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1 Macroporous adsorbent resin-based wheat bran polyphenols extracts inhibition
2 effects on H₂O₂-induced oxidative damage in HEK293 cells

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18 Abstract:

19 In the present study, polyphenol-rich extracts of wheat bran (PEWB) were prepared
20 via macroporous adsorption resins and desorbed by ethanol. Extraction was
21 performed using aqueous ethanol and four different types of macroporous adsorbent
22 resins for isolation. Specially, properties of various macroporous resin were
23 investigated by adsorption and desorption tests. Total polyphenolic content of PEWB
24 was determined using the Folin–Ciocalteu method, and its resistance effects against
25 hydrogen peroxide (H₂O₂)-induced oxidation on HEK293 cells were assessed by cell
26 viability and reactive oxygen species (ROS) assay. The results indicated that resin
27 NKA-9 displayed excellent adsorption and separation ability, as well as provided
28 insight in the generation of PEWB from the wheat bran extracts. In addition, these
29 results suggested that pretreating HEK293 cells with PEWB prior to H₂O₂ exposure
30 exhibited significantly increased survival ratio and reduced the ROS levels. Further
31 investigation involving phenolic content of PEWB identification and quantification
32 demonstrated that that ferulic acid was the most abundant phenolic compound in a
33 number of extracts, which was also confirmed with MTT and ROS assays. Our study
34 revealed that PEWB can prevent HEK293 cells of H₂O₂-induced oxidative damage.

35 **Keywords:** Polyphenol-rich extracts, Macroporous resin, UPLC/TQD, Oxidative
36 damage, HEK293 cells, ROS

37 1. Introduction

38 Cereals are important part of human nutrition which provide a wide range of
39 nutrients and biologically active compounds. Cereal bran, separated in the milling
40 process during the production of refined flours ¹, are rich in phenolic acids ² and have
41 been widely used for providing health benefits to consumers in addition to general
42 nutrition. Specially, phenolic acids and flavonoids are existed in cereals in both free
43 and conjugated forms, reaching highest concentrations in the aleurone layer of creal
44 grains ³. They have excellent antioxidant activity ⁴ such as displaying anti-
45 inflammatory responses, prevention of low-density lipoprotein oxidation,
46 antithrombic, antihypertensive, and carcinostatic actions ⁵. Wheat bran, which is
47 produced in enormous quantities worldwide as an important byproduct of the cereal
48 industry, serves as a good source of dietary fibre and antioxidants ^{6,7}. Previous studies
49 reported that wheat bran extracts (WBEs) possess various physiological activities,
50 such as anticancer capacity ⁸, indicating that antioxidant ability of wheat in the diet is
51 associated with its antitumor activity ⁹.

52 Several approaches of enriching and separating active constituents from the
53 fermentation broth are reported, such as liquid–liquid extraction ^{10, 11}, solid–liquid
54 extraction ¹²⁻¹⁵, solid–phase extraction ¹⁶, membrane filtration ¹⁷, ion exchange, and
55 adsorption ¹⁸. Among all these methods, adsorption attracted great most attention, due
56 to its low cost, high efficiency, and simple operation procedure ¹. Macroporous resins
57 are durable polar, nonpolar, or slightly hydrophilic polymers that display high
58 adsorption capacity, high recovery, with low cost ¹⁹. Macroporous resin adsorption
59 technology has gained popularity in pharmaceutical recently, and it has also been used
60 for polyphenol and flavonoids purification ²⁰⁻²². Effects of different macroporous
61 adsorbent resins (DA201-C, NKA-II, NKA-9, and H1020) on the purification of

62 WBEs were evaluated. Static, dynamic adsorption, and desorption tests were applied
63 in our experiments. Further investigation on phenolic content of polyphenol-rich
64 extracts of wheat bran (PEWB) was also performed. The resistance effects of WBEs
65 against H₂O₂-induced oxidative damage had been reported previously. However, to
66 the best of our knowledge, there are very few studies involve PEWB resistance effects
67 on cell against oxidative damage. Therefore, to have deep understanding about PEWB
68 ability on preventing H₂O₂-induced damaged on cells is of significance.

69 **2. Materials and Methods**

70 **2.1 Chemicals and reagents**

71 Raw wheat bran was provided from Yihai Kerry Food Industry Co, LTD (Kunshan,
72 China). HEK 293 cells were obtained from American Type Culture Collection.
73 Ferulic acid, o-coumaric acid, p-coumaric acid, and gallic acid (Sigma-Aldrich,
74 St.Louis, MO, USA), HG-DMEM (Gibco BRL, Life Technologies, USA), trypsin-
75 EDTA solution (Beyotime, Jiangsu, China), fetal bovine serum (FBS; Sijiqing,
76 Zhejiang, China), MTT (Sigma, St. Louis, MO, USA). ROS assay kit was purchased
77 from Beyotime Institute of Biotechnology (Haimen, China). SH-1000 Lab microplate
78 reader (Corona Electric Co. Ltd., Ibaragi, Japan), SpectraMax M5 Multifunctional
79 microplate reader (Molecular Devices, USA), Acquity UPLC-TQD system (Waters,
80 Milford, MA) were used in the experiments.

81 **2.2 Adsorbents**

82 Three types of macroporous resins—NKA-II, NKA-9 and H1020—were purchased
83 from Nankai Hecheng S & T Co., Ltd. (Tianjing, China), while DA201-C resin was
84 purchased from Jiangsu Suqing Company (Jiangsu, China). All resins were pretreated
85 with 100% ethanol for 24 h, then washed with 5% HCl and 5% NaOH solution
86 followed by distilled water. Other chemicals used in this study were analytical grade.

87 **2.3 Preparation of PEWB**

88 The wheat bran was washed three times to remove starch and then heated at 50 °C
89 for 12 h. The dried wheat bran was ground into powders by hammer mill and filter
90 through 100 mesh. The bran was extracted twice with 80% ethanol at 8:1 ratio (v/w)
91 for 15 h at room temperature. The mixture was centrifuged for 20 min at 9000×g and
92 evaporator at 40 °C. The ethanol extract was further freeze-dried and stored in the
93 dark environment in a sealed container at 4 °C for further analysis.

94 Then WBEs were added to the column (2.6 cm × 80 cm) containing macroporous
95 resin, the outflow liquid was collected and added to the column containing four
96 macroporous resins. The WBEs were subjected to DA201-C, NKA-II, NKA-9 and
97 H1020 macroporous resin column chromatography eluting with a gradient of ethanol–
98 H₂O (20:80, 40:60, 60:40, and 80:20, respectively) for fractions. The fractions were
99 detected using a UV detector at wavelength of 310 nm. The products were collected,
100 concentrated, and lyophilized for the subsequent experiments. PEWB was obtained
101 after freeze-dried process. Various kinds of eluotropic fractions were dissolved in
102 sterile 1% ethanol, filtered with sterile 0.2 µm filter, attenuated with a DMEM-based
103 culture medium then added for cell culture.

104 **2.4 Total phenolic contents**

105 The total phenolic contents in WBEs were determined using the Folin–Ciocalteu
106 reagent²³. The mixture contained 100 µL of WBEs in dimethyl sulfoxide (DMSO),
107 500 µL of the Folin–Ciocalteu reagent, and 1.5 mL of 20% sodium carbonate was
108 used for reaction. The final volume was made up to 10 mL with pure water. After 2 h
109 of reaction at ambient temperature, phenolic contents was calculated the using a
110 standard curve prepared with gallic acid at wavelength of 765 nm. The reactions were
111 repeated in triplicate.

112 2.5 Static adsorption and desorption tests

113 2.5.1 Adsorptive properties of resins

114 All four macroporous resins were screened through static adsorption tests. Firstly,
115 crude extract (30 mL) was added into pretreated resin (1 g dry weight basis each) in
116 Erlenmeyer flasks and shaken at 200 rpm for 24 h in the temperature of 25 °C to reach
117 adsorption equilibrium ²⁴. Then, the resins were washed by 30 mL double-distilled
118 water and then desorbed with 30 mL 95% ethanol v/v and shaken at 200 rpm for 4 h
119 at 25 °C. These experiments were repeated in triplicate. Following equations were
120 used to quantify the adsorption capacity as well as the ratios of adsorption and
121 desorption.

122 Adsorption capacity:

$$123 \quad Q_e = \frac{V_0(C_0 - C_e)}{W}$$

124 Adsorption ratio:

$$125 \quad E = \frac{C_0 - C_e}{C_0} \times 100\%$$

126 Where Q_e is the adsorption capacity, representing the mass of adsorbate adsorbed on
127 1 g dry resin at adsorption equilibrium, E is the adsorption ratio, representing the
128 percentage of total adsorbate being adsorbed at adsorption equilibrium; C_0 and C_e
129 are initial and equilibrium concentrations of sample solutions, respectively; V_0 is the
130 initial volume added into the flask; W is the mass of the dry resin.

131 Desorption ratio:

$$132 \quad D = \frac{C_d V_d}{V_0(C_0 - C_e)} \times 100\%$$

133 Where D is the desorption ratio (%); C_d is the concentration of the solution in the
134 desorption solutions (mg/mL); V_d is the volume of the desorption solution; C_0 , C_e ,
135 and V_0 are the same as those defined above.

136 **2.5.2 Static adsorption experiment**

137 The adsorption kinetics of the NKA-II, NKA-9, H1020 and DA201-C resins were
138 evaluated by adding crude extracts (30 mL each) into the pretreated resin (1 g dry
139 weight basis each) in Erlenmeyer flasks and shaken at 200 rpm at 25 °C. The flasks
140 were shaken using a thermal shaker for 10 h. One hundred microliter (100 μ L) of the
141 solutions was taken out to be analyzed using Folin–Ciocalteu reagent method. Total
142 phenol concentrations in liquid phase at different time intervals were monitored using
143 the Folin–Ciocalteu reagent method.

144 **2.6 Dynamic adsorption and desorption tests**

145 The dynamic adsorption and desorption experiments were performed using a
146 column (26 \times 800 mm, Shanghai Qite Analytical Instrumental, Shanghai, China)
147 packed with the four hydrated macroporous resins. The bed volume (BV) was 350 mL
148 and the flow rate was 2 mL/min. For the dynamic desorption experiment, both
149 gradient and isocratic elution were carried out, with a total loading of 400 mL of
150 crude extract on the NKA-9 column mentioned above. For the gradient elution, the
151 column was eluted with 3–6 BV of each ethanol aqueous solutions (20%, 40%, 60%,
152 and 80%) successively. The eluting solvent was changed when the adsorbance of
153 eluate at 310 nm showed little alteration. For the isocratic elution, after the column
154 was washed with 3 BV of double-distilled water, all the ethanol eluents were collected
155 and concentrated to dryness under reduced pressure at 40 °C. The resin-refined
156 sample was stored and frozen for further experiment.

157 **2.7 Cell Viability Assay**

158 Cell viability was determined using the MTT assay. The MTT cytotoxicity assay
159 was performed as previously described^{25,26} with minor modifications. Briefly, HEK
160 293 cells were seeded at a density of 3×10^4 cells per well in 96-well plate (Costar
161 3599; Corning, NY) for 12 h attachment. The PEWB and ferulic acid (positive control)
162 were dissolved in ethanol, diluted with HG-DMEM. The cells were treated with
163 PEWB or ferulic acid for 1 h, then exposure to 1 mM H₂O₂ for 2 h. After being
164 replaced with fresh medium, 20 μ L MTT solution (5 mg/mL in PBS) was added and
165 cells were incubated at 37 °C for 4 h with 5% CO₂. The medium was then carefully
166 removed, and colored formazan were dissolved in 150 μ L DMSO. The plate was
167 shaken for 10 min, and the absorbance was measured at 570 nm using a microplate
168 reader (SH-1000 Lab microplate reader). The cell viability expressed as % = [(MTT
169 OD value of treated cells/MTT OD value of control cells)]. All assays were performed
170 in at least three individual experiments, at least six replicates were repeated.

171 **2.8 ROS assay**

172 HEK293 cells were seeded at 3×10^4 cells per well in clear-bottom, black-walled,
173 96-well plates (Costar 3606; Corning, NY) for 12 h attachment. Then, the cells were
174 incubated with carboxy-2',7'-dichloro-dihydro-fluorescein diacetate probe for 20 min
175 and washed twice with PBS. Then, the cells were exposed to WBEs, PEWB and
176 ferulic acid for 1 h and H₂O₂ for 2 h. Fluorescence was recored at 488 nm (excitation)
177 and 525 nm (emission) wavelengths using a SpectraMax M5 microplate reader. All
178 assays were performed in at least three individual experiments, each experiement was
179 repeated six replicates.

180 **2.9 Chromatographic system and conditions**

181 All samples were analyzed using the Acquity UPLC-TQD system (Waters,
182 Milford, MA), including an autosampler, photodiode array detector and an MS pump

183 equipped with an electrospray ionization (ESI) probe as the interface. The samples
184 were separated by ultra-high performance liquid chromatography using an Acquity
185 UPLC BEH C18 column (2.1×50 mm, 1.7 μm) with a mobile phase consisting of
186 acetonitrile solution (A) and 0.1% (v/v) formic acid water solution (B) at a flow rate
187 of 0.3 mL/min and injection volume of 1 μL.

188 **2.10 Identification of phenolic compounds by UPLC-MS**

189 The analysis performed is used to identify phenolic compounds in different extracts
190 which may have antioxidant activity. Specially, extracts were dissolved in methanol
191 (1 mg/mL), diluted with 50% acetonitrile, centrifuged at 10,000 rpm and syringe
192 filtered using 0.22 μm polyvinylidene difluoride filters. The starting condition for
193 each experiment was 5:95 mobile phase A (acetonitrile):mobile phase B
194 (water+0.1%(v/v) formic acid) held for 0.8 min, with a ramp-up to 10:90 (A:B) by 1.2
195 min, then to 15:85 by 2.4 min, and held for 1.3 min. Further gradient increases were
196 carried out to 21:79 by 4.0 min and to 50:50 by 7.8 min, with a change to 100:0 (A:B)
197 by 8.8 min and held for 0.5 min, and finally, reconditioned to initial starting
198 conditions. The mass spectrometry was operated in negative mode ESI. Detection of
199 the four phenolics was conducted in the multiple reaction monitoring (MRM) mode.
200 Individual compounds were identified using MRM with a specific precursor–
201 production transition: m/z 163.08>119.64 for o-coumaric acid; m/z 163.08>119.15 for
202 p-coumaric acid; m/z 193.00>134.10 for ferulic acid; m/z 169.05>125.00 for gallic
203 acid. Detected phenolic compounds were quantified against standard curves generated
204 with commercial phenolic standards. Results were expressed as milligrams compound
205 per gram of extract (mg compound/g extract).

206 **2.11 Statistical Analysis**

207 All the experiments were performed in triplicate, and data were expressed as mean
208 \pm SD based on three separate experiments. Statistical analysis²⁷ was performed using
209 Student's t-test and one-way SPSS (16.0 software) analysis. Probability values of
210 $p < 0.05$ were considered as significant.

211 **3. Results and Discussion**

212 **3.1 Macroporous resin purification of PEWB**

213 Macroporous adsorbent resins have been applied successfully in the separation
214 and isolation of effective components from many natural products as an efficient
215 approach with a high absorption capacity, low operating costs, low solvent
216 consumption, moderate purification effect, and easy regeneration^{18, 28, 29}.
217 Macroporous adsorbent resins have typically been selected based on the chemical
218 nature of the phenolic acid and physical properties such as polarity, surface areas and
219 average pore diameter. The adsorption capacity of polymeric adsorbent is proportional
220 to its specific surface area; higher specific surface area promotes enhanced adsorption
221 capacity. In the present study, four types of macroporous resins were analyzed and
222 their physical properties are summarized in Table 1. Generally, resins that are weakly
223 polar structure having strong affinity with weak polar phenolic acid, and resins with
224 higher polarity exhibit stronger adsorption abilities toward polar substances. Among
225 the four resins tested, H1020 and DA201-C showed significantly higher adsorption
226 capacities compared to others. Adsorption capacity is usually determined by the
227 degree of compatibility and similitude between sorbent and adsorbate. Specially,
228 NKA-II displayed higher adsorption/desorption ratio than other resins ($p < 0.05$) (Table
229 2). The non-polar resins (DA201-C and H1020) and polar resin (NKA-II) all exhibited
230 high adsorption capabilities. However, NKA-II exhibited relative lower desorption
231 capability for PEWB. It could be attributed that NKA-II possessed a strong affinity

232 for the solute. Similar results were also observed on the glycyrrhetic acid mono-
233 glucuronide separation from the crude extracts of fermentation broths by macroporous
234 resins ¹.

235 **3.2 Adsorption kinetics of macroporous resins**

236 In general, the selection of proper resins should be in accordance with their
237 physical and chemical properties. Basically, polarity, surface area, average pore
238 diameter, etc. are important factors for selecting a proper resin. The adsorption
239 kinetics curves of the four resins over time (600 min) for PEWB are shown in Fig.1.
240 The adsorption capacities increased dramatically in the first 60 min, then slowly in the
241 following time and eventually reached equilibrium at approximately 420 min. The fast
242 initial rate may be due to the occurrence of adsorption in the easily accessible
243 mesopores of the particles. The later slower uptake can be attribute to high mass
244 transfer resistance inside the particle during the process. Similar results were also
245 observed in the flavonoids purification from *Houttuynia cordata* Thunb by
246 macroporous resins ²⁰. The results showed indicated that the adsorption capacity of
247 NKA-9 was lower compared with others. Based on the adsorption kinetics curves, 60
248 min was sufficient to achieve adsorption capacities of PWBE for these four resins.

249 **3.3 Dynamic adsorption and desorption experiments**

250 Dynamic adsorption and desorption results are affected by several factors, such as
251 feed rate, flow rate of the eluting solvent, feed pH value, temperature, initial
252 concentration, ratio of column height to diameter. The desorption solvent of
253 macroporous resin is usually ethanol solution because it can be recycled easily and
254 has lower cost, little toxicity to the samples. Different concentrations of ethanol
255 solutions were used to perform desorption tests in order to find most suitable
256 desorption solution. In this study, WBEs were subjected to DA201-C, NKA-II, NKA-

257 9 and H1020 macroporous resins column chromatography eluting with a gradient of
258 ethanol-H₂O (20:80, 40:60, 60:40, and 80:20, respectively for generation of fractions.
259 In the experiments, the feed rate of 3 mL/min and eluting solvent flow rate of 2
260 mL/min were fixed. Sixteen samples were obtained after using the four macroporous
261 resin: PEWB (D-2, D-4, D-6, D-8), PEWB (H-2, H-4, H-6, H-8), PEWB (NII-2, NII-4,
262 NII-6, NII-8) and PEWB (N9-2, N9-4, N9-6, N9-8), respectively (Fig. 2).

263 **3.4 Effects of PEWB on H₂O₂ injured cell growth and viability in HEK293 cells**

264 MTT and related assay are widely used for cell viability evaluation when exposure
265 to toxic chemical or materials^{30,31}. In our experiment, cell viability, demonstrated
266 by MTT assay, showed a time- and dose-dependent decrease manner. Cell viability
267 was significantly decreased when HEK293 cells were incubated for 2 h, suggesting
268 that HEK293 cells were damaged in presence of H₂O₂, and the IC₅₀ value of H₂O₂
269 was 0.98 ± 0.02 mM. Therefore, 1 mM H₂O₂ was used to induce injury for further
270 experiments. In addition, cytotoxic and resistance effects of PEWB on HEK293 cells
271 were performed before subsequent assay. The samples did not show significant
272 cytotoxicity in cells proliferation over 12 h and 24 h (data not shown).

273 The resistance effects of various PEWB prepared using different macroporous
274 resins were further investigated and there was considerable variation in cell viability
275 corresponding with increased ethanol concentration (Fig. 4). The highest cell viability
276 obtained with PEWB (N9-4) separated using NKA-9 macroporous adsorbent resin at
277 40:60 ethanol–water ratio. HEK293 cells pretreated with PEWB prior to exposure to
278 H₂O₂- exhibited increased cell viability. However, the other macroporous adsorbent
279 resins showed better cell viability at an ethanol–water ratio of 40:60. N9-4 displayed
280 greater protection effect on HEK293 cells against oxidative damage and then was
281 selected for further investigation.

282 **3.5 Effect of PEWB on intracellular ROS accumulation**

283 It is well demonstrated that treatment HEK293 cells with H₂O₂ resulted in nuclear
284 damage, loss of mitochondrial membrane potential, and elevated ROS levels.
285 Specially, ROS generation is regards as indicator for cell under abnormal
286 physiological condition ³². As shown in Fig. 5a, ROS levels increased greatly when
287 the HEK293 cells were exposed to 1 mM H₂O₂. However, when the HEK293 cells
288 were pretreated with ferulic acid and PEWB, the ROS levels were significantly lower.
289 Thus, it is reasonable to assume that PEWB plays important role in preventing
290 oxidative damage in HEK293 cells upon exposure to H₂O₂.

291 The formulations that were separated at ethanol–water ratio of 40:60 through
292 macroporous adsorbent resins showed decreased ROS levels (Fig. 5b, c, d, e). N9-4 is
293 proved to be the best formulation of PEWB which could reduce ROS levels of cell to
294 the same level as ferulic acid. These results indicated that PEWB (N9-4) had the
295 strongest ability to decreasing the ROS level in cell (Fig. 5e).

296 **3.6 UPLC-TDQ analysis**

297 UPLC-TDQ analysis of each extract was performed and total ion chromatograms of
298 the standard solutions of the four phenolic compounds were shown in Fig. 3. The
299 results are shown in Table 3. The phenolic compounds identified in each sample are
300 as follows: PWEB (D-2, D-4, D-6, D-8; H-2, H-4, H-6, H-8; NII-2, NII-4, NII-6, NII-
301 8; N9-2, N9-4, N9-6, N9-8). For each sample, the total number of phenolics
302 quantified in the 40% ethanol extract were greater than that in the corresponding 60%
303 ethanol extract. This result further confirmed with the results observed in the MTT
304 and ROS assays. Ferulic acid was the most abundant phenolic compound in a number
305 of extracts, including N9-4 (35.49 ± 2.7 mg/g), D-4 (27.46 ± 1.03 mg/g), H-4 (24.71 ±
306 2.17 mg/g), NII-4(24.07 ± 1.76 mg/g). Similar results were also observed in phenolic

307 acid concentrations in spring and winter wheat³³. P-coumaric acid was indentified in
308 a number of extracts, with the exception of 60% and 80% ethanol extracts. These
309 extracts also showed increased antioxidant activity. Ferulic acid is antioxidant
310 chemical³⁴ and it may play important role in the antioxidant activities of these
311 extracts.

312 **Conclusions**

313 Preparative separation of PEWB with macroporous resins was successfully
314 achieved. Among the four resins investigated, NKA-9 resin exhibited the best
315 separation performance for PEWB on the oxidative ability as compared to the others.
316 The adsorption–desorption method was shown to be more efficient than other
317 conventional methods due to high efficiency, lower cost as well as procedural
318 simplicity. Our work also demonstrated that pretreatment of PEWB was highly
319 capable of inhibiting H₂O₂-induced oxidative damage in HEK293 cells. The resistance
320 effects can be attributed to the ability of phenolic acids components to neutralize
321 radicals and other ROS. Further investigations on the presence of phenolics using
322 UPLC-TQD analysis revealed that some 40% ethanol extracts with high antioxidant
323 activity also contained large amounts of ferulic acid, compared with 60% ethanol
324 extracts. The results indicated that NKA-9 had good adsorption and separation ability,
325 which can be used for preparation of PEWB from the WBEs.

326 **Acknowledgments**

327 This work was sponsored by Qing Lan Project, China Postdoctoral Science
328 Foundation (Grant No. 2014M560396), Jiangsu Planned Projects for Postdoctoral
329 Research Funds (Grant No.1402072C), and the National Key Technology R&D
330 Program (Grant No. 2013AA102201).

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Figure Captions

Fig. 1. Static adsorption tests of the four macroporous resins.

Fig. 2. Dynamic adsorption and desorption tests of the four macroporous resins. (a) DA201-C (b) H1020 (c) NKA-II (d) NKA-9 (D-2, H-2, NII-2, N9-2, 20% ethanol eluents; D-4, H-4, NII-4, N9-4, 40% ethanol eluents; D-6, H-6, NII-6, N9-6, 60% ethanol eluents; D-8, H-8, NII-8, N9-8, 80% ethanol eluents).

Fig. 3. TIC chromatogram from standard solution of gallic acid (A), p-coumaric acid (B), ferulic acid (C), o-coumaric acid (D) in methanol, TIC total ion chromatogram.

Fig. 4. Effects of PEWB on cell viability in H₂O₂-injured HEK293 cells. HEK293 cells were pre-incubated with extracts for 2 h prior to treatment with 1 mM H₂O₂ for 2 h. After the treatment, cell viability was determined by MTT analysis (n=6). Data were shown as means ± S.D.

Fig. 5. Effect of WBEs and PEWB on H₂O₂ induced intracellular ROS. (a) WBEs (1 mg/mL) and ferulic acid (b) DA201-C (c) H1020 (d) NKA-II (e) NKA-9 (D-2, H-2, NII-2, N9-2, 20% ethanol eluents; D-4, H-4, NII-4, N9-4, 40% ethanol eluents; D-6, H-6, NII-6, N9-6, 60% ethanol eluents; D-8, H-8, NII-8, N9-8, 80% ethanol eluents).

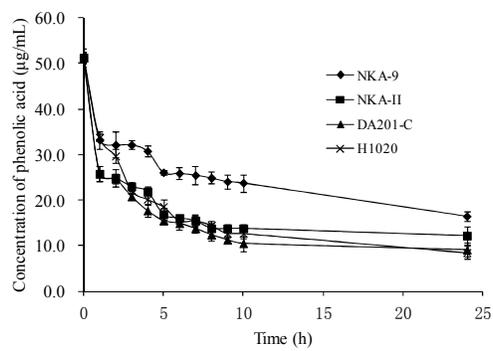


Fig. 1

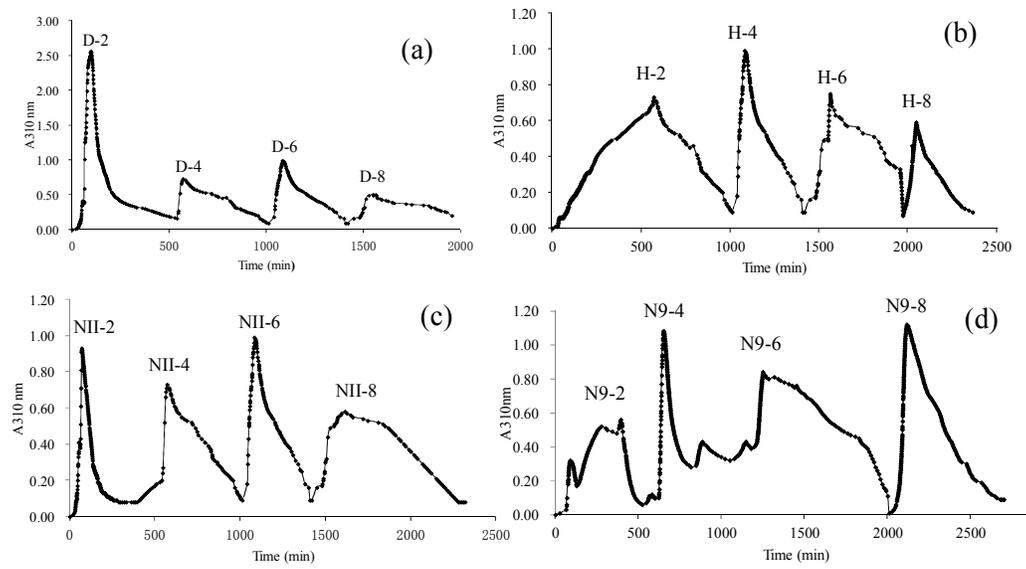


Fig. 2

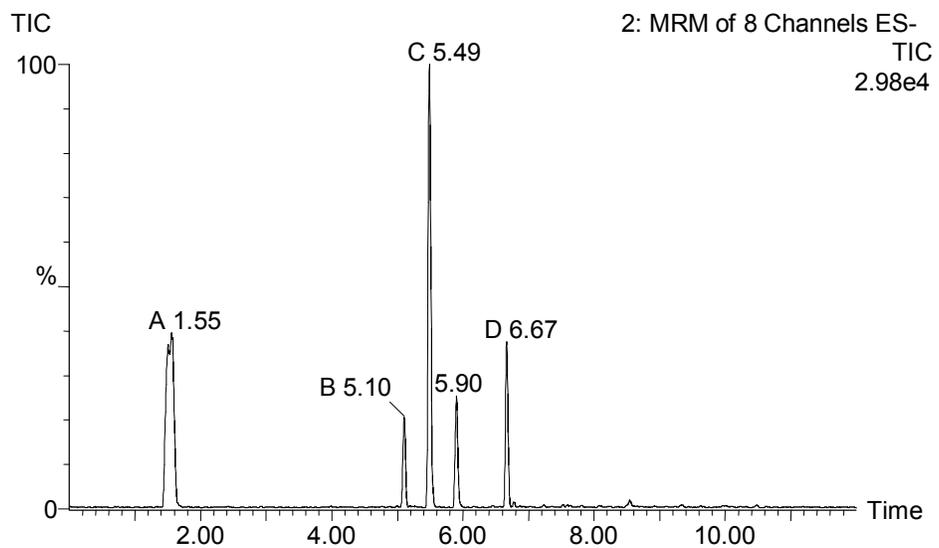


Fig. 3

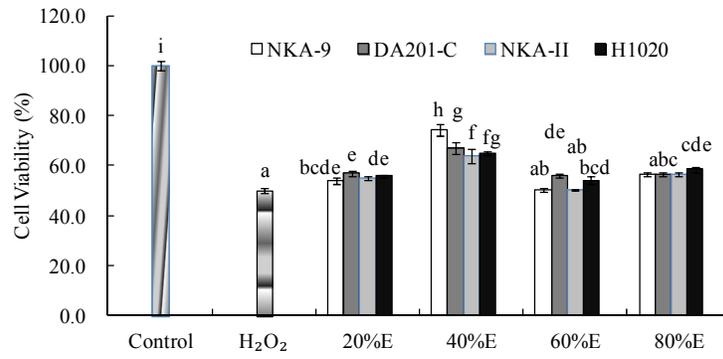


Fig. 4

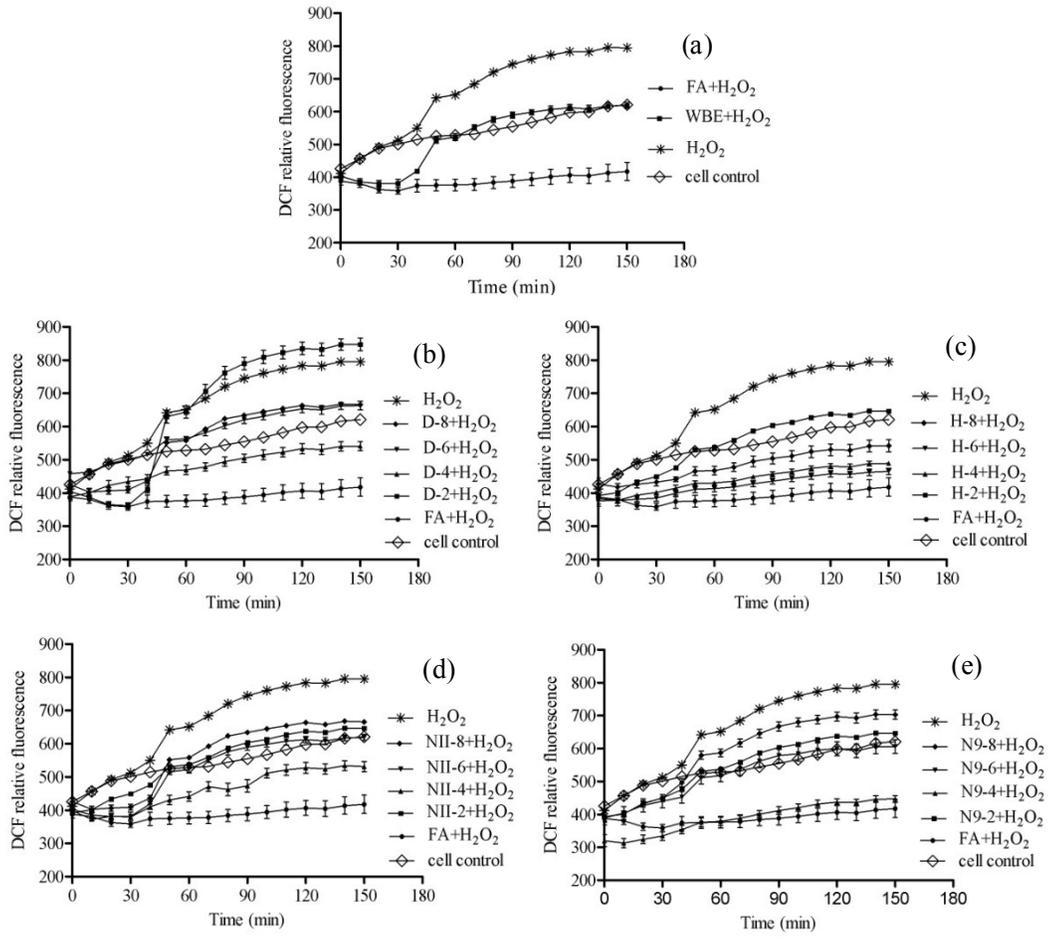


Fig. 5

Table 1 Physical properties of macroporous resins used

Resins	Polarity	Moisture content (%)	particle diameter	Surface area (m ² /g)	Average pore diameter (nm)
DA201-C	Non	50-60	0.40-1.25	1000-1300	3.0-4.0
H1020	Non	50-60	0.30-1.25	700-1000	12.0-17.0
NKA-II	polarity	42-52	0.30-1.25	160-200	14.5-15.5
NKA-9	polarity	67-73	0.30-1.25	250-290	15.5-16.5

Table 2 Adsorption capacity, adsorption, and desorption ratios of phenol acid on different macroporous resins

Resins	Adsorption capacity (mg/g)	Adsorption ratio (%)	Desorption ratio (%)
DA201-C	1.25±0.03 ^b	80.6±0.9 ^b	68.8±6.9 ^b
H1020	1.27±0.06 ^b	81.7±3.4 ^b	63.7±7.5 ^b
NKA-II	1.20±0.05 ^b	77.9±3.2 ^b	47.3±2.0 ^a
NKA-9	1.03±0.01 ^a	67.1±0.9 ^a	87.2±3.0 ^c

Results are mean±SD (n=6). Numbers followed by different letters are significantly different at the level of p<0.05 according to Duncan test.

Table 3 Quantification of phenolic compounds in PWBE using UPLC-TDQ. Values are expressed as mg compound/g extract (mg/g), where the annotation 'n/d' represents compounds not detected.

Samples	o-coumaric acid	p-coumaric acid	Ferulic acid	Gallic acid
D-2	0.30±0.03 ^b	13.19±0.02 ^c	20.34±1.53 ^{dc}	1.83±0.06 ^e
D-4	0.92±0.03 ^c	12.33±0.21 ^d	27.46±1.03 ^g	1.80±0.08 ^c
D-6	n/d	0.74±0.06 ^a	0.31±0.02 ^a	n/d
D-8	n/d	1.32±0.05 ^a	0.62±0.03 ^a	0.21±0.02 ^b
H-2	n/d	11.83±0.14 ^d	18.93±0.53 ^{cd}	2.00±0.04 ^f
H-4	1.51±0.02 ^f	13.01±0.41 ^c	24.71±2.17 ^f	2.44±0.05 ^h
H-6	n/d	0.76±0.11 ^a	0.21±0.02 ^a	0.04±0.01 ^a
H-8	0.41±0.02 ^c	9.05±0.19 ^b	21.23±1.78 ^e	1.49±0.02 ^c
NII-2	n/d	10.27±0.87 ^c	17.11±1.51 ^{bc}	1.63±0.03 ^d
NII-4	0.85±0.06 ^d	12.34±0.22 ^d	24.07±1.76 ^f	2.10±0.06 ^g
NII-6	n/d	n/d	0.13±0.06 ^a	n/d
NII-8	n/d	0.91±0.03 ^a	0.84±0.07 ^a	0.20±0.01 ^b
N9-2	n/d	10.33±0.51 ^c	16.20±1.01 ^b	1.70±0.03 ^d
N9-4	0.92±0.05 ^c	16.79±0.68 ^f	35.49±2.7 ^h	2.08±0.09 ^{fg}
N9-6	n/d	1.10±0.20 ^a	0.18±0.01 ^a	n/d
N9-8	0.02±0.01 ^a	0.86±0.09 ^a	0.55±0.07 ^a	0.18±0.01 ^b