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1. Introduction

Effective cryopreservation is an important practical problem not only in medicine, but also in the pharmaceutical and food industries. A major drawback of cryopreservation is that ice crystallization during the freezing process can significantly damage the cells which then lose viability after thawing.¹⁻⁴ The freezing process is very complex, and the behaviour of water in both its liquid and frozen states is strongly affected by added substances.²⁻⁴

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Theoretical and experimental study of the antifreeze protein AFP752, trehalose and dimethyl sulfoxide cryoprotection mechanism: correlation with cryopreserved cell viability⁺

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In this work the physico-chemical properties of selected cryoprotectants (antifreeze protein TrxA-AFP752, trehalose and dimethyl sulfoxide) were correlated with their impact on the constitution of ice and influence on frozen/thawed cell viability. The freezing processes and states of investigated materials solutions were described and explained from a fundamental point of view using *ab initio* modelling (molecular dynamics, DFT), Raman spectroscopy, differential scanning calorimetry and X-ray diffraction. For the first time, in this work we correlated the microscopic view (modelling) with the description of the frozen solution states and put these results in the context of human skin fibroblast viability after freezing and thawing. DMSO and AFP had different impacts on their solution's freezing process but in both cases the ice crystallinity size was considerably reduced. DMSO and AFP treatment in different ways improved the viability of frozen/thawed cells.

In the presence of cryoprotectants, cells can be recovered from temperatures at almost two hundred degrees below the freezing point of water due to application of specific materials – cryoprotectants. Cryoprotectants affect many processes which take place outside and inside frozen and thawed cells at various levels.¹⁻⁴ Recent studies have addressed cell survival after cryopreservation but have not correlated the effectiveness of cryoprotection with the freezing mechanism. In this work we focused on frozen/thawed cell protection induced by altering the freezing/thawing conditions and processes resulting namely in different sizes of frozen solution ice crystals.⁵⁻¹⁰

From thermodynamic point of view there are two classes of substances that can modify the water freezing. Compounds from the first class (dimethyl sulfoxide, trehalose) affect the thermodynamics of the freezing process. Materials from the second category (antifreeze proteins) block ice formation based on the kinetic factors.¹⁻³

In this work we explored the difference in ice crystal formation and cells viability when different cryoprotectants were applied. We examined properties of frozen/thawed dimethyl sulfoxide (DMSO), trehalose, the antifreeze protein TrxA-ApAFP752 (AFP) and DMSO + trehalose solutions both experimentally and theoretically using X-ray diffraction (XRD), Raman spectroscopy, differential scanning calorimetry (DSC), molecular dynamics and *ab initio* modelling.^{4,11–29} For the first time, in this work we correlated the microscopic view (modelling) with the description of the frozen solution states (XRD,

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Raman spectroscopy, DSC)²⁷ and put these results in the context of human skin fibroblasts viability after freezing and thawing.^{28,29} Correlating cell viability and the influence of cryoprotectants on the ice constitution, we identified important characteristics of materials that induce cell cryoprotection. Results of this interdisciplinary theoretical and experimental work lead to deeper understanding of the complex freezing/ thawing processes, which will contribute to the rational design of cryofunctional materials.³⁰

2. Materials and methods

2.1 Cryoprotectant solutions, cells processing

Cryoprotection experiments in live cells were performed on certified normal human skin fibroblasts (NHDF) obtained from CLS Cell Line Service GmbH (Eppelheim, Germany). Cells were grown at 37 °C in humidified atmosphere with 5% CO₂ in DMEM medium (PAN Biotech, Aidenbach, Germany, cat. no.: P03-0710) supplemented with 10% foetal calf serum (FCS; PAA Laboratories GmbH, Pasching, Austria) and standard antibiotics (1% penicillin + streptomycin; stock solution mixture 10 000 U mL⁻¹ penicillin + 10 mg mL⁻¹ streptomycin; PAN Biotech, cat. no.: P06-07100). The cells obtained (at passage 2) were multiplied and frozen, and the "young" passages 5 and 6 used for experiments to prevent possible accumulation of chromosomal aberrations and mutations and their potential effects on results.

Flow cytometry was used to quantify survival and apoptosis in cells that were frozen with or without cryoprotectants. The Muse® Cell Analyser (Merck Millipore) and Muse® Annexin V & Dead Cell Assay Kit (MCH100105, Millipore), which can discriminate between live, early apoptotic, late apoptotic/ necrotic and dead cells, were used according to Hofer *et al.*²⁵ To allow the cells to enter apoptosis, flow cytometry measurements were performed 24 h after the cryoprotectant treatment (in the case of non-frozen cells) or after thawing (in the case of frozen cells).

Cells were frozen by cooling to -80 °C using a gradient of -1 °C min⁻¹ in standard medium (untreated cells). Cryoprotectant treated cells were incubated prior to cooling (to -80 °C using a gradient of -1 °C min⁻¹) in standard medium containing either trehalose for 24 h, in DMSO for 2 min or in AFP for 2 h (Table 1). Details of expression and purification of recombinant TrxA-ApAFP752 (AFP) fusion protein are in the ESI section.†

 Table 1
 Cryoprotectants solutions used for flow cytometry

Sample	Composition
DMSO	DMSO 10% (w/w) in DMEM
	(cell culture) medium
DMSO +	DMSO 10% (w/w) + 100 mM trehalose 3.2% (w/w) in
trehalose	DMEM (cell culture) medium
AFP	0.5 mg mL ⁻¹ in DMEM (cell culture) medium
Trehalose	3.2% (w/w) (100 mM trehalose in
	DMEM (cell culture) medium

For XRD and Raman spectroscopy experiments, aqueous solutions of DMSO and trehalose or DMSO and trehalose PBS solutions containing 50 mM sodium phosphate and 50 mM NaCl in DI water at pH 8.0 (phosphate buffered saline, PBS) were used – Table 2. We also measured the fusion TrxA-ApAFP752 antifreeze protein: 6.85 μ M TrxA-ApAFP752 with PBS dissolved in DI water (AFP solution). The p-(+)-trehalose dihydrate and the dimethyl sulfoxide (DMSO) were purchased from Sigma-Aldrich. Deionized water for preparation of solutions was purified by Milli Q Plus system (Millipore), having a resistivity 18.2 M\Omega cm (25 °C).

2.2 X-ray diffraction

The X-ray diffraction (XRD) measurements were performed using a DCS 350 dome-type temperature chamber from Anton-Paar mounted on a Bruker D8 horizontal diffractometer equipped with a 12 kW copper rotating-anode. Each liquid specimen was inserted in an aluminium cuvette, covered with 5 µm Mylar foil and sealed by tightening a steel ring over the foil. The incident beam was collimated using a Goebel mirror with a divergence of around 0.02° in the horizontal direction and around 4° in the vertical direction. For all specimens, $\omega - \chi$ mapping was performed using the 110 reflection of hexagonal ice. The detector was kept at a 2θ angle of 39.85°, leading to an effective integration angle of $\pm 0.15^{\circ}$ in 2θ . The angle of incidence (horizontal tilt) varied from 5° to 35° (by 0.02° steps), and the vertical inclination was varied from -4° to $+16^{\circ}$ (by 2° steps). The whole map covers a solid angle of 0.12 sr. Since the two nearest (110) crystallographic planes are inclined 60°, none of the diffracting crystals can be recorded twice in the range of the map, and the probability of any randomly-oriented ice crystal being recorded in the map trough of one of its six equivalent {110} planes is about 5.8%. The quality of the statistics was thus affected by the number of observed crystallites, and it should be kept in mind that they represent only 1/17 of the entire statistical ensemble. Each map was acquired over 90 min at a constant temperature.

Concerning the size of the ice crystals in frozen solutions, we performed a specimen-to-specimen relative comparison using the diffraction intensity distribution.^{31,32}

Based on the assumption that the angular profile of the intensity of diffracting crystal is normal (Gaussian), we can deconvolute the diffracting volume distribution from the distribution of levels of equal intensity to the expected number of peaks that created such a distribution. The theoretical distribution of levels of equal intensity for non-overlapping Gaussian peaks with the same peak intensity is a stepfunction on a logarithmical x-scale (*i.e.*, equal to one below the peak intensity value and zero above it if only a single crystal size was observed), which was shown using a simulation of a hundred random Gaussian peaks with a maximum intensity of 3×10^5 cps and random noise of 1000 cps. The deconvolution represents decomposing the observed intensity histograms into a set of such step-functions, which represent the distribution of peak intensities. The simulated data proceeding through this deconvolution procedure exhibit the maximum distribution at

Sample	Composition
DMSO solution/DMSO PBS solution DMSO + trehalose solution/DMSO + trehalose PBS solution AFP solution	DMSO 10% (w/w) in DI water/PBS DMSO 10% (w/w) + 100 mM trehalose 3.2% (w/w) in DI water/PBS 0.05-1% (w/w) TrxA-ApAFP752, phosphate + NaCl in DI water, molar concentration of TrxA-ApAFP752: (71.34 μ M TrxA-ApAFP752 in 50 mM Na _x H _v PO ₄ buffer containing 50 mM NaCl)
Trehalose solution/trehalose PBS solution	3.2–41% (w/w) trehalose in DI water/PBS

the expected peak intensity level, being smeared by the effect of peak overlapping and added noise (the distribution therefore does not show only a single peak). The same procedure was applied on the experimental data to estimate the volume distribution of diffracting ice crystals.³¹

2.3 Theoretical modelling

In order to investigate the antifreeze activity of the selected cryoprotectants (DMSO, trehalose and ApAFP752) in aqueous solution, molecular dynamics simulations were performed using the GROMACS 4.5.5 software package13 and the AMBER99SB-ILDN force field.14 All molecular dynamics simulations were performed in explicit SPC/E water and under periodic boundary conditions. Long-range electrostatic interactions were calculated using the particle mesh Ewald method.15 The Berendsen thermostat was used in all simulations with a thermostat relaxation time of 0.1 ps at both room temperature (27 °C) and low temperature (-8 °C). After energy minimization and an equilibration phase of 100 ps, a production run of 10 ns was performed for each simulated system. The trehalose and DMSO residues, for which the parameters were not available in the Amber99SB-ILDN force field, were parameterized using the standard RESP procedure with charges derived from an HF/6-31G* calculation.¹⁶ In order to evaluate the strength of the interactions between individual components, the interaction energies between water molecules, DMSO molecules, trehalose molecules, trehalose/water molecules and DMSO/water molecules were also calculated. The 3D structure of ApAFP752 protein is not known, and we therefore used the 3D-JIGSAW (version 2.0) - online structure prediction program.17 The 3D geometry of ApAFP752 protein was created on the basis of homology modelling using a known 3D structure of Tenebrio molitor AFP named TmAFP (PDB ID: 1EZG),18 which has a 69% sequence homology to the ApAFP752 protein. The model refinement was performed using the YASARA program.¹⁹ Hydrogens were added automatically in GROMACS except for one amino acid (histidine), where the correct orientations and protonation patterns were derived from the chemical environment and the hydrogen bonding capabilities using an algorithm embedded in YASARA that is based on optimization of hydrogen bond networks combined with pK_a estimation. The initial geometry of trehalose was derived on the basis of the crystal structure prepared and measured by H. Nagase et al.20 The crystal structure of trehalose was gradient optimized by the DFT method using B3LYP-D3/6-31G*. The molecular dynamics

simulations were done for the following cases: (i) one trehalose sugar in a cubic simulation box with 500 water molecules, (ii) 56 DMSO molecules in a cubic simulation box with 2000 water molecules, (iii) four trehalose sugars and 56 DMSO molecules in a cubic simulation box with 2000 water molecules, (iv) ApAFP752 protein and two Cl⁻ ions were covered by a water layer (9043 molecules) in a cubic simulation box. The concentration of trehalose, DMSO, and mixture of trehalose and DMSO correspond to our experimental concentrations.

Hydrogen bonding facilitates cryoprotectant-water and water-water interactions in solution, and the dynamics and H-bonding characterize the freezing process of the cryoprotective solutions. The analysis of this behaviour includes the study of the hydrogen bond lifetime. The geometrical criterion that determines the existence of a hydrogen bond is specified as $r \leq r_{\rm HB}$ 0.35 nm and $\alpha \leq \alpha_{\rm HB} = 30^{\circ}$, where $r_{\rm HB}$ indicates the maximum distance between a donor and acceptor pair for a hydrogen bond within the maximum angle of 30°. The lifetime of the hydrogen bond is calculated from the H-bond time autocorrelation function of the existence criterion.

$$C_{\rm HB}(t) = \frac{\langle s_{\rm i}(t_0)s_{\rm i}(t)\rangle}{\langle s_{\rm i}^2(t_0)\rangle} \tag{1}$$

with $s_i(t) = (0,1)$ for a hydrogen bond i at time *t*. The hydrogen bond forward lifetime τ_{HB} can then be calculated by

$$\tau_{\rm HB} = \int_0^\infty C_{\rm HB}(t) \mathrm{d}t \tag{2}$$

which allows us to yield an estimate for the average existence time.^{21,22} In order to evaluate H-bond time autocorrelation function correctly, at every 0.1 ps we recorded the trajectory in our simulations.

In order to estimate the interaction potential between individual molecules included in our study we computed the interaction energy ΔE_{int} (BSSE) with inclusion of the basis set superposition error (BSSE) using the following equation:

$$\Delta E_{\text{int}} (\text{BSSE}) = E_{\text{dimer}} - (E_{\text{monomer1}} + E_{\text{monomer2}}) + E_{\text{BSSE}} \quad (3)$$

where E_{dimer} is an electronic energy of a dimer system, E_{monomer} is an electronic energy of monomer units and E_{BSSE} is a BSSE correction. The basis set superposition error was calculated using counterpoise corrections. Our computational procedure consisted of several steps: (1) gradient optimization of individual monomers with the B3LYP + D3/6-31G(d,p) method using the PCM model, which describes implicit water



Fig. 1 The geometry-optimized structures. (a) Water dimer, (b) DMSO/water system, (c) DMSO dimer, (d) trehalose/water system, (e) trehalose dimer. Dashed lines indicate intermolecular noncovalent interactions

environment, (2) geometry optimization of a few possible dimers of all investigated systems with the B3LYP + D3/6-31G(d,p) method using the PCM model, (3) single point calculations directly performed on the optimized geometries of monomers and dimers with large basis set 6-311++G(d,p), (4) calculations of the basis set superposition correction with large basis set 6-311++G(d,p) in vacuo, (5) applications of eqn (1). Geometry-optimized dimers are depicted in Fig. 1.

2.4 Raman spectroscopy

Raman spectra can reveal chemical and phase composition of the sample as well as interactions of its constituents.²⁸ Specifically, they can be used for detection of a irregularity of the ice lattice and so-called eutectic phase. Euthetic phase is a shared crystal lattice formed by constituents mixed in a fixed ratio.27-29

All data was acquired by a Renishaw RM1000 spectrometer equipped with a Leica DMLP microscope with a Leica PL FLUOTAR L 50×/0.55 objective. The excitation wavelength was 488 nm. The temperature during the course of the data acquisition was controlled by a Linkam LNP95 cooling stage. The stage operates with 0.01 °C precision and can reach temperatures as low as -196 °C.

Samples (50 µL) were held on the stage in PerkinElmer aluminium pans. After freezing, the samples became almost opaque, data was therefore collected from a surface layer of estimated thickness around 5 µm. The spectra were normalized at 3165 cm^{-1} .

For each sample, multiple spectra were measured. The spectra shown are those that exhibit all the observed spectral features of a given specimen and are thus characteristic of it.

2.5 Differential scanning calorimetry

Calorimetry, which is a universal method for investigating transition processes associated with the generation or consumption of heat, was used to evaluate the transformation temperatures (melting T_m , T_1) of the aqueous solutions of DMSO, trehalose disaccharide, and TrxA-ApAFP752.3 Differential scanning calorimetry was performed in a Linkam optical differential scanning calorimeter DSC600 (single cell) system equipped with the LNP95 cooling system; this can reach temperatures as low as -196 °C. The experimental procedure for all investigated samples consisted of two rounds of calorimetric measurements performed in the cooling/heating mode at the same rates starting with the liquid sample at room temperature. The first round involved monitoring of the initial reversible transformation behaviour and determination of the freezing temperature, $T_{\rm f}$, and the melting temperature, $T_{\rm m}$. The cooling rate was -5 °C per minute down to -80 °C; stabilization for 5 minutes; then heating back to room temperature. The second round involved cycling between the $T_{\rm f}$ and $T_{\rm m}$ temperatures at a rate of 1 °C per minute with 10 minutes of stabilization. Cycling all of the measurements at one rate produced practically the same results (± 1 °C shift).

3. Results

3.1 Cryopreserved cells viability

Using flow cytometry, we first checked whether the application of cryoprotectants and their combinations affected cell viability (Table 3). Next, we measured cell viability for cells after freeze/ thaw experiments (Fig. 2). Without cryoprotectants, almost all frozen cells died after being thawed; only <7.5% survived 24 h post-thawing. The highest cryoprotective effect was brought about by DMSO (>80% survival 24 h post-thawing), especially when it was combined with trehalose (trehalose for 24 h followed by DMSO for 2 min); in that case, about 85% of cells survived 24 h after thawing. The improvement of cell viability by trehalose only (24 h-incubation) was also relatively large: 58.5% of cells survived 24 h after thawing. However, the cryoprotective effect of trehalose strongly depended on the incubation time and was only observable for incubations ≥ 24 h (4 h and 6 h incubations had no effect). AFP10 exerted the smallest effect among the cryoprotectants studied with only 32.3% cell survival. Based on these results, we hypothesize that trehalose during 24 h of incubation enters the cells via pinocytosis. Small DMSO penetration and accumulation both in the cell cytoplasm and the nucleus was confirmed by Jinping Dong and colleagues.28

3.2 X-ray diffraction

X-ray diffraction measurements were performed on frozen samples, and the crystal angular distribution was measured and

Table 3 Cell viability of unfrozen cells detected 24 h after incubation by flow cytometry (Annexin V/7-AAD staining)

Cryoprotectant	Cell viability of unfrozen cells [%] (24 hours after incubation)
Control	89.8
AFP	63.3
Trehalose	67.8
DMSO	76.1
DMSO + trehalose	68.7



Fig. 2 Cell viability measured 24 h after freezing/thawing by flow cytometry (Annexin V/7-AAD staining).

compared for the studied materials (Table 2). Pure water had just a few very large crystals and the strongest diffraction intensity. An aqueous trehalose (41% (w/w)) solution showed crystal aggregates with similar orientations. This indicated that



Fig. 3 Diffraction intensity maps in angular coordinates. A comparison of frozen specimens of (a) water, (b) 41% (w/w) trehalose, (c) 10% (w/w) DMSO, (d) 10% (w/w) DMSO + 3.2% (w/w) trehalose, (e) 0.05% (w/w) AFP, (f) 1% (w/w) AFP, (g) simulated peaks. Horizontal axis, angle ω (horizontal tilt); vertical axis, angle χ (vertical inclination); the grey scale is logarithmic and is the same for all plots.

a crystal grew on one nucleus and that the growth was accompanied by precipitation of another phase, leading to curved crystals with needle/platelet/dendrite shapes. Trehalose in solution supports such aggregation of crystals in frozen samples. The rest of the samples, which contained AFP, DMSO and DMSO + trehalose, showed random crystal nucleation and growth. Fig. 4a shows histograms counting the data-points whose diffraction intensities lay in the particular ranges for each of the plots from Fig. 3 (from top to bottom correspondingly). Using a deconvolution procedure, equivalent histograms of the distribution of Gaussian peaks with maximum intensity in particular ranges are shown in Fig. 4b. The maps shown within each figure use the same logarithmical scale in order to be obvious, how the diffraction intensities differ among the maps. The same maps as in Fig. 3 can be found more contrasting in corresponding figures in ESI,† where it corresponds to a particular map at -20 °C (here the figures are sorted according to the cryoprotectant concentration).

In all cases, except for pure water, the results showed a decrease in the distribution for the strongest observed peaks (greatest *x*-values), which means that the distribution median lay in the range of smaller crystallites than would correspond to the maximum on the *x*-scale.

According to the kinematical theory of XRD, the diffraction intensity of crystallites (*x*-axis in Fig. 4b) is proportional to their volume. The histograms in Fig. 4b count the relative sample volume occupied by crystals with particular ranges of diffraction magnitude (proportional to crystal volume).^{31,32} The linear dimension (diameter) of the ice crystals, being roughly the third root of the diffracting volume, was the greatest for frozen pure water. The thinnest distribution was observed for 41%(w/w) trehalose solution. Their crystal volumes were at least ten times smaller than ice crystals from pure water (where the true distribution maximum is expected to lie beyond the chart upper limit). 0.05% AFP solution crystal volumes were more than twice those of 41% (w/w) trehalose, while in frozen 1%(w/w) AFP



Fig. 4 Histograms of the (a) area intensity distribution and (b) crystal volume distribution. The range (horizontal axis) scales start at intensity levels that are safely over the noise level. The vertical scale is either the number of data points with the specified intensity (a) or the relative volume of diffracting crystals with particular maximum intensity (b).

solutions ice crystals were less than half the volume of 41% (w/ w) trehalose. The mean crystal sizes of 41% (w/w) trehalose solution were roughly comparable to both samples with 10% (w/ w) DMSO (with or without 3.2% trehalose).

Concerning the melting procedure, the samples differ significantly. The 41% (w/w) trehalose solution exhibited a gradual shift of the distribution of crystal volumes to smaller values maintaining its relatively narrow distribution range. This means that the larger crystals were melting continuously to small crystals (the number of small crystals became relatively higher). In the pure solution of PBS, this effect was not observed (the melting mode was similar to DMSO). DMSO-rich solutions exhibited a continuous decrease of the size crystal distribution, but the mean volume and the ratio of smaller-to-larger crystals were conserved (compared to the frozen solution). This indicates that once an ice crystal starts to thaw, it will complete the process of melting completely, while some others remain stable at certain temperature level, regardless of their size. The 1% (w/ w) AFP sample exhibited the melting mode similar to 41% (w/w) trehalose (ESI section S1-S6[†]).

3.3 Theoretical modelling

Our calculations showed that the studied cryoprotectants in water influenced the water dynamics (hydrogen bond lifetime). The calculated lifetimes reflect the influence of cryoprotectants on water dynamics and subsequently the crystallization process (Table 4). DMSO affected the largest amount of water molecules in the solution of all the studied cryoprotectants. In addition, water molecules near the methyl groups of a DMSO molecule cannot form an alternative H-bond, which changes both their interactions with other water molecules and ice formation. DMSO also affected the water dynamics due to the negative charge of the oxygen atom (greater than the charge on oxygens

Table 4 Hydrogen bond lifetimes (τ_{HB}) between water/water molecules and cryoprotectant/water molecules calculated at 25 °C and at -8 °C for the tested solutions

Molecules used for the hydrogen bond lifetime calculations	$\tau_{\rm HB}$ (ps) at 25 °C/ $\tau_{\rm HB}$ (ps) at –8 °C	
Water		
Water/water	3.02/7.93	
ApAFP752 in water		
ApAFP752/water	16.90/50.64	
Surrounding water/water	3.02/7.95	
Trehalose in water		
Trehalose/water	4.92/15.16	
Surrounding water/water	3.12/8.08	
DMSO in water		
DMSO/water	5.36/13.39	
Surrounding water/water	3.71/10.14	
Trehalose and DMSO in water		
Trehalose/water	6.81/21.41	
DMSO/water	5.19/13.45	
Surrounding water/water	3.76/10.34	
-		



se in water (0 ns) 10 % w/w DMSO with 3 2 %

Fig. 5 10% (w/w) trehalose in the solvation box (top), and 10% (w/w) DMSO with 3.2% (w/w) trehalose in the solvation box (bottom). The start (0 ns) of the molecular dynamics simulation is on the left, and the end (10 ns) of the molecular dynamics simulation is on the right. The simulations were performed at room temperature.

in trehalose or in water) increasing the strength of the H-bond with water. Adding 3.2% (w/w) trehalose to 10% (w/w) DMSO aqueous solution did not significantly change the water/water and DMSO/water hydrogen bond lifetimes (compared to 10% (w/w) DMSO).

The hydrogen bond lifetime calculated for AFP/water was longer than the DMSO/water and trehalose/water lifetimes. The reduction of surrounding water mobility when AFP is present may be related to the large size of the AFP molecule and icebinding surface (mainly through the hydroxyl groups).^{6,18} The AFP does not significantly influence free water but strongly influences the solvation shell around it. Under these conditions, AFP bound to the surface of ice crystals can inhibit their growth.

The electric dipole moments of DMSO and trehalose molecules in water were DFT calculated: 2.1 D for trehalose in water, 6.0 D for DMSO in water, and 2.5 D for water in water environment. The large electric dipole moment of DMSO, caused mainly by the strong negative charge of the oxygen atom and the strong positive charge of the sulphur atom, affected water molecules in the solutions. Mainly due to the prevalence of hydroxyl groups (high trehalose/trehalose interaction energy) and creation of multiple hydrogen bonds, trehalose easily forms clusters in water solutions (Table 4, Fig. 5 and Table S1[†]). The ratio of solvent 3(water) to the cryoprotectant atoms in modelled systems corresponded to the measured sample values.

Due to a relatively strong negative charge on the oxygen, DMSO can attract the positive part of a water molecule. DMSO does not form clusters - due to homogeneous distribution of DMSO molecules in solution, its large dipole moment affects material with high permittivity in the whole volume.

3.4 Raman spectroscopy

For PBS and AFP solutions frozen at $-170 \,^{\circ}$ C (Fig. 6), the mode at 3420 cm⁻¹ (related to the 'eutectic' phase – in this case

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Fig. 6 Raman spectra of solutions frozen at -170 °C. The samples are: AFP, PBS (50 mM phosphate and 50 mM NaCl in DI water), trehalose in PBS, DMSO in PBS. The mode at 3420 cm⁻¹ (related to the 'eutectic' phase – in this case hydrohalite – originating from PBS) can be clearly seen in the case of PBS and AFP solutions.

hydrohalite – originating from PBS) can be clearly seen (even at high AFP concentrations). 3420 cm^{-1} peak was not observed for 10% (w/w) DMSO + PBS solution and also for 0.7% (w/w) DMSO + PBS solutions frozen at -170 °C. In trehalose with PBS containing solutions frozen at -170 °C the 3420 cm^{-1} peak was not observed both for 13.2 (w/w)% + PBS and for 3.2 (w/w)% + PBS solutions (Fig. 6). It is therefore likely that DMSO and trehalose prevent water from forming a eutectic phase with other substances (such as NaCl), while AFP does not. That is in accord with their assumed mechanisms of action: during freezing, DMSO and trehalose concentrate in pockets of unfrozen solution which would otherwise form a eutectic, blocking its formation. On the other hand, AFP molecules associate with the surface of emerging ice crystals and don't therefore affect the rest of the sample.

3.5 Differential scanning calorimetry

DSC curves of DI water, AFP solution, aqueous solutions of trehalose and mixture of DMSO with trehalose were measured. In all studied cryoprotectant-containing solutions, the melting/ freezing points were shifted to lower values (compared to deionized (pure) water/ice) - Table 5. The great shift of the melting/freezing point (related to the concentration of cryoprotectant in the solution) was observed in 10% (w/w) DMSO containing solutions. This correlates with change in the DMSO solution crystallinity (XRD). The glass phase transition temperature for the trehalose/water solution was found to be T_1 = -38 °C. Strong interactions between AFP and the first shell of solvation water led to disruption of the structure providing protection against ice growth and induced the highest freezingmelting ice hysteresis (14 °C). This hysteresis increased with AFP concentration. In accordance with the results of Raman spectroscopy the eutectic (hydrohalite) phase was also observed by DSC in ApAFP752 solutions and PBS solutions. DSC (peaks at -23, -31 °C in PBS solution and at -22, -27 °C in ApAFP

Table 5 Melting temperatures measured by DSC

Sample	$T_{\rm m} \left[^{\circ} { m C} \right]$
DI water	0
1% (w/w) AFP + DI water	$^{-2}$
100 mM (3.2% w/w) trehalose + DI water	-1
10% w/w DMSO + 100 mM (3.2% w/w) trehalose + DI water	-10
10% w/w DMSO + DI water	-10
41% w/w trehalose + DI water	-13
15% w/w trehalose + DI water	-3

solution). Temperatures of both ice and hydrohalite melting points were changed when ApAFP752 was added to the PBS solution. No eutectic phase was observed in 10% (w/w) DMSO PBS containing solutions and 3.2% (w/w) trehalose and PBS contacting solutions. Even if we worked with pure (deionized) water all the cryoprotectants (possible ice nucleation centres) reduced freezing and melting temperatures – ice construction was deformed.

4. Discussion

In this work, theoretical and experimental studies of antifreeze protein AFP752, trehalose and dimethyl sulfoxide influence on the ice constitution were correlated with post freeze/thaw cell viability. The motivation was to identify attributes of investigated materials which are important for functional cryoprotection of cells.

The diameter of ice crystallites was greatest in frozen water (without cryoprotectants) so all cryoprotectants in this study more or less efficiently prevented the ice growth (XRD). The mean crystal sizes in frozen 10% (w/w) DMSO solution (with or without 3.2% (w/w) trehalose) were ten times smaller than ice in frozen water. The smallest diameter of ice crystallites was detected in frozen 1% (w/w) AFP – ice crystals were less than the volume of ice in 10% (w/w) DMSO. Ice crystals in frozen 3.2% (w/w) trehalose solutions were biggest from all cryoprotectants frozen solutions (half in size compared to frozen water). DMSO and trehalose in PBS solutions prevented water from forming 'eutectic' (hydrohalite) phase. In frozen AFP solutions the eutectic phase/hydrohalite was constituted (Raman spectroscopy, DSC).

During the melting process of the frozen solutions, in 1% (w/ w) AFP and trehalose (41% (w/w)) frozen solutions larger crystals were melted continuously to small crystals (the number of small crystals became relatively higher). The reason for the melting mode of crystals with trehalose could be a gradient composition (crystals and glassy state).^{3,33} In frozen AFP solutions gradient ice crystals composition with a pure ice core and increasing concentration of defects or solvents in the outer shells was constituted. In DMSO-rich solutions the mean volume and the ratio of smaller-to-larger crystals was conserved.

We showed (DSC) that the presence of studied additives in the solution generally leads to changes in freezing process. Even if the DSC measurements were made using pure (deionized) water all cryoprotectants (possible ice nucleation centres) reduced freezing and melting temperatures of solutions – ice construction process was deformed by cryoprotectants.

The modelling studies showed that DMSO, which has an oxygen atom with a strong negative charge and a sulphur atom with a strong positive charge/high dipole moment, influences the high permittivity water strongly affecting the water freezing process. In addition, water molecules near the DMSO methyl groups cannot form alternative hydrogen bonds with DMSO, which affects their interactions with other water molecules and also ice formation. DMSO molecules with high dipole moments homogeneously distributed in solution (practically forming no clusters) have a long-range effect on water dynamics affecting the thermodynamics of the solution. In other words, DMSO molecules strongly change the conditions for water freezing in the entire volume which results in the formation of small ice crystals.

Trehalose, due to its high inter-molecular interaction potential can easily form cluster structure which can contain also glass phase^{3,20,28} and just moderately impact neighbouring and remote water molecules. Trehalose supports aggregation of crystals in frozen samples. In solutions in which trehalose concentrations were relevant for biological applications (3.2% (w/w)) ice crystal sizes were biggest from all cryoprotectants solutions.

AFP (noncolligative material)²² had the strongest influence on the neighbouring water molecules hydrogen bond dynamics (short-range effect). Strong interactions between AFP and the first shell of solvation water induce the highest freezingmelting ice hysteresis (measured by DSC). The strong interaction with water is mainly caused by the fact that AFP is a large and less mobile molecule with hydroxyl groups on the surface. AFP, attached to the ice surface reduces ice crystal size mainly if the ice nucleus growing is blocked. This results in smallest ice crystals in 1%(w/w) AFP solutions.

In our case the cells were so slowly frozen (using a gradient of -1 °C min⁻¹) that they loose water (dehydrate) rapidly enough to eliminate critical supercooling. According to34,35 in such dehydrated cells intracellular freezing is not crucial. As cryoprotectants affect the volume of ice crystals, they influence the direct damage of cell membranes and the viability of the frozen/ thawed cells. Small DMSO molecules enter intracellular space, effectively decrease ice size and strongly improve cell viability after freezing/thawing (81% of DMSO-treated cells survived the freezing/thawing treatment). The protective effect of large iceblocking AFP molecules was smaller compared to DMSO, as only 32% of AFP-treated cells survived the freezing/thawing treatment. The effects of trehalose treatment were observable only after 24 h of incubation: 58% of trehalose-treated cells survived freezing/thawing. Of all cryoprotectants under study, trehalose has the smallest impact on ice crystal size and when used as cryoprotectants. Thus trehalose probably acts mainly as a natural osmolyte (osmoprotectant), which then stabilizes phospholipid membranes and the tertiary structure of proteins.36,37 The highest cell viability was observed when a mixture of DMSO + trehalose was applied: 86% of DMSO + trehalose-treated cells survived the freeze/thaw.

5. Conclusions

Altering the physical conditions of the liquid/solid phase transition within the cells or immediately surrounding them is important attribute of materials that induce cell cryoprotection. One important reason for death of frozen cells is due to the direct membrane damage caused by the ice crystals volume. This work is the first example where ice crystal size in frozen solutions was quantified (XRD) and correlated with theoretical models (DFT, MD) and cryopreserved cell viability. The results were complemented by Raman spectroscopy and DSC studies. Influence of cryoprotectants on the ice constitution was correlated with viability of so slowly frozen cryopreserved cells that critical supercooling was according to ref. 34 and 35 eliminated.

From our results we can conclude that the presence of additives in the solution generally leads to the irregularity and worse ordering of the ice lattice. DMSO and AFP have such impact on their solutions freezing process that ice crystallinity size is considerably reduced. This contributes to parameters that affect viability of cryopreserved frozen/thawed cells.9 DMSO is homogeneously distributed in solution (practically no clusters) and has a long-range effect on bulk water dynamics. DMSO molecules are able to enter both extra and intracellular space,28 effectively change the condition for freezing and strongly improve frozen/thaw cells viability. AFP even at low concentration inhibits standard crystallization process from ice nuclei. Consequently, specific gradient composition with a pure ice core and increasing concentration of defects in the outer parts is developed. All these aspects support the fact that AFP molecules, even practically without entering the cells have cryoprotective effect. The best viability results were obtained when combination of DMSO strongly changing freezing process also in cells and trehalose stabilizing phospholipid membranes and the tertiary structure of proteins were applied.

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