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Manuscript for *Analyst* (Full paper)

Title:

Micro-thermography in millimeter-scale animals by orally-dosed fluorescent nanoparticle thermosensors

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## Abstract

We propose an instant micro-thermography using a fluorescent-nanoparticle thermosensor capable of reporting temperature as the fluorescence intensity ratio of temperature-sensitive dye to the reference. We demonstrate “temperature mapping” inside a fruit fly larva that was orally dosed with the nanoparticle thermosensors.

## Introduction

Thermogenesis is a process to warm up the bodies in endothermic animals such as birds and mammals.<sup>1</sup> By sustaining the body temperature, organs and tissues can work at the optimal conditions in cold environments. In contrast, it is somewhat believed that the temperature in heterothermic animals is as the same as the surrounding. However, very recently, the endothermy in a certain type of fish (the opah), which has been considered as being cold-blooded, was discovered by Wegner’s group.<sup>2</sup> These fishes produce heat through flapping of wing-like pectoral fins under a deep and cold ocean to enhance the physiological performance during foraging. Their discovery implies what other species even not categorized in homothermic animals use endothermy to locally warm up some organs. Furthermore, some of heterothermic animals also possess thermoreceptor cells in the part of the body, sense the change in the external temperature and regulate their cellular functions.<sup>3,4</sup> Yet it is still unclear what the temperature distribution in their body is generated in response to the surrounding temperature and how the thermoreceptor cells localized in the bodies perceive the environmental temperature. To address these issues, it is straightforward to comprehend the temperature “inside animals” and its spatial distribution. The method for temperature mapping is expected to be one of the fundamental technologies.

Infrared thermography (IRT) has been a powerful means to meet these requirements. However, it is hardly applicable for wet biological samples where water molecules absorb the light at the region of infra-red wavelength. We can only speculate the internal temperature from the data as the surface temperature obtained as the black body irradiation. In addition, commercial infrared thermal cameras have limited spatial resolution (c.a. 10  $\mu\text{m}$ ) and thereby cannot be applied for cellular and tissue-level studies.<sup>5</sup> Fluorescent thermosensors are capable of reading out temperature as fluorescence signals such as fluorescence intensity, spectrum shift and lifetime. They have garnered attentions as a promising way to overcome the inherent limitations in IRT.<sup>5,6</sup> Up to date, various types of fluorescent thermosensors have been developed; e.g., organic small dyes,<sup>7,8</sup> inorganic particles,<sup>9</sup> nano-gel particles,<sup>10</sup> fluorescent proteins,<sup>11</sup> gold clusters<sup>12</sup> and dye-embedded polymeric particles.<sup>13-15</sup> These sensory materials are well-designed to be nanometer-sized with a view to high spatial resolution. More recently, some of them including ours achieved the visualization of temperature distribution in wet

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6 biological samples such as living cells.<sup>7-11,15</sup> In particular, intensity-based (intensiometric)  
7 fluorescent thermosensors predominate in terms of temporal resolution down to microsecond  
8 orders,<sup>16</sup> whereas the other methods require a few seconds to minutes to make single images.  
9 Despite their promising feasibility, there have been scarce attempts to visualize temperature in  
10 living organisms of millimeter scale. A pioneering group only succeeded in visualizing  
11 temperature of *C. elegans* using green fluorescent proteins.<sup>17</sup> However, this methodology  
12 requires genetic engineering of the study animals, which interferes with its application to a wide  
13 variety of species.  
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18 In this paper, we propose a more accessible and easier-to-use method where polymeric  
19 particles as intensity-based fluorescent thermosensors are coupled with a simple oral dosing  
20 way for the delivery into the living organisms.<sup>18</sup> A brief account of a part of the present study  
21 was presented previously.<sup>19</sup> The benefit of an intensity-based thermometry includes the  
22 convenience that it requires only a conventional epi-fluorescence microscope widely used in  
23 modern biological laboratories. The problem shared among intensiometric measurements is that  
24 the fluorescence intensity is altered due to the movement of the animal, leading to the under or  
25 overestimation of the measurement. Thus, we developed a self-calibrating ratiometric  
26 fluorescent nanoparticle thermosensor (RNT) with both a temperature sensitive and a  
27 less-sensitive dye as an internal reference, which allows the correction of the displacement error.  
28 We further demonstrate the delivery of RNT to fruit fly larvae with orally dosing method, and  
29 the micro-thermography inside individual bodies.  
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### 38 **Experimental section**

39 **General procedure.** All organic solvents and chemical reagents were purchased from  
40 Sigma-Aldrich. Poly(vinylidenechloride-co-acrylonitrile) (PViCl-PAN) (Mw: 150000),  
41 poly(methyl methacrylate-co-methacrylic acid) (PMMA-MA) (Mn: 34000), poly(methyl  
42 methacrylate) (PMMA) (Mw: 94600), poly(styrene-co-methacrylic acid) (PS-MA) (Mw: 38000),  
43 polystyrene (Mw: 35000), polyvinylalcohol (PVA) (Mw:13000-23000) and  
44 tris(2-phenylpyridinato-C2,N)iridium(III) (Ir(ppy)<sub>3</sub>) were purchased from Sigma-Aldrich.  
45 Eu-tris(dinaphthoylmethane)-bis-trioctylphosphine oxide (EuDT) was synthesized according to  
46 the previous literature (Shinsei Chemical Company Ltd).<sup>20</sup>  
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53 **Preparation and characterization of RNTs.** The polymeric particles were prepared according  
54 to previous reports.<sup>13,15</sup> Briefly, PS-MA (15 mg), EuDT (1.5 mg), and Ir(ppy)<sub>3</sub> (0.01 mg) were  
55 dissolved in 1 ml of tetrahydrofuran (THF) and then were added into 8 ml aqueous solution of  
56 PVA (160 mg). After being stirred at 1000 rpm for 1 hr at room temperature, the mixture was  
57 heated up and kept at 60 °C until THF evaporated completely. The resulting solution was  
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6 purified using a Sephadex PD column (GE Healthcare) to remove excess dyes. The  
7 hydrodynamic diameter and the surface charge of the resulting particles were characterized by  
8 Zetasizer ZSP (Malvern). The fluorescence was recorded using a fluorescence  
9 spectrophotometer (Hitachi F-2700).  
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13 **Microscopy experiments.** For fluorescence imaging experiments, an Olympus MVX10 Macro  
14 Zoom System Microscope with objective lenses MVPLAPO 1X, NA 0.25 and MVPLAPO 2XC,  
15 NA 0.5 were used for *in vivo* observation of PS-RNT in the larvae and for the observation of  
16 PS-RNT on the glass, respectively. An EM-CCD camera (iXon3 897; Andor Technology) was  
17 used to capture images. A FF01-405/10 excitation filter and a Di02-R442 dichroic mirror were  
18 used for excitation. A FF01-520/60 barrier filter was used to observe the fluorescence emission  
19 of Ir(ppy)<sub>3</sub> and a FF01-615/24 filter was used for EuDT. A Lumencor Spectra X light engine  
20 was used as the light source. The size of the observation field was 5.22×5.22 mm in 512×512  
21 pixels for larvae and 0.84×0.84 mm in 512×512 pixels for substrate. Two-dimensional images  
22 were taken with an exposure time of 30 msec. For *in vivo* experiments, laboratory wild-type  
23 *Drosophila melanogaster* Canton Special (CS) strain larvae were chosen. They were fed with a  
24 mixture of fly food (Nutri-Fly BF, 50 μl) and the suspension of RNT (50 μl) for 2 days. After  
25 dosing, the larvae were washed with insect medium (Grace's Insect Medium, unsupplemented,  
26 50 μl) to remove RNT adhered on the skin of the larvae. The larvae were placed on a glass slip  
27 and anaesthetized with cotton balls containing chloroform. To render the larvae exposed with  
28 the varying temperature, a microwarm plate (AS-One Kitazato) was used. During the  
29 microscopic experiments, two minutes waiting time was set to reach a stable temperature of the  
30 plate. A Ti400 Infrared camera (Fluke) with a 320×240 (76800) pixels was used for IR  
31 thermography. Invertebrates, including insects, are exempt from ethics approval for animal  
32 experimentation according to the National Advisory Committee for Laboratory Animal  
33 Research (NACLAR) guidelines.  
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## 49 **Results and discussion**

50 As a temperature sensitive dye, Eu-tris(dinaphthoylmethane)-bis(trioctylphosphine) oxide  
51 (EuDT) was synthesized according to the literature.<sup>20</sup> Previous fluorescent nanoparticle type  
52 thermosensors used Eu-thenolytrifluoroacetate (EuTTA) and Eu-tris(dibenzoylmethane)  
53 -mono(phenanthroline).<sup>13-15</sup> However, both europium complexes suffer from low photostability  
54 and phototoxicity due to the excitation in the UV range. To improve this, we chose EuDT, which  
55 is known to be more photostable than EuTTA and excitable by a visible blue light around 400  
56 nm with relatively lower phototoxicity.<sup>20</sup> As a temperature less-sensitive dye,  
57 tris(2-phenylpyridinato-C2,N) iridium (Ir(ppy)<sub>3</sub>) was selected among hydrophobic dyes, which  
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6 can be excited with the same light source as that of EuDT. Because Ir(ppy)<sub>3</sub> is temperature  
7 less-sensitive than EuDT, we can engage the signal from Ir(ppy)<sub>3</sub> as an internal reference against  
8 EuDT in each nanoparticle in the ratiometric measurement. By using EuDT and Ir(ppy)<sub>3</sub>, we  
9 prepared a ratiometric fluorescent thermosensor where both dyes were embedded into  
10 poly(styrene-co-methacrylic acid) (PS-MA) as a polymer matrix by a nanoprecipitation method,  
11 termed PS-RNT (Fig. 1a). The hydrodynamic diameter and zeta potential of PS-RNT were  
12 determined to be 122 ± 46 nm and -11.7 ± 0.6 mV, respectively (Fig. 1b). It is assumed that  
13 PVA as a charge-free neutral polymer formed a hydrophilic outer layer of the nanoparticle,  
14 while the carboxyl group of PS-MA oriented to the surrounding water provide a slightly  
15 negative charge. These factors should contribute to stabilize the stable suspension. The  
16 temperature sensitivity of PS-RNT was evaluated using the fluorescence spectrophotometer. The  
17 ratio value ( $I_{615}/I_{506}$ ) calculated from the fluorescence of EuDT and Ir(ppy)<sub>3</sub> was plotted against  
18 varied temperature and the slope obtained from its calibration curve is defined as the  
19 temperature sensitivity (%/°C). The PS-RNT exhibited a higher temperature sensitivity,  
20 -0.039/°C (-4.0 %/°C relative to 36 °C), than previous ones about -2 - -3 %/°C (Fig. 1c, d).<sup>15,21</sup>  
21 Also, PS-RNT showed the reversible fluorescence response in accordance with the change in  
22 temperature (Fig. S1, Supporting Information).  
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32 Regarding a polymer matrix to form the particle, we tested several polymers including  
33 PS-MA; poly(methylmethacrylate) (PMMA), poly(methylmethacrylate-co-methacrylic acid)  
34 (PMMA-MA), polystyrene (PS), and poly(vinylidene chloride-co-acrylonitrile) (PViCl-PAN).  
35 The PMMA and PS resulted in precipitation during the preparation process, whereas others  
36 successfully formed stable suspensions of particles. The sensitivity differed among polymers but  
37 all of them displayed the decrease in fluorescence with the increase in temperature (see Table S1  
38 and S2, Supporting Information). The temperature sensitivity of an europium complex follows  
39 the principle where the energy transfer from ligands to the central Eu<sup>3+</sup> ion via the non-radiative  
40 process is preferred as temperature increases.<sup>22</sup> The different polymer matrix may interact with  
41 dinaphthoymethane ligand of EuDT differently affecting the sensitivity although the  
42 mechanism is still unclear. In terms of the sensitivity, PS-MA was finalized as a matrix to  
43 prepare the nanoparticle.  
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50 We next validated PS-RNT by using a fluorescence stereomicroscopy. The buffer solution  
51 containing PS-RNT was casted on the glass substrate. Single dots were observed in both  
52 Ir(ppy)<sub>3</sub> and EuDT channels as shown in Fig. 2a. As the substrate was heated up from 26 to  
53 44 °C, the change in fluorescence intensity in EuDT and Ir(ppy)<sub>3</sub> channels were analyzed in  
54 each region of interest (ROI) set on each dot, and the ratio value (EuDT/Ir(ppy)<sub>3</sub>) was plotted  
55 against the substrate temperature (Fig. 2b, as representatives). The average of ratio values was  
56 plotted with standard deviation (SD) as shown in Fig. 2c. The sensitivity obtained from the  
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6 slope was determined to be  $-0.021/^{\circ}\text{C}$ , which is less sensitive than that in the cuvette  
7 experiments ( $-0.040/^{\circ}\text{C}$ ). This is because the fluorescence intensity measured can vary among  
8 the experimental setups. All the excitation light intensity and band width, the sensor gain, and  
9 the band width for emission light will affect the fluorescence intensity in each channel. These  
10 results give the caution that the calibration should be performed in each setup.<sup>15</sup> In the  
11 re-cooling process from 44 to 26  $^{\circ}\text{C}$ , the response to the change in temperature was almost  
12 identical to the process in heating, indicating that PS-RNT responds to the change in  
13 temperature reversibly, and, as expected, the photobleaching is negligible (Fig. S2, Supporting  
14 Information). The temperature resolution in this thermometry, namely the accuracy, was defined  
15 as  $\delta T$  at each temperature [ $\delta T(T)$ ], where the SD of fluorescence ratio was divided by the overall  
16 temperature sensitivity.<sup>10,23</sup> The  $\delta T$  was within 0.4 to 0.8  $^{\circ}\text{C}$  at  $T$  between 26 and 44  $^{\circ}\text{C}$ . The  
17 single dot can be attributed to an aggregate of single particles because the particles are likely to  
18 aggregate each other during the evaporating process of the suspension on the glass. Regardless  
19 of the size of aggregations, the SD of fluorescence ratio was notably narrow; the accuracy was  
20 comparable with previous fluorescence thermometry.<sup>15,23</sup> This is another virtue of the  
21 ratiometric thermometer that the ratio value is independent of the concentration of dyes.

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31 We further demonstrated PS-RNT in temperature mapping inside a fruit fly larva. A fruit fly  
32 has been widely used as a model organism for various biological studies such as physiology and  
33 life history theory. Its larva is also compatible with fluorescence imaging experiments because  
34 of its relatively transparent body and thereby was chosen here as a model for  
35 micro-thermography. Firstly, we optimized the mixed ratio of the fly food to the PS-RNT  
36 suspension, which rarely affected the survival rate of larvae through oral dosing within the  
37 range we tested (Table S3, Supporting Information). The larvae were orally dosed with the  
38 optimal fly food containing PS-RNTs, and they were cultured for 2 days until the time of  
39 observation. The fluorescence of PS-RNTs was observed in both channels primarily at the  
40 location of guts. Insects absorb digested foods at the mid- and hindguts.<sup>24</sup> Substantial amount of  
41 PS-RNTs appeared to remain in the guts without being digested during this 2-day-incubation.  
42 The background signal due to the autofluorescence was recognized in  $\text{Ir}(\text{ppy})_3$  channel, whereas  
43 it was substantially low in EuDT channel (Fig. 3a). Then, the larvae were subjected to the  
44 change in external temperature on a glass substrate. The intensity in each camera pixel in EuDT  
45 channel was divided by the value of the corresponding pixel in  $\text{Ir}(\text{ppy})_3$  channel. The resulting  
46 images at each external temperature are shown as ratio images in Fig. 3b. The averages of ratio  
47 values at different ROIs were plotted against the external temperature. As a result, the similar  
48 slope with that of the substrate was obtained (Fig. 3d). The  $\delta T$  was determined to be within 1.0  
49 to 1.7  $^{\circ}\text{C}$ , which was bigger than that on the substrate. The reversibility of PS-RNTs in the larva  
50 was also confirmed (Fig. S3, Supporting Information). The signal from non-dosed larvae  
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6 showed the constant level of autofluorescence at the temperature between 24 and 42 °C (Fig. S4,  
7 Supporting Information). The chemical environment in larva body is considered to be distinct  
8 from the glass substrate. The consistent results from these two extremely different conditions  
9 support the specificity of dye-embedded polymeric nanoparticles to the temperature. As we and  
10 others have discussed previously for single cell conditions, the temperature specificity is also  
11 considered as prerequisite property for *in vivo* uses.<sup>25-27</sup>  
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15 One of the key issues is the accuracy of this thermometry,  $\delta T$ . The  $\delta T$  was larger inside the  
16 larva than that on the substrate even by using the same microscopy setup. This result may  
17 suggest the temperature distribution inside the larva. This is one of the positive examples in our  
18 thermometry proposed in this paper because it is difficult to visualize these distributions at  
19 millimeter scale by using commercial IRT as shown in Fig. 3c. However, we cannot simply  
20 attribute the larger  $\delta T$  to the internal temperature distribution. Although the autofluorescence  
21 was independent of the external temperature, it cannot be ignored in the low fluorescence region  
22 in Ir(ppy)<sub>3</sub>, leading to the over- or underestimation of the ratio values. These problems need to  
23 be solved in future, for example, by using near-infrared dyes. This improvement will further  
24 expand the application towards other species including less-transparent samples.  
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### 31 32 **Conclusions**

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34 In this paper, we fabricated a self-calibrated fluorescent-nanoparticle thermosensor, PS-RNT.  
35 By using this PS-RNT with orally dosing method, we achieved the temperature mapping in a  
36 fruit fly larva. The preparation method of PS-RNT is simple, providing the advantage in *in vivo*  
37 applications where large amount of the fluorescent thermosensors are required. The simplicity  
38 using a common fluorescence microscope and an easy-handling fluorescent thermometer as  
39 presented here will be indispensable properties towards the standardization of  
40 micro-thermography in the wide-ranging fields in which not only material scientists are  
41 employed, but also biologists as well as zoologists work together. In future, it will be required  
42 beyond the oral-dosing way to deliver the thermosensors into specific tissues, or even to cells.  
43 Recent reports stress the importance of the distance between the thermometer and the target for  
44 the accurate temperature measurement.<sup>8,11,15,26</sup> Therefore, targeting ability will possibly provide  
45 more precise thermometry in the living organisms.  
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7 Chemical Company Ltd. for synthetic supports (the dye, EuDT).  
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6 **Figure 1.** Characterization of PS-RNT. a) Schematic illustration of PS-RNT. EuDT as a  
7 temperature sensitive dye (red closed circle) and Ir(ppy)<sub>3</sub> as an internal reference (blue closed  
8 square) are embedded into single PS-MA polymeric nanoparticle whose surface is stabilized  
9 with the hydrophilic layer (light blue shell) provided by PVA. b) Size distribution of PS-RNT in  
10 the PBS buffer solution measured by dynamics light scattering, 122 ± 46 nm. c) Fluorescence  
11 spectrum of PS-RNT at varied temperature. The excitation wavelength was 390 nm and the  
12 emission was recorded from 490 to 650 nm. d) To support the graph (c), the fluorescence ratio  
13 ( $I_{615}/I_{506}$ ) was plotted versus varied temperature. Error bars, SD (n = 3).  
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20 **Figure 2.** Fluorescence microscopic observation of PS-RNT on the glass substrate. a) Bright  
21 dots were observed under a fluorescence stereo microscope. The upper panel is the fluorescence  
22 image in Ir(ppy)<sub>3</sub> channel and the lower in EuDT channel. Scale bars, 100 μm. b) The average  
23 values of fluorescence intensity at the region of interest (ROI) covering a single dot was plotted  
24 for ROI1 and ROI2 against varying temperature of the substrate in both Ir(ppy)<sub>3</sub> (blue open  
25 circle) and EuDT (red open circle) channels. The fluorescence ratio (EuDT/Ir(ppy)<sub>3</sub>) calculated  
26 from these values was plotted as black closed circle. c) The average of the ratio of different  
27 ROIs (18 ROIs) was calculated at each temperature. The change of the ratio in response to the  
28 heating (from 26 to 44 °C, magenta closed circles) and cooling (from 44 to 26 °C, cyan closed  
29 circles) was plotted with SD. The calibration slope obtained from heating is -0.021/°C (y =  
30 -0.021x + 1.5, R<sub>2</sub> = 0.97). The temperature resolution was defined at each temperature as δT,  
31 where the SD is divided by the temperature sensitivity (0.021/°C).  
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40 **Figure 3.** Fluorescence micro-thermography in a fruit fly larva. a) The fluorescence images of a  
41 fruit fly larva obtained under a fluorescence stereo microscope. The larva was orally dosed with  
42 PS-RNT. Left, Ir(ppy)<sub>3</sub> channel. Right, EuDT channel. Scale bar, 500 μm. The larva at the very  
43 left is a control without dosing PS-RNT (Ctrl). b) Micro-thermography of larvae using  
44 fluorescence ratio (EuDT/Ir(ppy)<sub>3</sub>). Scale bar, 500 μm. c) Left, a bright field image of two  
45 larvae. Right, an IRT image in the same field of view as in *left*. d) The average of the ratio of  
46 different ROIs (15 ROIs) was plotted at each temperature with SD. The calibration slope  
47 obtained from heating is -0.024/°C (y = -0.024x + 1.7, R<sup>2</sup> = 0.99). The temperature resolution  
48 was defined at each temperature as δT where the SD is divided by the temperature sensitivity  
49 (0.024/°C).  
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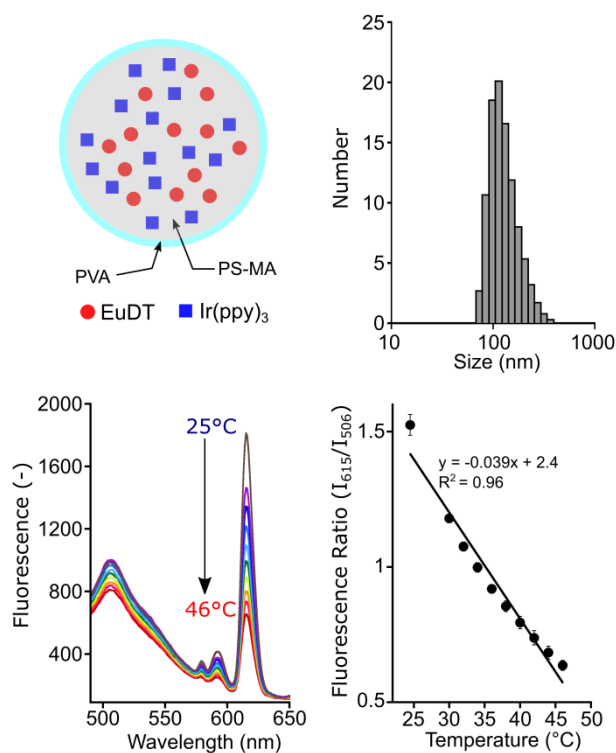


Figure 1. S. Arai et al

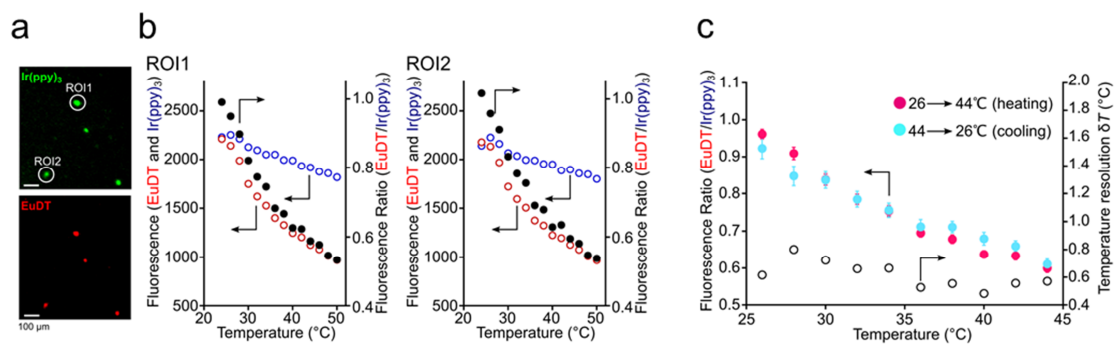


Figure 2. S. Arai et al

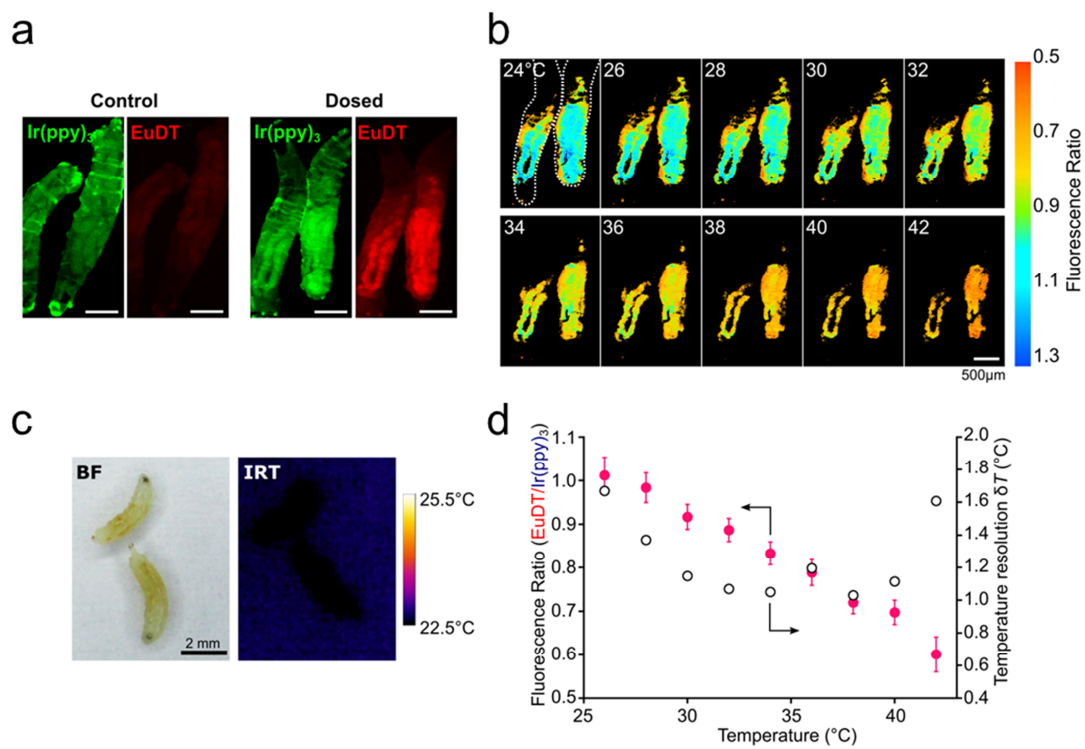
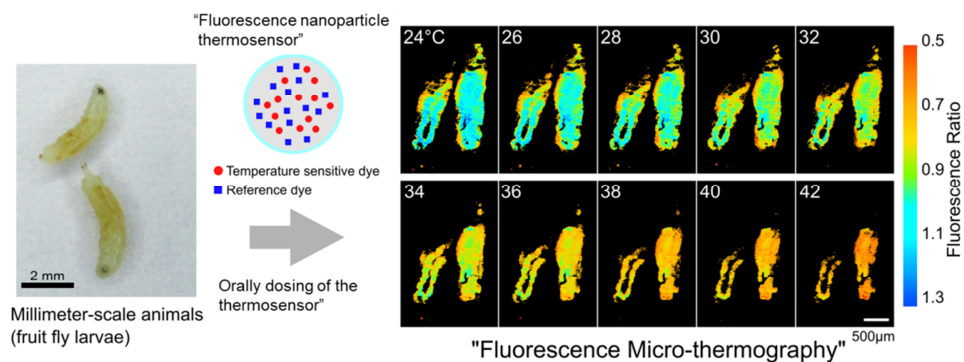


Figure 3. S. Arai et al

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Temperature mapping inside a fruit fly larva that was orally dosed with the fluorescent nanoparticle thermosensors