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## Ruthenium nanoparticles stabilized by 1,2,3-triazolydene ligands in the hydrogen isotope exchange of E–H bonds (E = B, Si, Ge, Sn) using deuterium gas†‡

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A series of ruthenium nanoparticles (Ru-MIC) stabilized with different mesoionic 1,2,3-triazolydene (MIC) ligands were prepared by decomposition of the Ru(COD)(COT) (COD = 1,5-cyclooctadiene; COT = 1,3,5-cyclooctatriene) precursor with H<sub>2</sub> (3 bar) in the presence of substoichiometric amounts of the stabilizer (0.1–0.2 equiv.). Small and monodisperse nanoparticles exhibiting mean sizes between 1.1 and 1.2 nm were obtained, whose characterization was carried out by means of transmission electron microscopy (TEM), including high resolution TEM (HRTEM), inductively coupled plasma (ICP) analysis and X-ray photoelectron spectroscopy (XPS). In particular, XPS measurements confirmed the presence of MIC ligands on the surfaces of the nanoparticles. The Ru-MIC nanoparticles were used in the isotopic H/D exchange of different hydrosilanes, hydroboranes, hydrogermananes and hydrostannanes using deuterium gas under mild conditions (1.0 mol% Ru, 1 bar D<sub>2</sub>, 55 °C). Selective labelling of the E–H (E = B, Si, Ge, Sn) bond in these derivatives, with high levels of deuterium incorporation, was observed.

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## Introduction

Hydrogen isotope exchange (HIE) reactions have drawn significant attention due to the important role that isotopically labelled compounds have in different fields. For example, molecules containing heavier isotopes of hydrogen (*i.e.* deuterium and tritium) are used in drug discovery and development as internal mass spectrometry standards, for the realization of biochemical mechanistic studies or in the preparation of pharmaceutical derivatives with improved properties.<sup>1–5</sup> Moreover, deuterated reagents are important tools for the investigation of the mechanisms of chemical reactions.<sup>6,7</sup>

The synthesis of deuterium labelled organic molecules is more conveniently achieved through direct H/D exchange

involving catalytic C–H bond activation at a late synthetic stage.<sup>8,9</sup> By using a directing group on the molecule, transition metal catalysts selectively activate C–H bonds and endow the corresponding labelled derivatives with high levels of deuterium incorporation. Since the seminal studies of Chaudret, Rousseau, Pieters *et al.*,<sup>10</sup> based on the initial observations from the Finke group,<sup>11</sup> the use of mono- and bimetallic nanoparticles (NPs) in HIE has been growing due to their high activity and selectivity in the deuteration of functionalized molecules using readily available deuterium gas.<sup>12–28</sup> This observed reactivity is attributable to the fact that metal nanoparticles readily activate C–H and H–H bonds under mild conditions, therefore lending suitable catalytic systems for H/D exchange.<sup>29</sup>

Hydrosilanes, hydroboranes and hydrides of elements heavier than silicon (Ge and Sn) are widely employed reagents in synthetic organic chemistry, particularly due to their ability to catalytically add to unsaturated C–C, C–O, and C–N bonds<sup>30</sup> and reduce carbon–halogen bonds.<sup>31</sup> H/D exchange in these metalloid hydrides might find application in deuterium labelling of complex organic molecules using well-developed catalytic protocols, as well as in the mechanistic study of these transformations. Selective deuteration of hydrosilanes using D<sub>2</sub> has been effected using different transition metal complexes<sup>32–43</sup> and heterogeneous metal catalysts.<sup>44</sup> Borane deuteration based on H/D exchange with deuterium gas has

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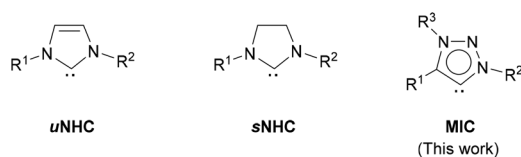
also been accomplished through the use of similar catalysts.<sup>41,42,45</sup> Meanwhile, to our knowledge, only one catalytic system has been reported for H/D exchange in germananes and stannanes.<sup>41</sup> Development of catalytic systems applicable to all these main-group element hydrides remains an interesting challenge.

In addition to H–H and C–H bonds, metal nanoparticles have also been shown to activate Si–H<sup>46</sup> and B–H bonds.<sup>47</sup> However, their use in H/D exchange in hydrosilanes, as well as in other hydrides of main group elements (B, Sn, Ge), has not been reported. Herein, we describe the synthesis and characterization of a series of small and monodisperse Ru nanoparticles stabilized by mesoionic 1,2,3-triazolylidene ligands (MICs)<sup>48</sup> and their application in the deuteration of metalloids under mild conditions using deuterium gas.<sup>49</sup> Use of ligands for metal nanoparticle stabilization allows a facile tuning of the size, shape and surface properties of the nanomaterials through easy modification of the structure and amount of the capping ligand.<sup>50</sup> N-Heterocyclic carbenes (NHCs) are a structurally ample family of ligands widely employed in coordination chemistry and catalysis.<sup>51</sup> Straightforward synthesis and manipulation of these derivatives, along with their structural and steric variability and strong donor properties, make them ideal molecules to be used as stabilizing agents for the synthesis of nanoparticles for catalytic applications.<sup>52</sup> Examples of NHC-stabilized metal nanoparticles are mainly limited to the use of imidazole-2-ylidene (*u*NHC)<sup>53,54</sup> and imidazolidin-2-ylidene (*s*NHC)<sup>55</sup> ligands as capping agents (Fig. 1). Mesoionic 1,2,3-triazolylidene ligands possess stronger electron donor properties than more traditional imidazole-2-ylidene and imidazolidin-2-ylidene derivatives, which makes them appealing stabilizers for the synthesis of nanoparticles.<sup>48</sup> Moreover, precursors of 1,2,3-triazolylidenes (*i.e.* 1,2,3-triazolium salts) are readily accessible and easily amenable to structural changes in few steps through conventional organic synthetic methodologies.

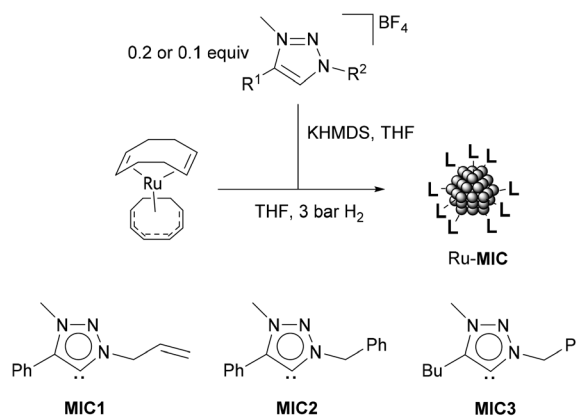
## Results and discussion

### Synthesis and characterization of Ru-MIC nanoparticles

A series of ruthenium nanoparticles stabilized by 1,2,3-triazolylidene ligands (MICs) were synthesized by decomposition of the ruthenium complex Ru(COD)(COT), (1,5-cyclooctadiene)(1,3,5-cyclooctatriene)ruthenium(0), dissolved in THF with H<sub>2</sub> (3 bar), in the presence of substoichiometric amounts of the corresponding MIC ligand (MIC/Ru = 0.1 or 0.2 equiv.).



**Fig. 1** N-Heterocyclic carbene ligands used for nanoparticle stabilization.



**Scheme 1** Synthesis of Ru-MIC nanoparticles and 1,2,3-triazolylidene ligands used.

(Scheme 1).<sup>56</sup> In turn, the triazolylidene ligands were generated *in situ* by treatment of the corresponding 1,2,3-triazolium tetrafluoroborate salts with potassium bis(trimethylsilyl) amide, KHMDS. Three different carbene ligands **MIC1–MIC3**, using MIC/Ru ratios of 0.2 equiv., were initially examined. As determined by TEM analysis, in all cases, small (1.1–1.2 nm mean sizes) and monodisperse nanoparticles were obtained (Table 1 and Fig. 2). When a lower amount of the **MIC1** ligand was employed in the synthetic procedure, superstructures formed of individual nanoparticles of a mean size of 1.8 (0.5) nm were observed, which is an indication of slightly poorer nanoparticle stabilization (Fig. 2). Metal contents of the obtained nanomaterials, which are stable both in solution and in the solid state under an inert atmosphere, were determined by ICP analysis of the purified samples (Table 1). Finally, control experiments aimed at the preparation of nanoparticles using directly the 1,2,3-triazolium salts in the absence of a base led to the formation of bulk metal, therefore ruling out the possibility of nanoparticle stabilization by the triazolium salts.

High-resolution transmission electron microscopy (HRTEM) images were recorded in order to assess the crystal structure of the Ru-**MIC1**<sup>0.2</sup> and Ru-**MIC3**<sup>0.2</sup> nanoparticles, as representative examples (Fig. 3, left and Fig. S1†). The structure of these materials matches the hexagonal close-packed (hcp) structure expected for Ru nanoparticles.<sup>53</sup> Moreover, the ruthenium composition of the nanoparticles was confirmed by STEM-EDS analysis (Fig. 3, right).

**Table 1** TEM and ICP analysis of the Ru-MIC nanoparticles

| Ru-MIC                         | MIC/Ru ratio | wt% Ru <sup>a</sup> | Mean size <sup>b</sup> [nm] |
|--------------------------------|--------------|---------------------|-----------------------------|
| Ru- <b>MIC1</b> <sup>0.2</sup> | 0.2          | 61                  | 1.2 (0.4)                   |
| Ru- <b>MIC2</b> <sup>0.2</sup> | 0.2          | 59                  | 1.1 (0.4)                   |
| Ru- <b>MIC3</b> <sup>0.2</sup> | 0.2          | 60                  | 1.2 (0.3)                   |
| Ru- <b>MIC1</b> <sup>0.1</sup> | 0.1          | 73                  | 1.8 (0.5)                   |

<sup>a</sup> wt% Ru content as determined by ICP analysis. <sup>b</sup> Measured from TEM images. Standard deviations in parentheses.



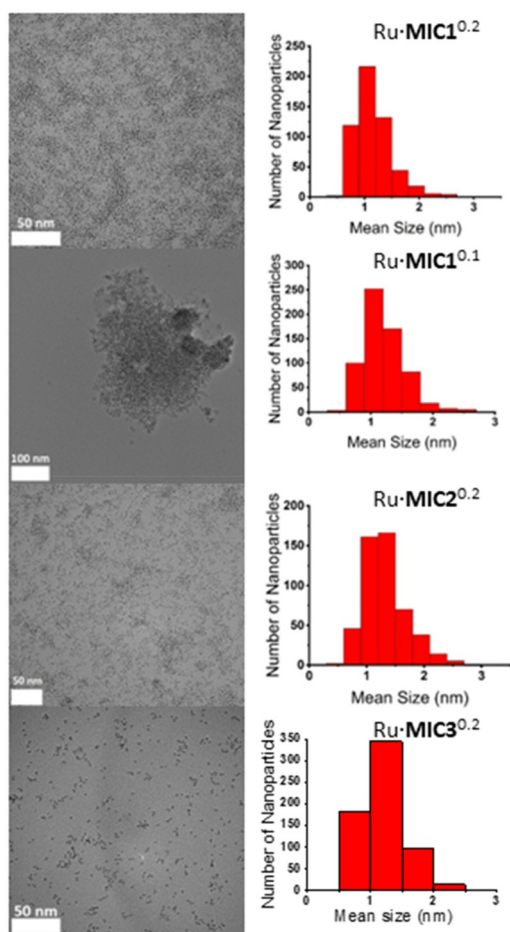


Fig. 2 TEM images with size distribution histograms of Ru-MIC1<sup>0.2</sup>, Ru-MIC1<sup>0.1</sup>, Ru-MIC2<sup>0.2</sup> and Ru-MIC3<sup>0.2</sup> (from top to bottom).

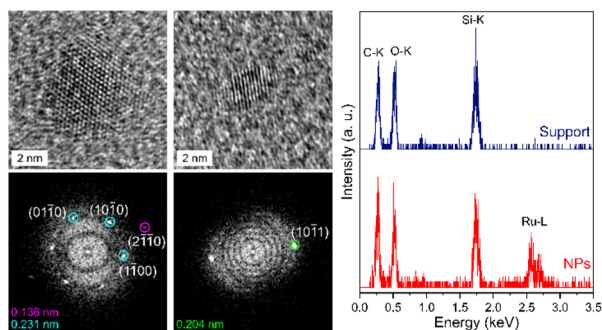


Fig. 3 HRTEM images (left, top) of the Ru-MIC1<sup>0.2</sup> nanoparticles. The corresponding fast Fourier transform analyses of spatial frequencies (left, bottom) show that the lattice fringes observed on the HRTEM images correspond to the planes of the hexagonal close-packed (hcp) structure. STEM-EDS analysis (right) of the Ru-MIC1<sup>0.2</sup> nanoparticles.

The composition and chemical state of the surfaces of the nanoparticles were analysed by X-ray photoelectron spectroscopy (XPS). Since the Ru 3d signal partially overlaps with the C 1s peak, the Ru 3p photoemission signal was preferred for XPS analysis.<sup>57</sup> Fig. 4(a) shows the high resolution Ru 3p

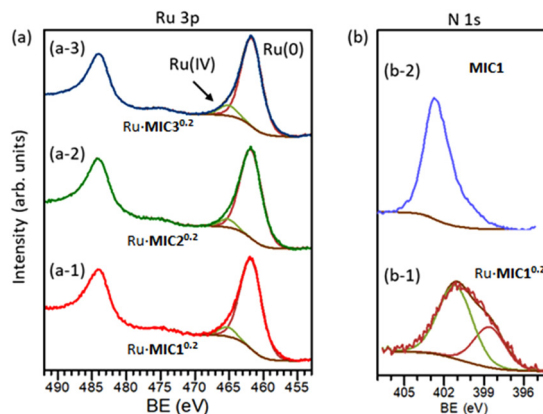


Fig. 4 X-ray photoelectron spectroscopy (XPS) peaks of (a) Ru 3p regions of the Ru-MIC1<sup>0.2</sup> (a-1), Ru-MIC2<sup>0.2</sup> (a-2) and Ru-MIC3<sup>0.2</sup> (a-3) nanoparticles (experimental and fitted spectra) and (b) N 1s regions of Ru-MIC1<sup>0.2</sup> (b-1) (experimental and fitted spectra) and the triazolium salt precursor of MIC1 (b-2) (experimental spectrum).

region for the Ru-MIC1<sup>0.2</sup> (a-1), Ru-MIC2<sup>0.2</sup> (a-2) and Ru-MIC3<sup>0.2</sup> (a-3) nanoparticles. The Ru 3p region shows two peaks centred at 484.1 and 461.9 eV binding energy (BE) that correspond to the 3p<sub>1/2</sub> and 3p<sub>3/2</sub> peaks, respectively. The Ru 3p<sub>3/2</sub> region is well fitted into two components separated by 3.4 eV, corresponding to the Ru(0) and Ru(IV) oxidation states, respectively.<sup>57,58</sup> In all cases, the percentage of ruthenium oxidized is *ca.* 7–9% of the surface metal, which is very similar to the Ru(0)/Ru(IV) ratio observed for other Ru nanoparticles.<sup>59</sup>

The presence of the MIC ligands on the surfaces of the nanoparticles was confirmed by X-ray photoelectron spectroscopy (XPS). The spectra of the high resolution N 1s region of the Ru-MIC1<sup>0.2</sup> nanoparticles and the MIC1 precursor are shown in Fig. 4(b-1) and (b-2), respectively. In the case of the triazolium salt of MIC1 (b-2), a signal at 402.5 eV BE (fwhm = 2.20 eV) was observed, which corresponds to the three nitrogen atoms in the molecule.<sup>60</sup> The N 1s photoemission peak of the Ru-MIC1<sup>0.2</sup> nanoparticles consists of a broad signal centred at 401.2 eV, which can be deconvoluted into two components. The lowest BE peak at 399.4 eV (fwhm = 2.50 eV) belongs to the N atom adjacent to the carbene C atom. The major peak observed at a higher BE, 401.4 eV (fwhm = 2.77 eV), can be assigned to the other two N atoms in the ligand that are further away from the carbenic carbon atom. As can be seen in Fig. 4(b-1), the peak area ratio of the two components corresponds to the expected 1 : 2 ratio of the nitrogen atoms in the ligand. The N 1s signal for the Ru-MIC1<sup>0.2</sup> nanoparticles was broader and appeared at a lower BE than that observed for the same peak of the MIC1 precursor. While the coordination of the MIC ligand to the Ru nanoparticles should produce a loss of charge density on the N atom adjacent to the carbenic carbon and give rise to a peak appearing at a higher BE value than in the case of the free carbene ligand, this could not be corroborated since the MIC ligand was not isolable. However, as shown in the case of metal nanoparticles stabilized by other NHC ligands, the position of the N 1s peak for the Ru-MIC

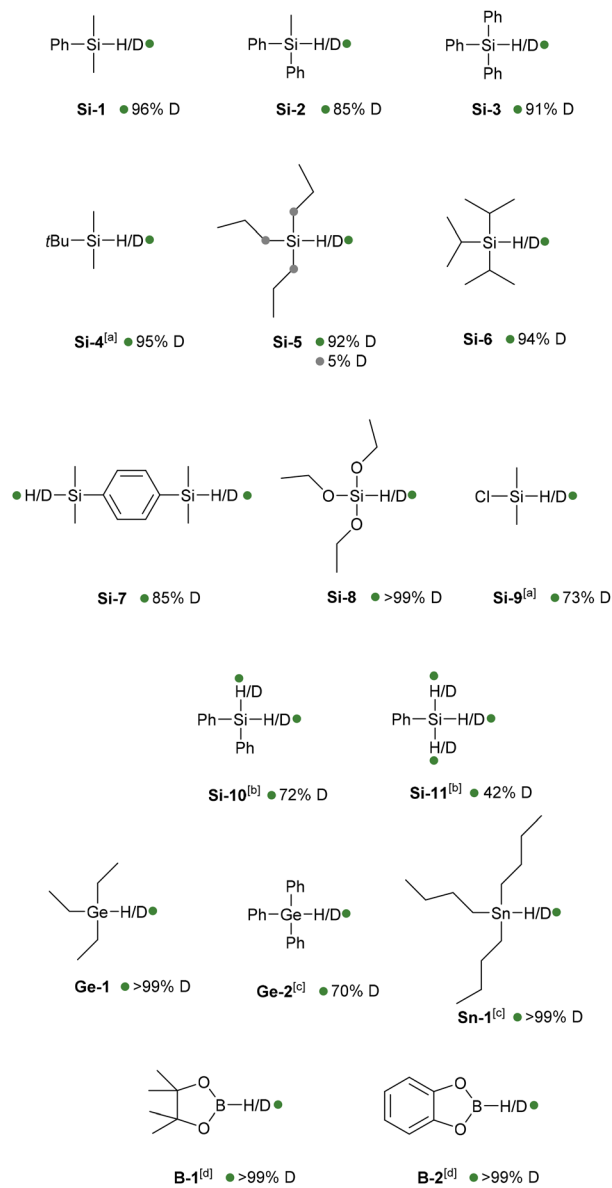


nanoparticles appears at a lower BE than that of the cationic ligand precursor.<sup>16,61</sup> Therefore, the latter observation is in line with a direct coordination of the carbene ligand to the surface metal atoms. Similar results have been found for the corresponding triazolium salts of the **MIC2** and **MIC3** ligands and their corresponding Ru·**MIC2**<sup>0.2</sup> and Ru·**MIC3**<sup>0.2</sup> nanoparticles (Fig. S3 and S4†).

### Catalytic H/D exchange

The new Ru·**MIC** nanoparticles were initially tested in H/D exchange in hydrosilanes. A comparison of the catalytic activity of the prepared nanoparticles was performed using PhMe<sub>2</sub>SiH (**Si-1**) as the selected model substrate and D<sub>2</sub> (1 bar, *ca.* 0.4 equiv.) in THF-*d*<sub>8</sub> at 55 °C, with 1.0 mol% Ru catalyst loading (Table 2; see the Experimental section for details). All the Ru·**MIC**<sup>0.2</sup> nanoparticles were found to be active in the reaction, selectively yielding the product deuterated at the SiH position (entries 1–3), with the Ru·**MIC1**<sup>0.2</sup> catalyst leading to the highest deuterium incorporation. A lower catalytic activity was observed in the case of Ru·**MIC1**<sup>0.1</sup> (entry 4). Interestingly, the catalytic activity achieved with the Ru·**MIC** nanoparticles was found to be higher than that provided by Ru·**IMes**<sup>0.2</sup> (**IMes** = 1,3-dimesitylimidazol-2-ylidene) nanoparticles (entry 5), which were prepared following a previously reported method (1.5 (0.3) nm mean size, 66 wt% Ru).<sup>53</sup>

Having determined that Ru·**MIC1**<sup>0.2</sup> is the most active catalyst of the series, these nanoparticles were examined in the deuteration of other silanes (Chart 1). To ensure high deuterium incorporation, a modification of the experimental protocol was carried out consisting of the use of two charges of D<sub>2</sub> (see the Experimental section for details). Under these conditions, PhMe<sub>2</sub>SiH (**Si-1**) showed a conversion of 96% into the corresponding deuterated isotopologue. Other silanes having alkyl and aryl substituents (**Si-2**, **Si-3**, **Si-4**, **Si-5**, **Si-6** and **Si-7**) were also selectively deuterated at the Si–H position with conversions higher than 85%. In the reaction of tripropylsilane (**Si-5**), however, low deuterium incorporation (*ca.* 5%) at the  $\alpha$  positions of the Si atoms was also observed. Similarly, selective labelling of an alkoxy silane (**Si-8**) was carried out with high deuterium incorporation (>99%), whereas deuteration of dimethylchlorosilane (**Si-9**) was accomplished with 73% conversion. The reactions of diphenyl- (**Si-10**) and phenylsilane (**Si-11**), however, required higher catalyst loadings (2.0 mol% Ru), leading to 72% and 42% deuterium incorporation, respectively. The reduced



**Chart 1** H/D exchange in hydrides of group 14 elements and boranes catalysed by Ru·**MIC1**<sup>0.2</sup>. <sup>a</sup> Reaction conditions, unless otherwise noted: 1.0 mol% Ru, 1 bar D<sub>2</sub> (*ca.* 1.4 equiv.), 55 °C, THF. [S] = 1.2 M. Reaction time: 21 h. Two loadings of D<sub>2</sub> were employed. Deuterium incorporation as determined by <sup>1</sup>H NMR spectroscopy. H/D exchange selectivity determined by <sup>2</sup>H NMR spectroscopy. <sup>a</sup> THF-*d*<sub>8</sub>. <sup>b</sup> 2.0 mol% Ru. Three loadings of D<sub>2</sub> were employed. <sup>c</sup> In the absence of light. <sup>d</sup> C<sub>6</sub>D<sub>6</sub>.

**Table 2** H/D exchange in PhMe<sub>2</sub>SiH (**Si-1**) using Ru·**MIC** nanoparticles<sup>a</sup>

| Entry | Ru· <b>MIC</b>                 | D incorporation (%) |
|-------|--------------------------------|---------------------|
| 1     | Ru· <b>MIC1</b> <sup>0.2</sup> | 60                  |
| 2     | Ru· <b>MIC2</b> <sup>0.2</sup> | 53                  |
| 3     | Ru· <b>MIC3</b> <sup>0.2</sup> | 54                  |
| 4     | Ru· <b>MIC1</b> <sup>0.1</sup> | 49                  |
| 5     | Ru· <b>IMes</b> <sup>0.2</sup> | 45                  |

<sup>a</sup> Reaction conditions: 1.0 mol% Ru, 1 bar D<sub>2</sub> (*ca.* 0.4 equiv. D<sub>2</sub>), 55 °C, THF-*d*<sub>8</sub>. [S] = 1.2 M. Reaction time: 19 h. A single D<sub>2</sub> loading was used. Deuterium incorporation as determined by <sup>1</sup>H NMR spectroscopy.

reactivity of (polyhydro)silanes can be ascribed to the formation of =SiR<sub>2</sub> and ≡SiR silyl groups that strongly interact with the nanoparticle surface. In this respect, it should be noted that ruthenium nanoparticles stabilized by a silane (octylsilane) have been reported and that the formation of ≡SiR silyl groups, probably linked to several ruthenium atoms, has been attested.<sup>62</sup> TEM analysis of Ru·**MIC1**<sup>0.2</sup> after the catalytic reaction of **Si-5** showed only a slight increase in the size of the nanoparticles (mean size: 2.2 (0.4) nm; Fig. S2†), confirming the nanomaterial integrity after the catalysis.





Since the Ru-MIC1<sup>0.2</sup> nanomaterial was found to be a rather general catalyst for hydrosilane deuteration, H/D exchange in hydrides of heavier group 14 elements and boranes was also tested. Deuterium labelling at the Ge–H position of triethyl- and triphenylgermanium (**Ge-1** and **Ge-2**) was achieved with >99 and 70% deuterium incorporation, respectively. Similarly, the tributylstannane deuterium isotopologue (**Sn-1**) was obtained with complete conversion. It should be noted that the formation of tin-decorated nanoparticles by the reaction of ruthenium nanoparticles with tri-*n*-butyltin hydride has been reported.<sup>63</sup> Finally, the B–H bonds of pinacolborane (**B-1**) and catecholborane (**B-2**) were selectively deuterated with conversions higher than 99%.

Although detailed mechanistic studies are required, and precise details may depend on the specific substrate, we hypothesise that the catalytic H/D exchange reactions should involve initial E–H activation by the surface Ru(0) atoms,<sup>62,63</sup> as previously proposed for the C–H activation with metal nanoparticles.<sup>10</sup> Breaking of the E–H bond could be preceded by a weak E–H  $\sigma$ -coordination to the metal surface.<sup>20</sup> In fact, partial deuteration at the  $\alpha$  position to the Si atom in **Si-5** could be explained considering that C–H activation assisted by  $\sigma$ -Si–H coordination to the metal surface takes place. Then, as a consequence of the fast diffusion of hydrides and deuterides (resulting from the previous activation of D<sub>2</sub>) on the metal surface, H/D exchange should occur, leading to the labelled product after a formal reductive elimination step. Overall, the application of the Ru-MIC nanoparticles in selective H/D exchange in hydrides of main group elements further demonstrates the potential that metal nanoparticles have as catalysts in processes involving the activation of different heteroatom–H bonds.

## Conclusions

In conclusion, we have described for the first time the use of 1,2,3-triazolylidenes as efficient stabilizers for the synthesis of metal nanoparticles. Different ruthenium nanoparticles exhibiting small and narrow-dispersed sizes have been prepared and characterized by TEM, HRTEM, XPS and ICP analysis. More interestingly, these nanomaterials are efficient catalysts for selective hydrogen isotope exchange of E–H (E = B, Si, Ge, Sn) bonds using deuterium gas, leading to the corresponding isotopologues with high deuterium incorporation under relatively mild conditions. Current research in our laboratory is directed towards the use of nanoparticles of other metals incorporating 1,2,3-triazolylidenes as capping agents and their applications in HIE reactions.

## Experimental procedures

### General procedures and nanoparticle characterization techniques

All reactions and manipulations were performed under nitrogen or argon, either in a Braun Labmaster 100 glovebox or

using standard Schlenk-type techniques. Solvents were distilled under nitrogen with the following desiccants: sodium benzophenone-ketyl for tetrahydrofuran (THF and THF-*d*<sub>8</sub>) and sodium for pentane. D<sub>2</sub> (99.8% D) was purchased from Sigma-Aldrich. 1,2,3-Triazolylidene ligand precursors were synthesized using previously reported procedures (see the ESI† for details). Ru(COD)(COT) was prepared by a previously reported method.<sup>64</sup> All the other chemicals were used as received from commercial suppliers.

The morphology and size of the 1,2,3-triazolylidene-stabilized ruthenium nanoparticles (Ru-MIC) were determined by transmission electron microscopy (TEM) in an FEI Talos F200S apparatus working at 200 kV at the Centro de Investigación, Tecnología e Innovación-CITIUS (Universidad de Sevilla). TEM samples were prepared by taking a drop of the crude THF colloidal solution and depositing it over a covered holey copper grid. For the approximation of the mean size of the particles, *ca.* 300 particles were manually measured employing conventional TEM micrographs enlarged with ImageJ software. High-resolution transmission electron microscopy (HRTEM) images were recorded using a Thermo Scientific Talos F200X microscope in order to assess the crystal structure of the Ru-MIC1<sup>0.2</sup> and Ru-MIC3<sup>0.2</sup> nanoparticles. An ABSF filter available within the “HRTEM filter” plugin for Gatan Digital Micrograph software was applied to enhance contrast by reducing the noise due to surrounding amorphous materials.<sup>65</sup> To analyse the composition of the nanoparticles, a small, focused electron probe (beam current of about 500 pA) was placed across the nanoparticles using the scanning TEM (STEM) mode and the energy-dispersive X-ray spectroscopy (EDS) signals were recorded through four silicon drift detectors.

ICP analyses were performed at Mikroanalytisches Labor Pascher (Remagen, Germany).

X-Ray photoelectron spectroscopy (XPS) experiments were performed using a PHOIBOS-100 spectrometer with non-monochromatic Mg-K $\alpha$  radiation ( $h\nu = 1235.6$  eV) and the power source was 230 W. The hemispherical electron energy analyser was operated in the constant pass energy mode (SPECS PHOIBOS 100DL). Low resolution survey spectra were obtained with a pass energy of 50 eV, while high energy resolution spectra of the detected elements were obtained with a pass energy of 30 eV. The spectra were analysed using the CASA XPS software, version 2.3.16.Dev52 (Neal Fairly, UK). Shirley type backgrounds were used to determine the areas under the peaks. The Ru 3p<sub>3/2</sub> spectra were fitted with two components, corresponding to Ru(0) and Ru(IV), using Gaussian–Lorentzian functions (SGL = 10). N 1s peaks in the spectra of the nanoparticles were fitted with two components with the same shape (SGL = 10) and fixing the fwhm value between 2.5 and 3.0 eV.

### Synthesis of ruthenium nanoparticles

Ru(COD)(COT) (0.200 g, 0.65 mmol), the 1,2,3-triazolylidene ligand precursor (0.13 mmol for nanoparticles Ru-MIC1<sup>0.2</sup>, Ru-MIC2<sup>0.2</sup> and Ru-MIC3<sup>0.2</sup>; 0.06 mmol for Ru-MIC1<sup>0.1</sup>) and KHMDS (0.026 g, 0.13 mmol for Ru-MIC1<sup>0.1</sup>, 0.052 g, 0.26 mmol for Ru-MIC1<sup>0.2</sup>, Ru-MIC2<sup>0.2</sup> and Ru-MIC3<sup>0.2</sup>) were



introduced in a Fisher–Porter vessel and cooled to  $-50\text{ }^{\circ}\text{C}$ . To the mixture, 70 mL of THF, which was freshly distilled and degassed by  $\text{N}_2$  bubbling, was added. The Fisher–Porter vessel was pressurized with 3 bar of  $\text{H}_2$ , and the solution was allowed to reach room temperature slowly under vigorous stirring. The homogeneous solution, which turned black after 30 min of reaction, was kept under stirring overnight at room temperature. After this period of time, excess of  $\text{H}_2$  was carefully released. The initial volume of the solvent was reduced to *ca.* 10 mL under vacuum; then 30 mL of pentane was added, and the colloidal suspension was cooled down to  $-30\text{ }^{\circ}\text{C}$  to precipitate the particles. After filtration under argon *via* a cannula, the black solid powder was washed with pentane ( $3 \times 30\text{ mL}$ ) and dried under vacuum. For Ru content determination by ICP and TEM analysis of the nanoparticles, see Table 1.

#### Representative procedure for catalyst comparison using $\text{PhMe}_2\text{SiH}$ (Table 2)

In a glovebox, a J. Young NMR tube was charged with a solution of dimethylphenylsilane (**Si-1**) (95  $\mu\text{L}$ , 0.62 mmol) in  $\text{THF-}d_8$  (0.2 mL) and 0.3 mL of a freshly prepared stock suspension of the catalyst  $\text{Ru}\cdot\text{MIC1}^{0.2}$  (0.62  $\mu\text{mol}$  Ru) in  $\text{THF-}d_8$ . The tube was purged three times with  $\text{D}_2$ , and finally pressurized to 1 bar (*ca.* 0.4 equiv.  $\text{D}_2$ ) and heated to  $55\text{ }^{\circ}\text{C}$ . After 19 h, the sample was analysed by  $^1\text{H}$  and  $^2\text{H}$  NMR spectroscopy.

#### Representative procedure for the selective H/D exchange of E–H (E = Si, Ge, Sn, B) bonds (Chart 1)

In a glovebox, a 25 mL Fisher–Porter vessel was charged with a solution of dimethylphenylsilane (**Si-1**) (190  $\mu\text{L}$ , 1.24 mmol) in THF (0.4 mL) and 0.6 mL of a freshly prepared stock suspension of the catalyst  $\text{Ru}\cdot\text{MIC1}^{0.2}$  (1.24  $\mu\text{mol}$  Ru) in THF. The reactor was purged three times with  $\text{D}_2$ , and finally pressurized to 1 bar (*ca.* 1.4 equiv.  $\text{D}_2$ ) and heated to  $55\text{ }^{\circ}\text{C}$ . After 6 h, the pressure was released, and the reactor was pressurized again with 1 bar  $\text{D}_2$ . After 21 h, the reactor was slowly cooled down to room temperature and depressurized. An aliquot of the reaction mixture was filtered through a short pad of Celite and brought to dryness. The conversion and selectivity were determined by  $^1\text{H}$  and  $^2\text{H}$  NMR spectroscopy, respectively.

## Author contributions

P. Molinillo and M. Puyo: data curation, formal analysis, and investigation; F. Vattier: formal analysis (XPS) and investigation; B. Lacroix: formal analysis (HRTEM and EDS) and investigation; N. Rendón, A. Suárez, and P. Lara: conceptualization, data curation, formal analysis, investigation, methodology, visualization, writing – original draft, and writing – review & editing.

## Conflicts of interest

There are no conflicts to declare.

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