> in real milk samples, and it exhibited good sensitivity and specificity. Therefore, this work would provide an excellent platform for H<sub>2</sub>O<sub>2</sub> screening in foods.

## 2. Experimental section

### 2.1 Reagents and materials

Magnesium acetate tetrahydrate ( $\text{Mg}(\text{CH}_3\text{COO})_2 \cdot 4\text{H}_2\text{O}$ ), sodium citrate dihydrate ( $\text{C}_6\text{H}_5\text{Na}_3\text{O}_7 \cdot 2\text{H}_2\text{O}$ ) and ascorbic acid ( $\text{C}_6\text{H}_8\text{O}_6$ ) were purchased from Aladdin, hexamethylenetetramine ( $\text{C}_6\text{H}_{16}\text{N}_4$ , HMT) and folic acid ( $\text{C}_{19}\text{H}_{19}\text{N}_7\text{O}_6$ ) were purchased from Sigma (USA). A 0.1 M pH 7.0 phosphate buffer (PBS) was prepared by mixing stock solutions of  $\text{KH}_2\text{PO}_4$  and  $\text{Na}_2\text{HPO}_4$ . Other reagents were of analytical grade and used as received without further purification. All solutions were prepared using double distilled water.

### 2.2 Apparatus

All electrochemical measurements were recorded using a CHI630D electrochemical workstation (Shanghai Chenhua Co., China) controlled by a microcomputer. Electrochemical studies were carried out using a conventional three-electrode system, in which the working, auxiliary and reference electrodes were a glassy carbon electrode (GCE) ( $\Phi = 3 \text{ mm}$ ) or modified GCE, a Pt-rod and Ag/AgCl ( $3.0 \text{ mol L}^{-1}$  in KCl), respectively. All electrochemical experiments were recorded when the surface of the electrode was stabilised by 10 cycles over a potential range from  $-0.2$  to  $+1.2 \text{ V}$  (vs. Ag/AgCl). Cyclic voltammetry (CV) experiments were carried out in PBS solution (pH 7.0) at a scan rate of  $50 \text{ mV s}^{-1}$ . Magnesia was prepared using an autoclave (Shanghai Hanjun Co., China) and characterized using field emission scanning electron microscopy with energy-dispersive X-ray analysis (SEM, EDX, and JSM-6700F).

### 2.3 Synthesis of nanoporous MgO

Nanoporous MgO was synthesized through a low-temperature hydrothermal process. 50 mM  $\text{Mg}(\text{CH}_3\text{COO})_2 \cdot 4\text{H}_2\text{O}$ , 50 mM  $\text{C}_6\text{H}_{16}\text{N}_4$  and 10 mM  $\text{C}_6\text{H}_5\text{Na}_3\text{O}_7 \cdot 2\text{H}_2\text{O}$  were dissolved in an aqueous solution. The mixed aqueous solution was sonicated at room temperature to dissolve the compounds completely. Then the solution was transferred to a Teflon-lined stainless steel

autoclave and heated at  $90^\circ\text{C}$  for 3 h. A white precipitate was collected by centrifugation for  $\sim 10 \text{ min}$  at  $13\,081 \times g$  to remove the supernatant, washed with distilled water and ethanol, and finally dried at  $120^\circ\text{C}$  for 10 h.

### 2.4 Preparation of the H<sub>2</sub>O<sub>2</sub> sensor

The bare GCE was polished successively with 0.3 and  $0.05 \mu\text{m}$  alumina slurry, and thoroughly washed ultrasonically in ethanol and distilled water. Then the electrode was rinsed with distilled water, and dried in the air. 1.0 mg of nanoporous MgO synthesized by the method described above was dispersed in a mixed solution of 200  $\mu\text{L}$  of isopropanol and 200  $\mu\text{L}$  of Nafion (0.5 wt%) and ultrasonicated ( $\sim 30 \text{ min}$ ) to form a homogeneous suspension. The working electrode was prepared by dropping 4  $\mu\text{L}$  of suspension on a polished GCE, and then covering the electrode with 4  $\mu\text{L}$  of Nafion solution (0.5 wt%). A similar method for sensor fabrication in electrochemical catalysis has been applied and reported before.<sup>27</sup> The addition of a Nafion layer over the MgO nanocomposite modified electrode resulted in a significant increase in the sensor signal due to the enhanced accumulation of protons generated by the catalytic reaction at the electrode surface. Another advantage of using the Nafion polymer for sensor fabrication is that it prevented the loss of the MgO nanocomposite. The obtained nanoporous MgO/GCE was then allowed to dry slowly. Based on a unique nanomaterial modified electrode, the nonenzymatic sensor expressed different sensitivity and specificity to the unmodified GCE; a schematic illustration of the stepwise procedure for the biosensor fabrication is shown in Fig. 1. For H<sub>2</sub>O<sub>2</sub> detection, the electrochemical curves were measured using the CHI630D electrochemical workstation and the MgO/GCE was used as the working electrode.

## 3. Results and discussion

### 3.1 Synthesis and characterization of nanoporous MgO

Numerous methods for the synthesis of MgO have been reported. DC arc plasma jet chemical vapor deposition (DCPJVD) has been used the most. The main deposition parameters are as follows: an arc power of 18 kW, an argon flow rate of  $1.5 \text{ L min}^{-1}$ , a hydrogen flow rate of  $10 \text{ L min}^{-1}$ , the substrate temperature maintained at  $950^\circ\text{C}$ , and the pressure in the reaction chamber maintained at 4.0 kPa.<sup>21</sup> This process comprises four stages: preparation, starting, running, and shutdown, and every stage needs continuous monitoring to



Fig. 1 Schematic diagram of the electrochemical H<sub>2</sub>O<sub>2</sub> sensor.



Fig. 2 SEM image (A) and EDX analysis (B) of the nanoporous MgO.



Fig. 3 CVs of the GCE (a and a'), and nanoporous MgO/GCE (b and b') in PBS solution in the absence (a and b) and presence (a' and b') of 1 mM  $\text{H}_2\text{O}_2$ .

ensure the normal operation of the instrument. The other method is a thermal evaporation process,<sup>22</sup> and the resulting MgO based sensor could detect glucose with oxidation by glucose oxidase but not magnesium oxide. Therefore, these methods were known for the synthesis of nano MgO in earlier research, but the disadvantages have become more and more obvious due to the demand for plenty of product and some specialised properties.

The band gap energy for MgO can be made smaller by decreasing the reaction temperature,<sup>28</sup> with higher conductivity, which is beneficial to the structure of a nonenzymatic  $\text{H}_2\text{O}_2$  sensor.<sup>21</sup> In this work, therefore, we tried to synthesize nanoporous MgO at low temperature by a hydrothermal method. The morphology of the MgO was characterized through SEM (Fig. 2A). It was observed that the MgO nanostructure has a uniform distribution with a nanoporous shape and the average diameter of the MgO nanopores is about 450 nm. Apparently, the nanostructure could provide a high specific surface area. EDX analysis was used to study the components of the nanoporous MgO on an N type silicon wafer substrate (Fig. 2B). It reveals only Mg and O as the constituent elements (the Si, N, and C come from the N type silicon wafer substrate). Therefore, nanoporous MgO was synthesized successfully.

### 3.2 Construction of biosensor and electrochemical response of nanoporous MgO/GCE to $\text{H}_2\text{O}_2$

In a general way, the nano-material based sensors show selective electrocatalysis at different potentials to some molecules. So we modified the GCE with the pretreated nanoporous MgO and Nafion solution to judge the appropriate potential for  $\text{H}_2\text{O}_2$  by cyclic voltammetry (CV) measurements. Fig. 3 shows the typical CV responses of the nanoporous MgO/GCE between the potentials of  $-0.2$  and  $+1.2$  V in the presence of 1.0 mM  $\text{H}_2\text{O}_2$ .



Fig. 4 (A) CV curves of the nanoporous MgO modified electrode in PBS with different concentrations of  $\text{H}_2\text{O}_2$ ; the scan rate is  $50 \text{ mV s}^{-1}$ . (B) Sensor response curve between the magnitude of the anodic current and the  $\text{H}_2\text{O}_2$  concentration in a range from 0.05 to 0.2 mM and 0.2 to 10 mM. The inset is the linear relationship between the magnitude of the anodic current and the  $\text{H}_2\text{O}_2$  concentration in a range from 0.05 to 0.2 mM. The potential is 0.9 V.

**Table 1** Figures of merit of recently reported methods for the determination of H<sub>2</sub>O<sub>2</sub>

Method	Material	Linear ranges (mM)	LODs (μM)	Ref.
Colorimetry	Nitrogen-doped grapheme quantum dots	0.02–1.17	5.3	30
Photoelectrochemistry	Fluorescent gold nanoclusters	0–4	35	31
Electrochemistry	Amino acid-based chiral coordination polymer	0.01–7.69	10	32
Electrochemistry	Manganese dioxide	1–5	—	33
Electrochemistry	Cu <sub>2</sub> O/GNs/GCE	0.3–7.8	20.8	18
Electrochemistry	Nanoporous Au films	0.02–9.74	10	34
Electrochemistry	Urchin-like Co <sub>3</sub> O <sub>4</sub>	0.0001–0.05	0.145	35
Electrochemistry	Nanoporous magnesium oxide	0.05–10	3.3	This work

As shown in Fig. 3b and b', a dramatic change in the CV curve was observed with the MgO/GCE (red line). In contrast, almost no change was observed with the GCE, especially below 0.9 V (Fig. 3a and a'). H<sub>2</sub>O<sub>2</sub> has a wide electrocatalytic oxidation range from 0.75 to 1.2 V (from the CV electrocatalysis, as seen in Fig. 3). Meanwhile, the selectivity of the sensor for the detection of H<sub>2</sub>O<sub>2</sub> showed that the oxidation of interference substances did not occur at a potential of 0.9 V (from the selectivity of the sensor, as shown in Fig. S2†). On the other hand, many interference substances could not be catalyzed at lower potential. Therefore, for fulfilling both the selectivity and sensitivity of the present biosensor, 0.9 V was selected as the working potential. The above results demonstrated that the nanoporous MgO modified GCE attained terrific electrochemical performance for the detection of H<sub>2</sub>O<sub>2</sub>. To illustrate the performance of the nanoporous MgO based sensor, other measurements were also taken. For example, the relationship between the response current of the oxidation of H<sub>2</sub>O<sub>2</sub> and the scan rate is shown in Fig. S1A and B,† and the effect of pH on the electrochemical response to H<sub>2</sub>O<sub>2</sub> at the MgO/GCE is shown in Fig. S1C and D.† A linear regression equation  $I_p (\mu A) = -0.232 + 3.132 \times V^{1/2} (mV^{1/2} s^{-1/2})$ , with a correlation coefficient of 0.998, was obtained. This result indicated that the electrochemical reaction of the modified electrode belonged to diffusion controlled electrochemical processes. Meanwhile, the non-linearity of the pH vs. current relationship showed that a weakly alkaline environment could accelerate the oxidization of H<sub>2</sub>O<sub>2</sub> because of the existence of hydroxide ions in the solution, but an exorbitant concentration (pH > 7.8) did not have an obvious influence. As shown in Fig. S1D,† there is a linear relationship between the current and pH (6.4–7.4). Otherwise, the linear relationship is inconsistent. The major reason for this phenomenon may be that the H<sub>2</sub>O<sub>2</sub> molecule is sensitive to the existence of hydroxide ions in low concentration. Considering the sensitive determination of H<sub>2</sub>O<sub>2</sub> and the pH of milk, a scan rate of 50 mV s<sup>-1</sup> and a solution of pH = 7.0 were chosen as the optimal experimental conditions for the subsequent electrochemical detection. In each case the potential was 0.9 V.

### 3.3 Calibration curve and interferences

Fig. 4A shows the CV curves of the nanoporous MgO modified electrode in 0.1 M PBS solution (pH 7.0) in the presence of H<sub>2</sub>O<sub>2</sub>. The concentrations of H<sub>2</sub>O<sub>2</sub> were 0.05, 0.075, 0.1, 0.15, 0.2, 0.5, 1.0, 2.0, 5.0, and 10.0 mM. We obtained two linear regression

equations at 0.9 V:  $y = 30.729x + 9.435$  ( $R^2 = 0.984$ , 0.05–0.2 mM) and  $y = 6.602x + 15.729$  ( $R^2 = 0.997$ , 0.2–10 mM), and a detection limit of 3.3 μM was calculated using the equation  $DL = 3 \times SD$  (standard deviation)/slope (Fig. 4B). At low H<sub>2</sub>O<sub>2</sub> levels the local concentration at the electrode surface is rapidly depleted as the substrate is converted into product<sup>29</sup> by the catalytic action of the nanoporous MgO, resulting in a high sensitivity of the electrode response. At higher H<sub>2</sub>O<sub>2</sub> concentrations, the nano-material is supplied with substrate for a longer period of time and the reaction proceeds over a larger time window. This, together with the possibility of fouling of the electrode surface by the reaction products, results in a lower slope. Also, it attains a saturation level at higher concentration. Thus, the sensor showed different linear correlations at different concentration ranges. A related summary of the merit of recently reported methods for the determination of H<sub>2</sub>O<sub>2</sub> is shown in Table 1. It reveals that the proposed sensor has a wider linear range, lower detection limit and higher sensitivity.

As shown in Fig. 4A, the response current increased sharply along with the increase in the applied potential. On the other hand, the modified GCE and bare GCE can be catalyzed without H<sub>2</sub>O<sub>2</sub> at high potential above 0.9 V in this work (Fig. 3). Considering some of the interfering substances in milk, we chose three representative interferences: ascorbic acid, folic acid and glucose, which reflected the milk composition and content of the different substances within it. To illustrate the influence of the interferences individually, the amperometric measurements were investigated at 0.9 V and the result showed that no appreciable signal was observed for the successive injections of interferent into the electrolyte solution (Fig. S2†).

### 3.4 Reproducibility and stability of the sensor

The repeatability of the developed biosensor was evaluated by using the same electrode for 3 successive measurements. The coefficients of variance (CVs) were 0.25%, 0.85%, 0.61%, 0.75%, 0.35% and 1.44% for 0.1, 0.15, 1, 1.5, 3 and 6 mM H<sub>2</sub>O<sub>2</sub>, respectively, indicating the reproducibility of the method. The stability of the developed biosensor was investigated by measuring the current shift after different storage times. The experimental results indicated that the current response could retain 95% of its initial current response to H<sub>2</sub>O<sub>2</sub> after storage for 5 days at 20 °C (Fig. S3†).



### 3.5 Samples analysis

To investigate the feasibility of the application of the MgO/GCE for real samples, we chose milk as the base solution. Various concentrations of H<sub>2</sub>O<sub>2</sub> were initially spiked into the three different sterilized milk samples in the absence of endogenous H<sub>2</sub>O<sub>2</sub>. These results are listed in Table S1.† As shown in Table S1,† the recovery was determined to be from 94.3% to 119% for the spiked milk samples, and the average recovery of the biosensor was 105.2% ( $n = 3$ ). Moreover, the milk sample without spiked H<sub>2</sub>O<sub>2</sub> did not show any detectable signal (data not shown).

## 4. Conclusions

In summary, we have demonstrated that nanoporous MgO can be synthesized by a facile method at low temperature with a high aspect ratio. The nanoporous MgO exhibits excellent electro-oxidation activity toward H<sub>2</sub>O<sub>2</sub> with a linear range of 0.05 to 2.0 and 2.0 to 10 mM, and a lower detection limit of 3.3 μM. Furthermore, the H<sub>2</sub>O<sub>2</sub> biosensor based on nanoporous MgO also exhibited excellent long-term stability and reproducibility. Therefore, the excellent response to H<sub>2</sub>O<sub>2</sub> of the biosensor developed here makes it possible to be applied in food safety determinations.

## Acknowledgements

This study was funded by National Basic Research Program of China (973 Program, 2012CB720803), National Natural Science Foundation (61404075, BK20130394), Guangdong Natural Science Funds for Distinguished Young Scholar (2014A030306026) and the Open Research Fund of State Key Laboratory of Bioelectronics, Southeast University.

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