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Investigating cyanogen rich *Manihot esculenta* efficacy for Ru phytomining and application in catalytic reactions†

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Phytomining is a newly developing alternative green technology. This technology has been applied for recovering precious metals from mine tailings that are low-grade ores. In this study, effective catalytic transfer hydrogenation of furfural to furfural alcohol was investigated using a ruthenium (Ru) bio-based catalyst, Ru@CassCat. The catalyst was prepared from Ru rich bio-ore recovered during laboratory scale phytomining as a model of mining tailing using the cassava plant (*Manihot esculenta*). Pre-rooted cassava cuttings were propagated and watered with Ru rich solutions for ten weeks before harvest. Harvested cassava roots were calcined to produce the bio-ore used as an *in situ* bio-based catalyst. The properties of the catalyst were characterized by various techniques, which include transmission electron microscopy (TEM), Fourier transform infrared (FT-IR) spectroscopy, scanning electron microscopy coupled to energy-dispersive X-ray spectroscopy (SEM-EDS), powder X-ray diffraction (pXRD), ultraviolet-visible (UV-Vis) spectroscopy, thermogravimetric analysis (TGA) and Brunauer–Emmett–Teller (BET) theory. Characterization by FTIR, SEM and TEM revealed that RuCassCat has spherical component particles, loosely arranged around a cellulose/lignin-like matrix of the biocatalyst. It was also found that calcination strengthened the structure and texture of the support carbon matrix to distribute the Ru particles evenly. An ICP-MS analysis showed that up to 295 $\mu\text{g g}^{-1}$ of Ru was detected in cassava roots. The variation of test conditions, namely, temperature, time, base, catalyst load, and a hydrogen source, was investigated. Optimally, a 0.00295 wt% ruthenium loading on the Ru@CassCat catalyst resulted in 100% furfural conversion with a turnover frequency of 0.0114 million per hour at 160 °C for 24 h using triethylamine as a base and formic acid as a hydrogen source. The catalyst remained active for up to three recycles, consecutively and produced furfural alcohol in high turnover numbers.

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1. Introduction

Conventional mining activities on high-grade ores have shown an increase in recent decades due to the demand for metals. As a result, low-grade ore tailings have built up, which are not feasible to mine conventionally. Typical low-grade mine tailings pile up in old Johannesburg Gold Mines, Gauteng Province, South Africa.¹ Therefore, there is a need to develop cost-effective and eco-friendly technologies such as phytoextraction and phytomining to extract and remediate the remaining valuable metals to produce a bio-ore.² Remediated soils can thus be

reused for agriculture, forestry, and other commercial purposes.^{3,4}

Phytomining, a process where recovered bio-ore is further refined into valuable metal or metal products to cover the extraction costs, extends beyond phytoextraction.⁵ The resulting bio-ore can then be used as a raw material to produce bio-based catalysts for the chemical manufacturing industry. Phytomining poses a great advantage with minimal environmental damage compared with traditional mining methods such as open casts with high soil erosion rates.⁶ The amount of metal the plant absorbs depends on the metal's bioavailability and the hyperaccumulator plant species used.

Identifying and selecting an appropriate hyperaccumulator species is vital to the process of phytomining. The species used should accumulate exceptional metal concentrations in roots or aerial parts without evident toxicity signs.⁷ Usually, heavy metal tolerant hyperaccumulators with a rapid growth rate, high biomass yield per hectare, and a prolific root system are used in phytomining. Due to their short growth periods and adaptability to environmental stresses (water scarcity and high

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temperature), trees, grasses, vegetables, annual and tropical root crops such as cassava are preferred.^{8,9} Cassava is a woody tropical root crop cultivated perennially in tropics and subtropics for consumption by animals and humans. It forms part of the staple diet in the Democratic Republic of the Congo and Nigeria.² However, some wild versions (e.g., *Manihot (M.) acuminatissima*, *M. sparsifolia*, *M. pruinose*, *M. alutacea*, *M. divergens*, *M. cecropiaefolia* and *M. esculenta*.¹¹) are highly toxic, being non-edible because of extremely high levels of cyanide, a complexing ligand, in the leaves and adventitious roots. In this study, *M. esculenta* was used in ruthenium (Ru) phytomining without posing a threat to food security.¹⁰

To the best of our knowledge, no alternative reports have been made on the phytomining of Ru. Ruthenium is one of the platinum group metals (PGMs) whose price has remained high because of the high demand, economic value, scarcity, and application in catalysis.¹² Bio-based catalysts based on Ru have been applied in the synthesis of anti-cancer agents,¹³ automotive catalytic converters,¹⁴ olefin metathesis¹⁵ and hydrogenation reactions.¹⁶ The Ru@CassCat produced in this study was applied in the hydrogenation of furfural to furfural alcohol (FFA). The easily accessible and available platform molecule furfural¹⁷ is an important raw material of multichemical products (Scheme 1), including furfural alcohol (FFA).^{18,19}

Here, we report on a laboratory-based investigation of cassava's phytomining ability to recover catalytically active Ru-rich bio-based material. The main goal of this study was to demonstrate the potential of cassava to absorb precious metals from soils. Backyard potting soils were used as models of mining tailing for field application. The study chose cassava plant, a natural hyperaccumulator due to its cyanogenic rich

glucoside. The usage of the cyanide ligand in cassava minimizes the need for chelating agents, which must be added to soils to improve the metal absorption capacity of the subject plant. Therefore, the focus was on recovering the bio-ore laden with metal particles and its application in catalytic reactions. The study further evaluated the catalytic potential of the recovered bio-based catalyst in the chemoselective hydrogenation of furfural to furfural alcohol. A successful application of such a catalyst means converting furfural sourced from lignocellulosic biomass into commercially valuable end products like furfural alcohol. These products can be used as important raw material feedstock for the chemical industry.

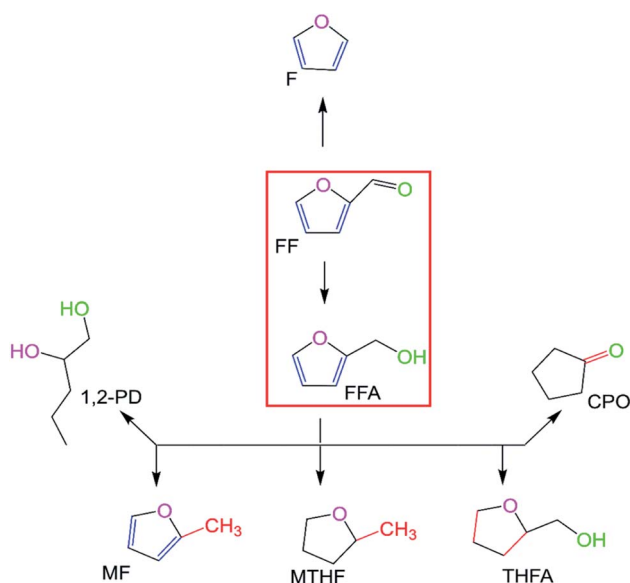
2. Materials and methods

2.1. Cassava growth studies in Ru contaminated soils

Cassava stem cuttings (approximately 15 cm long) obtained from Mzinti, Mpumalanga, South Africa, were first pre-rooted for propagation in standard plastic potting mixes for a few weeks to develop a strong foundation plant structure with support roots before contamination. After developing enough leaves to sustain photosynthesis, rooted stem cuttings in triplicate were subjected to a 14 hours photoperiod of daily watering and controlled temperature at the University of Johannesburg Greenhouse. The greenhouse has an average optimum temperature range of 22–26 °C day/night. A 1000 mL of 500 mg L⁻¹ of Ru(III) solution prepared from ruthenium(III) chloride hydrate (RuCl₃·xH₂O) (Sigma-Aldrich, USA) salt was used for every four contaminations (250 mL per contamination) of the subject plant while the control plant was watered with an equal volume of tap water. Both plants were watered every 48 h and allowed to grow under observation for up to nine weeks.

2.2. Catalyst preparation, characterization and inductively coupled plasma-mass spectrometry analysis

After ten weeks of contamination, both control and contaminated plants were harvested and segregated into leaves, stems, and roots. Segregated plant parts were left to air dry up to 14 days in clean sample preparation rooms to avoid cross-contamination of the samples. Dry samples were then prepared for inductively coupled plasma-mass spectrometry (ICP-MS) analysis by grinding into a fine powder using a portable electric coffee grinder (NIMA, Japan). Soil samples were ground using a milling machine. Ground samples were then sieved through a 0.074 mm metallic pore sieve. A 0.1 g of each plant sample was digested in 10 mL of Suprapur HNO₃ (Merck, Germany). An equivalent amount of growth soil was also digested; however, in a respective 3 : 1 : 1 mixture (10 mL) of HCl (Merck, Germany), HF (Merck, Spain), and HNO₃. Complete digestion was obtained; hence, there was no need for filtering the digests. Calcined adventitious roots (0.01 g) were also digested in a 4 : 2 mixture (10 mL) of HNO₃ and H₂O₂ (Sigma-Aldrich, Germany). Operating conditions of the microwave digestion system are reported in Table S1.† Digested samples were filtered using a 0.45 μm syringe filter, diluted further using a 1% HNO₃ solution and quantitative



Scheme 1 Typical chemoselective reactions that can result from furfural hydrogenation. (F = furan, FF = furfural, FFA = furfural alcohol, MF = methylfuran, MTHF = methyltetrahydrofuran, THFA = tetrahydrofurfuryl alcohol, CPO = cyclopentanone, 1,2-PD = 1,2-pentanediol).¹⁹



determination of Ru was conducted using an ELAN 6100 and a NexION™ 300 ICP-MS (PerkinElmer, Canada). The ICP-MS operating conditions are reported in Table S2.†

After the first quantitative analysis, a sample of adventitious roots was calcined in porcelain crucibles in a furnace at 300 °C for 3 h to produce a Ru-based Ru@CassCat catalyst.²⁰ Root samples were also separately calcined at similar conditions to prevent cross-contamination. The produced Ru-based and control carbon-supported bio-based catalysts were digested and analyzed using ICP-MS. The second quantitative analysis determined the new concentration of Ru in the Ru@CassCat catalyst for loading later. Both bio-based catalysts were characterized by various analytical and spectroscopic techniques, which include transmission electron microscopy (TEM), scanning electron microscopy (SEM), powder X-ray diffraction (pXRD), energy-dispersive X-ray spectroscopy (EDS), ultraviolet-visible (UV-Vis) spectroscopy, thermogravimetric analysis (TGA), Fourier transform infrared (FT-IR) spectroscopy and Brunauer–Emmett–Teller (BET) to study their physicochemical properties. Metal salt used during the contamination was also characterized for comparison where possible.

2.3. Evaluation of Ru@CassCat in the hydrogenation of furfural

Catalytic transfer hydrogenation reactions were conducted in a 50 mL high-pressure stainless-steel autoclave (Taiatsu Techno (R)) reactor equipped with high heat-resistant glass sleeves. Various reaction parameters were optimized, including bases variation 1,8-diazabicyclo[5.4.0]undec-7-ene (DBU) (Furka, Germany), pyridine (Sigma-Aldrich, UK), triethylamine (Et₃N) (Sigma-Aldrich, UK) and KOH (Rochelle Chemicals, South Africa), bio-based catalyst load (10–40 mg), sources of hydrogen (ethanol (Sigma-Aldrich, Germany), formic acid (Sigma-Aldrich, Germany), methanol (Sigma-Aldrich, France, and Germany), and isopropanol (Glassworld, South Africa)), temperature (100–160 °C), and time (10–24 h). The tightly sealed reactor was mounted on a pre-heated electric magnetic stirring personal synthesizer (Tokyo Rikakikai, Japan) equipped with a digital temperature controller. The reaction was left at the desired temperature to continuously stir at 1000 revolutions per minute (rpm). After the desired time had elapsed, the reactor was removed from the stirrer, cooled, and slowly depressurized as a way of stopping the reaction before opening. Proton (¹H) NMR (Bruker, South Africa) spectroscopy was used to analyze the product mixture to determine substrate conversion, product yield and selectivity. The above procedure was adapted from Oklu²¹ and Moyo.²² For recyclability tests, a product mixture was dissolved in ethanol. The resultant solution was evaporated under vacuum at 115 °C to leave a solid Ru@CassCat catalyst residue dried at 40 °C overnight in a vacuum oven. The dried solid was transferred back into the autoclave reactor, recharged with all reactants, and set up another cycle at optimum conditions. The procedure was repeated until no solid residue was recoverable. All experiments were repeated to ensure reproducibility.

3. Results and discussion

3.1. Synthesis of Ru@CassCat catalyst

In this study, a laboratory greenhouse study area was chosen rather than a field so that experimental plants could be subjected to constant temperatures until harvest time. A greenhouse also offers a less contaminating environment, unlike open fields subject to erosion contaminations. Greenhouse growth studies and some part of bio-based catalyst characterization followed in this report were adopted from the work published by Parker *et al.*,²⁰ on Pd and Alcantara *et al.*,^{2,23} on Hg and Au.

A report from Parker *et al.*,²⁰ who synthesized Pd nanoparticles using *Arabidopsis*, recorded that 10 mM palladium acetate [Pd(OAc)₂] solution caused plants to wilt within 24 h of contamination due to high metal dosage. A high metal concentration exposure to a plant in a short period reduces the time available to reduce enough Pd metal ions to their elemental state. This research used 500 mg L⁻¹ of Ru(III) solution over an eight to ten-week contamination period. This period was long enough to allow plants to absorb more metal ions and reduce them to their atomic state. Parker *et al.*²⁰ reported wilting *Arabidopsis* in 24 h due to high metal dosage. Giving the plant enough time allow it to produce reduced metal atoms that are widely spread and evenly distributed across tissues. Since the experiment was performed as a model of mine tailings containing low metal levels, it was essential to use less concentrated solutions for contamination. Garden soil growth studies were chosen over hydroponic culture studies to imitate mining tailing dumps. These soils have high nutritional content required for plant growth, eliminating applying fertilizers and other artificial nutrients rich media. In nine weeks of contamination, yellowing and drying of plant leaves signalled metal shock and stress symptoms (Fig. 1).

Plants start showing stress and shock symptoms as metals accumulate to higher concentrations by wilting up their leaves.²⁰ Accumulation of metals tends to block aquaporin channels required for water and nutrient absorption leading to metal stress observed in some plants. Thus, plants were harvested and prepared for metal quantification following stress symptoms.

Inductively coupled plasma-mass spectrometry was used to determine the concentration of accumulated metals in



Fig. 1 Cassava plants before (left) and after (right) weeks of metal contamination.²⁴



harvested plant parts. The technique was chosen because of its reliability at a low detection limit (LOD) and linearity over a wide dynamic range. The analysis was performed using an external calibration method. A calibration curve for Ru quantification is shown in Fig. S1,[†] and results obtained from the quantitative analysis are presented in Table 1. Acceptable linearity was obtained for the quantification of Ru by ICP-MS with a coefficient of determination (R^2) value of 0.9996. Such a value is close to one and indicates a great relationship strength of the analysis model to the detected concentrations. The percentage relative standard deviation (%RSD) was <5% for all measurements for precision. This value is three times less than a % RSD of 15%, and is acceptable in analyses of higher concentrations.

Since cassava plants were contaminated with metal-rich solutions at 500 mg L⁻¹ concentration, absorbed metal concentration in plant tissues was expected to range from higher $\mu\text{g kg}^{-1}$ (ppb) to low mg kg⁻¹ (ppm). Quantitative analysis of uncalcined samples showed that cassava absorbed up to 147 $\mu\text{g g}^{-1}$ of Ru in roots, 33.1 $\mu\text{g g}^{-1}$ in leaves, and 3.02 $\mu\text{g g}^{-1}$ in the stem. These results show an accumulation trend of root > leaf > stem. A similar trend has been reported by Yabanli *et al.*²⁵ for As, Cd, Hg, and Pb accumulation in *Myriophyllum spicatum* following the distribution; root > leaf > stem. Roots accumulating the most metal are in line with the results from Alcantara *et al.*² after discovering 18.99 mg kg⁻¹ of Au having accumulated primarily on cassava roots. The high Ru concentrations detected in cassava roots are partly because of the plant's ability to sequester metals at root surface tissue with less translocation.²⁶ Metals access root systems through ion channels. Once metal ions enter through ion channels, they become concentrated in roots and unlikely to translocate to aerial shoots of plants. These ions adsorb onto roots and bind to carboxyl groups of carboxylic acids.²⁷ Low translocation of metals to shoots (especially heavy and toxic ones) is a strategy by plants to minimize toxicity by protecting leaves and their photosynthetic machinery from extreme metal stress.^{2,28} Also, fibrous roots are situated in the soil vicinity from which most metal ions are concentrated; thus, they are better positioned to concentrate more metals than other parts. The higher accumulation of Ru in roots makes cassava a great candidate for the phytostabilization of this metal. However, metal absorption and sequestration mechanisms in biological systems are complex.

After quantitative analysis, roots of both Ru and control samples were calcined at 300 °C for 3 h to produce a Ru-rich

carbonaceous material. The produced material was applied directly as a bio-based catalyst in furfural hydrogenation. Highly active metal nanoparticles and metal oxides are often supported on mesoporous compounds or encapsulated in dendrimers. Thus, calcining the roots at an average temperature (300 °C) removed all the volatile organic material to leave a mesh of carbon deposit around the metal as support.^{20,29} If high temperatures above 300 °C are used for calcination, the carbon vaporizes, and support is lost, leaving pure metal. Pure metals perform poorly in catalysis if unsupported.³⁰ Thus, the temperature and time the material is calcined for determining the size reduction and morphology of the particles produced.³¹ After calcination, 295 $\mu\text{g g}^{-1}$ (36.6 μmol) (Table 1) of Ru was determined in the root. The newly elevated metal concentrations calculated are due to the higher mass loss of plant organics during calcination.^{32–34} The difference can be observed from the TGA stability profiles. Thus, produced bio-based catalysts have been characterized by TEM, SEM-EDS, pXRD, TGA, FTIR spectroscopy, UV-vis spectroscopy and BET to determine physicochemical properties.

3.2. Characterization of Ru@CassCat catalyst

3.2.1. Transmission and scanning electron microscopy coupled to energy-dispersive X-ray spectroscopic analyses.

Transmission and scanning electron microscopy was employed to determine the surface morphology, particle size and shape of the Ru@CassCat catalysts. Spectral and elemental mapping from EDS was performed to determine the chemical composition. Spherical Ru dispersed particles of various sizes between 2.5–20 nm in diameter with an average size distribution of approximately 10–12 nm were observed from TEM Fig. 2.

Particle size was estimated using ImageJ software.³⁵ This observation supports BET analysis results where the average pore size was calculated around 15 nm with an average pore size diameter of 10 nm. The TEM images also show particles deposited in and around the carbon support mesh seen as a cloud. These results are consistent with SEM analysis and previous observations reported by Joo *et al.*³⁶ and Jiang *et al.*³⁷ Dark regions of aggregated particles are also presumed to have contributed to the slow conversion of furfural compared to catalysts reported by Moyo.²² and Oklu.²¹ From SEM analysis, a myriad of small spherical particles stuck on support walls are observed in the matrix. The support serves similarly to that in commercial Ru on activated carbon (Ru/C). A few irregularly shaped anisotropic polygons are also observed. This result agrees with spherical Au, and Ag nanomaterials of various sizes and shapes reported by Islam *et al.*³⁸ synthesized from *Prunus armeniaca*. Observations from TEM and SEM analyses confirm similar spherical particles dispersed around a cloud of support. The control carbonaceous material showed only a mesh of fibrous carbon structures with no definitive particles. The observed long thin structures are cellulose fibers as characterized by FTIR.

3.2.2. Energy-dispersive X-ray spectroscopy and elemental mapping. Average intensity EDS signals from Ru were observed around 19.3 and 2.6 keV.³⁹ Elemental mapping, presented in

Table 1 Concentrations of Ru in growth soil and cassava bio-ore samples as determined from ICP-MS analysis before and after calcination^a

Sample	Concentration ($\mu\text{g g}^{-1}$)			
	Leaves	Stem	Roots	Soil
Uncalcined	33.1 ± 0.3	3.02 ± 0.04	147 ± 1.4	869 ± 11.5
Calcined	47.4 ± 0.3	18.9 ± 0.1	295 ± 1.2	

^a The concentration for control samples was <LOD. The LOD = 3 × SD_{blank}. (SD = standard deviation = 0.178).



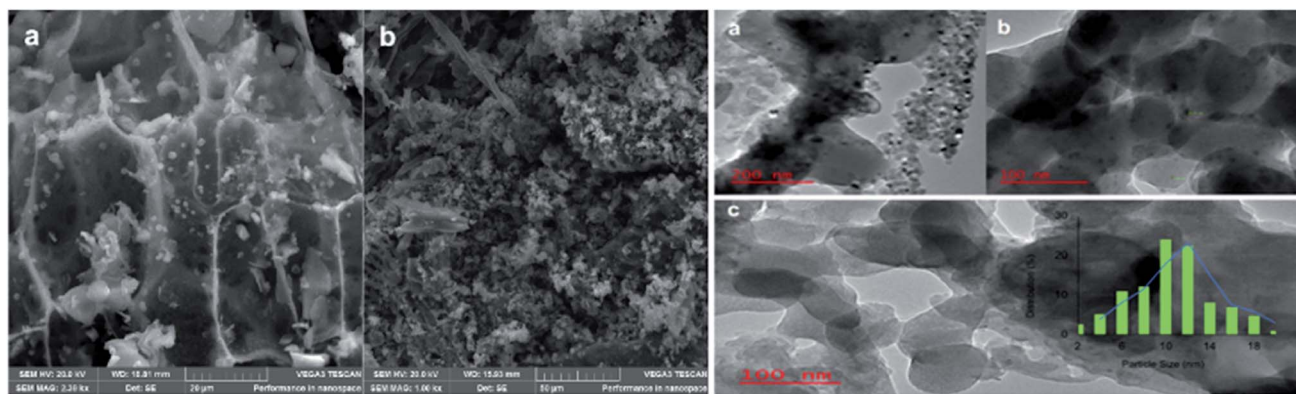


Fig. 2 Cassava Ru@CassCat analysis. On the left is an SEM image of [(a) Ru-bio matrix and the (b) control] on the right is a TEM image of (a) Ru-bio matrix at (b) various sizes and the (c) control with an insert of Ru-particle size distribution.

Fig. 3, also confirms the presence of Ru in line with pXRD analysis indicating the reduction of Ru ions to elemental atoms. Signals of prominent plant elemental components potassium (K), carbon (C) and other elements such as oxygen (O), chlorine (Cl), iron (Fe), calcium (Ca), copper (Cu), aluminium (Al), magnesium (Mg), and silicon (Si) were also observed.⁴⁰ Calcining samples were meant to drive off most non-metallic volatile elements (*e.g.*, oxygen); however, their presence was due to adsorption to then catalyst elemental storage.

Elemental Ru was detected at 0.6 wt%, a low metal content, explaining the longer turnaround time (24 h) observed during complete furfural conversion. The surfaces areas calculated from the BET analysis substantiates this. Only common plant metals observed from EDS spectra of catalyst samples were detected from the EDS spectrum of the control sample (Fig. S2†).

3.2.3. Powder X-ray diffraction and TGA analyses. Analysis using pXRD was performed in the range of 4–90° (2 θ). Sharp and average intense diffraction peaks observed at $2\theta = 26.5$, 26.69, 29.44, and 40.5° show some elements of crystallinity in the samples. Signals at 26.69 and 40.5° depict characteristic peaks

of Ru atoms. The (100%) intensity peak at 26.69° relates to plane 320, while at 40.50° relates to plane 521.⁴¹ Peaks at 29.44° and 26.5° (002 planes) indicate the carbonaceous support.⁴² Additional peaks that were not assigned were attributed to the deposition of some plant-related inorganic or bioorganic phases that crystallizes over the surface of particles.⁴³ The control bio-based material spectrum shows amorphousness with a prominent carbon support peak previously observed. Fig. 4 shows pXRD patterns and TGA thermograms.

Heating profiles of RuCl₃ (contamination salt), Ru-based (uncalcined and calcined), and control bio-matrices were recorded to compare thermal stability. Three successive decomposition stages of weight loss were observed in all samples except the uncalcined bio-based material (Fig. 4). The first ~5% loss observed below 150 °C is attributed to the loss of moisture or water molecules that have adsorbed onto the samples during storage.^{44,45} The next approximately 22% loss observed, between 200 °C and 475 °C was due to the capping bio-matrices' thermal degradation and loss of support around the metal atoms. A similar observation was^{46,47} reported by Islam *et al.*³⁸ From 450–700 °C, the remaining material is

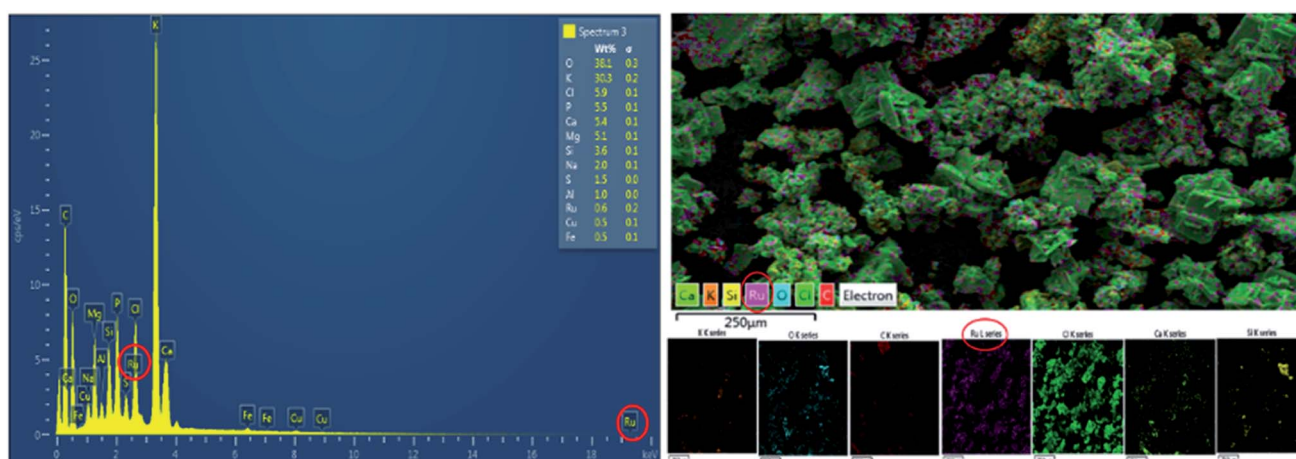


Fig. 3 Cassava bio-based material EDS spectrum of ruthenium Ru@CassCat (left) and its elemental maps (right).



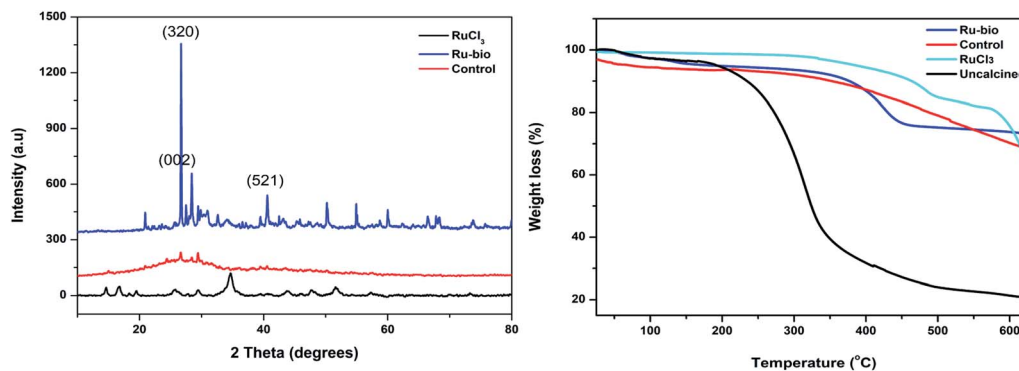


Fig. 4 Analysis of ruthenium Ru@CassCat, ruthenium(III) chloride (RuCl₃) and the control by powder X-ray diffraction (left) and TGA (right).

completely converted into carbon ash residues through material combustion.⁴⁴ Close to complete decomposition of the bio-based material above 450 °C means the material can only be used efficiently in heating applications that run below 450 °C. The RuCl₃ profile shows that the metal salt underwent the first decomposition stage only after 450 °C showing no moisture and loss of chloride ligands. The uncalcined sample shows about a 55% difference in weight loss compared to the calcined matrix. This huge difference indicates that, during calcining, most organic components are driven off to leave a more stable carbon support around the metal. Loss of organics is observed in the early stages of the heating profiles.

3.2.4. FT-IR and UV-vis spectroscopy. The FTIR spectra of the control and Ru@CassCat show absorption bands in the regions of two wavenumber ranges: 3600–2300 cm⁻¹ and 1700–500 cm⁻¹ are a result of microcrystalline bands of cellulose from the plant material.⁴⁸ Lab Solutions software database matched the spectra to D-cellulose⁴⁸ sensible enough since the biomatrices are of plant material in origin. Typically, peaks observed in the region of 3600–2800 cm⁻¹ are characteristic of –C–H, –O–H and –N–H (~3400 cm⁻¹) bond stretch vibrations in amines and polysaccharides.^{39,48} The peaks appear broad due to inter and intra-molecular hydrogen bonding vibrations in molecules. From Fig. 5, two small peaks around 28/2900 cm⁻¹

are attributed to aliphatic C–H stretching vibrations of hydrocarbon constituents in polysaccharides.^{48–50}

An asymmetric stretching vibration band observed at 2360 cm⁻¹ can be attributed to a C–O stretch from atmospheric CO₂.⁵¹ Bands around 1418, 1384, and 870 cm⁻¹ have been associated with other plant polysaccharides or cellulose's crystallinity structure and amorphous regions in plant biomass.⁴⁸ Other peaks in the region 1630–900 cm⁻¹ are attributed to the double bonds C=C, amide –N(H)C=O (~1640–1618 cm⁻¹), –CH, C–O–C (~1040–1035 cm⁻¹), C–O stretching and bending vibrations in cellulose and other plant constituents.^{48,52,53} According to Gopinath *et al.*,³⁹ the peak around 1384 cm⁻¹ is due to an –NO₂ stretching frequency. They also reported a low-intensity peak around 500 cm⁻¹, belonging to the metallic Ru or C–H bending. However, the peak may be raised due to reducing Ru(III) ions to their elemental atomic form. As a result, the suggestion by Gopinath *et al.*³⁹ for the presence of molecules such as polyphenols, flavonoids, terpenoids, amines and amides, being responsible for the reduction and capping of metallic particles in biomass sounds logical. However, functional groups for some of these molecules were not observed in the spectra.

Ultraviolet-visible spectroscopy analysis was performed to check for the presence of metallic nanoparticles in the bio-ore. Usually, aqueous solutions of plant material powders rich with metals in their elemental state tend not to show UV absorption peaks after reduction.^{39,54} From Fig. S3,† RuCl₃ shows an absorption maximum at 387 nm and 490 nm. Both peaks indicate Ru(III) species.^{42,55} The disappearance of the 490 nm peak implies the reduction of Ru(III) to Ru(0) by plant compounds such as flavonoids, terpenoids, phenols, amines, and amides.³⁹ Spectra recorded from the materials solutions also show no peaks indicating that Ru(III) was reduced completely to Ru(0).⁴² Hou^{44,54,56} reported a continuous disappearance of previously observed characteristic peaks for Ru(III) species similar to Miyazaki *et al.*⁵⁷ on their study of RuCl₃ reduction by ethylene glycol. These observations fully substantiate this work's findings that Ru(III) was successfully reduced to its elemental state in the Ru@CassCat. However, the absence of a nanoparticle characteristic peak between 530–580 nm indicates that the material is mainly composed of Ru bulk.

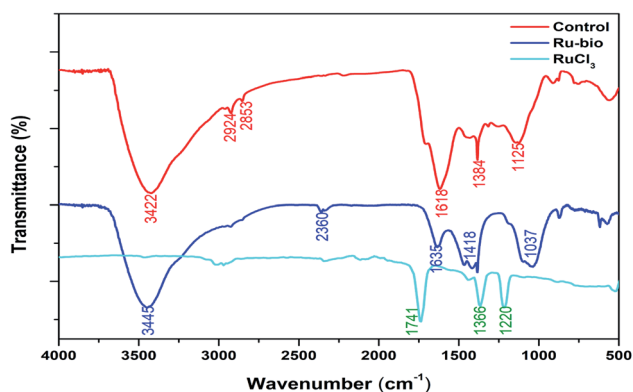


Fig. 5 Analysis of ruthenium Ru@CassCat, ruthenium(III) chloride (RuCl₃) and the control by FT-IR spectroscopy.



3.2.5. Nitrogen adsorption and desorption (BET analysis).

The BET analysis was employed to determine the surface area and pore volume of the Ru@CassCat. Surface areas and pore volumes estimated for the control and Ru@CassCat are presented in Fig. S4.† The Ru@CassCat exhibited pores of 15 nm in an average size and a surface area of $4 \text{ m}^2 \text{ g}^{-1}$ with a total pore volume of $0.014 \text{ cm}^3 \text{ g}^{-1}$. The control carbonaceous material had a surface area of $1 \text{ m}^2 \text{ g}^{-1}$ and a volume of $0.0084 \text{ cm}^3 \text{ g}^{-1}$ in 16 nm-sized pores. The low calculated surface areas may be due to poor plant stabilization during metal ion sequestration and reduction in cassava. For a catalyst, this impacts activity negatively, leading to longer substrate conversion times. Both the Ru@CassCat and carbonaceous control materials exhibited Type V isotherms.

Type V isotherms are observed in hydrophobic microporous and mesoporous adsorbents with adsorbed water due to weaker interactions between the adsorbate and adsorbent. Also, a weak composite H4 type hysteresis loop is observed at low relative pressures (P/P_0), approximately 0.45, indicating the coexistence of mesopores and micropores, as also reported by Lou *et al.*⁵⁸ Type H4 loops are often characteristic of aggregated crystalline and mesoporous zeolites as observed from pXRD analysis; they exhibit by micro-mesoporous activated carbonaceous materials.⁵⁹

3.3. Catalytic properties of the Ru@CassCat catalyst in transfer hydrogenation of furfural

Catalytic transfer hydrogenation (CTH) reactions like furfural (Scheme S1†) are mainly known not to occur in the absence of a base. The base decomposes the hydrogen source, *e.g.*, formic acid, to liberate hydrogen used for reduction.^{8,60,61} Transfer hydrogenation was chosen as an alternative to direct hydrogenation since it uses cheaper and less hazardous reagents than molecular hydrogen (H_2) with minimal stoichiometric waste. Also, CTH is simple and safer in operation and does not require high-pressure vessels. A negative control reaction was performed in the absence using conditions adapted from literature.^{21,22} In the absence of a base, the catalyst performed poorly, with 0% furfural conversion (entry 1, Table 2). However, the conversion increased to 13.2% (entry 2) in the triethylamine (Et_3N) base, showing a base's importance in such reactions. Thus, 10 mmol of the base was used in all subsequent reactions.

A typical well-labelled spectrum of a product mixture from one of the reaction setup is presented in Fig. S5.† Furfural alcohol is selectively formed as evidenced by the appearance of the new methylene ($-\text{CH}_2$) peak at 4.577 ppm. This peak confirmed converting a $-\text{CHO}$ aldehyde functional group to a $-\text{CH}_2-\text{OH}$. The continuous disappearance of the aldehydic proton peak at 9.642 ppm showed progress in furfural conversion. The alcoholic proton ($-\text{OH}$) would appear as a broad shoulder peak at ~ 3.0 ppm. This peak has a broad spectrum of appearance due to its intra- and inter-molecular hydrogen bonding involvement.⁶² Therefore, it can be confirmed that furfural alcohol was indeed formed, and effects of various test conditions were thus optimized.

3.3.1. The effect of temperature. Raising temperature from 100 through 160 °C showed a slow increase in furfural conversion up to 66% Table 2 while maintaining 100% selectivity toward furfural alcohol. The conversion difference between 120 and 140 °C is insignificant, at 20.1 and 22.3%. However, a sharp increase is observed at 160 °C where the conversion was retained at 66%, with a furfural alcohol yield of 32%. This result shows that at higher temperatures, the substrate conversion increases as temperature accelerates the reaction rate, leading to increased product yield. The substrate conversion did not reach 100% due to the time factor. Thus, time was optimized using 160 °C as the optimum temperature.

3.3.2. Conversion as a function of time. Initially, reactions were performed using 8 h adopted from literature.²² Time optimization from 10 to 24 h increased conversion from 34–88% for the first 20 h above in Table 2. A 100% conversion was observed in 24 h of reaction. Such a long time than reports from ref. 22 and 21 indicates that the reaction required more time to afford a complete conversion. Selectivity remained 100% toward furfural alcohol, making the catalyst highly selective. Thus, 24 h was used as the optimum reaction time for all subsequent transfer hydrogenation reactions. Fig. S6† shows a stack of ^1H -NMR spectra recorded during the time variation study of furfural to furfural alcohol. Across all spectra, signals of the aldehyde characteristic protons appearing at ~ 9.6 ppm are diminishing in size and finally disappear at 24 h, indicating the complete conversion. The peak around 2.0 ppm is from acetone traces used to dry NMR tubes.

3.3.3. The effect of catalyst loading. From ICP-MS analysis, 20 mg catalyst contained $0.0584 \mu\text{mol}$ (0.00295 wt%) Ru. Such a low load meant that it would require a substantial catalyst sample to make up a load reported in previous studies.^{21,22} Thus, the amount of Ru@CassCat catalyst used was chosen arbitrarily as a compromise. From Table 2, increasing the catalyst amount from 20 to 30 mg shows a slight decrease in conversion with a further decrease observed from 30 to 40 mg. Thus, beyond 20 mg (0.00295 wt%), any further increase in catalyst amount saturated the reaction system. This saturation means the substrate faces blockage, leaving few sites available for diffusion to locate the catalyst's active species. Blockage of diffusion by the concentrated catalyst shows that the reaction is diffusion-limited. However, the conversion increased from 10–20 mg. The assumption is that, at average catalyst amounts (20 mg), there are enough active sites available for the substrate to contact the catalyst, which renders the reaction also surface governed.⁶³ Thus, 20 mg (0.00295 wt%) of the Ru@CassCat catalyst was further used as optimum in all setups.

3.3.4. The effect of base. Both organic (Et_3N , DBU, pyridine (py)) and inorganic (KOH) bases were tested during optimization. The catalyst performed well with Et_3N ; all other bases performed poorly, affording undeterminable conversions (Table 2). A suggested reason for Et_3N 's effectivity may be its highly electron-donating ethyl groups attached to the nitrogen center. These groups have a positive electron inductive effect on nitrogen's basicity, making it a strong basic center.⁶⁴ Pyridine is also a strong organic base. However, its electrons are locked in



Table 2 Results of various parameter optimization for the catalytic transfer hydrogenation of furfural using Ru@CassCat catalyst

Entry	Condition ^a	Variation	Conv. ^b (%)	FF (%) Y	FFA ^c (%) Sel. ^g	TON ^d ($\times 10^4$)	TOF ^e ($\times 10^3$ /hr)
1	Negative control	No base	0	0	0	0	0
2	Temperature (°C)	100	13.2	12.7	100	3.5	4.7
3		120	20.1	18.7	100	5.1	6.4
4		140	22.3	21.0	100	5.9	7.4
5		160	66.0	64.9	100	9.0	11.3
6	Time (hours)	10	34.0	34.0	100	9.1	9.1
7		16	67.0	61.0	100	20.2	12.6
8		20	88.0	86.0	100	18.2	9.1
9		24	100.0	100.0	100	27.4	11.4
10	Catalyst amount (mg)	10	61.0	60.0	100	16.5	6.9
11		20	100.0	100.0	100	27.4	11.4
12		30	98.0	96.0	100	26.2	10.9
13		40	94.0	92.0	100	25.2	10.5
14	Base	Et ₃ N	100.0	100.0	100	27.4	11.4
15		KOH	0	0	0	0	0
16		Pyridine	0	0	0	0	0
17	Hydrogen source	DBU	5.8	5.6	100	1.5	0.6
18		EtOH	14.0	13.2	100	3.6	1.5
19		MeOH	0	0	0	0	0
20		<i>i</i> -Prop	0	0	0	0	0
21	Controls	FA ^f	100.0	100.0	100	27.4	11.4
22		No catalyst	55.6	55.0	100	15.2	6.3
23		Control catalyst	74.0	73.4	100	20.1	25.1

^a Conditions: all setups used the conditions listed below unless specified in the table. Furfural (FF) (10 mmol), catalyst (0.00295 wt%), Et₃N (10 mmol), formic acid (20 mmol), time (24 h), and temperature (160 °C). *i*Prop = isopropanol, FF (%) Y = furfural percentage yield. ^b Conv. = conversion. ^c FFA = furfural alcohol and Cat. = catalyst. ^d TON = $\frac{\text{mmoles of FFA}}{\text{moles of catalyst}}$. ^e TOF = $\frac{\text{TON}}{\text{time}}$. ^f FA = formic acid. ^g Sel. = selectivity.

a ring of π -system; only a single pair of electrons residing in one of the nitrogen's sp^2 orbitals is available to act as a base, making it less strong. The DBU showed some activity due to its bulkiness and resonance stabilization of the amidinium cation, making it a potentially strong base in this reaction. The poor activity of KOH is due to a lack of solubility in formic acid, which served both as a solvent and hydrogen donor. Moyo²² also obtained similar results with KOH. Furthermore, the product mixture at the end of pyridine and KOH reactions was solid and dry, indicating solubility concerns. Therefore, Et₃N remained favorable for all subsequent reactions as a base of optimum conversion.

3.3.5. The effect of the hydrogen source. Apart from formic acid, other sources of hydrogen such as isopropanol, methanol and ethanol were explored. From Table 2 and Fig. 6, only formic acid gave satisfactory conversion of furfural. Even though isopropanol,^{65–68} ethanol and methanol^{69,70} are good sources of hydrogen, the alcoholic sources did not produce desired results. The bases used in this study are not strong enough to decompose these hydrogen sources. Thus, little to no hydrogen is produced for hydrogenation.

Nanao *et al.*⁷¹ performed a similar reaction of furfural hydrogenation using Pd supported on carbon in ethanol and attained 86.8% conversion to furfural alcohol in 30 min. The 86.8% conversion obtained in such a short time is as a result of using a higher catalyst load (5 wt%), a separate solvent and direct molecular hydrogen (H₂) as a source of hydrogen. In this study, formic acid was a limitation as it acted both as

a hydrogen source and solvent. In another study, where transfer hydrogenation was performed using formic acid as a hydrogen source, a Cu-Pd/C catalyst showed complete conversion of furfural-to-furfural alcohol with 98.1% selectivity toward furfural alcohol at 170 °C for time (3 h) at minimal catalyst load.⁷² These results align well with this study's results as 100% selectivity with a complete conversion of furfural was obtained. Additionally, a Rh-doped Ni bio-based catalyst used in the

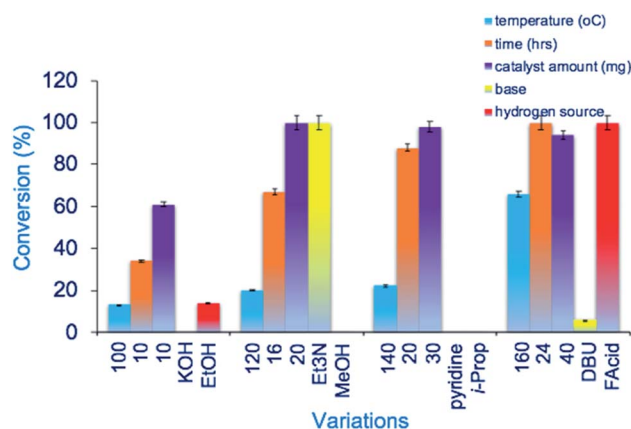


Fig. 6 Bar graph showing all the Ru@CassCat catalyst parameter optimizations during the hydrogen transfer reaction of furfural to furfural-alcohol. Conditions: unless specified, FF (10 mmol), CDCl₃ (4 mL), FAcid (20 mmol), Et₃N (10 mmol), DMF (0.06485 mmol), catalyst (0.00295 wt%), 100 °C, 24 h.



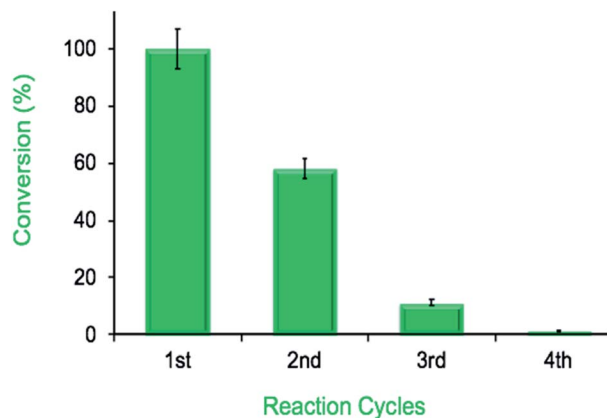


Fig. 7 Bar graph showing recycling of the Ru@CassCat catalyst during the hydrogen transfer reaction of furfural to furfural-alcohol. Conditions: unless specified, FF (10 mmol), CDCl_3 (4 mL), FAcid (20 mmol), Et_3N (10 mmol), DMF (0.06485 mmol), catalyst (0.00295 wt%), 100 °C, 24 h.

hydrogenation of nitrobenzene to cyclohexylamine showed 100% conversion with a selectivity of 91.6% at 140 °C.⁷³ The similarities in the efficiency of the reported carbon-supported catalysts show that catalysts of this nature are a promising green alternative to conventional catalysts.^{24,74}

Therefore, furfural conversion to-furfural alcohol was enhanced when formic acid was used as a hydrogen source in the presence of Et_3N . The optimum temperature was determined to be 160 °C using 20 mg (0.00295 wt%) of catalyst for 24 h. The optimization setups were repeated to check for repeatability and reproducibility of the results. Furthermore, recovering enough material to perform characterization during recycling was a challenge since no defined solid remained even after rotary evaporation of the reaction mixture. It is important to characterize catalysts before and after every recycling stage to determine their property change because of reaction.³⁸ However, most of the catalyst was lost in a homogenous product mixture with every reaction during recycling in this study. Hence, the little catalyst that remained with each cycle was only active up to 3 recycles, as presented in Fig. 7 and could not be harnessed for characterization.

4. Conclusions

The ability of cassava plant (*Manihot esculenta*) to absorb metal ions from soil contaminated with Ru(III) solution has been investigated. It has been demonstrated that cassava plants can be successfully grown in garden potting soils as models of mining tailings to produce a bio-ore with inherent catalytically active sites. Cassava showed an efficient uptake of 295 $\mu\text{g g}^{-1}$ of Ru detected in roots. Higher accumulation of Ru metal in roots suggests that cassava is an excellent phytostabilizing candidate of this metal than other metals. In 24 h, a 0.00295 wt% of Ru@CassCat resulted in 100% furfural conversion with a turnover frequency of 0.0114 million/hour at 160 °C using triethylamine and formic acid. Selectivity remained 100% toward furfural alcohol. This result renders a highly promising

application for the future of this material. Plant-derived metal-rich biomatrix can serve as green sources of active catalysts that can be successfully applied in catalysis. The current study primarily focused on transfer hydrogenation cheaper and less hazardous reagents than molecular hydrogen (H_2). Further investigation of direct hydrogenation using molecular hydrogen and the Ru@CassCat catalyst is recommended for comparative studies.

Further studies on phytomining of Ru should look into exploring more cyanogenic plants like *Macadamia integrifolia*. The latter is that are suitable for in-field application and soil-based studies of actual mining tailing samples. The investigation of the effect of various growth conditions such as soil pH, moisture content, salinity, and temperature control on the accumulation of metal in cassava plants is recommended in future studies. Clear knowledge of the mechanism behind uptake, translocation, and reduction of metal ions into elemental atoms in plants should be fully developed. A better understanding of this mechanism can improve controlling metal deposition in plants to produce particles of desirable properties.

Author contributions

Sifelani Dube: writing-original draft, data curation, investigation. Leah C. Matsinha: validation, writing-review and editing. Banothile C. E. Makhubela: supervision, validation, conceptualization, project administration, writing-review and editing. Abayneh A. Ambushe: supervision, validation, project administration, conceptualization, writing-review and editing.

Conflicts of interest

The authors declare no conflict of interest.

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