The supranutritional selenium status alters blood glucose and pancreatic redox homeostasis via a modulated selenotranscriptome in chickens (Gallus gallus)†

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Numerous studies have found that high Selenium (Se) influences the pancreas in animals. Considerable studies suggest that Se status plays an important role in the pancreatic function and regulation of blood glucose in chicks. However, true proof for the effects of the supranutritional Se status on the chicken pancreas through modulating the selenotranscriptome is lacking. 1 day-old chicks were fed a basal diet and Se (0.15 mg, 3.0 mg, or 5.0 mg Se per kg of diet) for 8 weeks. The blood glucose level, tissue Se content, redox homeostasis and mRNA level of the selenoproteome in the pancreas were measured. The supranutritional Se status (3.0 mg kg⁻¹) decreased the blood glucose level and increased the pancreatic antioxidant capacity. The excess Se status (5.0 mg kg⁻¹) increased the blood glucose and Se content and decreased the pancreatic antioxidant capacity. The dietary Se status affected the mRNA levels of 24 selenoproteins and the selenoprotein synthesis related transcription factors in the pancreas. The dietary Se level could modulate the growth performance via affecting the blood glucose level and pancreatic function. Se contributions to chicken growth and the regulation of blood glucose are associated with pancreatic redox homeostasis via a modulated selenotranscriptome in chickens.

Introduction

Selenium (Se), which plays an important role in regulating various metabolic processes, is an essential nutrient for humans and many other species. Se deficiency causes a variety of diseases in different types of animals. In chickens, Se deficiency induces exudative diathesis, nutritional muscular dystrophy, neurological phenotypes and pancreatic atrophy. The pancreas may be the target organ of Se deficiency in chicks. It is reported that dietary Se deficiency produced severe pancreatic degeneration. Histological pancreatic changes in Se-deficient chicks have been described as hyaline body formation and vacuolation of individual acinar cells succeeded by fibrosis in the chronic phase; occasionally there were foci of acinar necrosis. Nevertheless, it was noted that Se may damage the tissue when its intake was too high. Since many studies have reported potentially protective effects of Se in human and animal models of type 2 diabetes. High-dose selenite treatment exacerbates hepatic insulin resistance in mouse model of type 2 diabetes. However, little is known about the influence of supranutritional Se in the pancreatic tissue of chickens.

Se has been considered to be an insulin-mimic and anti-diabetic. Animal studies and epidemiological surveys have shown correlations between Se deficiency and glucose or lipid disorders impairment or low plasma Se or selenoprotein status in diabetic subjects. These have been observed that Se stimulates glucose uptake in adipocytes and restores normoglycemia in streptozotocin-diabetic rats. Feeding both normal and diabetic rats with Se-deficient diet for 10 weeks elevated their plasma glucose concentrations and induced albuminuria and glomerular sclerosis. However, recent epidemiological data have proved potential high-glucose effects of high Se intake. Se excess resulted in the oxidative damage and hepatocyte histopathology. Dietary high Se induced hyperinsulinemia, insulin resistance, and glucose intolerance. Increasing studies have been determined the impact of high Se intake on glucose and lipid metabolism in mice, rats, and pigs. These reports suggested that high Se may affect the glucose metabolism.
However, the effect of supranutritional Se to the glucose metabolism in chickens have not been identified.

Selenoproteins are the biological effector molecules of Se in animals. The Se in all selenoproteins is present as selenocysteine (Sec) in the peptide backbone, which is specified positionally by an UGA codon (normally a stop codon) in the mRNA. The codon UGA not only acts as an opal stop codon during translation, but also encodes the translational incorporation of Sec into proteins when the mRNA contains a distinct hairpin mRNA sequence downstream of the UGA codon in its 3'-untranslated region. Insertion of Sec requires the presence of a complex machinery that includes Sec RNA, elongation factor selenocysteine-specific elongation factor (EFSec), SecCp43, O-phosphoseryl-tRNA (Sec) kinase (PSTK), and selenocysteine synthase and SECIS binding proteins (SECIS binding protein 2 (SBP2)), translation initiation factor 4A3 (eIF4A3), and nucleolin. Selenoproteins are involved in antioxidant to reduce the concentration of blood glucose in vivo. Numerous studies indicate that selenoproteins can protect the pancreas. These evidences suggest that selenoproteins may play an important role in pancreas function.

Se is a key constituent of selenoenzymes and other selenoproteins with antioxidant function. Oxidative stress has been shown to decrease pancreatic function and destroy the regulation of glucose. Pancreas is very sensitive to oxidative stress because of lower levels of antioxidant enzymes in tissue. Se also displays an insulin-mimetic activity in vitro and in vivo. However, the effect of supranutritional Se status on the pancreas of chicken is not clear, especially the role of selenoproteins. Thus, the aim of this study was to investigate the effect of supranutritional Se on the pancreas via modulating selenotranscriptome.

Experimental

All experimental procedures were approved by the Institutional Animal Care and Use Committee of Northeast Agricultural University (NEAU). Methods were carried out in accordance with the approved guidelines of NEAU.

Experimental animals and treatments

Male 1 day-old chicks ($n = 240$, HY-LINE VARIETY WHITE, Xianfeng farm, Harbin, China) were randomly divided into three groups and fed the basal diet with 0.15 mg kg$^{-1}$ Se (control Se, C-Se) as Na$_2$SeO$_3$, 3.0 mg kg$^{-1}$ Se (supranutritional Se, S-Se), and 5.0 mg kg$^{-1}$ Se (excess Se, E-Se). The volume, protein content, energy level, and trace elements (except Se) in the feed match the NRC recommendations. Chickens raised were immunized and had free access to feed, water. Observations concerning general health and clinical symptoms were recorded daily. At the end of the experimental period, chickens (100 chicks at the 4th and 8th week, respectively) were sacrificed, and the pancreas was dissected out. The pancreas tissue was stored in RNA Locker (Beijing Tiandz, Inc. China) for RNA extraction then preserved at $-80 ^\circ$C until use.

Determination of blood glucose

Chickens were fasted for 24 h overnight and then blood samples were drawn at the end of the 2nd, 4th, 6th, and 8th week. Blood samples were analysed immediately for glucose content using HemoCueB-Glucose Analyzer (HemoCue, Lake Forest, CA).

Determination of pancreatic Se level

Se level was determined using inductively coupled plasma mass spectrometry (ICP-MS, Agilent 7500cs-Octopole Reaction Cell, Agilent Technologies, USA). A complete digestion of the samples was performed with a microwave digestion system. The digested samples were diluted with ultrapure water to a final volume of 50 mL and mixed well prior to ICP-MS analysis. The concentrations of Se in the pancreas were determined with the calibration curve method and compared among the non-, H2 and D2 reaction modes.

Determination of pancreatic redox states

Determination of protein content. The protein content was measured according to the manufacturer’s protocol (Nanjing Jiancheng Bioengineering Institute, China). Bovine serum albumin (BSA) was used to construct the standard curve.

Determination of H$_2$O$_2$ content. The content of hydrogen peroxide (H$_2$O$_2$) in pancreas was carried out with a detection kit (Nanjing Jiancheng Bioengineering Institute, China) according to the manufacturer’s protocol. By chemical colorimetry, H$_2$O$_2$, and chromogenic agent used generate clathrate were measured. Measuring the production of clathrate can calculate the amount of H$_2$O$_2$ at 405 nm.

Determination of T-AOC level. The levels of total antioxidant capability (T-AOC) in the pancreas tissue were determined using a detection kit (Nanjing Jiancheng Bioengineering Institute, China) and represented as U mg$^{-1}$ protein.

Determination of MDA content. The malondialdehyde (MDA) content in pancreas was measured using a detection kit (Nanjing Jiancheng Bioengineering Institute, China) and was expressed as nmol MDA per mg protein using the molar extinction coefficient of MDA-thiobarbituric chromophore (1.56 x 10$^5$ M$^{-1}$ cm$^{-1}$).

Determination of CAT activity

The catalase (CAT) activity was measured with a detection kit (Nanjing Jiancheng Bioengineering Institute, China). By using visible light, the decomposition of H$_2$O$_2$ by CAT can be interrupted by adding ammonium molybdate; the remaining H$_2$O$_2$, and ammonium molybdate can produce a light yellow complex. CAT activity can be calculated by determining the amount of complex produced.

Analysis of the selenotranscriptome

To evaluate the effect of Se status on the selenotranscriptome in pancreas, the expression of 24 selenoproteins and 6 selenoprotein synthesis related transcription factors were tested using the real-time reverse transcriptase-polymerase chain reaction array (qRT-PCR array). Total RNA was isolated from the
pancreas at 4th and 8th week using the RNA out reagent (Beijing Tiandz, Inc. China) and following the manufacturer’s protocol. The dried RNA pellets were resuspended in 40 μL of nuclease-free water. The content and purity of total RNA was determined using a spectrophotometer at 260/280 nm. First-strand cDNA synthesis was performed using Oligo dT primers and TransScript Reverse Transcriptase (Beijing TransGen Biotech Co., Ltd., China) according to the manufacturer’s protocols.

Primers for the selenoproteome genes and the 4 reference genes, β-actin (Actb), glyceraldehyde 3-phosphate dehydrogenase (GAPDH), ribosomal protein L19 (RPL19), ribosomal protein L14 (RPL14), were designed using Primer Analysis Software (Oligo 7.24, Molecular Biology Insights, Inc. USA) (Table S1). The mRNA expressions of selenoproteins were assayed by qRT-PCR array using a 7500 Real Time PCR System (Applied Biosystems, Carlsbad, CA, USA) and GoTaq® qPCR Master Mix (Promega, USA). The qRT-PCR array brings a highly sensitive and reliable method of gene expression profiling. The array was designed in a 96-well format and set up to detect 84 wells of target genes, 4 wells for housekeeping genes and internal controls, 1 well for the DNA control, 3 wells for positive and negative controls. There were 3 replicates for each tissue. All data was normalized to the internal control primers, and the 2-ΔΔCt method was used to calculate relative changes on mRNA expression. Data analysis of mRNA expression was analysed using the GeneCopoeia-FulenGen qPCR Array data analysis system online (http://www.genecopoeia.com/product/qpcr/analyse2/index.php).

The heatmap of the selenotranscriptome

We showed the expression profile of each gene derived from different groups using the heatmap. It was plotted using heat- map R package (version 3.2.1). The data are presented as mean. The source code of heatmap package was slightly modified to improve the layout and to add some features, the R function plots were used.

Statistical analysis

Statistical analysis of the blood glucose, antioxidant related factors, the selenotranscriptome in pancreas was analysed using GraphPad Prism 5.1 (GraphPad Software Inc., USA). One way-analysis of variance (ANOVA) and the Least Significant Difference (LSD) post hoc test were used to analyse the data. Differences among the means of data were analysed by the paired T-test which was utilized to determine the effects of Se status. The results were expressed as mean ± S.D. of different groups. The significant differences of all data were showed by ANOVA about each experiment. Statements of significance were based on P < 0.05 unless otherwise stated.

Results

Effects of supranutritional Se status on the level of blood glucose and growth performance

One-day-old chicks were allocated randomly to experimental groups. At the start, body weight was no significant differences in initial group weights. After 8 weeks, dietary Se had a significant effect on body weight and chicks fed the supranutritional Se diet had the higher average body weight (data not shown). The S-Se and E-Se groups exhibited larger body sizes and glossy feathers. The blood glucose of the E-Se group was significantly higher than C-Se group at the 2nd, 4th, 6th, 8th weeks (P < 0.01 or P < 0.001), but the S-Se group was significantly lower (P < 0.01) (Fig. 1A).

Effects of supranutritional Se status on the Se content of pancreas

The effect on pancreatic performance was found in the S-Se and E-Se groups. To investigate the effects of supranutritional Se status on the pancreas, the content of pancreatic tissue was tested. Se content of pancreas was increased significantly in the E-Se group for 4th and 8th weeks, compared to the C-Se group (P < 0.001), but there was not any alternation in the S-Se group (Fig. 1B).

Effects of Se status on pancreatic redox states in pancreas

Four antioxidant factors in pancreatic tissue, including T-AOC, H2O2, MDA, and CAT, were influenced by dietary Se level. Compared to the C-Se group, T-AOC content increased in the S-Se and E-Se group at the 4th week (P < 0.001) and decreased significantly in the S-Se and E-Se groups at the 6th week (P < 0.001) (Fig. 2A). H2O2 content increased significantly in the E-Se group at the 4th and 8th week and in the S-Se group at the 4th week (P < 0.001) and decreased in the S-Se at the 8th week (P < 0.001), compared to the C-Se group (Fig. 2B). The CAT activity in the S-Se group increased significantly at the 4th and 8th week, compared to the C-Se group (P < 0.01 or P < 0.001). However, the CAT activity in the E-Se group increased significantly at the 4th week (P < 0.001) and decreased at the 8th week (P < 0.001), compared to the C-Se group (Fig. 2C). MDA content decreased in the S-Se and E-Se groups at the 4th week and increased at the 8th week (Fig. 2D).

Effects of Se status on the selenotranscriptome in pancreas

We screened reverse-transcribed pancreas cDNA libraries for selenoprotein transcript expression using qRT-PCR array. Fig. 3

![Fig. 1](https://example.com/fig1.png) Effects of supranutritional Se status on the level of blood glucose and Se content of pancreas (μg g⁻¹ wet weight). Chicks were fed the basal diet with 0.15 mg kg⁻¹ Se (C-Se), 3.0 mg kg⁻¹ Se (S-Se), and 5.0 mg kg⁻¹ Se (E-Se). Effects of dietary Se concentration on blood glucose test in chicken on 2nd, 4th, 6th, and 8th week. Values are means ± S.D., n = 6. *P < 0.05, **P < 0.01, ***P < 0.001 compared with the C-Se group (A). Pancreatic Se contents in chicken on 4th and 8th week. *P < 0.05, **P < 0.01, ***P < 0.001 compared with the C-Se group (B).
showed the relative expression of transcripts for the 24 chicken selenoproteins for the housekeeping genes (Fig. 3A and B), and for Gpx1 (Fig. 3C and D). As shown in Fig. 3A and B, the mRNA expression of eight selenoproteins (Gpx1, Gpx3, Txnrd1, Txnrd2, Dio3, Selu, Selm and Selh) in the S-Se group at the 4th week generally increased and four selenoproteins (Selx1, Sel15, Sepp1 and Selt) decreased significantly, compared to the C-Se group (P < 0.05). The mRNA expression of fifteen selenoproteins in the E-Se group at the 4th week increased and six selenoproteins (Dio1, Dio2, Dio3, Txnrd1, Selo, Sepp2) decreased significantly, compared to the C-Se group (P < 0.05). In the S-Se group at the 8th week, the expressions of almost selenoproteins except Dio1, Dio2, Dio3, were un-regulated, but over fourteen selenoproteins expect Selx1, Selm, Selh and Selt were down-regulated in the E-Se group.

As shown in Fig. 3C, seven selenoproteins (Gpx3, Gpx4, Selk, Sel, Sepp1, Selu, Sel15) mRNA in pancreas were the most abundant and expressed at levels comparable to levels for Gpx1. While in the S-Se group at the 4th week, the expressions of seven selenoproteins were not alter in pancreas and at the 8th week decreased, compared to the C-Se group. In the E-Se group, the expressions of seven selenoproteins increased significantly at the 4th week (P < 0.01 or P < 0.001) and decreased at the 8th week (P < 0.01 or P < 0.001), compared to the C-Se group.

Effects of Se status on the selenoprotein synthesis related transcription factors in pancreas

The selenoprotein synthesis related transcription factors play an important role from Se to selenoprotein. We also screened reverse-transcribed pancreas cDNA libraries for six factors (Sps1-1, SBP2, SARS, SEPSECS, SECP43-1, PSTK) transcript expression using qRT-PCR array (Fig. 4). In the S-Se group, five factors (Sps1-1, SARS, SEPSECS, SECP43-1, PSTK) were not changed at the 4th week and six factors increased significantly at the 8th week (P < 0.01 or P < 0.001), compared to the C-Se group

Effects of supranutritional Se status on selenoproteomic expression spectrum

To determine the effects of supranutritional Se status on the hierarchy of selenotranscriptome expression in pancreas, we analysed the relative expression of transcripts for 24 chicken selenoproteins and six selenoprotein synthesis related transcription factors in C-Se, S-Se or E-Se group at the 4th and 8th week (Fig. 5). In the heatmap, the expressions of nine genes (Sepp1, Selt, Sel15, Selu, Gpx3, Gpx4, Selk, SBP2 and PSTK) in the E-Se group were up-regulated at the 4th week. The expressions of almost genes (except Selu, Gpx3, Gpx4, Dio1, Dio2, Dio3) in the S-Se group were also up-regulated at the 8th week. However, in the E-Se group at the 8th week, the expressions of numerous genes were significantly down-regulated (Fig. 5), compared to the C-Se group.

Discussion

Se plays important roles on maintaining the function of pancreas, and chicken is the animal whose pancreas is extremely susceptible to dietary Se.® Se deficiency elevates the level of plasma glucose and stimulates glucose uptake.¹⁵–¹⁷ Commission Implementing Regulation (EU, No 427/2013) reported that the maximum supplementation with organic selenium to 0.2 mg Se per kg complete feed for reasons of consumer safety and maximum content of total Se in feed of animal species is 0.5 mg kg⁻¹ of complete feed. Increased dietary Se content markedly reduced feed conversion ratio (FCR) as a result of significantly lower feed intakes of birds while maintaining the same weight gains.¹⁸ In the present study, supranutritional dietary Se affected the blood glucose concentrations in chicks and decreases the pancreatic Se contents. This work helps in understanding the mechanism of the appropriate Se supplementation increased the growth performance in chicken.

Pancreas represents a main structure to regulate glucose metabolism and homeostasis.¹⁹,²⁰ More and more studies have found dietary supranutritional Se can cause high glucose.¹⁶,¹⁸,¹⁹,²¹ Previous studies showed that Se administration to normal rats for 4 weeks caused a significant increase in blood glucose level.²² In this study, dietary supranutritional Se (≤3.0 mg kg⁻¹) decreased the blood glucose in chicks and elevated the weight gains. The pancreatic Se content was changed in the chicks fed with supranutritional Se diet. However, dietary excess Se (≥5.0 mg kg⁻¹) increased the blood glucose and decreased the final body weight compared to the normal Se level. Excess Se significantly increased the pancreatic Se content. Those data suggested that the appropriate Se supplementation improved the weight gains and growth performance via affecting the blood glucose level and the pancreatic Se content in birds.

Se can protect the pancreas by enhancing antioxidant enzyme (SOD, CAT, T-AOC) activities and significantly reducing...
pancreas lipid peroxides. Thus Se is able to neutralize ROS and prevent cellular components from oxidative damage. In this study, dietary supranutritional Se increased significantly CAT and T-AOC levels and decreased the H$_2$O$_2$ and MDA content in pancreas, which suggested that the pancreatic antioxidant system against oxidative stress was strengthened. Here, we observed that T-AOC or CAT activity was decreased and H$_2$O$_2$ or MDA content was increased in the pancreas of chicks fed dietary excess Se. This result was consistent with the outcomes of previous investigations in pancreas. The elevated
Se, an essential trace element, is incorporated into selenoproteins that play a crucial role in animal health. It can regulate the concentration and activity of selenoproteins, but also regulate the amount of the corresponding mRNA expression. Se exerts most of its known biological functions through selenoproteins, many of them being antioxidant enzymes. As we all know, the Gpxs have the antioxidant function via reducing the content of peroxides in the body. The Txnrs play an important role in regenerating antioxidant system, gene expression, cell viability, and proliferation. And, Dios are indicated to regulate the activity of the thyroid hormone. In addition, other selenoproteins are transmembrane glycoproteins and play a key role in redox homeostasis and cell protection against oxidative stress. Prior studies indicated that Se deficiency influenced the expressions of 24 selenoproteins, such as Txnrd1, Sels, Selu, Sepx1, Sepw1 in the immune system, pancreas of chickens.

In the present study, we mainly studied the effect of dietary Se status on the expressions of all 24 selenoproteins in pancreas. The supranutritional Se intake increased mRNA levels of most selenoproteins in the chickens. These results confirm that appropriate Se content is contributed to protect pancreatic function through overproduction of selenoprotein activity diminishes intracellular ROS. This mechanism is different from the reports about the mammals, such as rats. It is unique for this study to illustrate the effect of the Se status and a continued supranutritional Se intake on chicken. However, excess Se diet reduced the expressions of almost 24 selenoproteins in pancreas and influenced the levels of antioxidative selenoproteins and then destroyed the function of the pancreas. Overall, our findings reveal a realistic risk of prolonged excess Se intake and argue against nondiscretional Se supplements for Se-adequate subjects.

Several studies have been conducted that examined the expression of selenoprotein transcripts, primarily with a focus on the impact of Se deficiency, but also with data on expression in Se-adequate chicks. In this study, the mRNA abundances of seven selenoproteins (Gpx3, Gpx4, Selk, Selt, Sepp1, Selu, Sel13) in pancreas were the highest among 24 avian selenoproteins. Noting, Sepp1 mRNA was most highly expressed in pancreas. Sepp1 is closely related to glucose metabolism, high glucose concentrations dose-dependently suppressed the Se-induced elevation of Sepp1 mRNA level. The high glucose induced by the excess Se diet in the chick was associated with a consistent downregulation of mRNA levels of these selenoproteins levels. Although the roles of Gpx3, Gpx4, Selk, Selt and Sel15 in glucose metabolism or diabetes have not been reported, these selenoproteins may play crucial roles in chicken pancreas. In addition, most of these affected selenoproteins preserve the antioxidative function. Thus, the decreased antioxidative selenoproteins may disturb the balance between oxidant and antioxidant agent and induce oxidative stress and oxidative damage.

In this study, the expressions of eight selenoproteins were increased at the supranutritional concentration of Se in chicken pancreas. It revealed that the eight selenoproteins which had higher hierarchy might exert important influences to resist diseases.

centimations of H₂O₂ can damage pancreatic cells, influence insulin release and signalling, and alter glucose metabolic processes. It is concluded that Se can influence the steady-state level of H₂O₂. CAT is more important in protecting against severe oxidative stress. In this study, these data of CAT and H₂O₂ suggested that the levels of reactive oxygen species were beyond the limit of antioxidant abilities. The concern about the relationship between Se and high glucose is that there may be adverse effects of excess Se supplementation, given that pancreatic antioxidant ability is decreased.
SBP2, SEPSECS, SECP43-1 and PSTK at the 4th week and dietary excess Se increased significantly at the 8th week. These results suggested that the levels of selenoprotein expression can be regulated by dietary Se via affecting the selenoprotein synthesis related transcription factors (Fig. 6).

Conclusions

In conclusion, dietary Se level could modulate the growth performance via affecting the blood glucose level and the pancreatic function. Supranutritional Se status could increase the growth through downregulating the blood glucose level in chicken. Excess Se status could inhibit the growth through upregulating the blood glucose level in chicken. Se contributions of chicken growth and the regulation of blood glucose are associated with the pancreatic redox homeostasis via modulated selenotranscriptome in chickens (Fig. 6).

Competing interests

The authors declare there are no competing interests.

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