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Real-time and label-free impedimetric analysis of the formation and drug testing of tumor spheroids formed *via* the liquid overlay technique

Kin Fong Lei,^{*abc} Bo-Yuan Lin^a and Ngan-Ming Tsang^{*cd}

To achieve high clinical relevance of drug testing, a spheroid culture model is generally used for a standard assay of early tumors. Currently, the quantification of tumor spheroids is generally based on imaging techniques and conventional bioassays. However, additional processing and sophisticated instrumentation are required, which makes high throughput screening infeasible. In this study, tumor spheroids were formed on a thin layer of non-adherent surface (agarose hydrogel), and their responses were monitored by impedance measurements across the interdigitated electrodes fabricated below the hydrogel. The impedance magnitude change was defined as an index to describe the summation effect of the number and size of tumor spheroids. Real-time and label-free impedimetric analysis of the formation and chemosensitivity of tumor spheroids was demonstrated. The technique has the simplicity of device fabrication and experimental processing. Real-time and quantitative assessment could be realized for a routine tool of a spheroid culture.

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1. Introduction

In the discovery and development of anticancer drugs, a success rate as low as 6% has been reported.¹ The two-dimensional (2D) cell culture model in which tumor cells grow as a monolayer on glass and plastic substrates is generally adopted and has low predictive value for clinical efficacy.² In recent years, it was reported that using this conventional culture model, it is difficult to mimic the behavior of solid tumors *in vivo*.³ Tumor cells cultured in a three-dimensional (3D) environment are thought to be more physiologically relevant to tumor microenvironment.⁴ Cells proliferate to form multicellular spheroids suspended in a 3D environment during the culture course. One of the most important differences is that tumor spheroids have higher drug resistance than cells in a monolayer.^{5,6} Consequently, drug testing based on the culture of tumor spheroids has attracted extensive attention and achieved greater predictive capacity.⁷

In spheroid culture models, one of the commonly used methods is to trap and culture tumor cells in the extracellular matrix (hydrogel scaffold). Multicellular tumor spheroids are gradually formed in a 3D environment.^{8,9} However, this method involves the complex interplay of cells, extracellular matrices, and

interstitial fluids. Alternatively, to simplify experimental processing, other spheroid culture methods¹⁰ have been reported including liquid overlay technique,¹¹ hanging drop method,¹² and microfluidic-based methods.^{13,14} Drug testing on tumor spheroids could be performed based on these existing techniques. Generally, analysis of the responses of drug-treated tumor spheroids is based on an imaging approach. The number and size of the tumor spheroids are manually measured under a microscope during the culture course.^{15,16} However, the measurement is subjective and unreliable because of the irregular shape of the spheroids after drug treatment. Moreover, cytotoxicity analysis is conducted by the fluorescence staining method.^{17,18} However, fluorescence dyes often have the problem of non-uniform diffusion into the center of the tumor spheroids. This leads to inaccurate results of drug testing. Alternatively, some research groups utilized conventional bioassays such as MTT assay and flow cytometry to analyze tumor spheroids.^{19–21} These drug efficiency analyses often require additional processing and sophisticated instrumentation, which makes high throughput screening infeasible.

In the past few decades, an impedance measurement technique was applied to quantitatively monitor cellular responses, such as proliferation, migration, and invasion, in a real-time and label-free manner.^{22–31} A comparison of impedimetric analysis of the cellular responses is summarized in Table 1. Most of these studies focused on the cells cultured as a monolayer.^{23–29} Electrodes fabricated on a surface were used and had the advantages of simplicity in terms of device fabrication and experimental processing. Moreover, commercial equipment, such as xCELLigence from ACEA Biosciences and ECIS Z from Applied BioPhysics, were available for real-time monitoring of

^aGraduate Institute of Medical Mechatronics, Chang Gung University, Taoyuan, Taiwan. E-mail: kflel@mail.cgu.edu.tw; Tel: +886-3-2118800 ext. 5345

^bDepartment of Mechanical Engineering, Chang Gung University, Taoyuan, Taiwan

^cDepartment of Radiation Oncology, Chang Gung Memorial Hospital, Linkou Branch, Taiwan. E-mail: vstsang@cgmh.org.tw; Tel: +886-3-3281200 ext. 7140

^dSchool of Traditional Chinese Medicine, Chang Gung University, Taoyuan, Taiwan


Table 1 Summary of impedimetric analysis of the cellular responses

Reference	24	25	26	30	31
Cell type	CV-1 and LS174T	BM-1	BM-1	Huh-7	Huh-7
Real-time	Yes	Yes	Yes	Yes	No
Culture format	2D culture			3D culture	Colonies
Electrode structure	Interdigitated planar electrode	Planar electrode		Parallel plate electrode	
Application	Cell growth and behavior	Cell invasion	Cell migration	Cell growth and chemosensitivity	Colony formation and chemosensitivity

cellular response in a 2D culture model. A number of demonstrations have been reported using this equipment.^{27–29} It is generally agreed that impedimetric analysis provides a convenient and reliable measurement approach for cell-based assays. However, the abovementioned examples consider only a 2D culture model; few studies have attempted to apply impedance measurement technique in a spheroid culture system. Recently, our previous study reported a quantification of the responses of individual cells encapsulated in agarose hydrogel.³⁰ A pair of parallel plate electrodes was utilized to measure the total impedance change of the cells/hydrogel construct. However, tumor spheroids could only be cultured from individual cells encapsulated and cultured in soft hydrogels, such as methyl cellulose (MC), because the stiffness of the hydrogel determines the selection and growth of tumorigenic cells.⁹ However, the impedance of MC was too low and a leakage current was induced. This makes the total impedance change in the spheroids/MC construct not sensitive to the responses of tumor spheroids. Hence, impedimetric quantification of tumor spheroids was demonstrated by collecting a small volume (50 μL) of spheroids/MC construct and then mixing it with agarose hydrogel for impedance matching.³¹ The mixture was loaded onto a biosensor embedded with a pair of parallel plate electrodes for the end-point measurement. The shortcomings of this technique were as follows: an increase in processing complexity and the sacrifice of cultured spheroids. Real-time and label-free impedimetric analysis of the drug testing of tumor spheroids has not been explored to date.

Tumor spheroids cannot be suspended and cultured in the soft hydrogel; to overcome these challenges, the liquid overlay technique¹¹ was adopted to form spheroids on a non-adherent surface in this study. Tumor cells were seeded and cultured on a thin layer of agarose hydrogel (a non-adherent surface). Tumor spheroids were gradually formed on the hydrogel surface and their responses were quantified by impedance measurements across a pair of interdigitated electrodes fabricated under the hydrogel. The proliferation of tumor spheroids could be correlated by the impedance change across the electrodes. In addition, drug testing on tumor spheroids was demonstrated and the dynamic responses under the application of anticancer drugs in different dosages were quantitatively monitored. In conclusion, the technique allows for simple device fabrication and experimental processing. It provides quantitative and objective information to describe the real-time responses of tumor spheroids for higher predictive clinical efficacy.

2. Materials and methods

2.1 Cell culture

Human hepatoma cells (cell line: Huh7) were kindly provided by Prof. I-Chi Lee at Chang Gung University, Taiwan. The culture medium was Dulbecco's modified eagle medium (DMEM) supplemented with 10% fetal bovine serum (FBS; Invitrogen, USA) and antibiotic/antimycotic (100 U mL^{-1} of penicillin G sodium, 100 mg mL^{-1} of streptomycin, and 0.25 mg mL^{-1} of amphotericin B; Gibco-BRL Life Technologies, USA). The cells were amplified by a standard cell culture technique and trypsinized using 0.05% trypsin for 3 min, centrifuged at 1200 rpm for 5 min, and resuspended in the culture medium for further experiments. The number of individual cells was counted using an automated cell counter (Model: Countess II FL; Invitrogen, USA).

2.2 Tumor spheroids formed *via* the liquid overlay technique

The liquid overlay technique was adopted to form tumor spheroids on the hydrogel surface. Agarose hydrogel was used and prepared by mixing 0.5% (w/v) agarose powder (Cat No. 50004; Lonza, USA) in the culture medium. After sterilization in an autoclave at 121 $^{\circ}\text{C}$ under 100 kPa for 20 min, the agarose hydrogel was applied to the culture chamber and it formed a thin non-adherent surface on the bottom of the chamber. The 10^4 cells suspended in the culture medium were then loaded to the culture chamber and cultured in a 5% CO_2 humidified incubator at 37 $^{\circ}\text{C}$ (Model: 370; Thermo-scientific, USA). Tumor spheroids were gradually formed on the hydrogel surface during the culture course.

2.3 Exposure of tumor spheroids to anticancer drugs

In this study, tumor spheroids were gradually formed on the hydrogel surface in the culture chamber after 2.5 day culture. Starting from the sixtieth hour (2.5 days), 20 μL of culture medium containing the anticancer drug doxorubicin (Sigma, USA) at the desired dosage was applied to the chamber every 24 h. Doxorubicin induces cell apoptosis and is a commonly used anticancer drug to treat a wide range of cancers.²⁹ The responses of the tumor spheroids were quantitatively investigated based on the drug dosage.

2.4 Impedimetric analysis of the responses of tumor spheroids

A biochip composed of 10 culture chambers embedded with interdigitated electrodes was developed for the impedimetric



analysis of the responses of tumor spheroids. An image of the biochip is shown in Fig. 1(a). The biochip consisted of 2 layers including a polydimethylsiloxane (PDMS; Sylgard® 184, Dow Corning, USA) layer constructing 10 culture chambers and a glass substrate with 10 pairs of Cr/Au (300/2000 Å) interdigitated electrodes. The size of each chamber was 5 mm in height and 6.8 mm in diameter. In each chamber, a pair of interdigitated electrodes was fabricated on the bottom surface and consisted of 23 electrode fingers, as shown in Fig. 1(b). The electrode finger was 150 μm in width with a 100 μm gap in between, as shown in Fig. 1(c). A pair of electrical contacts was extended to the edge of glass substrate for connection to the impedance analyzer. The PDMS layer was fabricated *via* soft lithography and the electrodes were fabricated *via* standard microfabrication techniques. Briefly, a 300 Å chromium layer and a 2000 Å gold layer were respectively coated on a clean glass substrate *via* thermal evaporation. Photolithography and Cr/Au etching were respectively performed to fabricate the electrodes. Finally, the glass substrates were cleaned by oxygen plasma and bonded with the PDMS layer. Before the experiment, the biochip was washed and sterilized *via* ultraviolet light overnight. A thin layer of agarose hydrogel was then coated on the bottom of the chamber. Obviously, the thickness of the hydrogel

directly influenced the sensitivity of the measurement. The cells suspended in the culture medium were then pipetted in the culture chamber and cultured in an incubator. Tumor spheroids were gradually formed on the hydrogel surface during the culture course. Schematic for the formation of tumor spheroids based on a liquid overlay technique is shown in Fig. 1(b). During the culture course, impedance measurements across the interdigitated electrodes were performed using an impedance analyzer (Model: VersaSTAT 4; Princeton Applied Research, USA). A potential of 0.1 Vrms was applied across the electrodes and the impedance spectrum was obtained from 100 Hz to 100 kHz. Since the agarose hydrogel was controlled to be thin, the change in the impedance magnitude measured across the electrode was sensitive to the responses of the tumor spheroids. An index of magnitude change was defined to describe the summation effect of the number and size of tumor spheroids.

2.5 Quantification of tumor spheroids based on a conventional bioassay

To validate the impedance measurement approach, conventional bioassay was used to quantify the response of the tumor spheroids. The bioassay analyzes the indicative cellular components to

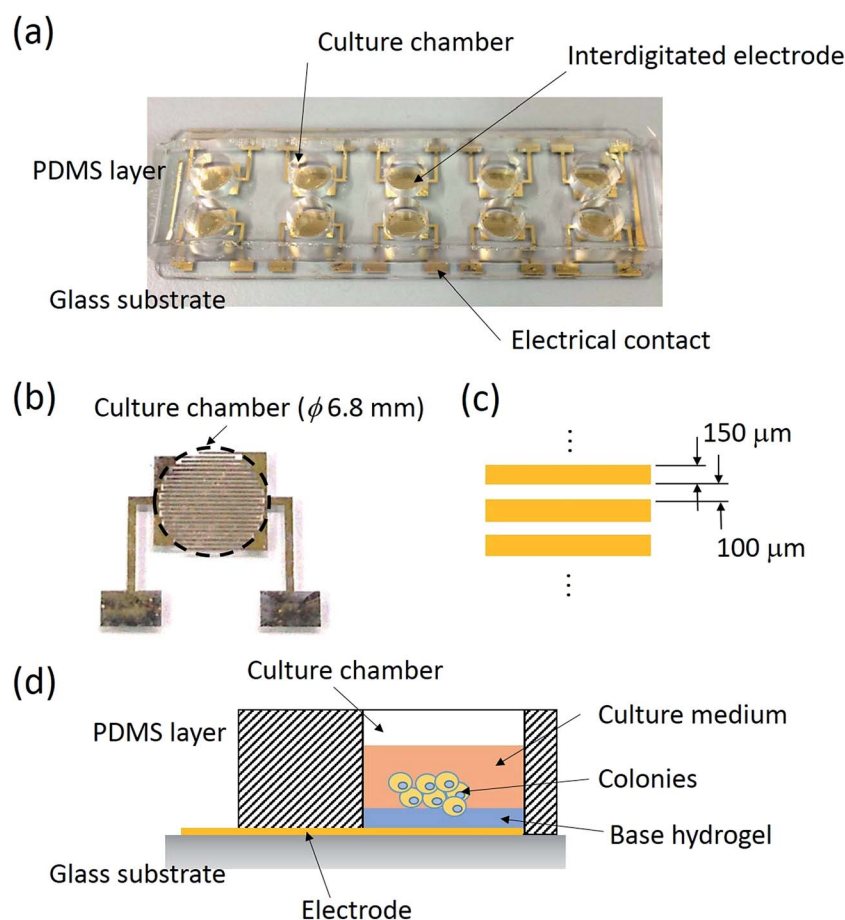


Fig. 1 (a) An image of the biochip. (b) An image of the top-view of a pair of interdigitated electrodes. The dashed circle indicates the location of the culture chamber. (c) Schematic of the dimensions of the electrodes. (d) Schematic for the formation of tumor spheroids based on a liquid overlay technique. Tumor spheroids were formed on the hydrogel surface.



estimate the cell number. A WST-1 assay (Roche Applied Science, USA) was used in this study. The reagent reacts with the respiratory chain of mitochondria and the color intensity of the reacted product directly correlates with the number of viable cells. To quantify the tumor spheroids, they were collected at days 0, 1, 3, and 5 and then broken into individual cells by manual pipetting. Note that 12 identical cultures were prepared for 4 quantification points with 3 repeated measurements because the conventional bioassay requires sacrifice of the culture. Next, the reagent at the volume ratio of 1 : 10 was applied to the cells and incubated for 1.5 h. The color intensity of the reaction product is represented by optical intensity read by a microplate reader (Model: ELx800; BioTek Instruments, Inc., USA) at the absorbance of 440 nm with the reference wavelength of 660 nm. Therefore, the number of individual viable cells could be correlated with the optical intensity.

3. Results and discussion

3.1 Optimization of the conditions of impedimetric analysis

In most studies, a spheroid culture was performed *via* culturing the tumor cells in a 3D environment by total encapsulation in a soft hydrogel.^{8,9} However, because of the issue of impedance matching, the sensitivity of impedimetric analysis is unacceptable for directly quantifying the tumor spheroids suspended in a soft hydrogel.²⁸ In this study, the liquid overlay technique was adopted to realize the real-time and label-free analysis of the response of tumor spheroids. To characterize the detection sensitivity, two measurement conditions were investigated including the measurement frequency and thickness of the agarose hydrogel coated on the bottom of the culture chamber. The cells at different cell numbers were applied to the culture chambers coated with 20 μL of agarose hydrogel. The thickness of the hydrogel was determined by the pipetted volume. A 20 μL of agarose hydrogel was the minimal volume to form the thinnest layer without cell adherence on the chamber. After 6 h of stabilization, impedance measurements were performed to study the correlation between the impedance magnitude and the cell number at different measurement frequencies of 1, 5, and 10 kHz, as shown in Fig. 2(a). A frequency of 1 kHz showed the highest sensitivity (slope of the linear approximation line) and acceptable linearity (R -squared value of the linear approximation line). Frequencies below 1 kHz were unacceptable because of the low signal-to-noise ratio (data not shown). Based on the measurement frequency of 1 kHz, the correlations under different thicknesses of agarose hydrogel, such as 20, 30, and 40 μL , are shown in Fig. 2(b). Generally, the sensitivity increased with the decreasing thickness of agarose hydrogel. Therefore, the optimized measurement conditions of 1 kHz and 20 μL of hydrogel were found to well describe the correlation between the impedance magnitude and cell number in this setup.

3.2 Impedimetric analysis of the formation of tumor spheroids

Tumor spheroids were gradually formed on the hydrogel surface during the culture course of 5 days. A sequence of

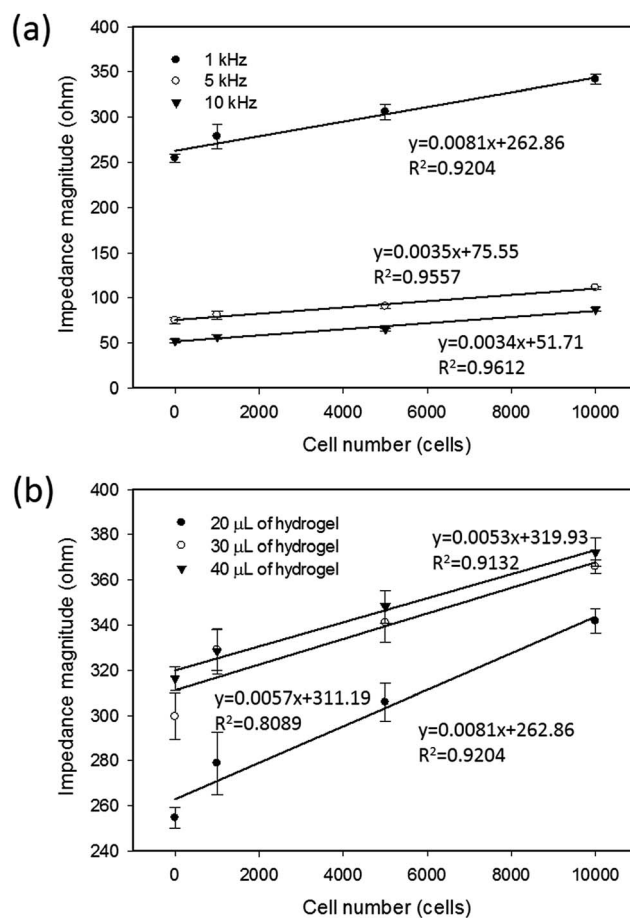


Fig. 2 Correlations between the impedance magnitude and cell number under (a) different measurement frequencies of 1, 5, and 10 kHz and (b) different thicknesses of hydrogel formed by 20, 30, and 40 μL of agarose hydrogel. The error bars represent the standard deviation of 3 repeated measurements.

microscopy images for the formation process is shown in Fig. 3(a). The cells with the diameter of around 10 μm proliferated and gradually formed tumor spheroids with a diameter over 200 μm during the culture course. As observed from the microscopy images, the sizes of the tumor spheroids were different, especially after day 4. When tumor spheroids became large, the size variation was significant. Conventional microscopic counting of tumor spheroids was challenged to have objective and accurate results. Hence, impedance measurement was concurrently conducted every 24 h to quantitatively monitor the formation process. The frequency spectra of the impedance magnitude during the culture course are plotted in Fig. 3(b). It was observed that the equivalent electric circuit of the lumped system was roughly represented by the resistor and capacitor in parallel. As the spheroid proliferated, the impedance magnitudes over the spectrum increased with time. This indicates that most of the contributions were from the increase in the resistance component. This suggests that the tumor spheroids are insulated elements and the formation process can be monitored by impedance measurements. Therefore, magnitude change at the measurement



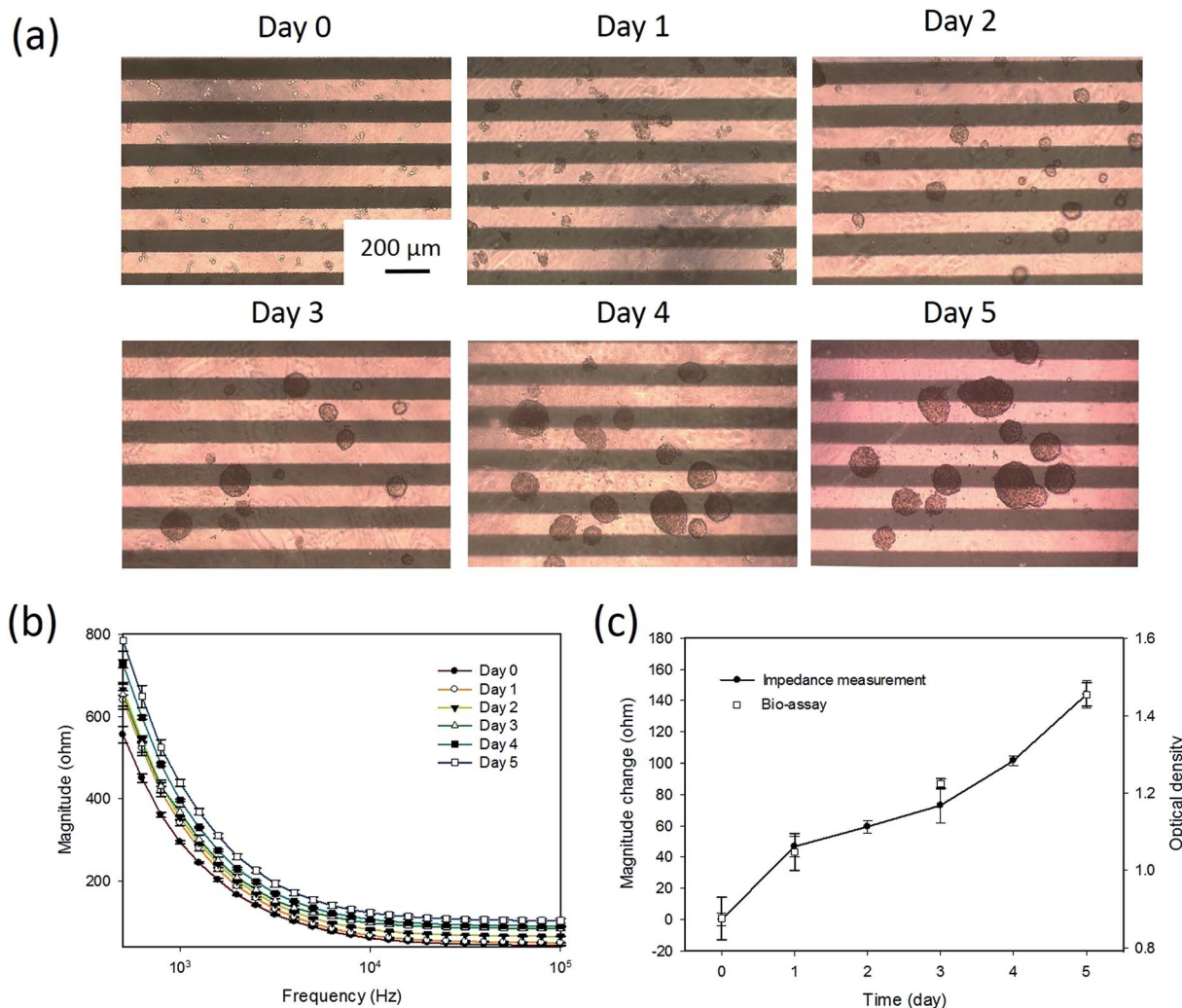


Fig. 3 Impedimetric analysis of the formation process of tumor spheroids. (a) A sequence of microscopic images for the formation process of tumor spheroids during the culture course of 5 days. The parallel bars are the electrodes. (b) Frequency spectra of the impedance magnitude during the culture course. (c) Magnitude change defined as the index for the description of the formation process of tumor spheroids during the culture course. A conventional bioassay was conducted at days 0, 1, 3, and 5 to validate the impedimetric results. Error bars represent the standard deviations of 3 repeated measurements.

frequency of 1 kHz was defined as an index to describe the formation process of tumor spheroids, as shown in Fig. 3(c). Compared to the images shown in Fig. 3(a), the image shown in Fig. 3(c) could quantitatively represent the summation effect for the increase in the number and size of tumor spheroids. This is because an increase in cell number induces an increase in the impedance magnitude, as shown in Fig. 2. An increase in the spheroid size also induces an increase in impedance magnitude because the tumor spheroids are insulated elements. In addition, a conventional bioassay was conducted at days 0, 1, 3, and 5 to validate the impedimetric results. A high correlation was found between the results generated from impedance measurement and bioassay. This technique was shown to provide quantitative and objective information to describe the formation process of tumor spheroids in a real-time and label-free manner.

3.3 Impedimetric analysis of drug testing of tumor spheroids

In this study, tumor cells were cultured on the hydrogel surface and tumor spheroids were gradually formed in the initial 2.5 days of the culture course. Then, starting from the sixtieth hour (2.5 days), culture media containing doxorubicin at different dosages of 0 (control), 10, 50, and 250 $\mu\text{g mL}^{-1}$ were added to the culture chambers every 24 h. Microscopic images of the tumor spheroids were obtained and are shown in Fig. 4. Inhibition of the growth of tumor spheroids was observed in proportion to the drug dosage. During the culture course, impedance measurements were conducted every 12 h to quantitatively analyze the responses of tumor spheroids in a real-time and label-free manner, as shown in Fig. 5. Generally, the chemosensitivity of tumor spheroids was shown to be dose-dependent. The dynamic responses of tumor spheroids were



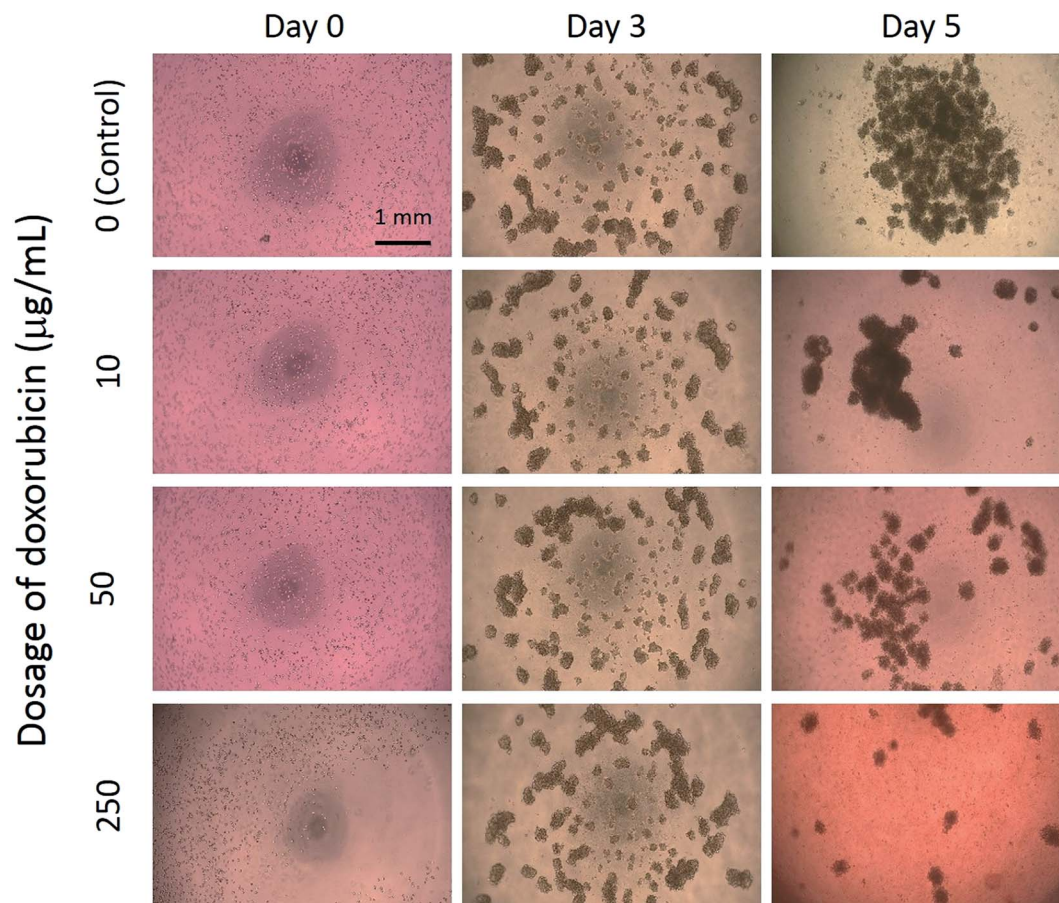


Fig. 4 Microscopic images of tumor spheroids exposed to an anticancer drug at different dosages of 0 (control), 10, 50, and 250 $\mu\text{g mL}^{-1}$.

obtained and these provided further information of drug efficacy as compared to conventional end-point assays. The results indicated that the growth of tumor spheroids was inhibited by adding the drug at 50 $\mu\text{g mL}^{-1}$ and the apoptosis of tumor

spheroids was induced by adding the drug at 250 $\mu\text{g mL}^{-1}$. In addition, the relationship between the magnitude changes at day 5 and the drug doses of 0, 10, 50, 250, and 1000 $\mu\text{g mL}^{-1}$ are plotted in Fig. 6. Herein, the cell viability of 100% was obtained on the 5th day of culture without the addition of the drug. In contrast, a cell viability of 0% was obtained on the 5th day of

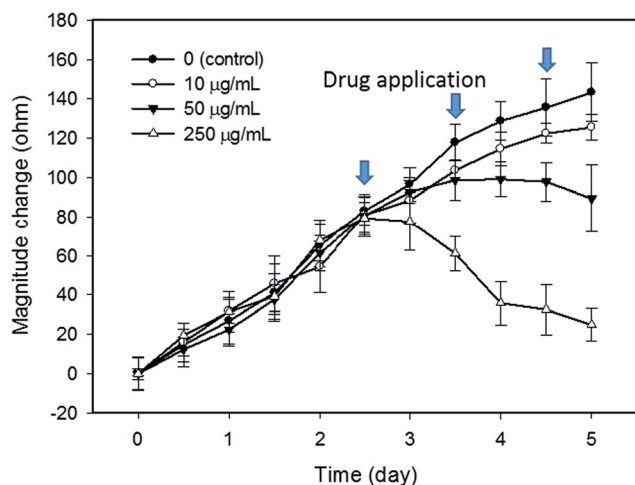


Fig. 5 Impedimetric analysis of tumor spheroids exposed to an anticancer drug at different dosages of 0 (control), 10, 50, and 250 $\mu\text{g mL}^{-1}$. The error bars represent the standard deviations of 3 repeated measurements.

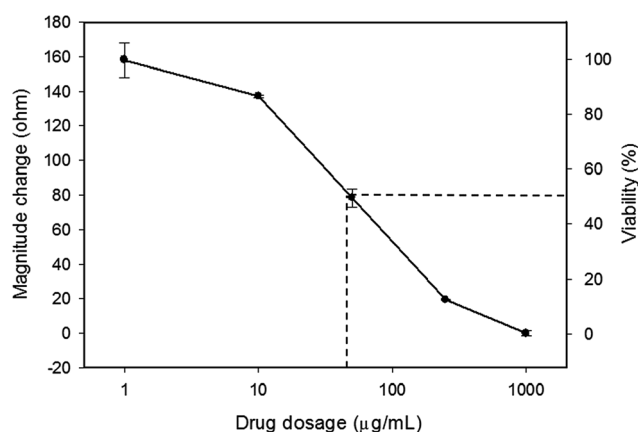


Fig. 6 Dose-response curve of the tumor spheroids after a 5 day culture. The error bars represent the standard deviations of 3 repeated measurements.



culture containing the drug in $1000 \mu\text{g mL}^{-1}$ (very high dose). Based on the dose–response curve, the IC_{50} value, which is an important indicator for a chemosensitivity assay, was calculated to be $50 \mu\text{g mL}^{-1}$. The results confirmed the high drug resistance of the tumor spheroids. This agreed with previous studies reporting that tumor spheroids are more resistant to cytotoxic agents.^{5,6} Compared to that of the cells cultured in a conventional 2D environment, the IC_{50} value obtained for the cells cultured in this study was much higher.³² Impedimetric analysis of drug testing of tumor spheroids was demonstrated and it showed the feasibility for a quantitative chemosensitivity assay in a real-time and label-free manner.

4. Conclusions

In this study, real-time and label-free impedimetric analysis of drug testing of tumor spheroids was successfully demonstrated using interdigitated electrodes. The response of tumor spheroids cultured on a hydrogel surface was well described by the change in impedance magnitude across the electrodes located below the hydrogel. Using a similar hardware setup of commercially available equipment, the impedance measurement could monitor the cellular response from monolayer to 3D spheroid after a thin layer of agarose hydrogel was coated on the electrodes. This approach for analyzing tumor spheroids has the simplicity of processing (without hydrogel encapsulation of cells) and real-time quantification. A higher acceptance of this technique by biologist compared to that of the hydrogel encapsulation of cells is expected. An accurate and informative assessment is important for the drug testing of tumor spheroids and achieving higher success rate for the discovery and development of anticancer drugs.

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