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1	Towards Single Cell LC-MS Phosphoproteomics
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associated with a decrease in the viability and complex diseases such as cancer ^{1, 2}. The dynamic and low abundant nature of phosphorylation makes studying phosphoproteome challenging ³. In this review, we summarize state of the art proteomic techniques to study and quantify peptide phosphorylation in biological systems and discuss their limitations. Due to its short-lived nature, the phosphorylation event cannot be precisely traced in a heterogonous cell population, which highlights the importance of analyzing phosphorylation events in a single cell level. Mainly, we focus on the methodical and

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instrumental developments in proteomics and nanotechnology, which will help to build more accurate and robust systems for the feasibility of phosphorylation analysis in a single cell level. We propose that an automated and miniaturized construction of analytical systems holds the key to the future of phosphoproteomics; therefore, we highlight the benchmark studies in this direction. Having advanced and automated microfluidic chip LC systems will allow us to analyze single cell phosphoproteomics and quantitatively compare it with others. Progress in the microfluidic chip LC systems and feasibility in the single cell phosphoproteomics will be beneficial for early diagnosis and detection of the treatment response for many crucial diseases.

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1 Introduction:

Proteins are composed of small subunits, "amino acids", which are translated from a genetic code ⁴. After translation, the diversity of proteins can be increased with the addition of modifications ⁵. The human genome is resourced with the static information of genes whereas the proteome expands this to multiple different species by covalent modifications and non-covalent interactions ^{6, 7}. Traditionally, using the Edman degradation reaction, amino acids are sequenced via labelling amino acid terminal residue and cleaving from the peptide without disrupting the remaining peptide bonds⁸. Unfortunately, this method is not efficient enough to analyze the dynamic proteome and detect different modifications on the proteins. On the other hand, several hundreds of post-translation modifications are detected by methods using Mass Spectrometry (MS) ⁹ ¹⁰. Amongst these identified modifications, s peptide phosphorylations are essential for the catalytic activity of kinases with regard to signal transduction ⁵. A considerable amount of knowledge has been accumulated over the years on the phosphorylation state of serine, threonine and tyrosine side chains; additionally, the phosphorylation of histidine, arginine and possibly lysine have also been reported to a far less extent and their role in signal transduction is yet to be determined ¹¹⁻¹⁴.

Phosphorylation through kinases lies at the heart of signalling pathways; thereby protein kinase and phosphatase activities are attractive research topics ¹⁵. Mis-regulation of protein phosphorylation is often associated with a decrease in the viability and diseases such as cancer ^{1, 2}.

Mass spectrometry-based phosphoproteomics technologies have been steadily developing for over a decade; however, studying phosphoproteomics is still quite challenging. Due to low abundance and the physicochemical properties of the phosphopeptides, sample preparation, fractionation and instrumentation techniques are the key steps that determine the success rate of phosphopeptide detection ^{3, 16, 17}. Phosphoproteomics suffers from pitfalls of instrumental techniques and biological systems. Examples include poor reproducibility of MS analysis, time dependence of phosphorylation events and sub-stoichiometry of phosphorylated peptides, cell to cell protein amount and phosphorylation

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activity variation in a heterogonous population ¹⁸. In this review, we summarize state of the art proteomic techniques to study protein phosphorylation in biological systems and discuss their limitations and challenges. Due to short life and low abundance, quantifying phosphorylation events in a heterogeneous cell population introduces ambiguity; it would be more accurate to analyze phosphorylation events on a single cell level. A major barrier to perform phosphoproteomic analysis on a single cell level is the lack of sensitive methods to process very low amounts of material in a single cell for LC/MS. One potential direction towards single cell phosphoproteome applications is integrating microfluidic systems to proteomics. Having advanced and automated microfluidic chip LC systems combined with effective phosphopeptide enrichment and detection methods would allow us to analyze single cell phosphoproteomics and quantitative comparison with others. Both the microfluidics and proteomics fields have made tremendous advancements in the last decade and more efforts are emerging to take advantage of both technologies. Figure 1 shows the timeline of landmark studies in proteomics and microfluidics and highlights their intersection in recent years.

One of the first intersections was the use of a Lab-on-a-Chip system for the separation and fractionation of samples of interest from complex biological systems ¹⁹⁻²². Another advanced application is the integration of microfluidics into HPLC-chip systems for MS applications ²³⁻²⁶. Detailed reviews have been published by Gao *et al.* and Feng *et al.* about advances on microfluidics and their combination with MS ^{27, 28}. Therefore technical advances on microfluidic devices will not be discussed further in this review.

The following sections explain each step of the phosphoproteomics analysis and discuss the progress made towards single cell proteomics by making use of microfluidic chip LC systems. We propose that the integration of these two technologies is a next step for phosphoproteome analysis and pushing such integrated technology will open up new avenues of research.

Sample preparation:

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Sample preparation is a critical step for increasing the sensitivity of a phosphoproteome analysis as reviewed in ³. The type of the sample and the aim of the experiment are the key parameters to decide how to treat samples. In general, cells or tissue samples are lysed with a buffer containing different reagents for various purposes. For example, denaturing agents enhance cell and tissue solubility and protein unfolding ²⁹. All sample preparation should be performed on ice to minimize enzyme activities. A mixture of protease inhibitors should be used to prevent undesirable protein degradation. Negatively charged phospho groups are stable on proteins at acidic and physiological pH conditions; only through catalysis reaction can phosphatases remove phospho groups. Therefore, a cocktail of phosphatase inhibitors should be used to prevent dephosphorylation. A detailed list of phosphatase inhibitors used in a lysis buffer and their applications can be found in ^{18, 30}. Depletion of surfactants and protein inhibitors is a prerequisite for an efficient mass spectrometric analysis because their favourable ionizability and their relative abundance hamper the peptide spectrum ³¹.

Different types of proteolytic enzymes can be utilized for protein digestion to generate a specific peptide pool. Unique peptide distributions can be obtained with different sequence characteristics, length, solubility and charged with the appropriate choice of enzymes. Lys-C, Trypsin and Lys-N are the most common proteolytic enzymes; each of them cleaves the proteins at specific sides. Trypsin cleaves the C-terminal side of lysine and arginine residues; their activity is strictly dependent on the buffer and the reagents concentrations ³². Trypsin with LysC is a popular enzyme combination for CID and HCD fragmentation based MS analysis ³³. Conversely, LysN, that cleaves at the N-terminal side of lysine, is a commonly used enzyme to generate simplified fragmentation spectra during ETD fragmentation ³⁴⁻³⁶. Using a different combination of proteolytic enzymes would increase the coverage phosphoproteome ³⁷.

Figure 2 shows a general workflow of a typical phosphoproteomic study, which has multiple steps with various tasks. Each step has a possibility of sample loss and contamination introduction. Single cell level studies testify to the power of microfluidics as Lab-on-a-Chip systems for sample preparation and digestion due to their liquid handling capacities and capability to manipulate single cells in one system. These systems can provide highly accurate measurements even for very low abundant species in a complex

mixture because of their sensitivity and compatibility with high-throughput detection and
selection systems ^{38, 39}.

Microfluidic systems can be integrated into phosphoproteomics at the very first stage of the
workflow while dissecting a part of a tissue or by selecting the required cell population.
Agresti *et al.* used an integrated drop-based microfluidic device to establish an ultrahighthroughput screening platform³⁹.

Their platform consists of two devices. The first mixes yeast cells with fluorogenic substrates into low picoliter volume droplets. A second device redirects the droplets and sorts the cells subsequently according to their dielectrophoretic forces. The sorting of cells is based on their intensity of fluorogenic substrates binding to the enzymes on the cell surface. Since the cells remain encapsulated in the drops, the entire reaction vessel is assayed and sorted with this microfluidic system. Using a microfluidic design instead of a traditional Fluorescence-activated cell sorting (FACS) not only increased the rate of screening 1000 fold but also the versatility of cells ³⁹.

Marcy and colleagues performed a promising study for the integration of microfluidic systems into a biochemical process. They used a fabricated microfluidic device to lyse the isolated cells and amplify their genetic material ³⁸.Another noteworthy phosphorylation study done by Jen *et al.* lysed HeLa cells using a micro well device with 20-µm diameter for single-cell-based chemical lysis experiments. At the single-cell level, cells are fully lysed 12 seconds after the lysis buffer injection ⁴⁰. These studies propose that microfluidic devices are suitable for multiple single cell applications from cell lysis to monitoring biochemical activities. Integration of microfluidic devices with different capabilities can enable us to perform single cell phosphoproteomics analyses on chips. Therefore phosphoproteomics analysis can greatly benefit from microfluidic based chip systems for high throughput studies ^{41,42}.

26 Phosphopeptide analysis by LC-MS:

Phosphopeptide fragmentation:

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Phosphopeptide sequencing by tandem MS can induce the loss of a labile phosphate group and makes assigning the phospho-site to the correct residue challenging. Determining the site-specific phosphorylation is complicated because CID typically results in the partial elimination of the phosphoric group (H₃PO₄, 98 Da or HPO₃, 80 Da, neutral loss) of phosphoserine and phosphothreonine ⁴³, whereas phosphotyrosine does not allow loss of phospho-group because of the aromatic ring. But, occasionally, phosphotyrosine can undergo with an irregular loss of HPO₃ from phosphotyrosine and H₂O from another residue ^{33, 44}. The low abundance of the phosphopeptides is a well-known issue so that choosing the fragmentation method can be crucial for phosphoproteome analysis. Since the analysis of phosphorylation at the single cell level will be more demanding, the sensitivity and the coverage of the detection need to be improved. This can be done by combining different fragmentation methods ⁴⁵⁻⁵⁰.

13 Sample Fractionation:

Dynamic range and the peptide sequencing speed of the instrument are two main limiting factors of the complex peptide mixture analysis and prevent full proteome identification ⁵¹. Phosphorylated peptides are under-represented in a complex sample and their detection by MS is further impaired by low ionization efficiency and signal suppression. Thus, enrichment and fractionation techniques are obligatory for phosphoproteomics studies ⁵². **Analyst Accepted Manuscript**

In proteomics, the majority of the sample analysis is performed with reversed phase chromatography coupled with tandem mass spectrometry (nanoLC-MS). Although new instruments have high resolving power and detection speed, pre-fractionation of samples prior to MS analysis is a prerequisite for a comprehensive analysis ⁵³. Their use in phosphoproteomics is limited by their capability to resolve highly complex samples like whole cell lysate. Thus, a single cell analysis would require massive optimization of several parameters, from liquid flow rates, chip channel dimensions to waste line and mixing chamber distributions. Well-known phosphoproteomics protocols should be adapted for microfluidic device dimensions.

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Different strategies can be utilized at a different stage of the workflow for this purpose. Employing an additional agent at the enrichment stage can increase the selectivity or reagents can be used for signal enhancement by improving sample solubility and spray. For example, Winter *et al.* showed that a citrate addition to the phosphopeptide sample could effectively improve the sensitivity of LC-MS analysis of phosphopeptides ⁵⁴.

Larsen *et al.* also showed that binding of highly acidic peptides onto TiO₂ material can be
circumvented by adding DMSO (Dimethyl sulfoxide), KF (Potassium fluoride) and HNa₂PO₄
(Sodium phosphate dibasic) reagents to the loading buffer. A study by Ficarro *et al.*demonstrated that using low flow rates at the nanoliter range can enhance the
phosphopeptide detection ⁵⁵. A recent study from the Kuster group revealed the importance
of spray to enhance phosphopeptide detection. They used DMSO to improve the solubility
and evaporation efficiency ^{54, 56}.

Several other LC methods based on different chemical properties of peptides have been developed for sample fractionation. Therefore, using the combination of different separation procedures is required to increase the peak capacity, and the overall LC resolving power. The most commonly used methods are ion exchange chromatography (SCX), strong anion exchange (SAX), weak anion exchange (WAX) hydrophilic interaction liquid chromatography (HILIC) and Electrostatic Repulsion-Hydrophilic Interaction Chromatography (ERLIC) ^{51, 57-59 55}.

The frequent use of and the new improvements in microfluidics are contributing greatly to single cell proteomics at different levels of the process like single cell trapping, lysis, separation and analysis. It has become possible to use extended nano-space by down scaling the size of the microfluidic to nanofluidics ¹⁹ ²². Extended nano-space helps to manipulate biological systems efficiently according to their physicochemical properties which lead to elevated performances by rapid, time efficient and reagent consuming reactions. This results in reproducible and high throughput data for single cell phospho proteomics ⁶⁰. A recent study published by Huft J. and colleagues showed a successful integration of a microfluidic device to a solid phase LC. They automated a multifunctional

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platform, which permits flexible generation and complex manipulation of low picoliterscale droplets. Their study supports that this kind of design can handle enzymatic assays
and DNA purification at a single cell level ⁶¹.

Improvements in technology will make microfluidic parts for the LC systems cheaper and
more disposable which will increase the quality of the chromatographic separation. Also,
working with such a miniaturized system will allow us to exploit the resolution of the
chromatography accordingly.

8 Phosphopeptide enrichment:

Systematic and large scale analysis of the phosphorylation events in the cell is challenging because of the dynamic range and the complexity of the sample. Physicochemical properties of phosphopeptides are predictable so they can be fractionated and enriched using multiple methodologies. But each additional step introduced to the workflow also introduces a new possible error and variant for the analysis. To maximize the analytical sensitivity, the workflow should be as simple as possible, with relatively few sample preparation steps, so as to prevent loss of phosphopeptides. To increase coverage and sensitivity, samples should be handled cautiously prior to analysis. Similarly, a robust system is needed to minimize the variation across the replicates. Introduction of microfluidic chip systems and their automation for sample preparation and fractionation is an effective solution to prevent sample losses and to enhance reproducibility. Employing microfluidic devices minimizes the sample and reagent consumption; it also helps us manipulate the physicochemical properties of the reagent. Consequently, by using microfluidic chips, we can design a controllable, repeatable and rigid system for sample analysis. In the previous section we briefly explained the fractionation methods and in this section we will continue with applications. Although several selective enrichment techniques and targeted phosphoproteomics methods have been developed and are widely used, lab-to-lab enrichment efficiency and identification rates differ for the same protocols ⁶². Obtaining full coverage of the phosphoproteome with various enrichment strategies with the combination of fractionation techniques is still a demanding task. A wide range of techniques has been developed to enrich the population of phosphopeptides. These enrichment methodologies

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are based on different principles and are employed according to their orthogonality, with
each having its own advantages and disadvantages ⁶³. The most frequently used techniques
are HPLC-based fractionation, and antibody affinity chromatography (immunoprecipitation (IP), immobilized metal ion affinity chromatography (IMAC), metal oxide
affinity chromatography (MOAC), and chemical derivatization based chromatography) ⁶⁴⁻⁶⁷.
Although MOAC, SIMAC and IMAC have quite similar principles we will explain each in a
separate section to highlight the slight discrepancies among these methods.

IMAC:

The IMAC method is based on the affinity of positively charged metal micro particles (Fe³⁺,Al³⁺,Co²⁺,Ga³⁺,Ti⁴⁺), forming a stationary phase that captures negatively charged phosphopeptides under acidic conditions and releases at alkaline pH ^{68, 69}. Non-specific binding of acidic peptides is a major obstacle to this technique 70 . One approach to circumvent this shortage is through 0-methyl esterification which derivate carboxyl groups on acidic residues into less acidic functional groups. This approach increases the specificity for the selective phosphopeptide detection ^{71, 72}. IMAC has frequently been coupled with strong cation exchange chromatography (SCX), and hydrophilic interaction liquid chromatography (HILIC). These systems are used prior to the IMAC enrichment to reduce sample complexity and amplify selectivity towards phosphopeptides ⁷³.

MOAC:

MOAC is an alternative method to IMAC which uses a similar binding chemistry. Acidic residues are neutralized by protonation with the acidification of the loading buffer. As phosphopeptides retain their charge at highly acidic pH, their binding affinity to the metal oxide functionalized ZrO_2 and TiO_2 beads are enhanced ⁶⁴. The phosphate group of phosphopeptide binds to the oxide groups of the TiO_2 beads in a bidentate mode ⁷². A drawback to this method is the non-specific binding of the acidic non-phosphopeptides. Employing an additional agent at the enrichment stage can increase the selectivity and partly overcome this shortage. For example, using a low pH loading buffer containing

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reagents such as 2, 5-dihydroxybenzoic acid (DHB), dimethyl sulfoxide (DMSO), phtalic acid
 and glycolic acid reduces the nonspecific binding of acidic peptides ⁷⁴.

Winter *et al.* showed that phosphopeptide enrichment sensitivity could improve by using
phosphate, EDTA or citrate as a chelating reagent ⁵⁴. A similar study by Larsen *et al.* also
showed that binding of highly acidic peptides onto TiO₂ material can be circumvented by
adding DHB to the loading buffer ⁷⁵.

8 To our knowledge, phosphopeptide enrichment by using TiO₂ beads is a widely used 9 method because of its offline and online applications and compatibility ⁷⁶. Thus, this method 10 has been successfully coupled with reverse phase liquid chromatography. Furthermore, a 11 novel microfluidic chip device based on a TiO₂ column integrated to RP-HPLC-MS is 12 manufactured by Agilent. This HPLC-chip enables applications like fully automated 13 phosphopeptide quantification ⁷⁷⁻⁷⁹.

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SIMAC:

Several different phosphopeptide enrichment methods have been well-established and their weak and strong features rigorously evaluated ⁸⁰. To increase the identification rate of phosphopeptides, different enrichment methods are combined for Sequential elution from the IMAC (SIMAC) method ⁸¹. This method combines strengths of both IMAC and TiO₂ and allows the enrichment of both mono and multi-phosphorylated peptides from complex samples. The rationale behind this methodology is to elute multi-phosphorylated and mono phosphorylated peptides differently based on their binding efficiency to IMAC beads. Mono phosphorylated peptides are eluted from the IMAC beads in an acidic condition. As a second step, TiO₂ chromatography is applied to these elutes and flow-throughs to remove most of the non-phosphorylated peptides from the pool of mono-phosphorylated peptides in a complex mixture. IMAC has a stronger selectivity for multi-phosphorylated peptides; for these peptides a parallel IMAC chromatography is performed. Phosphopeptides are eluted in a basic condition, which selectively elutes multi-phosphorylated peptides from the IMAC beads. This method has found its own application in large-scale phosphoproteomics experiments 64, 76 82, 83.

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Immuno-precipitation (IP):

Phosphorylation of tyrosine has key functions for most of the signalling pathways. But in a mammalian cell, phosphorylation of tyrosine occurs at low frequency compared to serine and threonine ⁸⁴. Thus, enrichment of phosphotyrosine requires explicit methods like immuno-precipitation (IP). Phosphopeptide enrichment with IP is strictly limited with specificity, the lot-to-lot variability of the antibody and reproducibility of the enrichment protocol ⁸⁵. IP can be performed at protein or peptide levels by using phosphotyrosine antibodies ^{86, 87}. Several IP experiments should be done in parallel to acquire a comprehensive set of phosphotyrosine peptides ^{66, 88}. Thus, this method is not feasible for experiments with a limited sample amount. Performing IP experiments at the peptide level is more effective ⁸⁹. However using IP strategies at the peptide level requires a large amount of protein as a starting material ⁹⁰. Recent studies on microarrays and phosphotyrosine antibodies showed that one can enrich different phosphotyrosine populations by using different types of antibodies ⁹¹. Therefore, antibody cocktails will likely be more popular for this sort of strategy.

17 Ti-IMAC:

Recently a new phosphopeptide enrichment protocol has been successfully used by the Heck group ⁹². This method is based on Zr (IV) or Ti (IV) phosphate/phosphonate chemistry, chelating and immobilization of Ti⁴⁺ via coordination between Ti⁴⁺ and the P-O bond of the phosphate group ⁹³,⁹². Structural improvements on the Ti-IMAC materials made this method more orthogonal with other peptide fractionation techniques such as SCX and HILIC ⁷³.

Promising results for the miniaturization of LC systems as microfluidics (HPLC chips) for sample enrichment and fractionation have been published. Several nano-LC-chip systems have been commercialized by different vendors such as TiO₂ enrichment, HILIC fractionation and protein digestion chips ^{77, 79, 94-97}. Ti-IMAC based nano-LC-chip systems will be beneficial for selective and sensitive phosphopeptide enrichments of small materials such as a single cell. The next challenge will be to establish a full phosphoproteomics workflow in one automated system (Figure 3).

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Chemical Derivatization:

Various chemical derivatization protocols are based on a specific reaction under strict conditions. Thus, most of the developed phosphopeptide enrichment protocols have low efficiency and low reproducibility. A general application of a particular derivatization protocol for a wide range of applications is almost impossible. Beta elimination of the phosphate group from phosphoserine and phosphothreonine under basic conditions is possible but its efficiency is strictly dependent on the peptide sequence ⁹⁸ ⁹⁹. In addition, this approach cannot be used for the phosphotyrosine peptides. Another similar approach is to replace the phosphate group with biotinylated tags. This approach is also not applicable to phosphotyrosine residues but can modify phosphoserine and phosphothreonine O-glycolysated forms and non-modified residues ¹⁰⁰. Because of the non-specific reaction and low reproducibility nature of the approach, it has yet to be improved to be compatible with other enrichment strategies.

Table 1a presents a review of potential applications of the current phosphoproteomics methods to microfluidics. Each method's compatibility and future adaptations to the microfluidic systems are rated as low, moderate or high with respect to their current trends and applications. Since several successful applications have already been published with IMAC and MOAC based enrichment methods, they are rated as highly compatible. Chemical derivatization is rated as moderate because the application is dependent on the microfluidic designs. A complicated design with well-defined fluid trafficking is required to prevent the side reactions caused by the residual chemicals. Designing such systems would take a long time and require a lot of expertise in the microfluidic field. IP based enrichment strategies is the least compatible with microfluidics. Implementation of these protocols into a microfluidic chip is demanding, since the reproducibility of the IP enrichment protocols are low, and highly specific antibodies are needed for high affinity bindings.

Polat et al. recently published another example of employing a microfluidic device to perform a phosphoproteomic enrichment method. A chip LC system was used which consists of four columns; a TiO_2 column is replaced in between two reverse phase (RP)

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columns and followed by an analytical column. The first RP column was used for quantitative labelling and cleaning followed by a TiO_2 column where phosphopeptide enrichment was conducted. A second RP column was employed for a controlled released of the sample from the analytical column to be processed by the MS analysis. This automated system was shown to be sensitive (10 fold ratio differences measured successfully), efficient (high labelling and enrichment efficiency), highly reproducible, less time and sample consuming (lug sample and whole analysis time was 8 hours instead of a whole day) and robust ⁷⁷. Thus with this approach, comparable results can easily be achieved in high throughput studies. Several studies have been conducted on phosphoproteins by either labelling or label free quantification strategies. Only a few were performed by using microfluidic/chip LC and single cell systems ^{77, 79, 96, 101}. Up to now, phosphoproteomics studies mainly used averaged extrapolated results from heterogeneous cell populations; however, as it is further discussed in the coming sections, individual cell analysis is more definitive and accurate compared to population analysis ¹⁰².

16 Quantitative Proteomics:

Quantification of phosphoproteome is essential for studying its dynamic nature and has greatly benefited from the development of advanced instruments, new software, and sample preparation methods. Different types of labelling can be introduced at various stages of the workflow ^{103, 104}. The step where quantification is introduced to the workflow and the quantification strategy should be considered carefully which vary largely based on the question being addressed.

Different strategies such as chemical labelling, metabolic labelling, label free and absolute quantification strategies have been employed in several studies ¹⁰⁵. In this section we will briefly explain the principles of the methods and the successful adaptations for quantitative the studies. Common quantification strategies can be broken down into two main categories: relative quantification and absolute quantification. The idea behind microfluidics is to minimize user interference and maximize the automation to prevent bias

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and contaminations prior to quantification. In general, microfluidics will be most beneficial for quantitative analysis since it provided accurate and consistent sample-to-sample experimentation.

Metabolic Labelling:

Metabolic labelling is introduced during the cell growth and division by the substitution of the natural ¹⁴N or ¹²C sources with their heavier isotopes, such as ¹⁵N or ¹³C or by substituting one or more essential amino acids with their heavy-labelled counterparts to obtain full incorporation of the synthesized proteins ¹⁰⁶. The main advantage of metabolic labelling is the incorporation of the label in the living cell at the earliest stage of the work flow. Samples can be combined before the sample preparation steps and any error coming from the sample handling steps will be identical for each sample. The quantification accuracy will be equally affected for each sample. Metabolic labelling is commonly used in invertebrate model organisms such as yeast, C. elegans and drosophila; a new metabolic labelling method introduced by the Yates Lab extended this technique to an entire mammal. The SILAM (stable isotope labelling of mammals) labelling of rodents was performed with a diet of ¹⁵N-enriched (>99%) blue-green algae *Arthrospira platensis*, as the sole protein and nitrogen source for the animal ¹⁰⁷. Rauniyar *et al.* demonstrated a quantitative application of SILAM to analyze protein expression levels in the rat brain at two different developmental stages. They found that ¹⁵N labelled rat can be an optimal source of a tissue-specific internal standard to facilitate the quantitative proteomic ¹⁰⁸. As the incorporation reaction is quite specific apart from the preventable arginine proline conversion, no side reactions or side products have been observed in the sample ¹⁰⁹. The limiting factors for the use of this method are the time required and the cost of the experiments.

SILAC:

The most frequently used metabolic labelling method is the Stable Isotope Labelling by Amino acids in Cell culture (SILAC) ¹⁰⁶. Simply, the procedure is the in vivo incorporation of

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the stable isotope containing versions of essential amino acids (especially arginine, lysine and leucine) during the cell growth and division. Arginine and lysine residues are particularly popular since trypsin cleaves peptides at the carboxyl terminal of these amines; when SILAC is combined with trypsin digestion, every peptide will be labelled at the carboxyl-terminus. After several cell doublings, the complete cellular proteome is labelled with the of isotope-containing amino acids ¹¹⁰. The number of labelling channels for this method is limited with three but this can be extended to four or five labels at the expense of accurate quantification hindrance. A recent paper published by the Augustin group established 5-plex SILAC, which was employed to monitor the phosphotyrosine signalling perturbations induced by a drug treatment. SILAC is generally used for cell systems that are grown in a culture but has limited use for body fluids and tissues ¹¹¹ ^{106, 110, 112}. New SILAC applications are also emerging, like SILAC labelled mice ¹¹³. By in vivo labelling, the entire proteome prior to sample preparation prevents quantitative labelling based sample loss; therefore, we believe that in the future the SILAC method will be the method of choice for single cell relative quantification studies.

16 Chemical Labelling:

When metabolic labelling cannot be used due to sample related reasons, chemical labelling can be an alternative solution for the quantification. For chemical labelling purposes, any reactive group of peptides can be altered and targeted by labels, particularly the peptide/protein N-terminus and E-amino group of lysine ¹¹⁴. One of the primary disadvantages of the chemical labelling method is side reactions and products; those may complicate the MS detection and spectra analysis. Peptide precursor ions (MS) and/or fragment ions (MS/MS) can be utilized for the quantification. Another accepted method for chemical labelling is stable-isotope dimethyl labelling ^{115, 116}. This method targets the primary amine groups (lysine and amino termini) of proteins/peptides. Three channels of labels can easily be generated by using a combination of isotopomers of formaldehyde and cyanoborohydride, including isotopes ²H and ¹³C atoms ^{103, 105}. Since deuterium has a different physical and chemical property from the hydrogen analogue, the deuterium effect reveals itself as retention time shifts during liquid chromatography (LC) separations.

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Although ICAT itself is not an isobaric tagging strategy, developing this method was the first step for isobaric tagging-based quantification. The implementation of two isobaric tag quantification methods, (iTRAQ) and tandem mass tag (TMT) have increased the popularity and the usage of chemical labelling for proteomics ¹¹⁵⁻¹¹⁸.

Stable-isotope dimethyl labelling:

Dimethyl labelling is applied to the sample at the peptide level generally after a tryptic digest; each label differs from others by at least 4 Da¹¹⁹¹²⁰. The low cost of the method and micrograms to milligrams of sample labelling range, its well established labelling protocols and applicability to any biological experiment make it a newly emerging quantitative method for many research groups ¹²¹. A drawback to this method is the deuterium effect during LC separations, which can affect the quantification ¹²² ¹²³. But this affect can be minimized by using retention time alignment software. Dimethyl labelling can prevent unspecific binding of phosphopeptides into IMAC columns, with the esterification of the acidic groups such as C-termini of peptides and carboxylic acids in side chains of glutamic and aspartic acids. Consequently, this method can improve the enrichment of the phosphopeptides 77, 79, 85.

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ICAT:

ICAT (Isotope-coded affinity tags) labelling is performed at the protein level. This chemical labelling strategy works based on its specificity toward sulfhydryl groups and consists of an isotopically coded linker and an (biotin) affinity tag for the purification of labelled proteins/peptides. Its applicability is only for cysteine-containing proteins which reduces the reliability of the quantification and limits the number of labelling channels; as a result, ICAT is less popular compared to other methods ¹¹⁸ ^{115, 124}.

Isobaric labelling (iTRAQ and TMT):

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The isobaric tag for relative and absolute quantification (iTRAO) and the tandem mass tag (TMT) have the main advantage of multiplexed analysis of four, six, eight, or 10 samples within one experiment setup. These isobaric labels consist of three different components: reporter, balance and reactive regions. N-hydroxy-succinimmide ester is employed for the reaction with primary amines of peptide N-termini chemistry. Through MS, isobaric labelled peptides cannot be distinguished so that MS spectra will be less complicated, but relative abundance can be determined when MS/MS reporter ion cleaves off during the fragmentation. This multiplexing strategy is presented in 4- or 8-plex formats for iTRAQ, and 6 or 10-plex for TMT. A good chromatographic separation to diminish co-elution of peptides and a ToF or HCD capable instrument allowing quantitation of low m/z fragmentation ions are required for better quantification by using an isobaric tag.

Recently, a detailed study comparing both identification and quantification of iTRAQ/TMT, SILAC, Dimethyl labelling was published by the Heck group ¹²⁵. Triple labelled samples were used for SILAC, dimethyl and iTRAQ/TMT and a separate 6-plex iTRAQ/TMT was employed to judge the performance of a complex design. Their results showed that SILAC and dimethyl labelling are both similar for quantification and identification. On the other hand, iTRAQ/TMT had a lower rate for MS2 based quantification due to the co-isolation problem. Their most precise quantitative results were obtained with MS2/MS3 based TMT experiments. Finally, the Heck group suggested using SILAC for affinity purification MS experiments and dimethyl labelling for primary cell cultures of tissue samples ¹²³.

23 Label-free Quantification:

In the absence of the labels one can use a label free approach for the peptide/protein quantification. This method uses either a precursor intensity calculation, a spectral counting method (total number of the identified peptide-to spectrum matches, PSMs, per protein) or a sequence coverage of each protein ¹²⁶ ¹²⁷. An indefinite number of samples can be compared with label free methods but a label-free quantification experiment requires

multiple analyses of each sample and separate analysis for each condition. As a
consequence, label-free experiments can be elaborate and time consuming.

Both intensity calculation and spectral counting based label-free approaches need a robust LC system and high precision MS for high reproducibility and to align the retention time and m/z of peptides in between analyses. Label free quantification using precursor intensity is based on extracted ion chromatogram (XIC) of the peptide of interest. Peptide/protein abundance can be predicted by accumulating differentiations of measured XIC variations ⁹⁶. An internal standard with a known concentration is needed for the relative quantification and normalization ¹²⁸. To our knowledge, the most frequently used approach is the spectral counting method because of its sensitivity (dynamic range) and high reproducibility. This method is generally used for the comparison of large datasets ¹²⁹. Results of a relative quantification with spectral counting are strictly dependent on the parameters used and data manipulation ¹³⁰. Each step of the workflow should be considered carefully: the number of data points, the length and abundance of the peptide, sample concentration, analogy of the sample analysis process, protein identification process, filtering parameters, and normalization of data.

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A study by Megger et al. investigated three different hepatocellular carcinoma (HCC) cell
lines HepG2, Hep3B, and SK-Hep-1, using both label free and TMT labelling. In this study,
protein coverage obtained with label-free quantification outperformed the TMT labelling.
But the protein identification rates were similar for both approaches. Although
reproducibility was comparable for both TMT and label-free, TMT had higher quantification
accuracy. They also demonstrated the necessity of using HCD fragmentation in combination
with TMT labelling ¹³¹.

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The message from peptide quantification methods comparison studies is universal; they all demonstrate that a quantification strategy should be chosen based on the type of the sample type and design of the experimental workflow.

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Absolute Quantification (SRM/MRM):

SRM/MRM quantification is preferred by many groups because of its highly reproducible, sensitive and accurate nature for both relative and absolute quantification. Absolute protein quantification applications are performed by adding a known concentration of an internal standard (a peptide containing heavy amino acids or stable-isotope-containing tags) to the protein digest. Mass spectrometric signals of standard and endogenous peptide of the sample are compared for the quantification ¹³². Different reference peptides/proteins and approaches such as AQUA and QconCAT, Protein standard absolute quantification (PSAQ), FlexiQuant (PSAQ), and absolute SILAC are used for the targeted SRM/MRM method ^{86, 133-} ¹³⁶. SRM/MRM is simply the isolation of specific fragments of the peptide and detection of its transitions by the mass spectrometer.

The transient and dynamic nature of phosphorylation, low abundance of phosphoproteins, and lack of phospho specific antibodies make the targeted absolute quantitative methods desirable. Even though this approach is applicable and favoured for the phosphoproteomics and in general proteomic experiment designs, determination of one or a few specific phosphoproteins could be quite challenging and time consuming ¹³⁷. Some of the limitations of the SRM/MRM method include: the necessity of discovery experiments for the selection of appropriate internal standards, optimizing assays for each peptide of interest, the high cost of internal standard synthesis and bias due to the late introduction of internal standards to the sample ¹³⁸.

Although SRM/MRM requires prior knowledge of peptides/proteins, it is the most preferred method for the biomarker studies. Due to its sensitive absolute quantification, it is feasible for high-throughput clinical studies. New automation and chip applications will likely strengthen the power of SRM for discovering new biomarkers and extend its application to single cell studies ¹³⁹. In Figure 3 we showed a hypothetical design of a microfluidic chip for quantitative phosphoproteomics. This kind of design can circumvent the introduction of impurities and losses during sample handling. Therefore, it is beneficial to use a combination of this design together with sensitive analysis methods such as

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SRM/MRM or label free quantification. All these approaches require minimal variation before and during sample analysis so that the robustness of microfluidic chip systems can significantly improve peptide quantification.

Table 1b presents a review of all quantitation methods discussed above for their adaptations to microfluidic systems for a single cell. Each method is rated based on its potential of integration to the microfluidics systems and prospective in single cell phosphoproteome quantification. High reproducibility and robustness are the main strengths of the microfluidics. For label free and absolute quantification methods no chemical labelling step is involved; only stable LC-MS systems and reproducible analysis with stringent protocols are required. Therefore, they are more compatible with microfluidics. Although numerous applications of chemical labelling using microfluidic HPLC chips have been published ^{77, 140}, in general their compatibility is debatable^{77, 78}. For instance, for TMT and iTRAQ, several different labelling reagents are needed and optimization is a pre-requisite. A comprehensive microfluidic design would be needed for such labelling strategies, and, as explained in the chemical labelling part, building such systems can be quite challenging. Therefore, chemical labelling is rated as moderate for compatibility. The metabolic labelling strategies on the other hand can be applicable. The previous sections showed examples of on chip cell growth. Implementing metabolic labelling into such designs could be less demanding compared to the other chemical labelling-based methods. Hence, metabolic labelling is rated as compatible for microfluidics.

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22 Towards single cell phosphoproteomics:

The dynamic nature of protein phosphorylation and cross talk between the phosphorylation sites play an essential role in the specificity of signal transduction pathways and in fine-tuning the cellular response. Upon stimulus, protein phosphorylation may rapidly occur and reach its maximum level followed by a decrease in a short period of time ¹⁴¹. However, it is not feasible to trace such a dynamic phosphorylation in a mixed cell population level due to the heterogeneity of cells. Figure 4 shows a hypothetical example

the importance of single cell phosphoproteome in analyzing that illustrates phosphorylation dynamics and shows plausible discrepancies in quantifying phosphorylation sites in a single cell versus a heterogeneous cell population. In the last decade, studies at the single cell level revealed new mechanisms in cellular signalling pathways. For example, the oscillatory response of p53 and Nf-kB signalling systems were only identified by quantitative analysis at a single cell level ¹⁴². We suspect that many phosphorylation events in eukaryotic cells may have similar dynamics and would only be revealed by phosphoproteomics analysis at a single cell level. The single cell phospho-analysis approach becomes even more valuable in some fields such as stem cell, developmental biology and cancer where a small subpopulation of cells could have the biggest impact in decision-making of neighbouring cells. For example, reverse transcription quantitative PCR analysis in single cells allowed Diehn et al., to differentiate a subpopulation of cancer stem cells that are tumour radioresistant with lower reactive oxygen species (ROS) and increased expression of free radical scavenging systems ¹⁴³.

Ma et al. showed a microfluidic design for a quantitative measurement of complex secreted proteins to assess multiple inflammatory cytokines from human macrophages ⁴¹. In this study, they employed a single cell barcode system to assess the content of heterogeneity functionality in a single cell using a clinical microchip. Each channel of the chip was loaded with either single or a small number of cells. Experiments conducted with the microfluidic system showed heterogeneous functional diversity between two pools (healthy vs. patient). They claimed that this system is a high throughput low cost and portable system, which can be adapted for various fundamental and clinical applications. One can further speculate a derivative of such systems in which phosphorylation events between different pools can be quantified from single cells.

In parallel, developments in nanotechnology will serve the outcome of single cell analysis
since it can enable scientists to manipulate and target at a molecular level in a single cell
using nano systems, such as nano pocket delivery systems with colloidal chemistry,
liposome, micelle encapsulation, dendrimers and carbon nano tubes ¹⁴⁴. More importantly,
recent improvements in instrumental technology and material engineering have made

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sample analysis possible at the attomole level with nanoliter amounts ²⁵. The advantage of
these systems is the specific targeting and safely delivery of agents. In this way, drug
releases can be controlled and patient safety will be increased by reducing side reactions
and increasing compliance ¹⁴⁵ ¹⁴⁶.

5 Limitations and Challenges:

Although microfluidics applications are rapidly increasing, there are a few issues that need extra consideration in the mechanics and the fundamentals of devices. Most of the possible issues are the result of the wrong channel design (channel wideness, depth, junction points) and valves, which eventually affects flow rates, flow streams, shear stress and evaporation ^{147, 148}. Optimization of the system for the corresponding sample is challenging, requiring many parameters to be checked and adjusted ^{20, 149}. Most of the mechanical parts are affiliated with another; the switching speed of the valves affects the efficiency of the chemical mixing and flow continuation ¹⁵⁰. Another important aspect is the preservation of viable cells on the chip which is primarily based on the microfluidic chip material and coatings ¹⁵¹. Elimination of the waste chemicals or side products is also crucial for cell viability and behaviour; therefore, a cell should be isolated enough to not be affected by another's toxic effect ¹⁵⁰. All these problems have been observed in several studies and various solutions have been utilized ²¹. This research indicates that the microfluidic designs can also be challenging for inexperienced communities. Thus, stepwise integration of the Lab-on-a-Chip system into the complex quantitative phosphoproteomics workflows is utterly convenient for the transition process. For phosphoproteomics, one of the first applications of nano/micro fluidic-chip LC devices was used for the separation and sample preparation steps ^{152, 153}.

Different columns systems are easily integrated into micro devices; thus various methods have been applied on one chip. Mass production limits the system-to-system variations and full integration allows automation of the whole process. Samples can be separated and analyzed simultaneously and repetitively without any loss ²⁶ ¹⁵⁴. These systems are designed at micro sizes and require a micro-gram/liter sample. In fact, it is possible to

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perform femtomole level quantification when microfluidic systems are combined with a sensitive detection system ⁷⁹.

Integrated microfluidics has been used for almost twenty years but their adaptation to life sciences has increased dramatically in the last decade due to large-scale applications and mass production ^{155, 156}. Furthermore microfluidics provide huge advantages for single cell analysis such as scalability, enhancing the concentrations of small volumes and ability of handling and lysing single cells ¹⁵⁷. We could debate that the next step for this technology will be determining phosphorylation regulation at single cell level and a limited number of studies support our argument ¹⁵⁸. However, yet we are far away from global phosphoproteomic analysis in single cells. Improvements in the precision of single cell handling, sample preparation, instrumentation and enhanced sensitivity in phosphopeptide detection will greatly serve to this mission. From the future prospective, this technology will likely be applicable for the diagnosis and treatment of diseases with further advancements in the field of personalized medicine and medical care.

17 FIGURE LEGENDS

Figure 1. Milestones for proteomics and microfluidics. This figure indicates milestones for microfluidics
 and proteomics and their intersection times. Proteomics milestones are based on `Proteomics of
 industrial fungi: trends and insights for biotechnology` de Oliveira et al.^{8, 28, 60, 65, 75, 86, 106, 118, 134, 135, 159-171}
 and microfluidics milestones are based on `Timing is everything: using fluidics to understand the role of
 temporal dynamics in cellular systems `Jovic et al.^{8, 102, 171-181}

Figure 2. General phosphoproteomics workflow. This figure illustrates additional steps such as labelling,
 enrichment and fractionation, to proteomics workflow.

Figure 3. Hypothetical design of a microfluidic chip for quantitative phosphoproteomics. Hypothetical microfluidic chip design is the combination of all essential steps for quantitative phosphoproteomics. Each individual step is performed in the cited studies and their successful implications are discussed in the text. Employing such a microfluidic chip system for a single cell phosphoproteomics experiment will automate the procedure, which will lead to high throughput results.

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5	2	Figure 4. A schematic illustration of a hypothetical cell surface protein's phosphorylation dynamics
6	2	unon a stimulus in a single cell versus a mixed cell nonulation. An exemplary graph is shown in the
/ 0	5	
0	4	bottom. In a mixed cell population, the quantifying abundance of phosphorylation sites would be
9 10	5	inaccurate due to the unsynchronized response of different cells upon a stimulus.
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12	6	Table1. A review of the potential applications of the current phosphoproteomics methods to
13	7	microfluidics.
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15	8	a. Each enrichment method's pros and cons and their compatibility with future adaptations of the
16	9	microfluidic systems are rated as low, moderate or high with respect to their current trends and
17	10	applications.
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19	11	b. Each quantification method's pros and cons and their compatibility to future adaptations of the
20	12	microfluidic systems are rated as low, moderate or high with respect to their current trends and
21	13	applications.
22	20	
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Table 1. A review of the potential applications of the current phosphoproteomics methods to microfluidics.

a. Each enrichment method's pros and cons and their compatibility with future adaptations of the nano/microfluidic systems are rated as low, moderate or high with respect to their current trends and applications.

Method		Pros		Cons	Compatibility
SCX, SAX, WAX	\checkmark	Large scale applicable	×	Need to be used in combination with	HIGH
	\checkmark	Easily scalable		other strategies for high enrichment	
	\checkmark	Robust for LC fractionation		efficiency	
			×	Low resolution separation	
			×	Peptide loss during desalting	
ERLIC,HILIC	\checkmark	No desalting required	×	Requires a combined workflow with	HIGH
	\checkmark	Highly orthogonal with ion		other enrichment methods	
		exchange			
IMAC, TiO _{2,} Ti-IMAC	\checkmark	High selectivity	×	Non-selective binding of acidic peptides	HIGH
	\checkmark	μg to mg scale	×	Highly sensitive to buffer conditions ph,	
	\checkmark	Online LC applications possible		salt concentration etc.	
			×	Biased for multi phosphorylated peptides	
Antibody purification	✓	Performed both peptide and	×	Not preferable for pSer and pThr	LOW
(IP)		protein level		peptides	
	\checkmark	The most efficient system for	×	Low selectivity for complex mixtures	
		pTyr	×	Low reproducibility through antibody	
				batches and protocols	
			×	Enrich only specific pool of peptides	
Chemical	\checkmark	Low cost for pTyr enrichment	×	Major sample loss and low efficiency due	MODERATE
derivatization	\checkmark	Extensive washing steps		to many reaction steps harsh conditions	
		allowed for the removal of non-	×	Occurrence of non-specific reactions	
		phosphopeptides	×	Does not work efficiently except pSer	
				residues	

b. Each quantification method's pros and cons and their compatibility to future adaptations of the nano/microfluidic systems are rated as low, moderate or high with respect to their current trends and applications.

Method	Pros	Cons	Compatibility
Metabolic labelling	 ✓ Label introduced during protein synthesis minimizes variation ✓ Extendable to label whole organisms 	 High cost Potential metabolic conversion of arginine to proline Up to five channel labelling 	HIGH
Chemical labelling	 ✓ Mostly introduced at peptide level ✓ Extendable to ten channels for labelling ✓ Applicable to all samples type of samples 	 iTRAQ and TMT requires pre- optimization and not all MS are compatible with this method Co-elution of peptides 	MODERATE
Label free quantification	 ✓ No limitation for the number of samples ✓ No-additional steps for sample preparation ✓ Samples from all sources can be analyzed 	 Stable LC systems and robust sample preparation protocols are required Elaborate and time consuming Highly dependent on data processing 	HIGH
SRM/MRM PRM	 ✓ No label required ✓ A highly robust method 	 Stable LC systems and robust sample preparation protocols are required Requires discovery experiments and ontimization for each target 	HIGH