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# Reactive oxygen species, proinflammatory and immunosuppressive mediators induced in COVID-19: overlapping biology with cancer†

Balaraman Kalyanaraman 

This review analyzes the published literature linking the different mechanisms focused on oxidative stress and inflammation that contribute to COVID-19 disease severity. The objective is to bring together potential proinflammatory mechanisms of COVID-19 pathogenesis and address mitigation strategies using naturally occurring compounds and FDA-approved drugs. Outstanding questions addressed include the following: What is the mechanistic basis for linking enhanced vulnerability in COVID-19 to increased oxidative damage and proinflammatory mediators (e.g., cytokines), especially in high-risk people? Can we repurpose anti-inflammatory and immunomodulatory agents to mitigate inflammation in COVID-19 patients? How does 2-deoxy-D-glucose function as an anti-COVID drug? COVID-19, cancer biology, and immunotherapy share many mechanistic similarities. Repurposing drugs that already have been FDA-approved for mitigating inflammation and immunosuppression in cancer may be a way to counteract disease severity, progression, and chronic inflammation in COVID-19. What are the long-term effects of reactive oxygen species-inducing immune cells and sustained inflammation in so-called long-haulers (long COVID) after recovery from COVID-19? Can we use mitochondria-targeted agents prophylactically to prevent inflammation and boost immunity in long-haulers? Addressing the oxidative chemical biology of COVID-19 and the mechanistic commonalities with cancer may provide new insights potentially leading to appropriate clinical trials and new treatments.

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## Introduction

Numerous clinical trials are underway to investigate the effects of antioxidants, anti-inflammatory agents, and immunity boosting agents (e.g., vitamin C, vitamin E, *N*-acetylcysteine, vitamin D, melatonin) and an antioxidant-enriched diet as an adjuvant therapy to standard therapy for coronavirus disease 19 (COVID-19) treatment.<sup>1</sup> The goal of these clinical trials is to test the hypothesis that adjuvant therapies with antioxidants and nutritional supplements will decrease the need for mechanical ventilators through decreased oxidative mechanism and inflammation. The role of reactive oxygen species (ROS)-induced oxidative stress and COVID-19 has been addressed in several reviews.<sup>2–4</sup> This review discusses the potential mechanisms and therapeutic implications of drugs impacting leukocyte biology—from cancer therapeutics to COVID-19—as follows: nicotinamide adenine dinucleotide phosphate (NADPH) oxidase 2 (Nox2) inhibitors,

classical chain-breaking antioxidants, iron chelators, *N*-acetylcysteine/glutathione (GSH) supplements, nuclear factor erythroid 2-related factor 2 (Nrf2)-activating agents, mitochondria-targeted AMP-activated protein kinase (AMPK) activators, and sirtuin activators. For ease of reference, Table 1 lists the abbreviations used in this review article.

## SARS-CoV-2 and reactive oxygen species

After entering the respiratory tract, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) uses a spike protein to latch onto the angiotensin-converting enzyme 2 (ACE2) receptor present on the surface of the cell membrane, and fuses into the lung cell membrane. Its entry into host cells is facilitated by proteolytic cleaving and activation of glycoproteins by the trans-membrane serine protease 2 (TMPRSS2) (Fig. 1).<sup>5,6</sup> ACE2, a membrane-bound enzyme responsible for maintenance of blood pressure, converts angiotensin II (AT-II), which is vasoconstrictive, to angiotensin 1,7 (AT-1,7), which exerts vasodilatory effects. Lung inflammation is enhanced by AT-II, which activates superoxide anion (O<sub>2</sub><sup>•-</sup>), and diminished in the presence of AT-1,7, which

Department of Biophysics, Cancer Center, Center for Disease Prevention Research, Medical College of Wisconsin, 8701 Watertown Plank Road, Milwaukee, WI 53226, USA. E-mail: balarama@mcw.edu

† Dedicated to my longtime friend and mentor, Sampath (Sam) Parthasarathy, who recently passed away due to COVID-19.



Table 1 List of abbreviations

Abbreviation	Term
2-DG	2-Deoxy-D-glucose
8-OHdG	8-Hydroxy deoxyguanosine
AT-1,7	Angiotensin 1,7
AT-II	Angiotensin II
ACE2	Angiotensin-converting enzyme 2
AMPK	AMP-activated protein kinase
COVID-19	Coronavirus disease 19
CXCL10	Chemokines
Fe-S	Iron-sulfur
GSH	Glutathione
GPx	Glutathione peroxidase
H <sub>2</sub> O <sub>2</sub>	Hydrogen peroxide
HIF-1 $\alpha$	Hypoxia-inducible factor 1-alpha
HOC	Hypochlorous acid
IFN- $\gamma$	Interferon gamma
MDSC	Myeloid-derived suppressor cells
Mito-ATO	Mito-atovaquone
MPO	Myeloperoxidase
mtDNA	Mitochondrial DNA
NADPH	Nicotinamide adenine dinucleotide phosphate
NET	Neutrophil extracellular trap
NO $\bullet$	Nitric oxide
Nox	NADPH oxidase
Nox2	NADPH oxidase 2
Nrf2	Nuclear factor erythroid 2-related factor 2
O <sub>2</sub> $\bullet^-$	Superoxide anion
$\bullet$ OH	Hydroxyl radical
ONOO $^-$	Peroxynitrite
OXPHOS	Oxidative phosphorylation
PAD4	Protein-arginine deiminase type 4
PD-L1	Programmed cell death protein 1
PGC-1 $\alpha$	Proliferator-activated receptor-gamma coactivator
PHGPx	Phospholipid glutathione peroxidase
ROS	Reactive oxygen species
SARS-CoV-2	Severe acute respiratory syndrome coronavirus 2
STAT	Signal transducer and activator of transcription
T <sub>effs</sub>	Effector T cells
TLR4	Toll-like receptor 4
TME	Tumor microenvironment
TMPRSS2	Transmembrane serine protease 2
TPP $^+$	Triphenylphosphonium
T <sub>regs</sub>	Regulatory T cells

decreases O<sub>2</sub> $\bullet^-$  in vascular cells.<sup>7</sup> SARS-CoV-2 decreases ACE2 receptors; consequently, AT-II levels are elevated, resulting in enhanced oxidant formation, oxidative stress, and inflammation.<sup>8,9</sup> ACE2 deficiency increases Nox2-mediated oxidant formation.<sup>10,11</sup> ACE2 expression in lung tissues is enhanced in smokers and in chronic obstructive pulmonary disease patients. Depending on the type of mutation in the spike protein, its affinity for ACE2 varies.<sup>12</sup> For example, the naturally occurring D614G mutation (that is predominantly found in the vast majority of isolates) in the spike protein binds to ACE2 with much more affinity, which enhances its entry into the host cells.<sup>12</sup>

SARS-Cov-2 induces proinflammatory mediators (IL-6, IL-8, CXCL10, TNF- $\alpha$ ), and recruitment of neutrophils occurs in response to inflammation (Fig. 1). Baricitinib, an antiviral, an anticytokine, and a Janus kinase/signal transducer and activator of transcription (STAT) inhibitor blocks viral entry of SARS-CoV-2 and prevents the type I, interferon gamma (IFN- $\gamma$ ) mediated increase in expression of ACE2, the receptor for SARS-CoV-2.<sup>13</sup> SARS-CoV-2-mediated neutrophil extracellular trap (NET) formation was proposed to be responsible for COVID-19 pathogenesis.<sup>14</sup>

## Neutrophils and NET formation

Neutrophils, belonging to the family of polymorphonuclear leukocytes (white blood cells), are the first immune cell responders for infection. In response to bacterial, fungal, and viral infections, neutrophils activate other immune cells, engulf pathogens by phagocytosis, and destroy the invading pathogens. The respiratory, or oxidative, burst pathway activates Nox2 and generates O<sub>2</sub> $\bullet^-$ , using NADPH as a cofactor *via* a one-electron reduction of oxygen as part of their antimicrobial mechanism.<sup>15</sup> Dismutation of O<sub>2</sub> $\bullet^-$  forms additional oxidants (*e.g.*, hydrogen peroxide [H<sub>2</sub>O<sub>2</sub>]) that, in the presence of myeloperoxidase (MPO) and the chloride ion, generate hypochlorous acid (HOCl), or bleach, as a potent antibacterial agent. Other potent oxidants such as peroxynitrite (ONOO $^-$ ) and hydroxyl radicals ( $\bullet$ OH) are formed from the reaction between O<sub>2</sub> $\bullet^-$  and nitric oxide (NO $\bullet$ ), which is formed from the nitric oxide synthase-catalyzed oxidation of L-arginine (Fig. 2).<sup>16</sup> In 2004, it was proposed that in addition to the intracellular antimicrobial killing mechanism, neutrophils trap and kill pathogens by casting a toxic extracellular net.<sup>17,18</sup>

## Neutrophil extracellular traps and NETosis: a double-edged sword

NETosis is a form of cell death that is distinctly different from apoptosis or necrosis.<sup>19,20</sup> During NETosis, neutrophils extrude DNA and antimicrobial proteins into the extracellular space, forming a net-like structure, or NETs, to trap and kill invading pathogens (similar to a spider web), including bacteria, fungi, and viruses.<sup>19–21</sup> NETs consist of extracellular DNA decorated with histones, cytosolic proteins, and granular proteins; neutrophil elastase; and oxidative enzymes, Nox2, MPO, and nitric oxide synthase (Fig. 2).<sup>22,23</sup> Histones are positively charged and form a nucleosome with chromatin. Neutrophil elastase, a serine protease, translocates to the nucleus and instigates NET formation. NET formation is triggered by innate immunity receptors activating Nox2 and/or mitochondria that subsequently activate MPO, neutrophil elastase, and calcium-dependent protein-arginine deiminase type 4 (PAD4). PAD4 citrullinates histones and decreases the net positive charge by converting the positively charged arginine to the neutral citrulline, promoting chromatin decondensation.<sup>24</sup> Mutations in Nox2, which do not generate O<sub>2</sub> $\bullet^-$ , occur in neutrophils derived from patients with chronic granulomatous disease. NET formation is not induced under these conditions.<sup>25</sup> Both Nox2 and MPO are implicated in NET formation in plasma isolated from patients with autoimmune conditions.<sup>26</sup> The 8-hydroxy deoxyguanosine (8-OHdG)-enriched DNA present in NETs binds to a transmembrane protein (*e.g.*, Cdc25) on tumor cells and facilitates their metastatic potential (Fig. 2).<sup>27,28</sup>

The excessive accumulation of NETs causes damage to the host by inducing proinflammatory mechanisms.<sup>29,30</sup> The timely removal of NETs is crucial for preventing self-antigens.<sup>31</sup> Degradation of NETs in ischemia/reperfusion-challenged intestinal tissue with deoxyribonuclease 1 is proposed as an effective treatment against intestinal ischemia/reperfusion injury.<sup>32</sup> Enhanced NET levels were linked to the onset of acute and chronic inflammation and autoimmune disorders.<sup>21</sup> A decreased ability to degrade NETs is pronounced in systemic lupus erythematosus lupus





specific markers of NETs: MPO-DNA and citrullinated histone H3. The levels of cell-free DNA showed a strong correlation with other markers of inflammation (e.g., C-reactive protein, D-dimer). Both cell-free DNA and MPO-DNA were much higher in patients on mechanical ventilation as compared with patients breathing room air.

Another interesting finding of this study<sup>21</sup> is that sera from COVID-19 patients triggered NET release from control neutrophils *in vitro*, indicating that circulating NETs could be used to predict the extent of disease severity. NETs stimulated immunothrombosis in COVID-19 patients and were suggested as suitable therapeutic targets to mitigate prothrombotic complications in COVID-19 patients.<sup>39</sup>

The interaction of SARS-CoV-2 with hemoglobin causes dysregulated iron metabolism and iron-mediated oxidative stress and hyperinflammation. Ferroptosis—regulated cell death by iron—is initiated by iron- and oxidant-induced lipid peroxidation (Fig. 2).<sup>40</sup> Oxidized phospholipid accelerates NET formation.<sup>41–45</sup> Deferoxamine, a widely used iron chelator to mitigate iron toxicity, is currently undergoing a clinical trial to determine if it mitigates inflammation in COVID-19 patients.<sup>46</sup> Selenium is essential for the effective functioning of glutathione peroxidase (GPx) enzymes, which are critical for detoxifying lipid and phospholipid hydroperoxides.<sup>47</sup> Either chelation of redox active iron and/or enhancing the GPx/phospholipid glutathione peroxidase (PHGPx) activity is considered to be therapeutically significant for mitigation of COVID-19-induced inflammation.<sup>48</sup> Ebselen, which is a small-molecule therapeutic that has been used as a GPx/PHGPx peroxidase mimetic<sup>49</sup> and an inhibitor of Nox enzymes,<sup>50</sup> can be used to mitigate NET-induced and hydroperoxide-mediated inflammation. Melatonin, *N*-acetyl-5-methoxytryptamine, a brain hormone that regulates the circadian rhythm and is activated in the dark (often referred to as an antioxidant), inhibits hemolysis induced by SARS-CoV-2 binding to red blood cells.<sup>51</sup> Melatonin was shown to inhibit ferroptosis induced by high glucose.<sup>52</sup> Whether melatonin inhibits ferroptosis in COVID-19 remains to be determined. *N*-Acetylcysteine is undergoing clinical trials for treating COVID-19.<sup>53</sup> *N*-Acetylcysteine enhances intracellular GSH levels and its protective mechanism is not due to scavenging of ROS.

In cancer, the opposite scenario occurs. Inhibition of seleno cysteine-containing peroxidase enzymes, which detoxify lipid peroxides and prevent iron-catalyzed reactions, induces ferroptotic cell death.<sup>54–56</sup> A characteristic feature in ferroptosis-therapy resistant cancer cells is the downregulated activity of GPx and PHGPx.<sup>57,58</sup> Drugs that inhibit GPx expression and activity (e.g., RSL3) potentiate ferroptosis-inducing therapy in resistant cancer cells.<sup>57,59</sup>

### NET, inflammation, and the cytokine storm

During the early stages of the COVID-19 pandemic, many patients on ventilators developed respiratory illness and died. More recently, due to the timely use of anti-inflammatory steroids (e.g., dexamethasone), respiratory illness-related deaths have dramatically decreased. COVID-19 patients admitted into intensive care showed elevated levels of cytokines as compared

with those who were not admitted. Dexamethasone, an FDA-approved immunosuppressive steroid that has been used in the clinic for more than 50 years, prevented mortality in seriously ill COVID-19 patients.<sup>60</sup> Following SARS-CoV-2 infection, the immune system is activated through recruitment of T cells, macrophages, and dendritic cells. These immune cells secrete molecules, cytokines, and chemokines to combat the viral infection. The “cytokine storm” (also known as the “inflammation storm”) refers to an uncontrolled, hyper-activation of immune cells, proinflammatory cytokines (IL-6, IL-8, IFN- $\gamma$ , TNF- $\alpha$ ), and chemokines (CXCL10). NETs induce proinflammatory cytokines that further stimulate NETs and cause a “feedback” cascading effect.<sup>61</sup> Drugs decreasing the NET levels have been shown to prevent COVID-19-associated cytokine release.<sup>62</sup>

However, recent findings suggest that the hyperinflammatory cytokine storm is not solely responsible for the morbidity and mortality in COVID-19 patients.<sup>63</sup>

## Cancer and COVID-19: overlapping biology and potential therapies

A recent report reveals promising therapeutic approaches for treating COVID-19 that originate from advances made in cancer research.<sup>64</sup> The mechanistic insights on the leukocyte biology of the tumor microenvironment (TME) gained from decades of cancer research may become very relevant to COVID-19 treatment. Fig. 3 (modified from Bakouny *et al.*<sup>64</sup>) illustrates the interconnected biology and ROS involvement between cancer and COVID-19. Recruitment of myeloid-derived suppressor cells (MDSCs) into tumors triggers immunosuppression in cancers. The antitumor immunity was enhanced in lung cancer by targeting myeloid-derived suppressive pathways.<sup>65</sup> Inhibiting MDSC trafficking was reported to enhance T cell-based immunotherapeutic efficacy (Fig. 4).<sup>66</sup> Drugs (SX-682) suppressing MDSCs<sup>66–68</sup> and entinostat, an orally available histone deacetylase inhibitor,<sup>69</sup> reenergize T cells in the TME. A similar approach is



Fig. 3 Similarities in proinflammatory mechanisms between cancer and COVID-19. Modified from *Cancer Cell*, 38, Ziad Bakouny, Jessica Hawley, Toni Choueiri, Solange Peters, Brian Rini, Jerry Warner, Corrie Painter, COVID-19 and Cancer: Current Challenges and Perspectives, 629–646, Copyright (2020), with permission from Elsevier.





Fig. 4 The effect of mitochondria-targeted agents on immune cells in the TME. Modified from an image created by Margaret Gatti-Mays, MD, that appeared in the Dec. 29, 2020, National Cancer Institute's Center for Cancer Research news article, *New Clinical Trial Studies Immunotherapy Combination for Metastatic Breast Cancer*, with permission from the National Cancer Institute.

plausible for reenergizing the host cell response and mitigating proinflammatory mechanisms in COVID-19.

Enhanced NET formation compromises the adaptive immune system. T cells necessary for the killing of SARS-CoV-2-infected cells are suppressed by mediators released from activation of macrophages and monocytes. In the TME, the T cell activation is suppressed by MDSCs.<sup>70</sup> Thus, agents inhibiting MDSCs could increase the activity of cytotoxic T cells.

There are mechanistic similarities between the mechanisms responsible for toxicity related to cancer immunotherapy and the release of proinflammatory cytokines, TNF- $\alpha$ , IL-1, IL-6, IL-8 (*i.e.*, the COVID-19 cytokine storm) (Fig. 3).<sup>71,72</sup> As previously indicated, the proinflammatory cytokine, IL-6, was shown to promote NETosis in the early phase of severe COVID-19.<sup>73</sup> Tocilizumab, an anti-IL-6 receptor antibody used to counteract cytokine release during immunotherapy, was tested with little success in COVID-19 patients. Acalabrutinib, a selective Bruton tyrosine kinase, used in the treatment of lymphoid cancers, has been repurposed to treat COVID-19 patients with some success with regard to improvement in oxygen requirements and decrease in inflammatory markers (*e.g.*, IL-6).<sup>74</sup>

In the RECOVERY trial, dexamethasone was discovered as the drug of choice to treat severely ill COVID-19 patients. Dexamethasone inhibits proinflammatory cytokine production by shifting toll-like receptor 4 (TLR4) signaling away from NF- $\kappa$ B-driven proinflammatory responses. Although the exact mechanism by which dexamethasone mitigates inflammation in severe COVID-19 patients is unknown, results from preclinical disease models suggest that dexamethasone inhibits NET formation and NET-induced TLR4 signalling.<sup>75</sup>

Recent prostate cancer research has provided additional insights for COVID-19 treatment.<sup>64,76</sup> TMPRSS2 is highly expressed in prostate as well as lung tissue. TMPRSS2 expression is modulated by the androgen receptor in normal prostate tissue and in prostate cancer.<sup>77</sup> Although male COVID-19 patients have worse outcomes than their female counterparts, COVID-19

prostate cancer patients who underwent androgen deprivation therapy required less hospitalization and oxygen supplementation. Randomized clinical trials are underway using androgen receptor antagonists to treat COVID-19 patients.

A cyclic depsipeptide, plitidepsin (aplidin), approved to treat multiple myeloma in Australia, was shown to be 25-fold more effective than remdesivir in inhibiting replication of SARS-CoV-2.<sup>78</sup> This drug exerts a cytostatic not cytotoxic mechanism of action in the *in vitro* cell culture system.<sup>78</sup> Dexamethasone, the anti-inflammatory drug used in COVID-19 patients, also was used to treat multiple myeloma.

### NET, cancer metastasis, and immunosuppression

Circulating tumors secrete chemokine receptor antagonists, CXCR1 and CXCR2, inducing formation of NETs that interfere with immune cytotoxicity.<sup>79</sup> Inhibition of NETosis sensitized tumors to immunotherapy with checkpoint blockade (programmed cell death protein 1 [PD-L1] and cytotoxic T-lymphocyte-associated protein 4). NETs coat the tumor cells, protecting against tumor cell-targeted cytotoxic lymphocytes and/or natural killer cells.<sup>80</sup> Treating with a small molecule inhibitor of NETosis, GSK 484, decreased tumor micrometastases. GSK 484 hydrochloride is a selective and reversible inhibitor of PAD4, and it blocks the citrullination of PAD4 target proteins in human neutrophils. Removal of NETs by treating with deoxyribonuclease 1 or pharmacological inhibitors inhibited tumor-induced inflammation and metastasis. The use of GSK 484 in mitigating NET-mediated inflammation in COVID-19 may be a viable and alternate anti-inflammatory therapeutic approach.

Increased levels of NETs were identified in metastatic lesions.<sup>27,28</sup> A recent study showed that NETosis and enhanced NET formation in distant organs preceded cancer metastasis. This finding raises the possibility that NETs in blood could be used as a predictive biomarker of metastasis.<sup>27</sup> 8-OHdG, a characteristic hallmark of NET-DNA, is an extracellular DNA sensor. The interaction between the transmembrane protein Cdc25 and NET-DNA supports the proliferation of metastatic cells.<sup>27,28</sup> Other markers of NETosis and serum NET levels (*e.g.*, MPO-DNA) were found to be higher in breast cancer patients with liver metastases.<sup>27</sup> Targeting Cdc25 and mitigating NETs in cancer patients may be an effective therapeutic approach to prevent cancer metastasis.<sup>27,28</sup> Targeting NETosis in the tumor immune microenvironment was proposed as a promising anti-metastatic strategy.<sup>27,28,81</sup> The NET-DNA complex acts as a chemotactic factor and attracts metastatic cells to new sites. The transmembrane protein, Cdc25, acts as a NET-DNA receptor on cancer cells and senses extracellular DNA, activating pathways and enhancing cellular motility.<sup>27</sup> NET-mediated metastasis was abrogated in Cdc25-knockout cells.

Neutrophils constitute a major fraction of the inflammatory cells in the TME.<sup>82</sup> Increased NET formation associated with tumor portends poor prognosis in cancer patients. Increasing evidence suggests that neutrophils promote tumor growth and metastatic progression *via* the formation of NETs.<sup>28,83</sup> Surprisingly, the proposed mechanism involves NET stimulation of mitochondrial biogenesis and bioenergetics in tumor cells through



induction and activation of the TLR and peroxisome proliferator-activated receptor-gamma coactivator (PGC-1 $\alpha$ ), a key regulator of cellular energy metabolism.<sup>84</sup> Clearly, suppression of NET is a therapeutic strategy for mitigating tumor growth and metastasis.

## Role of mitochondria in NET: repurposing OXPHOS-targeted agents as anti-inflammatory and immunosuppressive drugs in cancer and COVID-19

SARS-CoV-2 enters human cells by interacting with ACE2 receptors and causes a subsequent decrease in ACE2 levels and impaired mitochondrial function. Emerging research connects NETs and mitochondria in cancer and COVID-19;<sup>84–86</sup> therefore, a promising approach is to repurpose mitochondrial drugs discovered in cancer to prevent COVID-19<sup>87</sup> or mitigate its severity. Mitochondria-targeting drugs exhibit antiproliferative and antiviral effects.<sup>88</sup> Recent reports suggest that after entering cells, SARS-CoV-2 RNA and proteins sequester into mitochondria, are able to “hijack” mitochondrial DNA (mtDNA), and are responsible for mitochondrial dysfunction and systemic inflammation by mtDNA.<sup>89</sup> SARS-CoV-2, similar to NETosis, induces the release of mtDNA from inside the cell.<sup>90</sup>

Previous reports suggest that inhibitors of mitochondrial respiratory chain complexes decrease neutrophil activation and oxidative burst.<sup>91,92</sup> Rotenone and metformin, which are mitochondrial complex I inhibitors, significantly inhibited the recruitment of neutrophils in a lipopolysaccharide-induced lung inflammation mouse model.<sup>93</sup> Using a neutrophil-specific knockout zebrafish model, the first *in vivo* evidence was provided for mitochondrial regulation of neutrophil function.<sup>94</sup> Proper functioning of the mitochondrial electron transport chain and maintenance of mitochondrial membrane potential are required for neutrophil motility and chemotaxis to occur.<sup>94</sup> Perturbation of mitochondrial function was shown to greatly decrease the antimicrobial potency of inflammatory neutrophils,<sup>92</sup> although the role of mitochondria in the neutrophil-induced oxidative burst still remains debatable.<sup>95,96</sup>

Mitochondria-targeted drugs decreased Nox2 levels, oxidative damage, and inflammation in a mouse model of Parkinson's disease.<sup>97</sup> Mitochondria-targeted apocynin, a nonspecific inhibitor of Nox2, attenuated Nox2 and oxidative/nitrative modification of proteins and inflammation in microglia.<sup>97</sup> Mito-Q (*i.e.*, co-enzyme Q conjugated to the triphenylphosphonium [TPP<sup>+</sup>]) moiety, decreased NET formation in a lupus mouse model.<sup>98,99</sup> Mito-Q treatment of SARS-CoV-2-infected monocytes from diabetic patients decreased viral replication and cytokine upregulation.<sup>100</sup> The exact mechanism by which mitochondria-targeted drugs inhibit NET formation is not known; however, reports suggest that these drugs (*e.g.*, metformin) inhibit protein kinase C beta II translocation to the plasma membrane, preventing the activation of Nox and NET component expulsion (DNA–protein complex) to the extracellular space.<sup>101</sup> This is proposed as a plausible mechanism by which metformin inhibits adhesion of cancer

cells to NET and metastasis. Selected drugs that target mitochondria and inhibit Nox2 activity and inflammation are shown in Fig. 5. These and related drugs are possible candidates for mitigation of NETs.<sup>102</sup> IACS-010759, which was shown to inhibit OXPHOS complex I, also inhibited cancer metastases.<sup>103–106</sup> The proposed mechanism involved inhibition of MDSCs in metastatic tumor cells.

Selective inhibition of mitochondrial complex III was reported to activate the function of effector T cells (T<sub>effs</sub>) through mitigation of immunosuppression by regulatory T cells (T<sub>regs</sub>) (Fig. 4). T<sub>regs</sub> are increased in the TME of most cancers.<sup>107,108</sup> The survival of cancer patients is lower in part due to increased presence of T<sub>regs</sub>, which hamper immunotherapy. Drug therapy targeting T<sub>regs</sub> is emerging as a promising antitumor approach.<sup>109</sup> Emerging research suggests that augmenting T cell function (and decreasing T cell exhaustion) is effective in inhibiting the COVID-19 variants.<sup>110</sup> New findings from melanoma research indicate that mitochondria-targeting drugs can boost T cell activity and enhance immunotherapy.<sup>111</sup>

Recent research revealed that mitochondrial complex III activity is critical for preserving the suppressive function of T<sub>regs</sub>.<sup>112</sup> T<sub>regs</sub> with decreased complex III activity exhibit decreased immune function. There are only a handful of mitochondrial complex III inhibitors (*e.g.*, antimycin A, atovaquone, arsenic). Atovaquone is an FDA-approved antimalarial drug that is targeted to mitochondrial complex III. Atovaquone is currently undergoing Phase 2 clinical trial for treatment of COVID-19.<sup>113</sup> This is a randomized, double-blind investigation of atovaquone in adults hospitalized with COVID-19.

Recently, a new class of mitochondria-targeted complex I and complex III inhibitors was developed through conjugation of the hydroxyl group in atovaquone with TPP<sup>+</sup> containing an aliphatic side chain.<sup>114</sup> These modified atovaquone derivatives are called Mito-atovaquone (Mito-ATO) (Fig. 5). Using different sidechain lengths, several Mito-ATO derivatives were synthesized (Mito<sub>4</sub>-ATO, Mito<sub>10</sub>-ATO, Mito<sub>12</sub>-ATO, Mito<sub>16</sub>-ATO, *etc.*). Mito<sub>12</sub>-ATO strongly inhibited both complex I- and complex III-stimulated mitochondrial oxygen consumption. The longer-chain Mito-ATO (Mito<sub>12</sub>-ATO, Mito<sub>16</sub>-ATO) inhibited only complex I- but not complex III-induced oxygen consumption. Mito<sub>10</sub>-ATO inhibited T<sub>regs</sub> and stimulated T<sub>effs</sub>. The longer-chain Mito-ATOs devoid of complex III inhibitory activity did not have any effect on T<sub>effs</sub> or T<sub>regs</sub>. Mito<sub>10</sub>-ATO also inhibited the function of MDSCs. Recent research indicates that a mitochondria-targeted polyphenolic compound activated the infiltration of cytotoxic T cells in the TME, stimulating its antitumor function in a cancer mouse xenograft model.<sup>115</sup>

Mito-honokiol inhibits the brain metastasis of lung cancer in mice xenografts.<sup>116</sup> Mito-honokiol downregulates cytoplasmic and mitochondrial STAT3 phosphorylation.<sup>116</sup> STAT3 has been identified as a promising immunotherapeutic target for anticancer drugs. Inhibition of STAT3 phosphorylation has been reported to inhibit MDSCs, inflammatory cytokines, immunosuppression, and tumor metastasis.<sup>117</sup> Targeting and inhibiting MDSCs with phytochemicals may prevent SARS-CoV-2-induced MDSCs and inhibit immunosuppressive mechanisms in COVID-19.<sup>118,119</sup>





Fig. 5 Structures of selected agents used in cancer and COVID-19 research.

## Use of 2-deoxy-D-glucose as an anti-COVID-19 drug

Recently, in a limited clinical trial consisting of 200–300 moderately and severely ill COVID-19 patients in India, 2-deoxy-D-glucose (2-DG) was found to be effective in reducing the viral load and decreasing the patients' dependency on supplemental oxygen therapy and the extent of hospitalization. This was attributed to enhanced accumulation of 2-DG in infected lung cells, which resulted in decreased glycolysis and energy production in infected lung cells and inhibition of viral replication. Undoubtedly, this limited success needs to be substantiated with more extensive and rigorous phase 2–3 trials on the therapeutic efficacy of 2-DG as an anti-COVID-19 drug.

The aerobic dependency of cancer cells on glycolysis (the Warburg effect) has long stimulated research on the use of 2-DG as an anticancer drug. 2-DG has been used alone and in combination with other standard-of-care cancer therapeutics in numerous clinical trials. Because of neurotoxicity, 2-DG was not approved by FDA in cancer treatment. Like cancer cells, highly proliferating neuronal cells take up 2-DG, resulting in decreased glycolysis and energy production in neuronal cells. Reports also indicate that 2-DG in combination with mitochondria-targeted OXPHOS inhibitors synergistically enhance the antitumor effects of 2-DG.<sup>120</sup> This may be significant in COVID-19 research because metformin, a weak mitochondria-targeting drug, has been used in COVID-19 patients. Thus, it is important to understand the antiviral mechanisms and alterations in metabolic reprogramming of immune cells in the

presence of 2-DG alone and in combination with metformin and other OXPHOS inhibitors.<sup>121</sup> It is also important to fully understand the adverse effects of long-term and short-term administration of 2-DG.<sup>122</sup>

Recent research showed that elevated glucose and glycolysis enhance SARS-CoV-2 replication and cytokine production in monocytes through a mechanistic pathway involving mitochondrial ROS, hypoxia-inducible factor 1- $\alpha$  (HIF-1 $\alpha$ ) stabilization, stimulation of glycolytic genes, cytokine production, T cell dysfunction, and lung epithelial cell death.<sup>123</sup> HIF-1 $\alpha$ , a master regulator of glycolysis and glycolytic genes, was induced in SARS-CoV-2-infected monocytes, leading to elevated glycolysis. The virus caused the metabolic remodelling in lung cells to aerobic glycolysis to provide energy and enable its rapid replication.<sup>100,101</sup> 2-DG inhibits glycolysis in virus-infected cells and induction of proinflammatory cytokines, leading to restoration of T cell function. Pretreatment with Mito-Q or N-acetylcysteine inhibited SARS-CoV-2 replication and cytokine.<sup>100</sup> The only limitation of this study is that Mito-SOX oxidation cannot be equated to mitochondrial O<sub>2</sub><sup>•-</sup>, as O<sub>2</sub><sup>•-</sup> alone does not react with Mito-SOX to form the red-fluorescent product. Thus, the involvement of mitochondrial O<sub>2</sub><sup>•-</sup> in the stabilization of HIF-1 $\alpha$  has not been demonstrated. The mechanisms by which Mito-Q and N-acetylcysteine inhibit SARS-CoV-2 may involve other mechanisms, including an increase in intracellular GSH. This study is significant in explaining why diabetics with uncontrolled blood glucose levels have a greater risk for developing severe to deadly COVID-19.<sup>100,101</sup>



## Long COVID (or long-hauler syndrome)

The common symptoms of COVID-19 are fever or chills, shortness of breath, fatigue, muscle or body aches, headache, dry cough, loss of taste and smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. Individuals experiencing long COVID, or long-haulers, are increasing in numbers. Nearly 10% of surviving COVID-19 patients experience cardiovascular or neurological complications. It is critically important to develop therapies for persistent symptoms (memory fog, loss of smell, and digestive and heart problems) and to reduce cardiovascular inflammation in long COVID patients. Prophylactic treatment may include supplementation with N-acetylcysteine, GSH, CuraMed (a curcumin supplement), and omega-3. Both weakly and strongly targeted mitochondrial drugs (*e.g.*, metformin, honokiol, Mito-Q, Mito-magnolol, Mito-apocynin) (Fig. 5) have been shown to inhibit immunosuppressive cells and inflammation.<sup>97</sup> Because these drugs are relatively nontoxic and do not suppress the immune system like the conventional steroidal drugs, they can be used prophylactically in a preventative setting. Clearly, using mitochondria-targeted drugs and other known immune boosters to enhance mitochondrial fitness and the immune system of host cells infected with SARS-CoV-2<sup>124</sup> may provide protection against or lessen the severity of COVID-19.<sup>124</sup> Female COVID-19 patients, as compared with male COVID-19 patients, elicit much higher T cell activation.<sup>125</sup> Male COVID-19 patients have higher plasma levels of innate immune cytokines (*e.g.*, IL-8).<sup>125</sup> Drugs selectively enhancing mitochondrial biogenesis (resveratrol, quercetin) and mitochondrial function should be tested in clinical trials for COVID-19 treatment. Honokiol, an active anti-inflammatory component extracted from the bark of the *Magnolia officinalis* has been shown to improve mitochondrial function *via* activation of sirtuin 3.<sup>126</sup> Phytotherapy with plant-derived polyphenolics was suggested as a plausible method to mitigate SARS-CoV-2-induced oxidative stress and inflammation.<sup>127</sup> Combining mitochondria-targeted drugs with iron chelators<sup>128</sup> is another approach to more effectively mitigating inflammatory mechanisms.

### Tempol, a new oral antiviral drug?

Emerging research from the National Institutes of Health has revealed that a five-membered nitroxide, Tempol, can decrease COVID-19 infections by inhibiting the RNA-dependent RNA polymerase and blocking the replication of the virus inside the host cells.<sup>129</sup> Previous reports showed that Tempol was able to oxidize and disassemble the iron–sulfur (Fe–S) cluster of cytosolic aconitase.<sup>130</sup> The Fe–S cluster present in the catalytic subunit of the RNA-dependent RNA polymerase is a cofactor of the enzyme that is responsible for the replication of the SARS-CoV-2.<sup>129</sup> Fe–S clusters are sensitive to oxidative degradation,<sup>131</sup> blocking the viral replication. Tempol did not affect the activity of other Fe–S enzymes, mitochondrial respiratory enzymes, or mitochondrial aconitase at higher concentrations of Tempol.

Tempol (the nitroxide moiety) directly reacts with the Fe–S cluster. This is similar to the reaction between nitric oxide, released from the nitric oxide donor molecules, and the Fe–S cluster. Tempol and remdesivir synergistically inhibited the activity of the RNA polymerase and blocked the replication of the SARS-CoV-2.<sup>129</sup> Pioneering research from the National Institutes of Health has previously shown that Tempol has low cytotoxicity and high tissue permeability and exerts an anticancer effect.<sup>130,132,133</sup>

A Phase 2/3, adaptive, randomized, placebo-controlled clinical trial (NCT04729595) was started to examine the effects of Tempol (MBM-02) in preventing COVID-19-related hospitalization in subjects with COVID-19 infection. The estimated completion date of the trial is early 2022.

Although the pro-oxidant function of Tempol is responsible for the inhibition of viral replication, the antioxidant, anti-inflammatory, and anti-coagulant mechanisms of Tempol have been shown to decrease pro-inflammatory cytokines (*e.g.*, TNF $\alpha$ , IL-6). Tempol has a superoxide dismutase-mimetic property that decreases intracellular O<sub>2</sub><sup>•-</sup> levels.<sup>134</sup> If the clinical trial is successful, there is a distinct possibility that Tempol may be considered as a therapeutic treatment for COVID-19.

### Other antioxidative mechanisms

Other antioxidative mechanisms include the major pathways regulating cellular oxidant balance is the transcription factor, Nrf2.<sup>135,136</sup> Nrf2 regulates the expression of antioxidant proteins that protect against oxidative damage induced by inflammation. Several FDA-approved drugs (ursodiol, dimethyl fumarate) and natural compounds (sulforaphane, curcumin, resveratrol, quercetin) are known to activate Nrf2.<sup>137</sup> Reports indicate that Nrf2 activation may significantly decrease the intensity of the cytokine storm in COVID-19.<sup>138,139</sup> Recent reports suggest that the Nrf2 activators may be a potential therapeutic for COVID-19.<sup>138,140</sup>

### Conclusions

In this review, I have attempted to highlight the overlapping oxidative biology (ROS formation, NETosis, ferroptosis, induction of proinflammatory mediators, role of mitochondrial oxidative phosphorylation [OXPHOS], immunosuppression, and immune activation) between cancer and late-stage COVID-19. NET-dependent mechanisms promote the invasive and proliferative properties of tumors. Several drugs targeted to OXPHOS potently inhibit immunosuppressive cells (MDSCs and suppressive neutrophils) and are undergoing clinical trials for treatment of metastatic cancers. Given the overlapping oxidative and proinflammatory and immunosuppressive mechanisms in cancer and COVID-19, promising drugs discovered from decades of clinical cancer research that are already in clinical trials or in consideration for clinical trials (*e.g.*, Nrf2 activators, NF-kappaB inhibitors, iron chelators, classic antioxidants inhibiting NET formation, specific inhibitors of pro-inflammatory cytokines, mitochondria-targeted AMPK activators) may provide new insights into mitigating inflammation in survivors of COVID-19.



## Author contributions

B. K. prepared, wrote, and reviewed the manuscript.

## Conflicts of interest

There are no conflicts to declare.

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