Red to near infrared ultralong lasting luminescence from Mn$^{2+}$-doped sodium gallium aluminum germanate glasses and (Al,Ga)-albite glass-ceramics

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For specific techniques of bioimaging or photodynamic tumor therapy, it is highly desirable to find a luminescent material with emission wavelengths within the region of transparency of biological tissue, i.e., 650 – 1300 nm, and with multiple-hour luminescence afterglow. Here, we demonstrate red to near-infrared persistent luminescence from Mn$^{2+}$ doped sodium gallium aluminum germanate glasses, covering the spectral region of 600 to 800 nm. Persistent luminescence from octahedral Mn$^{2+}$ is associated with the presence of electronic defects with depths of 0.71 eV, 0.80 eV and 1.06 eV, which de-trap thermally at ambient temperature. The process of de-trapping occurs over a time of more than 40 h. When nanocrystalline high-albite Na(Al,Ga)Ge$_3$O$_8$ is precipitated from the supercooled melt through controlled thermal annealing, the red afterglow can be preserved, and the afterglow duration can be further extended to more than 100 h. This originates from the incorporation of Mn$^{2+}$ on octahedral lattice sites with a more ionic bonding character in the compound, and a significant increase of defect density with, at the same time, decreasing depth, i.e., 0.70 eV, 0.75 eV and 0.85 eV. The observed properties suggest that the Mn$^{2+}$ doped Na(Al,Ga)Ge$_3$O$_8$ nanocrystal may provide a new solution to in vivo bioimaging or photodynamic tumor therapy.

1. Introduction

Afterglow luminescence, i.e., luminescence which persists when the external illumination source has been removed, has been known for several centuries. This phenomenon has found a wide range of applications, e.g., for emergency escape routes and exit signs, indoor and outdoor decoration or toys, optical data storage, lighting, temperature sensors or sensors for detecting structural failure.\(^1\)\(^-\)\(^5\) The versatility of materials with useful phosphorescence properties, however, and, in particular, the availability of various emission colors have been surprisingly limited until the last two decades, when, besides the above mentioned applications, new fields of interest emerged in biomedical sensing and imaging. Chen et al.\(^6\) demonstrated X-ray induced persistent luminescent nanoparticles for photodynamic treatment of cancer. They grafted the nanoparticles with photosensitizers which could be excited in situ by the afterglow light released from nanoparticles.\(^6\) The excited photosensitizer can subsequently transform triplet oxygen into the singlet state, which has been considered as a way to kill tumor cells. The overall idea was to enable a more localized tumor treatment and, hence, reduce the need for invasive treatment. Le Masne De Chermont et al.\(^7\) reported on the use of persistent luminescence as a fluorescent probe for in vivo tumor imaging. This was enabled by an afterglow duration of more than one hour after removing the excitation source. Then, the luminescent probe does not need to be excited with external light sources during imaging which avoids signal interference with the autofluorescence of the analyzed tissue. It was demonstrated that notable improvements in image quality and the signal-to-noise ratio can be obtained in that way. These two promising applications have soon turned persistent luminescence materials into very hot research topics in the following years.\(^8\)\(^-\)\(^13\)

The two essential applications necessitate the persistent luminescence materials with suitable emission wavelengths and afterglow time. The emission should better occur in the transparency window of biological tissue, i.e., in the spectral range of ~650 – 1300 nm. The afterglow time should better be longer than a few hours. It is the aim of our work to find such candidate materials.
This actually has stimulated the search for promising materials, and it has led to the series of findings. These include rare earth (RE) or transition metal (TM) doped persistent phosphors.\textsuperscript{12–23} For RE-based phosphors, latest advances are on Eu\textsuperscript{2+}-doped nitrides and Eu\textsuperscript{3+}-doped tungstates, e.g., M\textsubscript{5}Si\textsubscript{3}N\textsubscript{4}Eu\textsuperscript{2+} or MWO\textsubscript{5}Eu\textsuperscript{3+}.\textsuperscript{21,22,23} Their emission, however, peaks at wavelengths below 650 nm, and the afterglow time is typically less than one hour.\textsuperscript{23} So far as we know, the most promising phosphors are trivalent chromium doped gallates.\textsuperscript{4,11,12,21} Pan \textit{et al.}\textsuperscript{4} reported an afterglow duration longer than 360 h as Zn and Ge were substituted for Ga sites. In those materials, luminescence covers the spectral range of 680 to 750 nm, due to the Cr\textsuperscript{3+} transition \(2\text{E} \rightarrow 4\text{A}\textsubscript{2}\) in the octahedral surroundings.

For TM-based persistent phosphors, there are also reports on Mn\textsuperscript{2+} doped persistent phosphors but mainly centering on silicate, germanate or phosphates.\textsuperscript{9,21,24–27} The luminescence mostly occurs over the spectral range of 600 to 750 nm, and it comes from the octahedral sites of Mn\textsuperscript{2+} (\(\text{VIMn}^{2+}\)) once doped into the crystalline phase.\textsuperscript{28} Mn\textsuperscript{2+} doped glasses were also reported with red emissions with lifetime in the millisecond regime such as zinc borosilicates and germanates.\textsuperscript{29–34} As the glass samples were devitrified, it has been found that Mn\textsuperscript{2+} emission will turn into green emission.\textsuperscript{32–35} This is because usually tetrahedral cation sites are predominant in the crystals precipitated inside glass, and Mn\textsuperscript{2+} ions will be driven into the tetrahedral lattice sites in the weak crystal field during the crystallization process. So far, the afterglow of \(\text{VIMn}^{2+}\)-related red photoemission is seldom longer than one hour either in crystals, glasses or glass ceramics. There are also very few report on glass ceramics which can stabilize \(\text{VIMn}^{2+}\) emission centers in crystalline rather than the glass phase. Is it possible inside a glass to precipitate a crystalline phase which comprises octahedral host cationic sites in which Mn\textsuperscript{2+} ions prefer to reside? If so, will the Mn\textsuperscript{2+} luminescent afterglow be longer than one hour?

In this work, we select germanate glass as a target host because Mn\textsuperscript{2+} red afterglow has been found in the glass system and the glow duration has not been mentioned yet.\textsuperscript{33–37} We are looking for a glass and a glass ceramic system in which, upon devitrification, Mn\textsuperscript{2+} will remain in octahedral coordination, but will at least partially be incorporated into the crystal phase (rather than being accumulated in the residual glass phase). We select Mn\textsuperscript{2+} as the activator ions rather than Cr\textsuperscript{3+}. This is partially because Mn\textsuperscript{2+} can show similar red to near infrared emission to Cr\textsuperscript{3+}, and partially because Cr\textsuperscript{3+} containing materials once exposed to oxygen rich environments will tend to be oxidized perhaps into higher valence states such as Cr\textsuperscript{6+}. This species is highly toxic and easily leads to cancer once entering into the human body. Since Cr\textsuperscript{3+} exhibits the outstanding persistent luminescence in gallate, we introduced gallium on purpose into the germanate glass and wish it could help improving Mn\textsuperscript{2+} afterglow properties.\textsuperscript{4,11,12,21,38} Besides, we added percentage of glass modifier ions Na\textsuperscript{+}, which can breakdown the germanate glass network and therefore lower the melting temperature.

We show in the following that Mn\textsuperscript{2+}-doped sodium gallium germanate glass indeed exhibit red persistence luminescence in the spectral range of 600 nm to 800 nm and afterglow can persist longer than 48 hours at a dopant content of 0.1% Mn\textsuperscript{2+}. Out of our expectation is that the nanocrystalline Na(GaAl)Ge\textsubscript{2}O\textsubscript{4} phase can be precipitated from the supercooled melt and it comprises of the sodium octahedral sites and the aluminum/germanium/gallium sites. Mn\textsuperscript{2+} doped glass ceramics can preserve the red emission of Mn\textsuperscript{2+} ions which substitute for sodium sites in Na(GaAl)Ge\textsubscript{2}O\textsubscript{4} (see Fig. 1), and in the meanwhile, the emission intensity can be enhanced while the persistence of luminescence can be improved longer than 100 h. We have employed different techniques such as static and dynamic excitation and photoluminescence spectra, electron paramagnetic resonance spectrum, thermoluminescence, the time resolved emission spectrum, high resolution transmission electron microscopy, etc. to unravel how the red persistent luminescence of Mn\textsuperscript{2+} comes into being and why it can be significantly improved in glass ceramic samples, and evaluate whether it can find application in tumor bioimaging or photodynamic therapy.

2. Experimental

2.1. Syntheses

All glass samples were produced through conventional melting at high temperature and subsequent quenching. For this, analytical grade reagents Na\textsubscript{2}CO\textsubscript{3} and MnCO\textsubscript{3}, and high pure GeO\textsubscript{2} (5N) and Ga\textsubscript{2}O\textsubscript{3} (4N) were used as the starting materials. Batches of 20 g were weighed accurately according to the molar composition 8Na\textsubscript{2}O–12Ga\textsubscript{2}O\textsubscript{3}–80GeO\textsubscript{2}. MnCO\textsubscript{3} was added for Mn\textsuperscript{2+}-doping in nominal quantities of 0–3.0 mol%. The batches were thoroughly mixed and filled into alumina crucibles. Each batch was then melted in a resistively heated furnace at 1550 °C for 30 min under ambient atmosphere. The melts were poured onto a preheated stainless steel plate and splash-cooled by pressing with another stainless steel stamp. The solidified samples were subsequently annealed at 350 °C for 10 h. Thus obtained visually transparent and colorless glass samples were cut into a size of 10 mm × 10 mm × 1 mm and polished for the following optical analyses and heat treatment procedures. For referencing, labels G-Mn-x are used, where x stands for the nominal amount of added Mn\textsuperscript{2+} in mol%. Differential scanning
calorimetry was used to determine the peak temperature of crystallization, \( T_c = 695 \, ^\circ \text{C} \) for G-Mn-0.1. Crystallization treatments of this latter sample were performed at this temperature for holding times of 0.5 h, 1 h, 2 h and 5 h. In the following, these samples are labelled GC-0.5h, GC-1h, GC-2h and GC-5h, respectively.

### 2.2. Characterization

Static excitation and photoluminescence (PL) spectra, emission lifetime data and dynamic emission decay spectra were recorded on a high resolution spectrofluorometer (Edinburgh Instruments FLS 920), equipped with a red-sensitive single photon counting photomultiplier (Hamamatsu R928P) in a Peltier air-cooled housing over the spectral range of 200 to 900 nm. A pulsed xenon flash lamp (pulse duration \( \tau \), \( \mu \text{s} \)) with an average power of 60 W, and a 450 W xenon lamp were used as excitation sources, respectively, for the emission decay curves and the steady-state measurements. Absorption spectra were recorded using a UV/VIS/NIR spectrophotometer (Lambda-900, PerkinElmer, USA). Differential scanning calorimetry (DSC) was performed with a STA449C Jupiter (Netzsch, Germany) in ambient atmosphere at a heating rate of 10 K min\(^{-1}\) in the range from 20 to 1200 °C. X-ray diffraction (XRD) patterns of the glass-ceramics were recorded with a Rigaku D/max-IIIA X-ray diffractometer (40 kV, 1.2’’ \( \times \), 40 mA, Cu-K\(_{\alpha} \), \( \lambda = 1.5405 \, \text{Å} \)). The crystal morphology and size distribution were analyzed using a high-resolution transmission electron microscope (HRTEM, 2100F, JEOL, Japan), equipped with an energy-dispersive spectro-meter (EDS) system to map the chemical element distribution. Electron paramagnetic resonance (EPR) spectra were recorded at 85 K using an X-band spectrometer (Bruker A300).

The afterglow decay curves and thermoluminescence (TL) curves were measured with a FJ427A1 thermoluminescent dosimeter (CNNC Beijing Nuclear Instrument Factory). Before each measurement, the samples were first heated to 250 °C to completely de-trap all electrons and to heal-out eventual pre-existing (shallow) defects. An amount of 0.005 g of powder was weighed for each sample and exposed to 254 nm illumination from a mercury lamp at an output power of 60 W for 5 min. Subsequently, with a total delay time of 30 s after removal of the excitation source, photoluminescence decay curves were recorded. After a total delay of 10 min, TL curves where recorded. The range of the TL curves measurement was from room temperature (RT) to 250 °C with a scanning rate of 1 °C s\(^{-1}\). If not otherwise stated, all other measurements were performed at room temperature.

### 3. Results and discussion

#### 3.1. Photoluminescence from \(^{3d}\text{Mn}^{2+}\) doped germanate glass

All the Mn\(^{2+}\)-doped or undoped germanate glasses are visually colorless and transparent. When exposed to 254 nm irradiation, red photoemission is readily visible in all Mn\(^{2+}\)-doped samples, whereas the undoped samples do not exhibit red PL. The red PL is therefore clearly assigned to the presence of manganese. Exemplary EPR spectra of glassy and glass ceramic samples are shown in Fig. 2. The typical sextet structure with a resonance at \( g = 1.9941 \) is associated with magnetic dipolar transitions of Mn\(^{2+}\) in a highly symmetric state. The hyperfine splitting which is observed in G-Mn-0.1 is indicative of isolated Mn\(^{2+}\) ions, similar to observations in other glasses. In the glass ceramic samples GC-1h and GC-5h, the sextet is less clearly visible. While it is not fully quenched-out, this points to weak Mn\(^{2+}\)-Mn\(^{2+}\) magnetic interactions. We see a sharpening of the main resonance, now at \( g = 1.9933 \), with progressing time of crystallization treatment, but the width and constriction of the signal remain practically unchanged during crystallization. The latter indicates that there is no increase in the magnetic interactions between Mn\(^{2+}\) ions during crystallization, which would have resulted in exchange narrowing of the signal. This is an important observation as it indicates that during crystallization, there is no notable agglomeration of Mn\(^{2+}\) species in the residual glass phase and, hence, that Mn\(^{2+}\) is incorporated into the crystalline phase. The EPR linewidth of the main signal is about 40 mT for all samples, which is rather low and indicates the presence of edge-sharing \(^{6}\text{Mn}^{2+}\) polyhedra.

As will be discussed later, this is in good agreement with the crystallographic analyses which evidence the presence of trigonal high-albite, Na(Al,Ga)Ge\(_3\)O\(_8\), in which Mn\(^{2+}\) may be incorporated into the octahedral sites edge-shared with the tetrahedral sites. The slight but significant down-shift in the \( g \)-value reflects a change in the bond character to more ionic bonding.

Photoluminescence spectra of all samples are shown in Fig. 3a. Upon excitation at 250 nm, all doped glasses show a prominent, broad emission band spanning the spectral range of 550 nm to 800 nm, originating from the spin-forbidden \(^{4}\text{T}_2(4\text{G}) \rightarrow ^{6}\text{A}_2(6\text{S})\) transition in \(^{6}\text{Mn}^{2+}\). With the increasing manganese content, the emission peak red-shifts gradually (Fig. 3a). At the same time, the emission intensity increases up to \( x = 2.0 \), and decreases for higher \( x \), apparently due to concentration quenching. The PL decay curve follows well a single exponential function for as long as \( x \leq 0.5 \).
At higher $x$, a multi-exponential function is required to fit the experimental decay data, indicating that at least two different emission species are active in these cases (Fig. 3c).

For a persistent luminescent material, the luminescence persistence is contributed by the activator lifetime, and the detrapping time which corresponds to the time when electrons are thermally discharged from the defect centers and then transferred to the activator, here Mn$^{2+}$. To qualitatively understand how the PL lifetime changes with Mn$^{2+}$ content, we define the PL lifetime as the time when the PL intensity decreases to the $e^{-1}$ fold of the initial intensity. This was produced by fitting each curve to a single exponential equation and depicted as the inset of Fig. 3c. It is in the order of milliseconds for all samples and it implies the effect of concentration quenching. To reveal the mechanism which dominates the quenching process, we fitted the concentration dependence of emission intensity to the classic equation:

$$I = I_c \times \left[ k \left( 1 + \beta \times \left( \frac{x}{x_c} \right)^{\gamma} \right) \right] \quad (1)$$

where $I$ is the integrated emission intensity at concentration $x$; $I_c$ is the critical concentration; $k$ and $\beta$ are constants for specific interaction in the host; and $\theta = 6, 8, 10$ stand for electric dipole–dipole, dipole–quadrupole, and quadrupole–quadrupole interactions, respectively. The fitting correlation coefficient is 92.97%, 87.61% and 81.87% for $\theta = 6, 8, 10$, respectively (see Fig. 3b).

This means that electric dipole–dipole interaction is dominating the quenching process.

PL excitation spectra are shown in Fig. 3d. For all Mn$^{2+}$-doped samples, they comprise a dominant band at ~250 nm with a broad shoulder from 275 nm to 375 nm, and a well-separated sharp peak at ~413 nm with another shoulder at approximately 500 nm. The corresponding band assignments are given in Fig. 3d.29–31 Also the excitation peaks exhibit a red-shift with increasing Mn$^{2+}$ content. Obviously, the shoulder band peaking at about 500 nm extends to ~550 nm. It therefore overlaps with the emission spectrum, meaning that re-absorption may occur especially at higher content of Mn$^{2+}$ (see Fig. 3a and d). This is taken as one of the reasons for the observed red-shift in the emission and excitation spectra. Noteworthy, there is another weak band occurring at around 410 nm. We assign this to the presence of oxygen-defects on Ge$^{4+}$ entities, Ge-associated oxygen defects (GODCs).34,46 Similar defects have been observed in germanate glasses previously.31,46 Their intensity decreases with increasing Mn$^{2+}$ content due to energy transfer from GODCs to Mn$^{2+}$.

### 3.2. Persistent luminescence from Mn$^{2+}$ doped germanate glass

Upon removal of the UV-C excitation source, all Mn$^{2+}$ doped samples exhibit visible red afterglow. Fig. 4 shows exemplary...
photographs of this. Obviously, afterglow duration and intensity, respectively, strongly depends on dopant concentration and (as will be discussed in the following paragraphs) on the degree of crystallization. Afterglow decay spectra of sample G-Mn-0.1 are depicted in Fig. 5. Within the first 15 s of decay, the peak position of Mn\(^{2+}\)-related photoemission shifts from 643 nm to 670 nm. Some further but less pronounced red-shift, \(i.e.,\) to 677 nm, is observed in the following 4 min. Subsequently, the peak position remains constant. This transition indicates a convolution of rapid and slow decay processes, assumedly originating from different emission centers which are present in the glass sample. The slow decay process can persist longer than 48 hours (see Fig. 5). In Fig. 6, we depict thermoluminescence (TL) spectra as a tool to assess the depth of the electronic traps which are the assumed origin for the persistence of PL. For sample G-Mn-0.1, the TL curve is dominated by a single broad band which covers the temperature range of 300 to 525 K. This generally reflects a wide energetic distribution of traps. An accurate fit of the experimental spectrum is obtained with an overlay of three Gaussian functions centered at 354, 401 and 529 K. We employ Urbach’s method in order to quantify the depth of individual traps through fitting those peaks to the experimental data, \(i.e.,\)

\[
E = T_m/500,
\]

where \(E\) is the thermal activation energy or the depth of the trap level in eV, and \(T_m\) (K) is the peak temperature of the underlying Gaussian. Derived values are summarized in Table 1. For the glass G-Mn-0.1, we obtain at least three types of traps with a depth of 0.71, 0.80 and 1.06 eV, respectively.

### 3.3. Enhanced PL and persistent luminescence from \(\text{VI}Mn^{2+}\) doped germanate glass ceramics

Thermal treatment of the glass specimen results in the precipitation of a nanocrystalline secondary phase. The details of this process will be discussed in the subsequent paragraph. Here, we first consider its effect on the PL performance of the material, assuming that through crystal precipitation, the optically active \(\text{VI}Mn^{2+}\) species can be forced into an ordered octahedral ligand field with strongly enhanced PL afterglow duration. Since the sample G-Mn-0.1 already as a glass has the longest PL lifetime of all samples (Fig. 3c), we focus on this composition in the following experiments. As already noted, thermal treatment was performed on the basis of prior DSC analyses. After crystallization, the visual color of PL from the sample changes from deep red to orange, see Fig. 4. The corresponding PL spectra are shown in Fig. 7. With the onset of crystallization, there is a clear red-shift of the broad main emission peak, \(i.e.,\) from \(\sim 643\) nm to \(\sim 671\) nm. At the same time, a weaker green emission band appears at \(\sim 530\) nm, indicating re-precipitation of Mn\(^{2+}\) in a less-strong ligand field, \(i.e.,\) tetrahedral \(\text{IV}Mn^{2+}\). The appearance of this band is the reason for the apparent change in the PL color. The inset of Fig. 7a shows the dependence of integrated emission intensity on the crystallization time. The integration was made over the spectral range from 350 nm to 820 nm. It depicts that the intensity of the glass ceramic sample is stronger than the glass sample. We further notice that particularly for sample GC-5h,
the overall PL intensity is enhanced – two times than that of the glassy sample. Fig. 7b shows the excitation spectra of the glass ceramic samples, recorded for the $^{3}Mn^{2+}$ species. The assignment of the excitation band is similar to G-Mn-0.1.

With the removal of the excitation source, all glass ceramics exhibit a more intense and longer afterglow. This is especially the case for sample GC-5h (see Fig. 8). Noteworthy, even after 104 h, some afterglow could still be detected. Fig. 9 shows the time resolved emission spectra of GC-5h, which were measured at different delay times from 15 s to 104 h. A strong blue-shift of the emission peak occurs within the first 15 s, i.e., from 671 nm to 635 nm (see Fig. 9 and 7a). Subsequently, the peak slightly red-shifts to ~650 nm (see the 30 h to 104 h delayed curves in Fig. 9). This implies multiple $^{3}Mn^{2+}$ emission centers in the glass ceramic sample. The green PL band which was attributed to $^{4}Mn^{2+}$ does not show persistent luminescence after removal of the excitation source (see Fig. 9).

TL, XRD and EPR spectra of glass ceramic samples were collected to understand the observed differences between glass and glass ceramic samples. The TL spectra indicate that the strongest peak occurs at ~360 K in the glass ceramics, at a lower temperature than in the glassy specimen (see Fig. 6). This means that the energetic depth of the underlying defect is...
slightly lower. Again, we obtain an accurate fit with three Gaussian bands (Table 1). For GC-5h, the corresponding defect depths are 0.70 eV, 0.75 eV and 0.85 eV, respectively, all lower than the ones observed in G-Mn-0.1. This might be due to the substitution of gallium ion with a higher ionization energy (IE) for the aluminum ion (IE = 2745 kJ mol$^{-1}$) in glass ceramic samples as will be discussed below. The decrease of the content of the codopant with lower IE will make the traps shallower. This was observed similarly in ZnS:Cu+,Co2+. This much higher intensity of TL emission further indicates a much higher number density of those defects.

Fig. 10 shows the XRD pattern of the glass samples G-Mn-0.1 after different crystallization times (0–5 h). As expected, there are no obvious diffraction peaks in the glass sample, nor in the GC-0.5h sample. This indicates that those two samples are amorphous, or that the crystals are too small to cause lattice diffraction. For GC-0.5h, we expect the latter because we did observe the green emission band in the PL spectra which we took as evidence for the occurrence of some $^{49}$Mn$^{2+}$. In GC-1h, GC-2h and GC-5h, sharp diffraction peaks appear and grow further with prolonged treatment time. We use Scherrer’s equation to obtain a rough estimate of the corresponding crystallite size, $D = K\lambda/β\cosθ$, where $D$ is the crystallite size, $K$ is a dimensionless shape factor, $λ$ is the X-ray wavelength, $β$ (rad) is the line broadening at half maximum (FWHM), and $θ$ (rad) is the Bragg angle. The strongest diffraction peak with $2θ = 27.02^\circ$ was selected for the calculation, yielding an average size of $\sim 30$ nm, 50 nm and 60 nm for GC-1h, GC-2h and GC-5h, respectively. For GC-5h, the morphology and size distribution of those nanocrystals was also analyzed by HR-TEM, see Fig. 11a, where irregular crystallites with size of $\sim 20–50$ nm were observed. The lattice fringes can be observed in a higher resolution image, as the inset of Fig. 11a shows, and the distance between neighboring crystal lattice fringes is $\sim 0.328$ nm, and it corresponds to the (002) crystal facet of albite Na(Al,Ga)Ge$_3$O$_8$. This consists of the diffraction patterns of Fig. 10, which point to a triclinic phase of space group $\text{C}_{1}$, NaAlGe$_3$O$_8$ (ICSD #61170). Ga$^{3+}$ can readily substitute for Al$^{3+}$ to form the gallium albite, Na(Al,Ga)Ge$_3$O$_8$, which we expect to occur in the present case. We relate the presence of Al$^{3+}$ to crucible dissolution, which was confirmed by two-dimensional element mapping analysis as shown in Fig. 11b–f. Sodium, germanium, aluminum, gallium and oxygen are homogeneously distributed throughout the sample.

The Rietveld refining was made with FullProf Suite Program version 2011, and it starts with the crystallographic data of NaAlGe$_3$O$_8$ (ICSD #61170). The refining produces lattice parameters of $a = 8.4063$ Å, $b = 13.2844$ Å, $c = 7.3389$ Å, $α = 94.39^\circ$, $β = 116.28^\circ$, $γ = 90.86^\circ$ and $V = 731.59$ Å$^3$ for sample GC-5h. The cell volume is a little bigger than 731.47 Å$^3$ (ICSD #61170). This expansion of the cell is a sign for the incorporation of gallium into the NaAlGe$_3$O$_8$ compound and, thus, for the formation of the solid solution Na(Al,Ga)Ge$_3$O$_8$. It is also consistent with the shifts of the diffraction peaks to somewhat lower angles as compared to the pure high-albite (see Fig. 10). High-albite comprises one type of octahedral sodium sites and four types of tetrahedral Ge/Al/Ga sites. When manganese ions are introduced, considering their radius alone, they can assumedly substitute for either sodium or for any of the tetrahedral sites. The latter explains the occurrence of some
green PL, while the former is taken to be at the origin of prolonged afterglow.

3.4. Afterglow mechanism

Inspecting more carefully the PL and the afterglow spectra of the Mn\(^{2+}\) doped glass ceramics (see Fig. 7a and 9), we find notable differences, especially in the green spectral range. The green emission is absent from the afterglow spectra. This implies that the persistent luminescence mechanism is not due to a process which involves thermally activated electrons released from traps and consequently tunneling through the conduction band. The latter would be the case if trapped electrons are thermally emitted from the traps and lifted to the conduction band. Subsequently, they can be captured by the activator ions. Afterglow is then a result of the recombination of electrons and holes. If this route dominated the emission process, also the green emission of IV\(\text{Mn}^{2+}\) should be visible in the afterglow since the higher-lying excited level from which this emission occurs is much closer to the conduction band as compared to the gap between the red-emitting level and the conduction band. On this basis, we propose the mechanism, as schematically shown in Fig. 12.

When the samples were illuminated with ultraviolet light, different types of Mn\(^{2+}\) emission centers (named EC1, EC2 and EC3) were observed. The PL spectra show a green emission peak at around 520 nm, and the afterglow spectra exhibit a prolonged green emission. The mechanism of persistent luminescence processes in Mn\(^{2+}\) doped glasses and glass-ceramics is complex and involves a variety of electron and hole transitions. The schematic diagram in Fig. 12 illustrates the proposed mechanism, where different types of defects (D1, D2, and D3) are involved in the generation of the persistent luminescence processes.
EC3 but the number is for sake of visualization in Fig. 11) in the hosts are excited along path 1 into the \(^{4}T_1, \left(4^P\right) \) state, the latter lying in the conduction band. This leads to a separation of electrons and holes. Holes subsequently follow path 2 and flow into the valence band. Simultaneous removal of the electron and hole will not lead to the valence variation of the manganese ion. Some electrons, on the other side, relax to the lower end of the conduction band via path 3. Another portion of electrons transits through the non-radiative path 4 to the different types of the shallow defects such as D1, D2 and D3. D1–D3 have the depths as summarized in Table 1. When the excitation source is removed, electrons start to escape from the traps D1–D3 via path 5. Path 5 is thermally activated and it, hence, is slow at room temperature. The electrons can also be removed from D1 (or D2, D3) directly, and be trapped on the excited states of EC1 (or EC2, EC3). They can further also escape from a deeper defect to a shallower defect reversibly, and then be captured by the activators. In the meanwhile, thermal stimulation will lift holes from the valence band to the ground state via path 2. Once the electrons are trapped on EC1 (EC2, EC3), they emit their potential energy in the form of red light by recombining to holes. The relaxation dynamics, in turn, depend on the depth and the density of defects D1 to D3. As the Mn\(^{2+}\) doped glass is transformed into the glass ceramic, the defects become shallower and more populated. We did try to charge these shallow defects with other light sources such as 365 nm or 410 nm LEDs, but failed. This confirms that path 1 is the crucial process for lifting the electrons into the conduction band directly. Once electrons are in the conduction band, they can move freely and, especially, charge the defects. The defects, as discussed in ref. 14, may not be randomly distributed throughout the sample. They with depth as presented in Table 1 prefer gathering in the vicinity of manganese sites. It, therefore, enables energy transfer possible from the defects to the activators.

In view of the ultralong lasting afterglow, we had tried to synthesize Mn\(^{2+}\) doped NaAlGe\(_2\)O\(_4\) crystals by traditional high temperature solid state reaction but failed. Further studies are obviously necessary on how to prepare the high pressure phase with a controlled size and morphology by other techniques rather than the current technique of crystallization from the glass phase. Usually for nanosized persistent luminescence materials, the persistence will be greatly shortened especially as compared to bulk materials. This work, however, differently, shows that the persistence can be preserved longer than 100 h even when the doped crystalline phase of Na(Al,Ga)Ge\(_2\)O\(_8\) becomes as small as 50 nm. This, plus luminescence in the 600 nm to 800 nm range lying in the tissue transparent region, demonstrates its potential application in tumor bioimaging or photodynamic therapy. This study is the first and primary step towards it.

4. Conclusions

In this work, we found a new type of Mn\(^{2+}\) doped sodium gallium aluminum germanate glass which can exhibit red to near infrared luminescence persisting longer than 48 h in the spectral range from 600 to 800 nm. The persistence of Mn\(^{2+}\) red luminescence can be preserved and improved even longer than 100 h through controlled crystallization and defect engineering (modulation of the defect depth and density as Fig. 6 and Table 1 reveal). This is thanks to successfully inducing in glass the formation of albite Na(Al,Ga)Ge\(_2\)O\(_4\) which comprises sodium octahedral sites, and therefore, stabilizing the red emissive Mn\(^{2+}\) ions. The controlled crystallization can lead to the precipitated crystal Na(Al,Ga)Ge\(_2\)O\(_8\) with a size smaller than 50 nm (see Fig. 10 and 11), and this small size of the nanocrystal does not quench the persistent luminescence as many reports have reported, and it, therefore, provides us with new insights into the field of biomedical imaging or photodynamic therapy after further optimization and grafting of functional surface layers to the Mn\(^{2+}\) doped nanocrystals in the future.

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