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# Hydrogen-bond memory and water-skin supersolidity resolving Mpemba paradox

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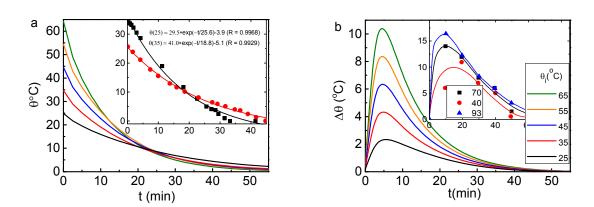
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#### <u>Abstract</u>

Mpemba paradox, that is, hotter water freezes faster than colder water does, has baffled thinkers like Francis Bacon, René Descartes, and Aristotle since B.C. 350. However, a commonly accepted understanding or theoretical reproduction of this effect remains challenging. Numerical reproduction of observations, shown herewith, confirms that water skin supersolidity [Zhang et al., PCCP, in press] enhances the local thermal diffusivity favoring heat flowing outwardly in the liquid path. Analysis of experimental database reveals that hydrogen bond (O:H-O) possesses memory to emit energy at a rate depending on its initial storage. Unlike other usual materials that lengthen and soften all bonds when they are absorbing thermal energy, water performs abnormally at heating to lengthen the O:H nonbond and shorten the H-O covalent bond through inter-oxygen Coulomb coupling [Sun, et al., J. Phys. Chem. Lett., 2013. 4: 3238]. Cooling does oppositely to release energy, like releasing a coupled pair of bungees, at a rate of history dependence. Being sensitive to the source volume, skin radiation, and the drain temperature, Mpemba effect proceeds only in the strictly non-adiabatic 'source-path-drain' cycling system for the heat "emission-conduction-dissipation" dynamics with a relaxation time that drops exponentially with the rise of the initial temperature of the liquid source.

Keywords: Mpemba paradox, hydrogen bond, water skin, thermal transport

#### **Content entry:**



## O:H-O bond anomalous relaxation and the skin high thermal-diffusivity cool hotter water faster than usual in the non-adiabatic ambient.

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#### 1 Introduction

A commonly accepted explanation or numerical reproduction of the Mpemba paradox remains challenging despite efforts made since the age of Aristotle [1-5]. Proposed factors explaining this effect include evaporation [6], frosting [7], solutes [8], supercooling [7, 9], thermal convection [10, 11], etc. According to the winner [12] of a competition held in 2012 by the Royal Society of Chemistry, thermal convection rationalizes the energy "emission-conduction-dissipation" dynamics in the "source-path-drain" system in which the Mpemba paradox takes place. However, little attention has yet been paid to the intrinsic nature and the relaxation dynamics of the hydrogen bond (O:H-O) [13] as the primary component of the liquid source for heat emission and the liquid path for heat conduction. In this communication, we show *quantitatively* that the O:H-O bond memory and the water-skin supersolidity [14, 15] resolve this paradox with reproduction of the observed attributes [2, 12].

- 2 Numerical solution: Water-skin supersolidity
- 2.1 Fourier thermal-fluid equation

We firstly conducted numerical calculation by introducing the skin supersolidity [14, 15] to the path of heat conduction. Molecular undercoordination shortens and stiffens the H-O bond and meanwhile lengthens and softens the O:H nonbond through Coulomb repulsion between electron pairs on adjacent oxygen ions. This process turns the skin of water and ice into the supersolid phase that is elastic, polarized, thermally stable, highly tensile, hydrophobic, and self-lubricant [14, 16]. The mass density of 0.75 g·cm<sup>-3</sup>, high-frequency phonon of 3450 cm<sup>-1</sup>, O 1s binding energy of 538.1 eV and the melting point of 315 K compared to the bulk values listed in Table A1 characterize the skin supersolidity.

Fourier equation [17] with proper initial-and-boundary conditions best describes the process of thermal-fluid transportation in the liquid water but the skin-supersolidity is necessary. In order to examine all possible factors contributing to Mpemba effect, we solved this initial-and-boundary condition problem using the finite element calculation method. Figure 1 illustrates the adiabatically walled, open-ended, one-dimensional tube cell containing water at the initial

temperature  $\theta_i$ . We divide the tube cell into the bulk (B, from  $-l_1 = -9 \ mm \ to \ 0$ ) and the skin (S, from 0 to  $l_2 = 1 \ mm$ ) region along the *x*-axis and cools it in the drain of constant temperature  $\theta_f$ . The  $\theta_f$  is subject to variation.

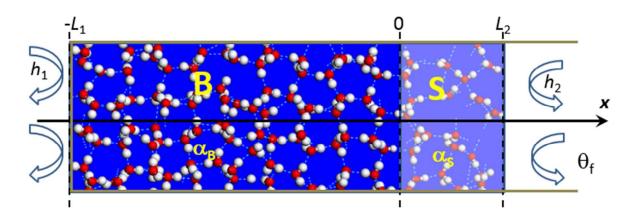


Figure 1 Water in the adiabatically walled, open-ended, one-dimensional tube cell at initial temperature  $\theta_i$  is cooled in the drain of  $\theta_f$ . The liquid source is divided into the bulk (B, ( $-l_1 = -9 \text{ mm}$ , 0)) and the skin (S, (0,  $l_2 = 1 \text{ mm}$ ) in the right-hand side) region along the *x*-axis with thermal diffusivity  $\alpha_B$  and  $\alpha_S$  and the mass density ratio of  $\rho_S/\rho_B = 3/4$  [14, 16] in the respective region. The x = 0 is the bulk-skin interface. The h<sub>j</sub> is the heat transfer (radiation) coefficient at the tube ends with absence (j = 1) and presence (j = 2) of the skin.

The rate of temperature change in any point (x) of the partitioned tube cell follows the stepfunction, for simplicity, and the initial-and-boundary conditions:

$$\frac{\partial \theta(x)}{\partial t} = \nabla \cdot \left(\alpha(\theta(x), x) \nabla \theta(x)\right) - \nu \cdot \nabla \theta(x)$$

$$\begin{pmatrix} \alpha(\theta, x) = \frac{\kappa_B(\theta, x)}{\rho_B(\theta, x) C_{PB}(\theta, x)} \times \begin{cases} 1 & (Bulk) \\ \approx \rho_B / \rho_S(=4/3) & (Skin) \end{cases}$$

$$v_S = v_B = 10^{-4} (m/s)$$

$$\begin{cases} \theta = \theta_i & (t = 0) \\ \theta \left( 0^- \right) = \theta \left( 0^+ \right); \theta_x \left( 0^- \right) = \theta_x \left( 0^+ \right) & (x = 0) \\ h_i (\theta_f - \theta) \pm \kappa_i \theta_x = 0 & (x = -l_1; l_2) \end{cases}$$

(1)

Using a slope function at the interface complicated calculation without changing the physical meanings. The first term describes thermal diffusion and the second thermal convection in the Fourier equation with  $\alpha$  being the thermal diffusivity and v the convection rate. The known temperature dependence of the thermal conductivity  $\kappa(\theta)$ , the mass density  $\rho(\theta)$ , and the specific heat under constant pressure  $C_p(\theta)$ , given in Figure A1 in the Appendix, determines the thermal diffusivity of bulk water  $\alpha_B$ . The skin supersolidity [14] contributes to the  $\alpha_S$  in the form of  $\alpha_S(\theta) \approx 4/3\alpha_B(\theta)$  because the skin mass density 0.75 gcm<sup>-3</sup> is 3/4 times that of the standard at 4 °C. The  $\alpha_S(\theta)$  is subject to optimization as the skin supersolidity may modify the  $\kappa(\theta)/C_p(\theta)$  value as well in a yet unknown way.

The boundary conditions represent that at t > 0, both the temperature  $\theta$  and its gradient  $\theta_x = \partial \theta / \partial x$  continue at the skin-bulk interface (x = 0) and the thermal flux  $h(\theta_f - \theta)$  conserve at both ends of the tube. The velocity field of heat convection takes the bulk value of  $v_S = v_B = 10^{-4}$  or 0 m/s for examination. As the heat transfer (through radiation) coefficient  $h_j$  depends linearly on the thermal conductivity  $\kappa$  in the respective region [18], we took the standard value of  $h_1/\kappa_B = h_2/\kappa_S = 30$  w/(m<sup>2</sup>K) [19] in solving the problem. The  $h_2/\kappa_S$  term contains the boundary heat reflection that is also negligible. The ratio of  $h_2/h_1 > 1$  describes the possible effect of thermal radiation of the skin.

#### 2.2 Examination of the thermal convection and diffusivity

Computer reads in the digitized  $\rho(\theta)$ ,  $\kappa(\theta)$ , and  $C_p(\theta)$  in Figure A1 to compose the  $\alpha_B(\theta)$  before each iteration of calculating the partitioned elemental cells. Besides the thermal diffusivity and the convection velocity field in the Fourier equation, we examined all possible parameters in the initial-and-boundary conditions. Results in Figure 2 and Figure 3 revealed the following:

1) Characterized by the crossing temperature of the relaxation  $\theta(\theta_i, t)$  curves, Mpemba effect happens only in the presence of the skin supersolidity ( $\alpha_S/\alpha_B > 1$ ) disregarding the thermal convection.

- 2) Complementing the skin supersolidity, thermal convection raises only slightly the skinbulk temperature difference,  $\Delta \theta$ , and the crossing temperature.
- 3) Mpemba effect is sensitive to the source volume, the  $\alpha_{\rm S}/\alpha_{\rm B}$  ratio, the radiation  $h_2$ , and the drain temperature  $\theta_{\rm f}$ .
- 4) The bulk/skin thickness  $(l_1:l_2)$  ratio and the thermal convection velocity have little effect on observations.

For instances, increasing the liquid volume may annihilate the Mpemba effect because of the non-adiabatic process of heat dissipation. It is understandable that cooling one drop of 1 mL water needs shorter time than cooling one cup of 200 mL water at the same  $\theta_i$  under the same conditions. Higher skin radiation  $h_2/h_1 > 1$  promotes the Mpemba effect. Therefore, conditions for the Mpemba effect are indeed very critical, which explains why the Mpemba effect happens infrequently.

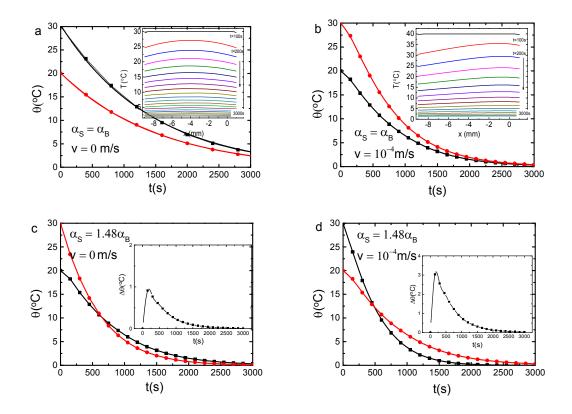
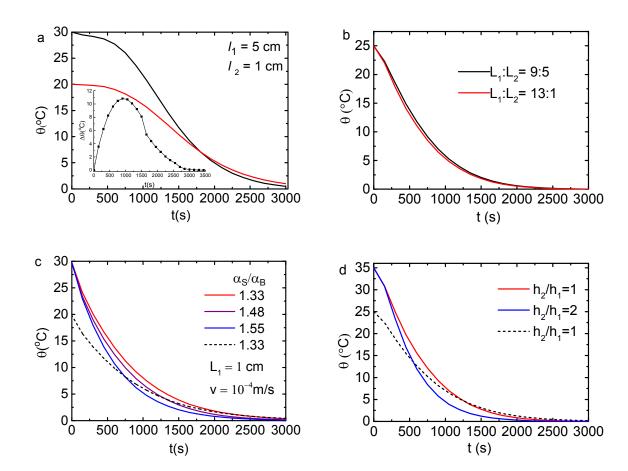


Figure 2 Thermal relaxation curves  $\theta(\theta_i, t)$  (at x = 0) with the (a, b) absence ( $\alpha_{S/\alpha_B} = 1$ ) and (c, d)

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presence (optimized at  $\alpha_{S}/\alpha_B = 1.48$ ) of the skin supersolidity and with the (a, c) absence ( $v_S = v_B = 0$ ) and (b, d) presence ( $v_S = v_B = 10^{-4}$  m/s) of the thermal convection of the liquid heat source. Mpemba effect characterized by the crossing temperature of the  $\theta(\theta_i, t)$  curves happens only in the presence of the skin supersolidity disregarding the thermal convection. Insets (a) and (b) show the time dependent thermal-field in the tube cell. Supplementing the skin supersolidity, convection only raises slightly the  $\Delta\theta$  and the crossing temperature.



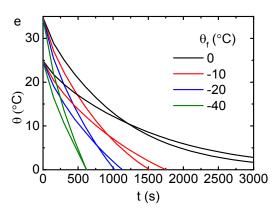


Figure 3 Sensitivity of the Mpemba effect (crossing temperature) to the (a) source volume, (b) bulk/skin thickness ratio ( $l_1:l_2$ ), (c)  $\alpha_S/\alpha_B$  ratio, (d) radiation rate ( $h_2/h_1$ ), and (e) the drain temperature  $\theta_f$ . Volume inflation (from 1 to 5 cm) in (a) prolongs the time for reaching the crossing temperature and raises the skin temperature (see inset). (b) The  $l_1:l_2$  ratio has little effect on the relaxation curve. Increasing (c) the  $\alpha_S/\alpha_B$  and (d) the  $h_2/h_1$  ratio promote the Mpemba effect. (e) Lowering the  $\theta_f$  shortens the time of the crossing temperature. The sensitivity examination is conducted under conditions of  $\alpha_S/\alpha_B = 1.48$ ,  $v_S = v_B = 10^{-4}$  m/s,  $\theta_f = 0$  °C,  $l_I = 10$  mm,  $l_2 = 1$  mm,  $h_1/\kappa_B = h_2/\kappa_S = 30$  w/(m<sup>2</sup>K) unless indicated the otherwise.

#### 2.3 Reproduction of the Mpemba attributes

Figure 4 shows numerical reproduction of the observed Mpemba attributes (insets) [2, 12], which confirmed the following:

- 1) Hotter water freezes faster than colder water does under the same conditions;
- The liquid temperature θ drops exponentially with cooling time (t) for transiting water into ice with a relaxation time τ that drops as the θ<sub>i</sub> is increased;
- The water skin is warmer than sites inside the liquid and the skin of hotter water is even warmer throughout the course of cooling.

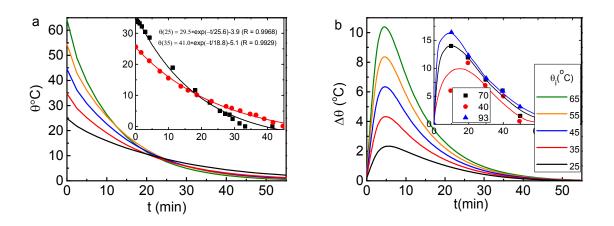


Figure 4 Numerical reproduction of the measured (insets) (a) thermal relaxation  $\theta(\theta_i, t)$  and (b) skin-bulk temperature difference  $\Delta\theta(\theta_i, t)$  curves [2, 12] for water cooling from different  $\theta_i$ . Results were obtained using the conditions given in Figure 3.

#### 3 Experimental revelation: O:H-O bond memory

3.1  $\theta_i$  dependence of the H-O bond liner velocity

The following formulates the decay curve  $\theta(\theta_i, t)$  shown in Figure 4a [12],

$$\begin{cases} d\theta = -\tau_i^{-1}\theta dt & (decay function) \\ \tau_i^{-1} = \sum_i \tau_{ji}^{-1} & (relaxation time) \end{cases}$$

(2)

The  $\theta_i$  dependent relaxation time  $\tau_i$  is the sum of  $\tau_{ji}$  over all possible jth process of heat loss during cooling.

Excitingly, the documented experimental profiles of the  $\theta(\theta_i, t)$  [12](Figure 4a) and the d<sub>H</sub>( $\theta$ ) [16] (Figure 5a) allow us to show directly the memory of the O:H-O bond without needing any assumption or approximation. The  $\theta(\theta_i, t)$  curve provides the slope of  $d\theta/dt = -\tau_i^{-1}\theta$  and the  $d_H(\theta) = 1.0042 \cdot 2.7912 \times 10^5 \exp[(\theta + 273)/57.2887]$  (Å) [16] curve formulates the measured  $\theta$  dependence of the H-O bond relaxation. Multiplying the slopes both yields immediately the d<sub>H</sub>

(3)

linear velocity at cooling.

The O:H nonbond is correlated to the H-O bond in relaxation by the equation in Table A1. As  $E_x = k_x (\Delta d_x)^2/2$  approximates the energy stored in the respective bond with  $k_x$  being the force constant, one can obtain the velocities of the  $d_x$  and the  $E_x$  readily (x = L and H denote the O:H and the H-O bond, respectively). For simplicity and concise, we will be focused on the instantaneous velocity of the  $d_H$  during relaxation:

$$\frac{d(d_H(\theta))}{dt} = \frac{d(d_H(\theta))}{d\theta} \frac{d\theta}{dt} = -\tau_i^{-1} \theta \frac{\Delta(d_H(\theta))}{57.2887}$$
  
With  $\Delta(d_H(\theta)) = -2.7912 \times 10^{-5} \exp[(\theta + 273)/57.2887]$ 

Figure 5b plots the  $\theta_i$  dependence of the d<sub>H</sub> linear velocity, which confirms that the O:H-O bond indeed possesses memory. Although passing through the same temperature on the way to freezing, the initially shorter H-O bond at higher temperature remains highly active compared to those initially longer ones at lower temperatures when they meet on the way of freezing.

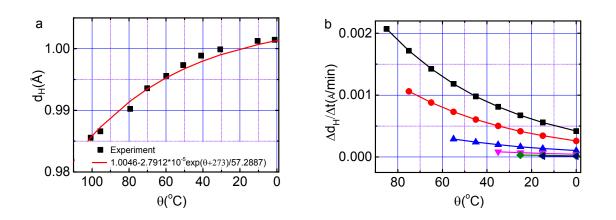


Figure 5 The (a) measured (scattered data) and simulated (solid cline)  $d_H(\theta)$  and (b) the experimentally derived  $\theta_i$  (corresponds to the starting point of each line) dependence of the  $d_H$  velocity during relaxation at cooling. The velocity of the initially shorter H-O bond at higher  $\theta_i$  remain always higher than those initially longer ones at lower  $\theta_i$  values when they meet.

#### 3.2 $\theta_i$ dependence of the relaxation time

Solving the decay function (2), yields the relaxation time  $\tau_i(t_i, \theta_i, \theta_f)$ ,

$$\tau_i = -t_i \left[ Ln \left( \frac{\theta_f + b_i}{\theta_i + b_i} \right) \right]^{-1}$$

(4)

An offset of the  $\theta_f (= 0 \ ^\circ C)$  and the  $\theta_i$  by a constant  $b_i$  is necessary to ensure  $\theta_f + b_i \ge 0$  in the solution ( $b_i = 5$  was taken with reference to the fitting in Figure 4a). With the measured  $t_i$ ,  $\theta_i$ , and  $\theta_f$ , given in Figure 6a (scattered data), as input, one can find the respective  $\tau_i$  that is featured in solid line. According to the fitting, the  $\tau_i$  drops exponentially with the increase of the  $\theta_i$ , or with the increase of the initial energy storage or vibration frequency both of which are experimental results [20], as shown in Figure 6b.

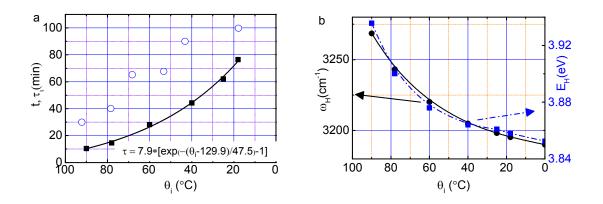


Figure 6 (a) Cooling time t (scattered circles) dependent relaxation time  $\tau_i$  (fitted in solid line) is correlated to the (b) initial energy  $E_H$  (solid black line) and vibration frequency  $\omega_H$  (dashed blue line) [20] of the liquid source cooling from different  $\theta_i$ .

- 4 Discussion: Heat "emission-conduction-dissipation"
- 4.1 Heat source: O:H-O bond cooperative relaxation

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The O:H-O bond approximates a pair of asymmetric, coupled, H-bridged oscillators with shortrange interactions and memory [21]. Figure 7 illustrates interactions and the cooperative relaxation of the O:H-O bond in water under thermal excitation cycling. An interplay of the van der Waals (vdW-like) force, the exchange interaction, the inter-electron-pair repulsion (Crepulsion), and the specific heat disparity between the O:H and the H-O bond dislocate O atoms always in the same direction along the respective potential paths [22]. The softer O:H( $d_L$ ) nonbond always relaxes more in length than the stiffer H-O( $d_H$ ) bond does.

Generally, heating stores energy into a substance by stretching all bonds involved. However, heating stores energy into water by shortening the H-O bond and stretching the O:H nonbond simultaneously, which is realized by the thermal expansion of the O:H nonbond that drags the H-O bond by weakening the Coulomb interaction between electron pairs on adjacent oxygen ions (red line linked spheres in Figure 7). Cooling does oppositely (blue line liked spheres), like suddenly releasing a pair of coupled, highly deformed bungees from different extents of deformation - one is under stretching and the other under compressing, to emit energy at a rate of history dependence. Energy storage and emission of the entire O:H-O bond mainly through the H-O relaxation as the  $E_L$  (~0.1 eV) of the O:H nonbond is only 2.5% of the  $E_H$ (~4.0 eV) [14]. The O:H-O bond memory and the unusual way of energy ejection yield the history-dependent velocity of the H-O bond at cooling, given in Figure 5b.

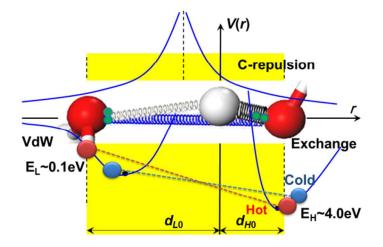


Figure 7 O:H-O bond short-range interactions and the O:H-O (denoted as  $d_L$  and  $d_H$ )

cooperative relaxation dynamics [23, 24]. The  $d_{H0}$  and  $d_{L0}$  are the respective references at 4 °C. Indicated are the van der Waals like (vdW approaches the nonbonding interaction) interaction ( $E_L \sim 0.1 \text{ eV}$ ) of the O:H nonbond (left-handed side), the exchange interaction ( $E_H \sim 4.0 \text{ eV}$ ) of the H-O bond (right-handed side), the Coulomb repulsion between electron pairs (paring green dots) on oxygen ions. A combination of these interactions and the specific heat disparity between the O:H and the H-O dislocate O atoms in the same direction by different amounts at cooling. The relaxation proceeds along the O:H-O bond potentials with H atom (in grey) being the coordination origin under heating (red line linked spheres, denoted hot) or cooling (blue line linked spheres, denoted cold). Springs of different diameters represent the strengths of the respective interactions.

#### 4.2 Conduction path: Skin-enhanced thermal diffusivity

Molecular undercoordination effects the same to liquid heating on the O:H-O bond relaxation, which shortens and stiffens the H-O bond and, meanwhile, lengthens and softens the O:H nonbond, depressing the local mass density and shifting the frequency of the respective phonons, as summarized in Table A1. Heating and molecular undercoordination enhance each other on the O:H-O bond relaxation and the associated physical properties in the skin region. The lowered mass density raises the thermal diffusivity (see eq (1)), which favors heat diffusing outwardly in the conduction path.

#### 4.3 Source-drain interface: Non-adiabatic cycling

It is necessary to emphasize that the Mpemba effect happens only under the circumstance that the temperature drops abruptly from  $\theta_i$  to  $\theta_f$  at the source-drain interface. Fourier solution indicates that the Mpemba crossing temperature is sensitive to the volume of the liquid source (Figure 3a). Too large of the liquid volume may prevent this effect by heat-dissipation hindering. As confirmed by Brownridge [7], any spatial temperature decay between the source and the drain could prevent Mpemba effect from being happened. The decay includes tube end sealing, oil film covering, source-drain vacuum isolating, muffin-tin like containers connecting, or multiple sources putting into the limited volume of a fridge. Conducting experiments under identical

conditions is necessary to minimize artifacts such as radiation, source/drain volume ratio, exposing area, container material, etc.

#### 4.4 Other factors: Supercooling, solutes, and evaporation

Supercooling is associated to the slower relaxation of the longer H-O bond at an initially lower temperature. It has been confirmed that  $E_H$  determines the critical temperature for phase transition [22]. Generally, superheating is associated with the shorter H-O bond pertained to water molecules with fewer than four neighbors such as those formed the skin, monolayer film, or droplet on a hydrophobic surface [25]. Supercooling is associated with the longer H-O bond between molecules in contact with hydrophilic surface [26] or being compressed [22]. A 210 MPa compressing lowers the melting point to -22 °C according to the phase diagram [15]. The supercooling of the colder water in the Mpemba process [7] evidences that the initially longer H-O bond of colder water is lazier than those in the warmer water to relax at icing because of the slower momentum of relaxation – memory effect.

The involvement of ionic solutes or impurities [27, 28] mediates the Coulomb coupling because of the alternation of charge quantities and ionic volumes [29, 30]. Salting shares the same effect of heating on the H-O phonon blue shift [31, 32], which is expected to enhance the velocity of heat ejection at cooling. Mass loss due to evaporation of the liquid source [3] affects little to the O:H-O relaxation as the amount of evaporation is negligible at cooling. We have confirmed that the mass losses only 1.5% or lower in repeating the experiments by freezing 75 °C water to -40 °C ice.

5 Conclusion

Reproduction of observations revealed the following pertaining to Mpemba paradox:

1) O:H-O bond possesses memory, whose thermal relaxation defines intrinsically the rate of energy emission. Heating stores energy to water by O:H-O bond deformation. The H-O

bond is shorter and stiffer in hotter water than it is in colder water. Cooing does oppositely to emit energy with a thermal momentum that is history dependent.

- Heating enhances the skin supersolidity and the skin thermal diffusivity by α<sub>S</sub>/α<sub>B</sub>≥ ρ<sub>B</sub>/ρ<sub>S</sub> = 4/3. Convection alone produces no Mpemba effect but only raises the skin temperature slightly.
- 3) Highly non-adiabatic ambient is necessary to ensure the immediate energy dissipation at the source-drain interface. The Mpemba crossing temperature is not only sensitive to the volume of liquid source but also to the drain temperature and to the radiation rate.
- 4) Mpemba effect takes place with a characteristic relaxation time that drops exponentially with the increase of the initial temperature or the initial energy storage of the liquid.
- 5) O:H-O bond memory may implicate to living cells in which the hydrogen bond relaxation dominates the signaling, messaging, and damage recovery.

#### Acknowledgement

Critical reading by Yi Sun, assistance in confirming the mass loss (<1.5%) during Mpemba experiments by Lei Li, Hongwei Tian, and Xiaoming Zhang, and financial support from NSF (Nos.: 21273191, 1033003, and 90922025) China and MOE (RG29/12) Singapore are gratefully acknowledged.

Appendix

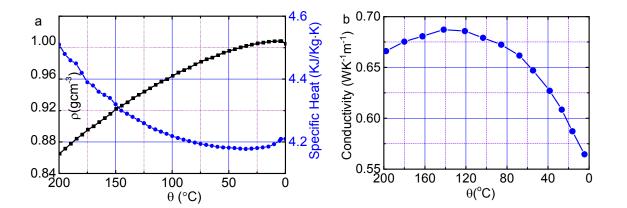


Fig A1 Temperature dependence [33] of (a) the mass density  $\rho$  (in black) and specific heat  $C_p$  (in blue) and (b) the thermal conductivity  $\kappa$  [19] of liquid water, which form the thermal diffusivity of bulk water  $\alpha_B(\theta) = \kappa(\theta)/[\rho(\theta)C_p(\theta)]$ .

Table A1 Summary of the skin supersolidity and the O:H-O bond-electron-phonon attribute under various conditions. Quantities are derived using the following equations [16] from measurements (indicated with refs). This equation means that one can derive the lengths of the O:H nonbond and the H-O bond with the measured mass density under applied stimulus such as molecules with fewer coordination neighbors [14] or heating [34](see Figure 5a for instance)\*:

$$\begin{cases} d_{oo} = 2.6950 \rho^{-1/3} & (Molecular separation) \\ d_{L} = \frac{2d_{L0}}{1 + exp[(d_{H} - d_{H0}) / 0.2428]}; & (d_{h0} = 1.0004, d_{L0} = 1.6946) \end{cases}$$

	Water (298 K)		Ice (253K)		Vapor
	bulk	ski	n	bulk	Monomer
O1s binding energy E <sub>1s</sub> (eV) [35]	(eV) [35] 536.6 538		.1	-	539.7
H-O bond energy E <sub>H</sub> (eV)	3.97 [21]	4.52-4.66		-	5.10 [36]
Melting point T <sub>m</sub> (K)	273	315 [37]		273	
H-O phonon frequency $\omega_{\rm H}(\rm cm^{-1})$ [38]	3200	3450		3125	3650[39]
O:H phonon frequency $\omega_L(\text{cm}^{-1})$ [34]	220	~180[14]		210	-
H-O bond length d <sub>H</sub> (Å) [16]	0.9981	0.8406		0.9676	0.8030
O:H nonbond length $d_L(Å)$ [16]	1.6969	2.11	26	1.8034	≥ 2.177
OO distance d <sub>00</sub> (Å)	2.700 [40]	2.965[41]		2.771[16]	2.980[41]
Mass density $\rho(g \cdot cm^{-3})$ [16]	0.9945	0.7509		0.92 [42]	≤ 0.7396

\* The phonon frequency shift is proportional to the square of bond stiffness:  $\Delta \omega \propto \sqrt{Ed^{-2}} \propto \sqrt{Yd}$  with Y being the elastic modulus that is proportional to the energy density Ed<sup>-3</sup> [29].

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